

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-------------------------------------|---------------------|---------|------------|----------------|----|---|-------------|--------------|-----------------|
| 1 | 2982 | Pawel Olijnyk 5km: 00:15:23 | UKR | | Czernigiw | 1988 | M30 | 1 | 1 | | 00:30:46 | 00:30:47 | 03:05 |
| 2 | 2429 | Krzysztof Hadas 5km: 00:15:24 | POL | UKS Fala Swarzędz | Poznań | 1996 | M20 | 1 | 2 | | 00:31:17 | 00:31:17 | 03:08 |
| 3 | 2967 | Sergii Okseniuk 5km: 00:15:23 | UKR | LKB Rudnik | Brody | 1980 | M35 | 1 | 3 | | 00:31:35 | 00:31:36 | 03:10 |
| 4 | 2968 | Andrii Piasetskyi 5km: 00:15:25 | UKR | LKB Rudnik | Brody | 1987 | M30 | 2 | 4 | | 00:31:39 | 00:31:40 | 03:10 |
| 5 | 2733 | Sergii Krovlaidis 5km: 00:16:34 | UKR | Biegacz | Czernigiw | 1978 | M40 | 1 | 5 | | 00:33:04 | 00:33:04 | 03:18 |
| 6 | 2484 | Łukasz Nowak 5km: 00:16:32 | POL | nowak.run | Skoki | 1988 | M30 | 3 | 6 | | 00:33:05 | 00:33:07 | 03:18 |
| 7 | 1853 | Łukasz Wróbel 5km: 00:16:32 | POL | Maraton Leszno/ Pozytywnie zakręcen | Leszno | 1978 | M40 | 2 | 7 | | 00:33:37 | 00:33:38 | 03:22 |
| 8 | 2974 | Pavlo Stepanenko 5km: 00:16:33 | UKR | LKB Rudnik | Brody | 1990 | M25 | 1 | 8 | | 00:33:54 | 00:33:54 | 03:23 |
| 9 | 1331 | Dariusz Jankowski 5km: 00:16:42 | POL | CYBINA TEAM | Poznań | 1992 | M25 | 2 | 9 | | 00:33:53 | 00:33:55 | 03:23 |
| 10 | 2971 | Viktor Rogovoy 5km: 00:16:47 | UKR | LKB Rudnik | Brody | 1965 | M50 | 1 | 10 | | 00:33:58 | 00:33:59 | 03:24 |
| 11 | 1492 | Grzegorz Michalak 5km: 00:16:53 | POL | Danflor Team | Łubnica | 1997 | M20 | 2 | 11 | | 00:34:06 | 00:34:06 | 03:25 |
| 12 | 2023 | Radosław Pluciński 5km: 00:16:59 | POL | AdRunaLine Team | Swarzędz | 1989 | M25 | 3 | 12 | | 00:34:13 | 00:34:13 | 03:25 |
| 13 | 1934 | Dawid Jagła 5km: 00:16:50 | POL | Biegacze Jarocin | Jarocin | 1990 | M25 | 4 | 13 | | 00:34:23 | 00:34:23 | 03:26 |
| 14 | 2085 | Rafał Czarnojarczyk 5km: 00:17:06 | POL | | Ostrów Wielkopolski | 1975 | M40 | 3 | 14 | | 00:34:23 | 00:34:25 | 03:26 |
| 15 | 2570 | Edwin Kuszczak 5km: 00:17:12 | POL | Team Kopeć | MIĘDZYRZECZ | 1973 | M45 | 1 | 15 | | 00:34:36 | 00:34:37 | 03:28 |
| 16 | 1587 | Piotr Podstawka 5km: 00:17:22 | POL | MKB DREPTAK | Stanisławów | 1987 | M30 | 4 | 16 | | 00:34:42 | 00:34:44 | 03:28 |
| 17 | 1488 | Tomasz Musiał 5km: 00:17:08 | POL | SzymanowskiTeam PSP | Rydzyzna | 1974 | M40 | 4 | 17 | | 00:34:51 | 00:34:52 | 03:29 |
| 18 | 44 | Klaudiusz Kozłowski 5km: 00:17:21 | POL | Altom Gniezno | Gniezno | 1971 | M45 | 2 | 18 | | 00:35:17 | 00:35:18 | 03:32 |
| 19 | 1076 | Przemysław Gorczakowski 5km: 00:17:16 | POL | | Poznań | 1988 | M30 | 5 | 19 | | 00:35:18 | 00:35:18 | 03:32 |
| 20 | 1876 | Arkadiusz Wielgus 5km: 00:17:11 | POL | KS Rościslawice | rościslawice | 1998 | M20 | 3 | 20 | | 00:35:21 | 00:35:22 | 03:32 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|--------------------------------|-------------|---------|------------|----------------|----|---|-------------|--------------|-----------------|
| 21 | 360 | Paweł Rogowski 5km: 00:17:30 | POL | | Swarzędz | 1994 | M20 | 4 | 21 | | 00:35:22 | 00:35:24 | 03:32 |
| 22 | 1864 | Szymon Fluks 5km: 00:17:51 | POL | | Poznań | 1983 | M35 | 2 | 22 | | 00:35:26 | 00:35:28 | 03:33 |
| 23 | 2258 | Adrian Graczyk 5km: 00:17:14 | POL | CYBINA TEAM | Czarnków | 1988 | M30 | 6 | 23 | | 00:35:28 | 00:35:31 | 03:33 |
| 24 | 1894 | Paweł Walaszczyk 5km: 00:16:51 | POL | 33BLTr | Powidz | 1982 | M35 | 3 | 24 | | 00:34:30 | 00:35:32 | 03:27 |
| 25 | 1378 | Mateusz Jaśniewicz 5km: 00:17:36 | POL | ammigo swarzędz | Swarzędz | 1987 | M30 | 7 | 25 | | 00:35:36 | 00:35:36 | 03:34 |
| 26 | 841 | Paweł Świątkowski 5km: 00:17:31 | POL | | Trzemeszno | 1981 | M35 | 4 | 26 | | 00:35:35 | 00:35:37 | 03:34 |
| 27 | 225 | Dariusz Filipowski 5km: 00:17:53 | POL | Świat Biegacza Fehlau Run Team | Szczecin | 1972 | M45 | 3 | 27 | | 00:35:38 | 00:35:38 | 03:34 |
| 28 | 2972 | Kristyna Bogomiakova 5km: 00:17:51 | UKR | LKB Rudnik | Brody | 1991 | K25 | 1 | | 1 | 00:35:37 | 00:35:38 | 03:34 |
| 29 | 2973 | Olena Popova 5km: 00:17:52 | UKR | LKB Rudnik | Brody | 1987 | K30 | 1 | | 2 | 00:35:42 | 00:35:43 | 03:34 |
| 30 | 1785 | Wojciech Olszewski 5km: | POL | UMKS Iskra Wolsztyn | Wolsztyn | 2000 | M16 | 1 | 28 | | 00:35:40 | 00:35:45 | 03:34 |
| 31 | 1241 | Mateusz Kaczmarek 5km: 00:17:47 | POL | Lucky LUZers | Luboń | 1982 | M35 | 5 | 29 | | 00:35:48 | 00:35:50 | 03:35 |
| 32 | 2938 | Dawid Cieślak 5km: 00:18:14 | POL | | Komorniki | 1985 | M30 | 8 | 30 | | 00:36:02 | 00:36:04 | 03:36 |
| 33 | 2983 | Swietlana Olijnyk 5km: 00:17:51 | UKR | | Czernigiw | 1985 | K30 | 2 | | 3 | 00:36:04 | 00:36:05 | 03:36 |
| 34 | 1325 | Monika Brzozowska 5km: 00:18:17 | POL | Czerwonak Biega | Krzepice | 1984 | K30 | 3 | | 4 | 00:36:14 | 00:36:15 | 03:37 |
| 35 | 735 | Bartosz Aleksandrowicz 5km: 00:17:58 | POL | Altom Gniezno | Września | 1987 | M30 | 9 | 31 | | 00:36:19 | 00:36:21 | 03:38 |
| 36 | 914 | Tomasz Radtka 5km: 00:18:18 | POL | LZS „Jedność” Łobżenica | Łobżenica | 1974 | M40 | 5 | 32 | | 00:36:23 | 00:36:26 | 03:38 |
| 37 | 875 | Jacek Szymańczuk 5km: 00:18:07 | POL | Naramowice biegają | Poznań | 1986 | M30 | 10 | 33 | | 00:36:23 | 00:36:27 | 03:38 |
| 38 | 997 | Marcin Stokowski 5km: 00:17:45 | POL | Stokowski Projekt Maraton | Pobiedziska | 1996 | M20 | 5 | 34 | | 00:36:29 | 00:36:31 | 03:39 |
| 39 | 2952 | Mateusz Błaszcyk 5km: 00:17:33 | POL | BetonowyWojtek.pl | Poznań | 1987 | M30 | 11 | 35 | | 00:36:32 | 00:36:35 | 03:39 |
| 40 | 2987 | Bogusz Podgórski 5km: 00:18:15 | POL | EMITT RACE TEAM | ZALASEWO | 1986 | M30 | 12 | 36 | | 00:36:30 | 00:36:36 | 03:39 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|------------------------------|-------------------|---------|------------|----------------|----|---|-------------|--------------|-----------------|
| 41 | 1001 | Tomasz Koebisch 5km: 00:18:23 | POL | Maratończyk Poznań | Koziegłowy | 1978 | M40 | 6 | 37 | | 00:36:38 | 00:36:40 | 03:40 |
| 42 | 702 | Mateusz Tyll 5km: 00:18:19 | POL | Nowak Run ZS1 Wągrowiec | Skoki | 1999 | M16 | 2 | 38 | | 00:36:51 | 00:36:51 | 03:41 |
| 43 | 155 | Witold Mierzwa 5km: 00:18:11 | POL | | Darłowo | 1974 | M40 | 7 | 39 | | 00:36:50 | 00:36:53 | 03:41 |
| 44 | 1928 | Gabriel Kozłowski 5km: 00:18:20 | POL | Bóbr Tłuszcz | Tłuszcz | 1973 | M45 | 4 | 40 | | 00:36:54 | 00:36:57 | 03:41 |
| 45 | 1027 | Krystian Szafrąński 5km: 00:18:24 | POL | Wybiegać Marzenia Team | Grzegorzew | 1992 | M25 | 5 | 41 | | 00:36:57 | 00:36:58 | 03:42 |
| 46 | 1026 | Maciej Mrotek 5km: 00:18:49 | POL | LZS Jedność Łobżenica | Łobżenica | 1994 | M20 | 6 | 42 | | 00:37:03 | 00:37:06 | 03:42 |
| 47 | 761 | Jarosław Seweryn 5km: 00:18:34 | POL | | Wysoka | 1978 | M40 | 8 | 43 | | 00:37:08 | 00:37:10 | 03:43 |
| 48 | 561 | Mateusz Maroszczyk 5km: 00:18:32 | POL | Natural Born Runners | Korzecznik | 1993 | M25 | 6 | 44 | | 00:37:09 | 00:37:13 | 03:43 |
| 49 | 509 | Piotr Nowaczyk 5km: 00:18:31 | POL | Dąbrowski Team | Poznań | 1981 | M35 | 6 | 45 | | 00:37:12 | 00:37:15 | 03:43 |
| 50 | 2327 | Ryszard Płochocki 5km: 00:18:18 | POL | SUPERMARATON KALISZ | Nowe Skalmierzyce | 1961 | M55 | 1 | 46 | | 00:37:14 | 00:37:16 | 03:43 |
| 51 | 2791 | Adam El Bah 5km: 00:18:38 | POL | | Tarnowo Podgórne | 1989 | M25 | 7 | 47 | | 00:37:12 | 00:37:20 | 03:43 |
| 52 | 2323 | Wojciech Serwa 5km: 00:18:30 | POL | Wolsztyńska Akademia Biegowa | Rakoniewice | 1993 | M25 | 8 | 48 | | 00:37:12 | 00:37:18 | 03:43 |
| 53 | 1550 | Bartosz Romaniuk 5km: 00:18:50 | POL | Endorfina Wschowa | Wschowa | 1988 | M30 | 13 | 49 | | 00:37:15 | 00:37:21 | 03:44 |
| 54 | 1562 | Piotr Waligóra 5km: 00:18:34 | POL | Lucky LUZers | Luboń | 1976 | M40 | 9 | 50 | | 00:37:17 | 00:37:20 | 03:44 |
| 55 | 2947 | Piotr Krakowski 5km: 00:18:21 | POL | 17 WBZ | Międzyrzecz | 1990 | M25 | 9 | 51 | | 00:37:20 | 00:37:24 | 03:44 |
| 56 | 2662 | Józef Podbereski 5km: 00:18:29 | POL | OSP Cychry | Gudzisz | 1963 | M55 | 2 | 52 | | 00:37:20 | 00:37:22 | 03:44 |
| 57 | 608 | Jarosław Sajnaj 5km: 00:18:30 | POL | Lucky LUZers | Luboń | 1979 | M35 | 7 | 53 | | 00:37:21 | 00:37:23 | 03:44 |
| 58 | 574 | Bartosz Bieleń 5km: 00:18:30 | POL | Lucky LUZers | Luboń | 1980 | M35 | 8 | 54 | | 00:37:24 | 00:37:26 | 03:44 |
| 59 | 1005 | Marek Mocek 5km: 00:18:52 | POL | Danflor Team | Granowo | 1998 | M20 | 7 | 55 | | 00:37:25 | 00:37:27 | 03:45 |
| 60 | 443 | Dariusz Morzyński 5km: 00:18:49 | POL | NICOLAUS POWIDZ | Powidz | 1990 | M25 | 10 | 56 | | 00:37:28 | 00:37:30 | 03:45 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

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| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|--|--------------|---------|------------|----------------|----|---|-------------|--------------|-----------------|
| 61 | 1826 | Bartłomiej Olszewski 5km: 00:17:33 | POL | KU AZS Politechniki Poznańskiej | Wolsztyn | 1994 | M20 | 8 | 57 | | 00:37:30 | 00:37:33 | 03:45 |
| 62 | 1700 | Mariusz Szczepaniak 5km: 00:18:42 | POL | LKS SANA KOŚCIAN | Kościan | 1986 | M30 | 14 | 58 | | 00:37:31 | 00:37:33 | 03:45 |
| 63 | 1945 | Albert Pelec 5km: 00:18:24 | POL | Bieganie na Śniadanie w Śmiglu/Speed Feet 16 | Śmigiel | 1986 | M30 | 15 | 59 | | 00:37:32 | 00:37:35 | 03:45 |
| 64 | 2728 | Norbert Holderny 5km: 00:18:50 | POL | Altom Gniezno | WITKOWO | 1980 | M35 | 9 | 60 | | 00:37:33 | 00:37:35 | 03:45 |
| 65 | 2238 | Justyna Papież 5km: 00:18:26 | POL | Po Prostu Biec! | Przyborowo | 1991 | K25 | 2 | | 5 | 00:37:33 | 00:37:35 | 03:45 |
| 66 | 2583 | Robert Galicki 5km: 00:18:48 | POL | KRIStrans Małyszka /Maratończyk Poznań | Poznań | 1972 | M45 | 5 | 61 | | 00:37:36 | 00:37:38 | 03:46 |
| 67 | 2693 | Marcin Langner 5km: 00:18:17 | POL | | Kostrzyn | 1998 | M20 | 9 | 62 | | 00:37:36 | 00:38:30 | 03:46 |
| 68 | 2642 | Tomasz Włodarczyk 5km: 00:18:48 | POL | Witkowo biega | Witkowo | 1977 | M40 | 10 | 63 | | 00:37:39 | 00:37:41 | 03:46 |
| 69 | 2627 | Karol Wiącek 5km: 00:18:49 | POL | | Swarzędz | 1984 | M30 | 16 | 64 | | 00:37:48 | 00:37:50 | 03:47 |
| 70 | 288 | Marcin Najewski 5km: 00:18:43 | POL | | Poznań | 1982 | M35 | 10 | 65 | | 00:37:55 | 00:37:58 | 03:48 |
| 71 | 2888 | Krystian Oświęcimski 5km: 00:18:55 | POL | Lokator Nieruchomości Piła | Olsztyn | 1992 | M25 | 11 | 66 | | 00:38:02 | 00:38:05 | 03:48 |
| 72 | 399 | Łukasz Popiołkiewicz 5km: 00:18:47 | POL | | Łęki Wielkie | 1989 | M25 | 12 | 67 | | 00:38:06 | 00:38:13 | 03:49 |
| 73 | 2787 | Mateusz Oracz 5km: 00:19:31 | POL | Bez Litości / Kalenji by Decathlon | Plewiska | 1988 | M30 | 17 | 68 | | 00:38:08 | 00:38:13 | 03:49 |
| 74 | 638 | Gilles Greiveldinger 5km: 00:18:35 | FRA | Świat Biegacza Fehlau Run Team | Kornik | 1971 | M45 | 6 | 69 | | 00:38:09 | 00:38:09 | 03:49 |
| 75 | 1878 | Marcin Wielgus 5km: 00:18:58 | POL | ks roscisławice | rościsławice | 2000 | M16 | 3 | 70 | | 00:38:11 | 00:38:19 | 03:49 |
| 76 | 930 | Artur Radtka 5km: 00:18:52 | POL | LZS"Jedność" Łobżenica | Wyrzysk | 1976 | M40 | 11 | 71 | | 00:38:12 | 00:38:15 | 03:49 |
| 77 | 686 | Jacek Skodkowski 5km: 00:19:10 | POL | SPWL Poznań | Poznań | 1973 | M45 | 7 | 72 | | 00:38:17 | 00:38:32 | 03:50 |
| 78 | 1993 | Maciej Haremza 5km: 00:18:52 | POL | Kung Fu Mały/ DąbrowskiTeam | Daszewice | 1984 | M30 | 18 | 73 | | 00:38:18 | 00:38:23 | 03:50 |
| 79 | 2657 | Piotr Karasiewicz 5km: 00:18:48 | POL | Altom Gniezno | Gniezno | 1962 | M55 | 3 | 74 | | 00:38:23 | 00:38:27 | 03:50 |
| 80 | 1543 | Dariusz Król 5km: 00:19:28 | POL | Dream Run | Wołomin | 1964 | M50 | 2 | 75 | | 00:38:29 | 00:38:32 | 03:51 |

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|------|------|--|------|--------------------------------|-------------------|---------|------------|----------------|----|---|-------------|--------------|-----------------|
| 81 | 2119 | Magdalena Lewandowska 5km: 00:19:02 | POL | KS POLONIA ŚRODA | Zberki | 1994 | K20 | 1 | | 6 | 00:38:32 | 00:38:33 | 03:51 |
| 82 | 460 | Marcin Kozłowski 5km: 00:19:05 | POL | HANSA-FLEX | Baranowo | 1986 | M30 | 19 | 76 | | 00:38:32 | 00:38:36 | 03:51 |
| 83 | 2556 | Rafał Kędziora 5km: 00:19:08 | POL | Czerwonak Biega | kozięgłowy | 1977 | M40 | 12 | 77 | | 00:38:37 | 00:38:40 | 03:52 |
| 84 | 2133 | Aleksander Muss 5km: 00:18:47 | POL | ACE OF SPADES | Bydgoszcz | 1973 | M45 | 8 | 78 | | 00:38:39 | 00:39:43 | 03:52 |
| 85 | 903 | Artur Bąk 5km: 00:19:44 | POL | Klub Biegowy TSK Orzeł Osiek | Osiek nad Notecią | 1991 | M25 | 13 | 79 | | 00:38:39 | 00:38:54 | 03:52 |
| 86 | 1384 | Krzysztof Tomaszewski 5km: 00:19:00 | POL | KB Maraton Turek | Turek | 1967 | M50 | 3 | 80 | | 00:38:44 | 00:38:46 | 03:52 |
| 87 | 2453 | Maciej Woźniczak 5km: 00:19:21 | POL | Świat Biegacza Fehlau Run Team | LESZNO | 1971 | M45 | 9 | 81 | | 00:38:44 | 00:38:51 | 03:52 |
| 88 | 865 | Sławomir Wasiak 5km: 00:19:21 | POL | | Poznań | 1990 | M25 | 14 | 82 | | 00:38:44 | 00:38:49 | 03:52 |
| 89 | 928 | Sławomir Sip 5km: 00:19:26 | POL | CONNECTOR TEAM | Poznań | 1989 | M25 | 15 | 83 | | 00:38:50 | 00:38:59 | 03:53 |
| 90 | 1513 | Andrzej Nowinowski 5km: 00:19:01 | POL | KB Maraton Turek | Turek | 1976 | M40 | 13 | 84 | | 00:38:51 | 00:38:53 | 03:53 |
| 91 | 985 | Jakub Drzymała 5km: 00:18:24 | POL | | Gostyń | 1993 | M25 | 16 | 85 | | 00:38:53 | 00:38:57 | 03:53 |
| 92 | 108 | Dominik Andrzejewski 5km: 00:19:44 | POL | Biegajnia Poznań | Murowana Goślina | 1984 | M30 | 20 | 86 | | 00:38:55 | 00:39:07 | 03:53 |
| 93 | 2088 | Piotr Gałgan 5km: 00:19:27 | POL | TEAM Mikołaj Lena Aguś & Bons | Poznań | 1986 | M30 | 21 | 87 | | 00:38:55 | 00:38:59 | 03:54 |
| 94 | 924 | Łukasz Boch 5km: 00:19:31 | POL | | Kamiennik | 1985 | M30 | 22 | 88 | | 00:38:57 | 00:39:06 | 03:54 |
| 95 | 249 | Wiesław Garbarek 5km: 00:19:31 | POL | TKKF Trucht Jarocin | Jarocin | 1954 | M60 | 1 | 89 | | 00:38:58 | 00:39:02 | 03:54 |
| 96 | 807 | Robert Rawecki 5km: 00:19:32 | POL | BeOne | Poznań | 1977 | M40 | 14 | 90 | | 00:38:58 | 00:39:02 | 03:54 |
| 97 | 536 | Sławomir Krysztofiak 5km: 00:19:04 | POL | | BYDGOSZCZ | 1965 | M50 | 4 | 91 | | 00:38:58 | 00:39:00 | 03:54 |
| 98 | 2624 | Tomasz Staniszczyk 5km: 00:19:18 | POL | Wolsztyńska Akademia Biegowa | Przybyszewo | 1983 | M35 | 11 | 92 | | 00:39:00 | 00:39:06 | 03:54 |
| 99 | 2501 | Zdzisław Kazibut 5km: 00:19:30 | POL | Securitas Poznań | Poznań | 1952 | M65 | 1 | 93 | | 00:39:02 | 00:39:06 | 03:54 |
| 100 | 1145 | Tomasz Sobczak 5km: 00:19:34 | POL | | Poznań | 1976 | M40 | 15 | 94 | | 00:39:02 | 00:39:09 | 03:54 |

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Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

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|------|------|--------------------------------------|------|--------------------------------------|------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 101 | 1974 | Janusz Wiśniewski 5km: 00:19:38 | POL | Siedmiomilowe Buty/Wyborowa Run Team | Luboń | 1973 | M45 | 10 | 95 | | 00:39:02 | 00:39:07 | 03:54 |
| 102 | 805 | Krystian Pawłowski 5km: 00:19:28 | POL | | Chwalibogowo | 1980 | M35 | 12 | 96 | | 00:39:06 | 00:39:09 | 03:55 |
| 103 | 1004 | Maciej Niemir 5km: 00:19:39 | POL | | POZNAŃ | 1979 | M35 | 13 | 97 | | 00:39:06 | 00:39:10 | 03:55 |
| 104 | 2448 | Zuzanna Baraniak 5km: 00:19:41 | POL | AZS Poznań | Jarocin | 1997 | K20 | 2 | | 7 | 00:39:08 | 00:39:11 | 03:55 |
| 105 | 2526 | Dawid Dąbrowski 5km: 00:19:46 | POL | Czerwonak Biega | Murowana Goślina | 1990 | M25 | 17 | 98 | | 00:39:13 | 00:39:23 | 03:55 |
| 106 | 2715 | Staś Kuczma 5km: 00:19:40 | POL | AZS AWF Poznań | Swarzędz | 2001 | M16 | 4 | 99 | | 00:39:13 | 00:39:21 | 03:55 |
| 107 | 2734 | Wojciech Piekarczyk 5km: 00:19:45 | POL | KS.Żeglina | Sieradz | 1953 | M65 | 2 | 100 | | 00:39:17 | 00:39:21 | 03:56 |
| 108 | 1904 | Urszula Kafarska 5km: 00:19:39 | POL | SKS Oborniki/FTI Racing Team | Poznań | 1993 | K25 | 3 | | 8 | 00:39:20 | 00:39:26 | 03:56 |
| 109 | 2579 | Maciej Stęplowski 5km: 00:19:49 | POL | KB Biura Biegłego Sądowego | Swarzędz | 1997 | M20 | 10 | 101 | | 00:39:25 | 00:39:29 | 03:56 |
| 110 | 1749 | Piotr Przewoźny 5km: 00:19:03 | POL | | Buk | 1983 | M35 | 14 | 102 | | 00:39:25 | 00:39:30 | 03:56 |
| 111 | 2494 | Mateusz Gościński 5km: 00:19:22 | POL | gogglr pae team | Pudliszki | 1991 | M25 | 18 | 103 | | 00:39:26 | 00:39:32 | 03:57 |
| 112 | 1959 | Jarosław Brodowicz 5km: 00:19:52 | POL | Świat Biegacza Fehlau Run Team | Luboń | 1977 | M40 | 16 | 104 | | 00:39:27 | 00:39:33 | 03:57 |
| 113 | 745 | Tomasz Bojarczuk 5km: 00:19:46 | POL | PRO366 | POZNAŃ | 1994 | M20 | 11 | 105 | | 00:39:28 | 00:39:38 | 03:57 |
| 114 | 11 | Agnieszka Kuster 5km: 00:19:35 | POL | Lucky LUZers | Komorniki | 1973 | K45 | 1 | | 9 | 00:39:28 | 00:39:31 | 03:57 |
| 115 | 2839 | Marek Czuk 5km: 00:19:40 | POL | Wtorki Biegowe z Dethatlon Toruń | Toruń | 1953 | M65 | 3 | 106 | | 00:39:31 | 00:39:36 | 03:57 |
| 116 | 1496 | Weronika Hedzielska 5km: 00:19:06 | POL | Drużyna Szpiku | Goleńczewo | 1998 | K20 | 3 | | 10 | 00:39:42 | 00:40:46 | 03:58 |
| 117 | 1238 | Artur Łubkowski 5km: 00:19:38 | POL | Kibole w biegu | Swarzędz | 1984 | M30 | 23 | 107 | | 00:39:45 | 00:39:48 | 03:59 |
| 118 | 17 | Rafał Ławski 5km: 00:19:53 | POL | Ambasador Festiwalu Biegów | Gruszczyn | 1976 | M40 | 17 | 108 | | 00:39:50 | 00:39:56 | 03:59 |
| 119 | 1344 | Piotr Stefanowicz 5km: 00:19:54 | POL | Stefanowicz Team | Brodowo | 1977 | M40 | 18 | 109 | | 00:39:51 | 00:40:00 | 03:59 |
| 120 | 2709 | Krzysztof Haupt 5km: 00:19:34 | POL | ZZSK Suchy Las | Suchy Las | 1978 | M40 | 19 | 110 | | 00:39:54 | 00:39:58 | 03:59 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|--------------------------------|---------------------|---------|------------|----------------|-----|---|-------------|--------------|-----------------|
| 121 | 14 | Andrzej Czub 5km: 00:19:52 | POL | Drużyna Zenka | Konstancin-Jeziorna | 1967 | M50 | 5 | 111 | | 00:39:57 | 00:39:59 | 04:00 |
| 122 | 338 | Robert Rybarczyk 5km: 00:19:47 | POL | | Zalasewo | 1972 | M45 | 11 | 112 | | 00:39:59 | 00:40:10 | 04:00 |
| 123 | 1322 | Mariusz Stróżyna 5km: 00:19:48 | POL | UTAL LICENSE PLATE SOLUTIONS | Paczkowo | 1988 | M30 | 24 | 113 | | 00:40:01 | 00:40:11 | 04:00 |
| 124 | 779 | Michał Majewski 5km: 00:19:49 | POL | Spin Force Runners | Bierzglinek | 1984 | M30 | 25 | 114 | | 00:40:04 | 00:40:12 | 04:00 |
| 125 | 1417 | Krzysztof Cierniak 5km: 00:19:48 | POL | KLAS Swarzędz | Zalasewo | 1968 | M50 | 6 | 115 | | 00:40:04 | 00:40:12 | 04:00 |
| 126 | 420 | Szymon Hartwich 5km: 00:20:12 | POL | WKS Owieczki | Kłeco | 1986 | M30 | 26 | 116 | | 00:40:04 | 00:40:17 | 04:00 |
| 127 | 2173 | Adam Kulesza 5km: 00:20:23 | POL | cswl Poznan | oborniki | 1983 | M35 | 15 | 117 | | 00:40:06 | 00:40:12 | 04:01 |
| 128 | 2905 | Piotr Wojdyło 5km: 00:20:06 | POL | | Witkowo | 1972 | M45 | 12 | 118 | | 00:40:07 | 00:40:24 | 04:01 |
| 129 | 2689 | Tomasz Szynewski 5km: 00:20:02 | POL | | Środa Wielkopolska | 1973 | M45 | 13 | 119 | | 00:40:07 | 00:40:21 | 04:01 |
| 130 | 1011 | Paweł Nowicki 5km: 00:19:52 | POL | | Kostrzyn | 1976 | M40 | 20 | 120 | | 00:40:11 | 00:40:17 | 04:01 |
| 131 | 2896 | Andrzej Wojciechowski 5km: 00:20:08 | POL | KB Maraton Turek | Turek | 1972 | M45 | 14 | 121 | | 00:40:13 | 00:40:18 | 04:01 |
| 132 | 1071 | Paweł Jankowski 5km: 00:20:05 | POL | RUN-POLE | Krzywiń | 1973 | M45 | 15 | 122 | | 00:40:15 | 00:40:18 | 04:01 |
| 133 | 2962 | Marcin Michalik 5km: 00:20:20 | POL | KP Poznań Grunwald | Komorniki/Tuszów | 1987 | M30 | 27 | 123 | | 00:40:15 | 00:40:22 | 04:02 |
| 134 | 743 | Bartek Durmaj 5km: 00:20:06 | POL | | Wrocław | 1984 | M30 | 28 | 124 | | 00:40:17 | 00:40:24 | 04:02 |
| 135 | 2344 | Sławomir Dratwa 5km: 00:19:53 | POL | Świat Biegacza Fehlau Run Team | Mosina | 1972 | M45 | 16 | 125 | | 00:40:19 | 00:40:27 | 04:02 |
| 136 | 867 | Adam Stawicki 5km: 00:19:55 | POL | Oborniki | Oborniki | 1966 | M50 | 7 | 126 | | 00:40:23 | 00:40:36 | 04:02 |
| 137 | 1887 | Mikołaj Kaczmarek 5km: 00:19:47 | POL | | Poznań | 1995 | M20 | 12 | 127 | | 00:40:25 | 00:40:35 | 04:02 |
| 138 | 2958 | Waldemar Sikorski 5km: 00:19:37 | POL | OIRP Poznań | Poznań | 1974 | M40 | 21 | 128 | | 00:40:26 | 00:40:30 | 04:03 |
| 139 | 313 | Marek Matuszewski 5km: 00:20:01 | POL | RUNNER'S POWER | Śrem | 1972 | M45 | 17 | 129 | | 00:40:27 | 00:40:31 | 04:03 |
| 140 | 689 | Tomasz Kanikowski 5km: 00:19:47 | POL | | Gruszczyn | 1979 | M35 | 16 | 130 | | 00:40:28 | 00:40:40 | 04:03 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|-----------------------------|-------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 141 | 966 | Bartosz Krysztofiak 5km: 00:20:42 | POL | Krotoszyńska Grupa Biegowa | Krotoszyn | 1986 | M30 | 29 | 131 | | 00:40:28 | 00:40:46 | 04:03 |
| 142 | 701 | Józef Brandenburg 5km: 00:20:07 | POL | | Dopiewo | 1955 | M60 | 2 | 132 | | 00:40:34 | 00:40:38 | 04:03 |
| 143 | 428 | Łukasz Cieczka 5km: 00:19:58 | POL | Jokers Team Poznań Krzesiny | Poznań | 1977 | M40 | 22 | 133 | | 00:40:36 | 00:40:41 | 04:04 |
| 144 | 2930 | Artur Maliński 5km: 00:20:19 | POL | W.P.I.P. | Janikowo | 1992 | M25 | 19 | 134 | | 00:40:37 | 00:40:40 | 04:04 |
| 145 | 2068 | Rafał Kaczmarek 5km: 00:20:11 | POL | sroda wlkp | Środa Wlkp | 1974 | M40 | 23 | 135 | | 00:40:38 | 00:40:47 | 04:04 |
| 146 | 2686 | Karolina Chabros 5km: 00:19:39 | POL | sklep biegacza | Poznań | 1982 | K35 | 1 | | 11 | 00:40:39 | 00:41:44 | 04:04 |
| 147 | 1083 | Adrian Olejnik 5km: 00:20:19 | POL | | Poznan | 1991 | M25 | 20 | 136 | | 00:40:44 | 00:40:53 | 04:04 |
| 148 | 1059 | Piotr Kuchta 5km: 00:19:20 | POL | | Rabowice | 1982 | M35 | 17 | 137 | | 00:40:46 | 00:40:49 | 04:05 |
| 149 | 571 | Mateusz Laufer 5km: 00:20:05 | POL | Idmar Racing Team | Swarzedz | 1990 | M25 | 21 | 138 | | 00:40:48 | 00:40:53 | 04:05 |
| 150 | 1336 | Daniel Marek 5km: 00:20:33 | POL | CYBINA TEAM | Swarzedz | 1974 | M40 | 24 | 139 | | 00:40:48 | 00:40:54 | 04:05 |
| 151 | 2261 | Czesław Sienkiewicz 5km: 00:20:22 | POL | KS Krotosz Krotoszyn | Krotoszyn | 1958 | M60 | 3 | 140 | | 00:40:51 | 00:40:56 | 04:05 |
| 152 | 1418 | Marek Rozmiarok 5km: 00:20:07 | POL | KLASzpot | Zalasewo | 1981 | M35 | 18 | 141 | | 00:40:52 | 00:40:57 | 04:05 |
| 153 | 2770 | Adam Kierzek 5km: 00:20:10 | POL | | Swarzędz | 1989 | M25 | 22 | 142 | | 00:40:52 | 00:41:01 | 04:05 |
| 154 | 1910 | Andrzej Usowski 5km: 00:20:32 | POL | | POZNAŃ | 1984 | M30 | 30 | 143 | | 00:40:53 | 00:41:23 | 04:05 |
| 155 | 901 | Piotr Smudziński 5km: 00:20:21 | POL | WZDW | Poznań | 1982 | M35 | 19 | 144 | | 00:40:54 | 00:41:16 | 04:05 |
| 156 | 1615 | Maciej Olek 5km: 00:19:28 | POL | Aluminium Konin | Konin | 1989 | M25 | 23 | 145 | | 00:40:56 | 00:41:06 | 04:06 |
| 157 | 1361 | Jan Łuc 5km: 00:20:09 | POL | Mercedes -Benz -STS | Swarzędz | 1954 | M60 | 4 | 146 | | 00:40:56 | 00:41:00 | 04:06 |
| 158 | 2042 | Jarosław Nikodemiak 5km: 00:19:50 | POL | MJDOP | SWARZĘDZ | 1976 | M40 | 25 | 147 | | 00:40:57 | 00:41:04 | 04:06 |
| 159 | 1443 | Bartosz Pawlicki 5km: 00:20:42 | POL | | Śrem | 1991 | M25 | 24 | 148 | | 00:40:58 | 00:41:20 | 04:06 |
| 160 | 101 | Jacek Frączczak 5km: 00:20:26 | POL | WICHROWA STOPA | Poznań | 1972 | M45 | 18 | 149 | | 00:41:01 | 00:41:04 | 04:06 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|--------------------------------------|-----------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 161 | 2653 | Gerard Paczkowski 5km: 00:20:19 | POL | Drużyna Szpiku/ Team Aktywny Stęszew | Stęszew | 1976 | M40 | 26 | 150 | | 00:41:05 | 00:41:31 | 04:06 |
| 162 | 2338 | Bogdan Podbereski 5km: 00:20:25 | POL | POLGET team DĘBNO | Dębno | 1968 | M50 | 8 | 151 | | 00:41:07 | 00:41:10 | 04:07 |
| 163 | 2449 | Ryszard Gersendorf 5km: 00:21:01 | POL | | środa wlkp | 1974 | M40 | 27 | 152 | | 00:41:08 | 00:41:31 | 04:07 |
| 164 | 1342 | Łukasz Szarzyński 5km: 00:20:14 | POL | Polonia Środa | Środa Wlkp. | 1982 | M35 | 20 | 153 | | 00:41:09 | 00:41:14 | 04:07 |
| 165 | 359 | Piotr Harkiewicz 5km: 00:20:45 | POL | Naramowice biegają | Naramowice Biegają | 1981 | M35 | 21 | 154 | | 00:41:09 | 00:41:21 | 04:07 |
| 166 | 1546 | Łukasz Bychowiec 5km: 00:20:39 | POL | Tip-Topol | Gniezno | 1986 | M30 | 31 | 155 | | 00:41:10 | 00:41:33 | 04:07 |
| 167 | 1609 | Aleksander Gniot 5km: 00:20:33 | POL | Iniemamocni | Poznań | 1977 | M40 | 28 | 156 | | 00:41:11 | 00:41:19 | 04:07 |
| 168 | 1846 | Karol Wachowiak 5km: 00:20:49 | POL | | Poznań | 1977 | M40 | 29 | 157 | | 00:41:12 | 00:41:33 | 04:07 |
| 169 | 1961 | Błażej Drobnik 5km: 00:20:24 | POL | Promień Opalenica | Opalenica | 1987 | M30 | 32 | 158 | | 00:41:14 | 00:41:23 | 04:07 |
| 170 | 692 | Marcin Kaczor 5km: 00:20:35 | POL | | Święciechowa | 1975 | M40 | 30 | 159 | | 00:41:16 | 00:41:23 | 04:08 |
| 171 | 2848 | Olga Kazimirowa 5km: 00:20:42 | UKR | | KALISZ | 1975 | K40 | 1 | | 12 | 00:41:17 | 00:41:18 | 04:08 |
| 172 | 2853 | Aleksandr Kazimirow 5km: 00:18:13 | UKR | | Kalisz | 1982 | M35 | 22 | 160 | | 00:41:17 | 00:41:18 | 04:08 |
| 173 | 1288 | Michał Wajer 5km: 00:20:18 | POL | Klub Biegowy TSK Orzeł Osiek | Osiek nad/Notecia | 1985 | M30 | 33 | 161 | | 00:41:18 | 00:41:32 | 04:08 |
| 174 | 324 | Krzysztof Szaj 5km: 00:20:21 | POL | | Poznań/Kostrzyn | 1970 | M45 | 19 | 162 | | 00:41:18 | 00:41:22 | 04:08 |
| 175 | 2771 | Jakub Rajczak 5km: 00:20:39 | POL | | Koziegłowy | 1991 | M25 | 25 | 163 | | 00:41:18 | 00:41:27 | 04:08 |
| 176 | 1559 | Krzysztof Nowak 5km: 00:20:10 | POL | MJDOP | Kamionki | 1973 | M45 | 20 | 164 | | 00:41:19 | 00:41:25 | 04:08 |
| 177 | 1528 | Tomek Zajączkowski 5km: 00:20:45 | POL | PGB Sportowa Paczka | Poznań | 1985 | M30 | 34 | 165 | | 00:41:20 | 00:41:28 | 04:08 |
| 178 | 2813 | Mateusz Tumko 5km: 00:20:13 | POL | Siedlec klap | Kostrzyn Wielkopolski | 1997 | M20 | 13 | 166 | | 00:41:20 | 00:42:02 | 04:08 |
| 179 | 2309 | Jadwiga Wyrwińska 5km: 00:19:49 | POL | AZS AWF Poznań | Drużyna | 2001 | K16 | 1 | | 13 | 00:41:20 | 00:41:28 | 04:08 |
| 180 | 390 | Hubert Karczewski 5km: 00:20:42 | POL | | Gruszczyn | 1973 | M45 | 21 | 167 | | 00:41:22 | 00:41:32 | 04:08 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|--------------------------------------|-------------|---------|------------|----------------|-----|---|-------------|--------------|-----------------|
| 181 | 2640 | Krzysztof Matuszewski 5km: 00:20:24 | POL | CYBINA TEAM | Poznań | 1991 | M25 | 26 | 168 | | 00:41:24 | 00:41:32 | 04:08 |
| 182 | 424 | Kacper Koszał 5km: 00:21:00 | POL | Iskra Konin | Konin | 1994 | M20 | 14 | 169 | | 00:41:25 | 00:41:58 | 04:09 |
| 183 | 1956 | Artur Kubaczyk 5km: 00:20:49 | POL | | Poznań | 1989 | M25 | 27 | 170 | | 00:41:27 | 00:41:41 | 04:09 |
| 184 | 1018 | Stanisław Mielczarek 5km: 00:20:44 | POL | senior61 | Kalisz | 1957 | M60 | 5 | 171 | | 00:41:28 | 00:41:35 | 04:09 |
| 185 | 473 | Krzysztof Poplawski 5km: 00:20:52 | POL | | Swarzędz | 1980 | M35 | 23 | 172 | | 00:41:29 | 00:41:56 | 04:09 |
| 186 | 1303 | Michał Rojewski 5km: 00:20:07 | POL | Naramowice biegają | Poznań | 1983 | M35 | 24 | 173 | | 00:41:31 | 00:41:35 | 04:09 |
| 187 | 2524 | Sławomir Szaśiadek 5km: 00:20:20 | POL | Świat Biegacza Fehlau Run Team | Poznań | 1965 | M50 | 9 | 174 | | 00:41:31 | 00:41:38 | 04:09 |
| 188 | 2572 | Konrad Myśliwiec 5km: 00:19:35 | POL | GSK FIT pioRUNy | Lublin | 1995 | M20 | 15 | 175 | | 00:41:32 | 00:41:49 | 04:09 |
| 189 | 398 | Piotr Szczęśniak 5km: 00:21:10 | POL | Masarnia | Poznań | 1983 | M35 | 25 | 176 | | 00:41:35 | 00:41:53 | 04:10 |
| 190 | 1055 | Sebastian Radke 5km: 00:20:28 | POL | | Ślesin | 1993 | M25 | 28 | 177 | | 00:41:37 | 00:41:40 | 04:10 |
| 191 | 2650 | Wiktor Dębowski 5km: 00:20:33 | POL | Goggle Pro Active Eyewear Team | Czempiń | 1987 | M30 | 35 | 178 | | 00:41:41 | 00:41:48 | 04:10 |
| 192 | 2759 | Dawid Krawczuk 5km: 00:20:30 | POL | | Poznań | 1977 | M40 | 31 | 179 | | 00:41:45 | 00:42:01 | 04:10 |
| 193 | 1244 | Krzysztof Rzepa 5km: 00:20:36 | POL | 31 baza lotnictwa taktycznego Poznań | Poznań | 1979 | M35 | 26 | 180 | | 00:41:46 | 00:42:06 | 04:11 |
| 194 | 1302 | Wojciech Pietruszyński 5km: 00:20:47 | POL | Lucky LUZers | Luboń | 1995 | M20 | 16 | 181 | | 00:41:46 | 00:41:58 | 04:11 |
| 195 | 1274 | Mariusz Stokowski 5km: 00:21:05 | POL | Borowo-Młyn Team | Pobiedziska | 1976 | M40 | 32 | 182 | | 00:41:48 | 00:42:04 | 04:11 |
| 196 | 2336 | Zbyszko Paluczek 5km: 00:20:19 | POL | Motointegrator Running Team | Gruszczyn | 1979 | M35 | 27 | 183 | | 00:41:49 | 00:41:55 | 04:11 |
| 197 | 768 | Kamil Krzywiński 5km: 00:20:17 | POL | | Września | 1991 | M25 | 29 | 184 | | 00:41:52 | 00:42:10 | 04:11 |
| 198 | 2408 | Artur Fliszkiewicz 5km: 00:21:05 | POL | KLASzpot | Swarzędz | 1981 | M35 | 28 | 185 | | 00:41:52 | 00:41:58 | 04:11 |
| 199 | 258 | Jacek Bernacik 5km: 00:21:03 | POL | KLAS SZPOT SWARZĘDZ | Zalasewo | 1973 | M45 | 22 | 186 | | 00:41:53 | 00:41:59 | 04:11 |
| 200 | 2916 | Przemysław Chwała 5km: 00:21:14 | POL | Powolny | Wolice | 1973 | M45 | 23 | 187 | | 00:41:54 | 00:42:16 | 04:11 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|--------------------------------|------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 201 | 492 | Michał Leśniak 5km: 00:20:50 | POL | www.NRGBOX.pl | Poznań | 1984 | M30 | 36 | 188 | | 00:41:54 | 00:42:13 | 04:11 |
| 202 | 1025 | Bartosz Faś 5km: 00:21:15 | POL | LZS Jedność Łobżenica | Łobżenica | 1987 | M30 | 37 | 189 | | 00:41:55 | 00:42:09 | 04:11 |
| 203 | 2290 | Dariusz Stokowski 5km: 00:20:04 | POL | Borowo-Młyn Team | Gorzkie Pole | 1975 | M40 | 33 | 190 | | 00:41:56 | 00:43:12 | 04:12 |
| 204 | 2871 | Marcin Grzegorzek 5km: 00:21:04 | POL | Ei-Cab RUNNING TEAM | Murowana Goślina | 1978 | M40 | 34 | 191 | | 00:41:59 | 00:42:24 | 04:12 |
| 205 | 1003 | Ewelina Kasprzak 5km: 00:20:50 | POL | | Gruszczyn | 1981 | K35 | 2 | | 14 | 00:41:59 | 00:42:17 | 04:12 |
| 206 | 1788 | Damian Chelmikowski 5km: 00:20:56 | POL | | kiszkowo | 1991 | M25 | 30 | 192 | | 00:42:00 | 00:42:10 | 04:12 |
| 207 | 562 | Jakub Bednarczyk 5km: 00:20:42 | POL | BV | Poznań | 1972 | M45 | 24 | 193 | | 00:42:00 | 00:42:07 | 04:12 |
| 208 | 2718 | Agata Oszmąlek 5km: 00:20:34 | POL | snufkinbiega.wordpress.com | Poznań | 1986 | K30 | 4 | | 15 | 00:42:01 | 00:42:08 | 04:12 |
| 209 | 129 | Robert Matusiewicz 5km: 00:20:21 | POL | DRUŻYNA Z GRUSZCZYNA | Gruszczyn | 1973 | M45 | 25 | 194 | | 00:42:01 | 00:42:07 | 04:12 |
| 210 | 147 | Łukasz Frankowski 5km: 00:20:54 | POL | | Poznań | 1982 | M35 | 29 | 195 | | 00:42:03 | 00:42:11 | 04:12 |
| 211 | 2335 | Robert Breliński 5km: 00:20:43 | POL | | Gniezno | 1987 | M30 | 38 | 196 | | 00:42:04 | 00:42:09 | 04:12 |
| 212 | 699 | Przemysław Ślebioda 5km: 00:21:24 | POL | | Swarzędz | 1982 | M35 | 30 | 197 | | 00:42:07 | 00:42:43 | 04:13 |
| 213 | 2978 | Remigiusz Dettlaff 5km: 00:21:17 | POL | | Gostyń | 1980 | M35 | 31 | 198 | | 00:42:07 | 00:42:17 | 04:13 |
| 214 | 1013 | Marcin Sawicki 5km: 00:20:55 | POL | Drużyna Szpiku | Śrem | 1981 | M35 | 32 | 199 | | 00:42:08 | 00:42:22 | 04:13 |
| 215 | 1272 | Michał Bujak 5km: 00:20:58 | POL | | Poznań | 1977 | M40 | 35 | 200 | | 00:42:10 | 00:42:26 | 04:13 |
| 216 | 2823 | Sławek Przybysz 5km: 00:21:28 | POL | Opalenicki Klub Biegacza | Opalenica | 1983 | M35 | 33 | 201 | | 00:42:11 | 00:42:45 | 04:13 |
| 217 | 1918 | Małgorzata Brok 5km: 00:21:03 | POL | Świat Biegacza Fehlau Run Team | Plewiska | 1974 | K40 | 2 | | 16 | 00:42:13 | 00:42:22 | 04:13 |
| 218 | 2324 | Karol Karolak 5km: 00:21:33 | POL | | Poznań | 1991 | M25 | 31 | 202 | | 00:42:14 | 00:42:26 | 04:13 |
| 219 | 280 | Daniel Mułkowski 5km: 00:20:36 | POL | | Opalenica | 1984 | M30 | 39 | 203 | | 00:42:15 | 00:42:24 | 04:13 |
| 220 | 2716 | Karol Tomczak 5km: 00:21:22 | POL | Naramowice biegają | Poznań | 1983 | M35 | 34 | 204 | | 00:42:16 | 00:42:25 | 04:14 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|-------------------------------|-------------------|---------|------------|----------------|-----|---|-------------|--------------|-----------------|
| 221 | 728 | Cezary Spiz 5km: 00:21:00 | POL | Tarnowo Podgórne Biega | Przeźmierowo | 1980 | M35 | 35 | 205 | | 00:42:16 | 00:42:27 | 04:14 |
| 222 | 1222 | Przemysław Osiewicz 5km: 00:20:50 | POL | | Swarzędz | 1979 | M35 | 36 | 206 | | 00:42:16 | 00:42:32 | 04:14 |
| 223 | 2480 | Mikołaj Przepióra 5km: 00:21:16 | POL | Polonia Środa | Dębiec | 1997 | M20 | 17 | 207 | | 00:42:17 | 00:42:31 | 04:14 |
| 224 | 200 | Mateusz Zieliński 5km: 00:21:05 | POL | | Pogorzela | 1992 | M25 | 32 | 208 | | 00:42:18 | 00:42:38 | 04:14 |
| 225 | 315 | Piotr Ciecza 5km: 00:21:04 | POL | krzesiny team | poznan | 1980 | M35 | 37 | 209 | | 00:42:18 | 00:42:30 | 04:14 |
| 226 | 2314 | Daniel Olkiewicz 5km: 00:20:56 | POL | Zmęczeni na Starcie Dobiegiew | Dobiegiew | 1999 | M16 | 5 | 210 | | 00:42:18 | 00:42:50 | 04:14 |
| 227 | 1196 | Iaroslav Saverin 5km: 00:20:25 | UKR | | Oborniki | 1977 | M40 | 36 | 211 | | 00:42:19 | 00:42:20 | 04:14 |
| 228 | 920 | Michał Grochal 5km: 00:21:18 | POL | | Przeźmierowo | 1988 | M30 | 40 | 212 | | 00:42:19 | 00:42:30 | 04:14 |
| 229 | 10 | Artur Szczepański 5km: 00:21:09 | POL | | Warszawa | 1975 | M40 | 37 | 213 | | 00:42:19 | 00:42:26 | 04:14 |
| 230 | 790 | Kacper Śmichurski 5km: 00:21:08 | POL | CYBINA TEAM | Zalasewo | 1998 | M20 | 18 | 214 | | 00:42:20 | 00:42:33 | 04:14 |
| 231 | 1732 | Mateusz Witek 5km: 00:21:40 | POL | Zalew Jerzykowo | Poznan | 1982 | M35 | 38 | 215 | | 00:42:23 | 00:42:50 | 04:14 |
| 232 | 2100 | Konrad Kaszubiak 5km: 00:21:12 | POL | | Poznań | 1983 | M35 | 39 | 216 | | 00:42:28 | 00:42:42 | 04:15 |
| 233 | 1884 | Paweł Nowak 5km: 00:21:37 | POL | Tomahawk Village | Siekierki Wielkie | 1982 | M35 | 40 | 217 | | 00:42:28 | 00:42:44 | 04:15 |
| 234 | 2266 | Jarosław Dominiak 5km: 00:21:47 | POL | KLAS SZPOT SWARZĘDZ | Zalasewo | 1985 | M30 | 41 | 218 | | 00:42:29 | 00:42:38 | 04:15 |
| 235 | 1936 | Michał Dylewski 5km: 00:20:56 | POL | | Konin | 1996 | M20 | 19 | 219 | | 00:42:29 | 00:42:34 | 04:15 |
| 236 | 2863 | Dariusz Frąckowiak 5km: 00:20:57 | POL | EMMIT | Poznań | 1983 | M35 | 41 | 220 | | 00:42:29 | 00:42:37 | 04:15 |
| 237 | 1867 | Tomasz Właszczyk 5km: 00:20:36 | POL | Swarzędz | Swarzędz | 1966 | M50 | 10 | 221 | | 00:42:29 | 00:42:40 | 04:15 |
| 238 | 1978 | Cezary Skowroński 5km: 00:21:08 | POL | Wybiegani Team | Skórzewo | 1980 | M35 | 42 | 222 | | 00:42:30 | 00:42:51 | 04:15 |
| 239 | 418 | Tomasz Maćkowski 5km: 00:21:00 | POL | IDKFA IDDQD | Zalasewo | 1982 | M35 | 43 | 223 | | 00:42:31 | 00:42:42 | 04:15 |
| 240 | 2345 | Łukasz Mazurczak 5km: 00:21:15 | POL | | Poznań | 1980 | M35 | 44 | 224 | | 00:42:32 | 00:42:47 | 04:15 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|---------------------------------|-------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 241 | 874 | Dominik Piaskowski 5km: 00:20:59 | POL | Biegająca Egzekucja / Beze Zeze | Poznań | 1981 | M35 | 45 | 225 | | 00:42:33 | 00:42:59 | 04:15 |
| 242 | 33 | Piotr Płaczek 5km: 00:21:21 | POL | malta-poznań | poznań | 1962 | M55 | 4 | 226 | | 00:42:35 | 00:42:38 | 04:15 |
| 243 | 29 | Marcin Foltynski 5km: 00:21:02 | POL | KLAS SZPOT SWARZĘDZ | Gruszczyn | 1977 | M40 | 38 | 227 | | 00:42:35 | 00:42:43 | 04:16 |
| 244 | 800 | Adam Szczербal 5km: 00:21:48 | POL | Kościan Team | Kościan | 1961 | M55 | 5 | 228 | | 00:42:37 | 00:42:55 | 04:16 |
| 245 | 2722 | Jarosław Ptak 5km: 00:21:19 | POL | | Luboń | 1973 | M45 | 26 | 229 | | 00:42:38 | 00:42:58 | 04:16 |
| 246 | 1653 | Mateusz Borkowski 5km: 00:21:43 | POL | Wataha Północy/For Run Team | Poznań | 1985 | M30 | 42 | 230 | | 00:42:41 | 00:43:14 | 04:16 |
| 247 | 2835 | Stefan Szramowski 5km: 00:21:12 | POL | | Poznań | 1984 | M30 | 43 | 231 | | 00:42:41 | 00:43:13 | 04:16 |
| 248 | 976 | Rafał Bystrowski 5km: 00:20:42 | POL | Krotoszyńska Grupa Biegowa | Krotoszyn | 1974 | M40 | 39 | 232 | | 00:42:42 | 00:43:00 | 04:16 |
| 249 | 1254 | Katarzyna Besz-Malinowska 5km: 00:20:28 | POL | BZ WBK Runners Team | Poznań | 1973 | K45 | 2 | | 17 | 00:42:43 | 00:43:48 | 04:16 |
| 250 | 2424 | Damian Szymański 5km: 00:21:10 | POL | Dynamo Śmiga | Plewiska | 2002 | M16 | 6 | 233 | | 00:42:44 | 00:43:16 | 04:16 |
| 251 | 1571 | Aleksander Pietrzak 5km: 00:21:32 | POL | | Swarzędz | 1992 | M25 | 33 | 234 | | 00:42:44 | 00:43:06 | 04:16 |
| 252 | 1810 | Wojciech Jaraszkiwicz 5km: 00:21:53 | POL | | Kaźmierz | 1984 | M30 | 44 | 235 | | 00:42:44 | 00:43:22 | 04:16 |
| 253 | 2815 | Robert Mieczyski 5km: 00:21:12 | POL | | Poznań | 1969 | M45 | 27 | 236 | | 00:42:45 | 00:43:03 | 04:17 |
| 254 | 1228 | Łukasz Jachnik 5km: 00:21:17 | POL | Pyszcząca | Pyszcząca | 1980 | M35 | 46 | 237 | | 00:42:46 | 00:43:09 | 04:17 |
| 255 | 2696 | Marcin Nowicki 5km: 00:20:40 | POL | | Swarzędz | 1997 | M20 | 20 | 238 | | 00:42:47 | 00:43:01 | 04:17 |
| 256 | 879 | Dominik Tomaszewski 5km: 00:21:20 | POL | Dendrorunners | Kórnik | 1972 | M45 | 28 | 239 | | 00:42:48 | 00:42:58 | 04:17 |
| 257 | 36 | Janusz Sobczak 5km: 00:21:05 | POL | Malta Poznań | Poznań | 1960 | M55 | 6 | 240 | | 00:42:49 | 00:42:54 | 04:17 |
| 258 | 2286 | Artur Przybysz 5km: 00:20:57 | POL | Biegaj po endorfiny | Poznań | 1993 | M25 | 34 | 241 | | 00:42:50 | 00:42:56 | 04:17 |
| 259 | 217 | Paweł Krokosz 5km: 00:20:38 | POL | KenyanRunners | Swarzędz | 1991 | M25 | 35 | 242 | | 00:42:50 | 00:42:53 | 04:17 |
| 260 | 918 | Marlena Strzelczyk 5km: 00:21:10 | POL | | Kostrzyn | 1989 | K25 | 4 | | 18 | 00:42:51 | 00:43:00 | 04:17 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|-------------------------------------|--------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 261 | 2670 | Adrian Łazowski 5km: 00:21:40 | POL | SKS Oborniki | Oborniki | 1990 | M25 | 36 | 243 | | 00:42:52 | 00:43:09 | 04:17 |
| 262 | 1617 | Leszek Stasik 5km: | POL | BABIMOJSKI KLUB BIEGOWY BAKCYL | Babimost | 1978 | M40 | 40 | 244 | | 00:42:53 | 00:43:03 | 04:17 |
| 263 | 177 | Janusz Szymański 5km: 00:21:05 | POL | Poznań | Poznań | 1951 | M65 | 4 | 245 | | 00:42:55 | 00:43:01 | 04:18 |
| 264 | 507 | Maciej Kiciński 5km: 00:21:01 | POL | Night Runners | POZNAŃ | 1980 | M35 | 47 | 246 | | 00:42:55 | 00:43:04 | 04:18 |
| 265 | 1619 | Jędrzej Stasik 5km: 00:21:57 | POL | BABIMOJSKI KLUB BIEGOWY BAKCYL | Babimost | 2001 | M16 | 7 | 247 | | 00:42:57 | 00:43:07 | 04:18 |
| 266 | 2659 | Piotr Organiściak 5km: 00:21:51 | POL | | Rogalinek | 1963 | M55 | 7 | 248 | | 00:42:58 | 00:44:39 | 04:18 |
| 267 | 2532 | Aleksander Prus 5km: 00:21:19 | POL | | Poznań | 1985 | M30 | 45 | 249 | | 00:42:58 | 00:43:24 | 04:18 |
| 268 | 251 | Łukasz Wódkowski 5km: 00:21:04 | POL | | Poznań | 1981 | M35 | 48 | 250 | | 00:43:00 | 00:43:04 | 04:18 |
| 269 | 1540 | Karol Grzeszczak 5km: 00:21:25 | POL | 1973 | Gostyń | 1973 | M45 | 29 | 251 | | 00:43:02 | 00:43:31 | 04:18 |
| 270 | 1123 | Maciej Namysł 5km: 00:21:36 | POL | Koźmin Biega | Koźmin wlkp. | 1979 | M35 | 49 | 252 | | 00:43:02 | 00:43:18 | 04:18 |
| 271 | 1724 | Marcin Sierota 5km: 00:21:29 | POL | | Rogalinek | 1980 | M35 | 50 | 253 | | 00:43:05 | 00:43:36 | 04:18 |
| 272 | 255 | Anna Respondek 5km: 00:21:21 | POL | | Zielona Góra | 1983 | K35 | 3 | | 19 | 00:43:09 | 00:43:24 | 04:19 |
| 273 | 483 | Tomasz Grykiel 5km: 00:21:07 | POL | KS Julian | Poznań | 1980 | M35 | 51 | 254 | | 00:43:10 | 00:43:21 | 04:19 |
| 274 | 2320 | Radosław Wojtkowiak 5km: 00:21:52 | POL | Kęsy Team | Poznań | 1981 | M35 | 52 | 255 | | 00:43:11 | 00:43:51 | 04:19 |
| 275 | 1764 | Michał Łukomski 5km: 00:22:12 | POL | Stowarzyszenie im. hr A. Bnińskiego | Kostrzyn | 1986 | M30 | 46 | 256 | | 00:43:15 | 00:44:27 | 04:19 |
| 276 | 741 | Sandra Budziszewska 5km: 00:21:26 | POL | Endorfina Wschowa | Wschowa | 1989 | K25 | 5 | | 20 | 00:43:18 | 00:43:21 | 04:20 |
| 277 | 1363 | Daniel Zymny 5km: 00:21:21 | POL | BS Truchtacz Dobrzyca | DOBRYCA | 1989 | M25 | 37 | 257 | | 00:43:18 | 00:43:41 | 04:20 |
| 278 | 2768 | Michał Rubiś 5km: 00:21:54 | POL | Respekt | Gowarzewo | 1984 | M30 | 47 | 258 | | 00:43:19 | 00:43:58 | 04:20 |
| 279 | 719 | Krystian Krupa 5km: 00:21:16 | POL | EITALIA.pl | poznań | 1986 | M30 | 48 | 259 | | 00:43:21 | 00:43:30 | 04:20 |
| 280 | 952 | Andrzej Muller 5km: 00:21:25 | POL | | Puszczykowo | 1958 | M60 | 6 | 260 | | 00:43:21 | 00:43:27 | 04:20 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|-----------------------------------|-----------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 281 | 230 | Tomasz Ratajczak 5km: 00:21:11 | POL | Swarzędz | Swarzędz | 1980 | M35 | 53 | 261 | | 00:43:22 | 00:43:30 | 04:20 |
| 282 | 1822 | Sławomir Rodziewicz 5km: 00:21:48 | POL | parkrun Poznań | Poznań | 1985 | M30 | 49 | 262 | | 00:43:23 | 00:43:28 | 04:20 |
| 283 | 486 | Karolina Klupczyńska 5km: 00:21:51 | POL | @strong_runnerka | Poznań | 1995 | K20 | 4 | | 21 | 00:43:23 | 00:43:33 | 04:20 |
| 284 | 1379 | Jakub Koperski 5km: 00:21:09 | POL | Bike & Run Friends | Jerzykowo | 2001 | M16 | 8 | 263 | | 00:43:24 | 00:44:00 | 04:20 |
| 285 | 1845 | Bartosz Gawaecki 5km: 00:22:10 | POL | | Kostrzyn | 1983 | M35 | 54 | 264 | | 00:43:24 | 00:43:48 | 04:20 |
| 286 | 628 | Marcin Cichocki 5km: 00:21:10 | POL | | Poznań | 1988 | M30 | 50 | 265 | | 00:43:24 | 00:43:32 | 04:20 |
| 287 | 37 | Jarosław Baranowski 5km: 00:21:20 | POL | Malta Poznań | Poznań | 1955 | M60 | 7 | 266 | | 00:43:26 | 00:43:29 | 04:21 |
| 288 | 706 | Mateusz Walkowiak 5km: 00:21:47 | POL | GOSTYŃSKI BIEGACZ . WIARA MIŁOŚ | Gostyń | 1999 | M16 | 9 | 267 | | 00:43:27 | 00:44:05 | 04:21 |
| 289 | 306 | Jacek Zimniewicz 5km: 00:22:15 | POL | Klub Biegacza Kompania Piwowarska | Szczytniki | 1978 | M40 | 41 | 268 | | 00:43:27 | 00:43:42 | 04:21 |
| 290 | 1413 | Jędrzej Frencl 5km: | POL | | Poznań | 1992 | M25 | 38 | 269 | | 00:43:28 | 00:43:37 | 04:21 |
| 291 | 610 | Jakub Kielek 5km: 00:22:08 | POL | Zawiani Kołobrzeg | Kołobrzeg | 1992 | M25 | 39 | 270 | | 00:43:28 | 00:43:37 | 04:21 |
| 292 | 1276 | Zbigniew Kłapa 5km: 00:22:02 | POL | | Grodzisk Wilkp. | 1952 | M65 | 5 | 271 | | 00:43:30 | 00:43:48 | 04:21 |
| 293 | 2082 | Tomasz Zegarlicki 5km: 00:22:16 | POL | MANUFakturAMIESZKAN.COM | Łopuszna | 1994 | M20 | 21 | 272 | | 00:43:31 | 00:43:44 | 04:21 |
| 294 | 648 | Katarzyna Sokołowska 5km: 00:22:16 | POL | KLAS SZPOT SWARZĘDZ | Swarzędz | 1996 | K20 | 5 | | 22 | 00:43:31 | 00:43:44 | 04:21 |
| 295 | 1707 | Piotr Kołowski 5km: 00:21:50 | POL | | Skórzewo | 1979 | M35 | 55 | 273 | | 00:43:33 | 00:43:49 | 04:21 |
| 296 | 285 | Marek Róžański 5km: 00:21:28 | POL | RUNNER'S POWER | Śrem | 1970 | M45 | 30 | 274 | | 00:43:33 | 00:43:52 | 04:21 |
| 297 | 2887 | Wojciech Oświęcimski 5km: 00:21:30 | POL | Lokator Nieruchomości Piła | Olsztyn | 1963 | M55 | 8 | 275 | | 00:43:33 | 00:43:41 | 04:21 |
| 298 | 961 | Andrzej Szalaty 5km: 00:22:21 | POL | Kb Kosynier Września | BORZYKOWO | 1975 | M40 | 42 | 276 | | 00:43:34 | 00:43:51 | 04:21 |
| 299 | 2165 | Łukasz Kleinschmidt 5km: 00:21:35 | POL | Miłosz Team | Wierzenica | 1981 | M35 | 56 | 277 | | 00:43:35 | 00:43:50 | 04:22 |
| 300 | 1291 | Sebastian Skoczek 5km: 00:21:35 | POL | UTAL TEAM | Gruszczyn | 1981 | M35 | 57 | 278 | | 00:43:35 | 00:44:07 | 04:22 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|---------------------|-------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 301 | 2368 | Mateusz Wyszyński 5km: 00:21:34 | POL | | Poznań | 1995 | M20 | 22 | 279 | | 00:43:38 | 00:43:44 | 04:22 |
| 302 | 2810 | Paweł Cieślak 5km: 00:21:48 | POL | | Poznań | 1984 | M30 | 51 | 280 | | 00:43:38 | 00:44:07 | 04:22 |
| 303 | 1088 | Zbigniew Kusik 5km: 00:21:38 | POL | Gira się kręci | POZNAŃ | 1982 | M35 | 58 | 281 | | 00:43:38 | 00:43:44 | 04:22 |
| 304 | 1659 | Hubert Kaźmierczak 5km: 00:22:07 | POL | ARJO team | Kościan | 1988 | M30 | 52 | 282 | | 00:43:38 | 00:43:38 | 04:22 |
| 305 | 775 | Przemysław Andrzejewski 5km: | POL | WK Poznań | Poznań | 1980 | M35 | 59 | 283 | | 00:43:39 | 00:43:50 | 04:22 |
| 306 | 1377 | Mirosław Baranowski 5km: 00:22:08 | POL | | Katowice | 1969 | M45 | 31 | 284 | | 00:43:40 | 00:43:53 | 04:22 |
| 307 | 2064 | Tomasz Kuklis 5km: 00:21:27 | POL | | Poznań | 1986 | M30 | 53 | 285 | | 00:43:40 | 00:44:03 | 04:22 |
| 308 | 435 | Mirosław Kaczmarek 5km: 00:22:01 | POL | | Śrem | 1991 | M25 | 40 | 286 | | 00:43:42 | 00:44:12 | 04:22 |
| 309 | 1802 | Andrzej Bolewski 5km: 00:21:51 | POL | Solmedia.pl | Poznań | 1982 | M35 | 60 | 287 | | 00:43:42 | 00:44:02 | 04:22 |
| 310 | 762 | Maciej Pietraszak 5km: 00:21:43 | POL | mistrzowie WP-1 | Słupca | 1973 | M45 | 32 | 288 | | 00:43:42 | 00:44:07 | 04:22 |
| 311 | 1635 | Patryk Jachira 5km: 00:22:01 | POL | | Poznań | 1990 | M25 | 41 | 289 | | 00:43:42 | 00:44:07 | 04:22 |
| 312 | 946 | Roman Gawroński 5km: 00:21:49 | POL | | Zalasewo | 1981 | M35 | 61 | 290 | | 00:43:42 | 00:44:15 | 04:22 |
| 313 | 726 | Sebastian Weymann 5km: 00:21:21 | POL | JMZ | Roźnowo | 1982 | M35 | 62 | 291 | | 00:43:43 | 00:44:06 | 04:22 |
| 314 | 2895 | Mariusz Nowak 5km: 00:22:16 | POL | Night Runners | Poznań | 1988 | M30 | 54 | 292 | | 00:43:43 | 00:43:55 | 04:22 |
| 315 | 2964 | Maciej Krzeszowski 5km: 00:21:54 | POL | nap-nap.pl | Poznań | 1976 | M40 | 43 | 293 | | 00:43:44 | 00:43:56 | 04:22 |
| 316 | 2002 | Piotr Jakubowski 5km: 00:22:07 | POL | 19 stycznia | poznań | 1979 | M35 | 63 | 294 | | 00:43:44 | 00:43:55 | 04:22 |
| 317 | 2458 | Hanna Kotwica 5km: 00:22:00 | POL | Pałuki Running Team | Poznań | 1996 | K20 | 6 | | 23 | 00:43:45 | 00:43:52 | 04:23 |
| 318 | 2212 | Mateusz Langowski 5km: 00:22:11 | POL | DUNI POLAND | Gąsawa | 1991 | M25 | 42 | 295 | | 00:43:47 | 00:44:10 | 04:23 |
| 319 | 1655 | Miłosz Klewenhagen 5km: 00:22:09 | POL | Bogdanowo | Oborniki | 1987 | M30 | 55 | 296 | | 00:43:47 | 00:44:08 | 04:23 |
| 320 | 2855 | Damian Trąbka 5km: 00:20:50 | POL | | KURZA GÓRA | 1974 | M40 | 44 | 297 | | 00:43:47 | 00:43:52 | 04:23 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|-----------------------------------|------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 321 | 1572 | Dominik Witkowski 5km: 00:22:13 | POL | Karl Knauer Poland | Swarzędz | 1972 | M45 | 33 | 298 | | 00:43:49 | 00:44:01 | 04:23 |
| 322 | 130 | Krzysztof Purczyński 5km: 00:21:43 | POL | | Bogucin | 1994 | M20 | 23 | 299 | | 00:43:49 | 00:43:59 | 04:23 |
| 323 | 1929 | Mirosław Fręsko 5km: 00:21:41 | POL | 1976 | Poznań | 1976 | M40 | 45 | 300 | | 00:43:51 | 00:44:11 | 04:23 |
| 324 | 1410 | Marek Bandosz 5km: 00:21:54 | POL | PRO366 | Swarzędz | 1980 | M35 | 64 | 301 | | 00:43:51 | 00:44:34 | 04:23 |
| 325 | 1326 | Radosław Zbierski 5km: 00:21:58 | POL | | Gniezno | 1970 | M45 | 34 | 302 | | 00:43:52 | 00:44:04 | 04:23 |
| 326 | 170 | Katarzyna Strzałkowska 5km: 00:21:57 | POL | | Luboń | 1981 | K35 | 4 | | 24 | 00:43:52 | 00:44:24 | 04:23 |
| 327 | 2530 | Maciej Ryfa 5km: 00:22:10 | POL | Rehau Triathlon Team | Borówiec | 1993 | M25 | 43 | 303 | | 00:43:53 | 00:44:06 | 04:23 |
| 328 | 1668 | Robert Fenrych 5km: 00:21:14 | POL | POGROMCY KILOMETRÓW | Poznań | 1973 | M45 | 35 | 304 | | 00:43:53 | 00:44:01 | 04:23 |
| 329 | 1911 | Marta Kurek 5km: 00:21:39 | POL | | Poznań | 1986 | K30 | 5 | | 25 | 00:43:53 | 00:44:23 | 04:23 |
| 330 | 366 | Jakub Suchorowski 5km: 00:22:16 | POL | PRO366 | Rogoźno | 1981 | M35 | 65 | 305 | | 00:43:54 | 00:44:16 | 04:23 |
| 331 | 351 | Przemysław Skalski 5km: 00:21:53 | POL | Neopunkt Mosina / ObozySobecki.pl | Krosno | 1981 | M35 | 66 | 306 | | 00:43:55 | 00:44:32 | 04:23 |
| 332 | 354 | Robert Górny 5km: 00:22:14 | POL | Wybite Jedyнки | Imielno | 1983 | M35 | 67 | 307 | | 00:43:57 | 00:44:12 | 04:24 |
| 333 | 1030 | Bartosz Tabat 5km: 00:22:14 | POL | KB Katorżnik Murowana Goślina | Murowana Goślina | 1984 | M30 | 56 | 308 | | 00:43:57 | 00:44:11 | 04:24 |
| 334 | 322 | Michał Gozdur 5km: 00:22:14 | POL | | Damasławek | 1982 | M35 | 68 | 309 | | 00:43:57 | 00:44:24 | 04:24 |
| 335 | 2560 | Bartłomiej Ignaczak 5km: 00:22:09 | POL | | Poznan | 1979 | M35 | 69 | 310 | | 00:43:57 | 00:44:19 | 04:24 |
| 336 | 2548 | Łukasz Kruk 5km: 00:21:31 | POL | | Skoki | 1982 | M35 | 70 | 311 | | 00:44:00 | 00:44:09 | 04:24 |
| 337 | 427 | Kasia Szkoda 5km: 00:22:06 | POL | | Grodzisk Wilkp. | 1991 | K25 | 6 | | 26 | 00:44:02 | 00:44:45 | 04:24 |
| 338 | 2208 | Krzysztof Adamski 5km: 00:22:01 | POL | Smolecka Zadyszka | Smolec | 1979 | M35 | 71 | 312 | | 00:44:02 | 00:44:12 | 04:24 |
| 339 | 2496 | Natalia Janik 5km: 00:22:18 | POL | PRO366 | Poznań | 1992 | K25 | 7 | | 27 | 00:44:02 | 00:44:13 | 04:24 |
| 340 | 832 | Michał Czajka 5km: 00:22:12 | POL | 3-M Triathlon Team | Poznań | 1981 | M35 | 72 | 313 | | 00:44:03 | 00:44:20 | 04:24 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|----------------------------|------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 341 | 1180 | Paweł Rogowicz 5km: 00:22:24 | POL | Espeo Software | Garby | 1980 | M35 | 73 | 314 | | 00:44:04 | 00:44:35 | 04:24 |
| 342 | 1070 | Wojciech Jastrzębski 5km: 00:20:43 | POL | K.S Tęcza | Opalenica | 1986 | M30 | 57 | 315 | | 00:44:05 | 00:44:14 | 04:24 |
| 343 | 2542 | Aleksandra Kryś 5km: 00:21:36 | POL | OKB/ CityZen | Opalenica | 1992 | K25 | 8 | | 28 | 00:44:06 | 00:44:14 | 04:25 |
| 344 | 722 | Łukasz Mielcarek 5km: 00:22:23 | POL | Lutogniew | Lutogniew | 1986 | M30 | 58 | 316 | | 00:44:07 | 00:45:01 | 04:25 |
| 345 | 2565 | Małgorzata Kołacka 5km: 00:21:49 | POL | SPORTOPEDICA/OŚ AZS POZNAŃ | Poznań | 1993 | K25 | 9 | | 29 | 00:44:08 | 00:44:11 | 04:25 |
| 346 | 118 | Honorata Dudek 5km: 00:22:05 | POL | Polonia Środa | Środa Wlkp | 1980 | K35 | 5 | | 30 | 00:44:08 | 00:44:27 | 04:25 |
| 347 | 1459 | Paweł Różak 5km: 00:22:11 | POL | | Poznań | 1979 | M35 | 74 | 317 | | 00:44:09 | 00:44:27 | 04:25 |
| 348 | 367 | Robert Szymański 5km: 00:22:14 | POL | Maratończyk Poznań | Tarnowo Podgórne | 1974 | M40 | 46 | 318 | | 00:44:09 | 00:44:21 | 04:25 |
| 349 | 2584 | Przemysław Hoffmann 5km: 00:21:53 | POL | | Złotkowo | 1976 | M40 | 47 | 319 | | 00:44:10 | 00:44:22 | 04:25 |
| 350 | 369 | Paweł Skornowicz 5km: 00:22:17 | POL | WUEF Tri Team | Kaźmierz | 1971 | M45 | 36 | 320 | | 00:44:10 | 00:44:22 | 04:25 |
| 351 | 759 | Tomasz Marcin Jaroni 5km: 00:22:13 | POL | HANDEX POZNAŃ | Poznań | 1977 | M40 | 48 | 321 | | 00:44:11 | 00:44:27 | 04:25 |
| 352 | 358 | Maciej Knast 5km: 00:22:13 | POL | Wybite Jedyńki | Poznań | 1971 | M45 | 37 | 322 | | 00:44:12 | 00:44:27 | 04:25 |
| 353 | 2735 | Kamil Beldzikowski 5km: 00:22:25 | POL | Polonez Team Swarzędz | Swarzędz | 1992 | M25 | 44 | 323 | | 00:44:12 | 00:44:52 | 04:25 |
| 354 | 1886 | Grzegorz Różewicz 5km: 00:21:46 | POL | | Poznań | 1986 | M30 | 59 | 324 | | 00:44:16 | 00:44:30 | 04:26 |
| 355 | 2732 | Nikodem Olejnik 5km: 00:21:52 | POL | | Glinka Duchowna | 1999 | M16 | 10 | 325 | | 00:44:17 | 00:44:55 | 04:26 |
| 356 | 1944 | Przemysław Rybiński 5km: 00:22:17 | POL | | Swarzędz | 1982 | M35 | 75 | 326 | | 00:44:18 | 00:44:27 | 04:26 |
| 357 | 2885 | Piotr Chojnacki 5km: 00:22:10 | POL | skarszew | skarszew | 1973 | M45 | 38 | 327 | | 00:44:19 | 00:44:53 | 04:26 |
| 358 | 840 | Paweł Oliński 5km: 00:22:13 | POL | Kibole w biegu | Gruszczyn | 1984 | M30 | 60 | 328 | | 00:44:21 | 00:44:47 | 04:26 |
| 359 | 389 | Jarek Występski 5km: 00:21:33 | POL | | Tanibórz/Tulce | 1979 | M35 | 76 | 329 | | 00:44:22 | 00:44:45 | 04:26 |
| 360 | 1905 | Tomasz Waraczewski 5km: 00:22:23 | POL | Harpagan Gniezno | Gniezno | 1990 | M25 | 45 | 330 | | 00:44:22 | 00:44:47 | 04:26 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|-------------------------------|-------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 361 | 643 | Bartosz Malinowski 5km: 00:21:58 | POL | Poznań | Poznań | 1985 | M30 | 61 | 331 | | 00:44:23 | 00:44:56 | 04:26 |
| 362 | 279 | Dawid Kupczyński 5km: 00:22:17 | POL | | Opalenica | 1984 | M30 | 62 | 332 | | 00:44:24 | 00:44:36 | 04:26 |
| 363 | 1759 | Bartosz Piasecki 5km: 00:22:37 | POL | Night Runners | Poznań | 1986 | M30 | 63 | 333 | | 00:44:24 | 00:44:33 | 04:26 |
| 364 | 1278 | Magdalena Jaworska 5km: 00:22:32 | POL | GB Wielkopolscy Biegacze | Poznań | 1977 | K40 | 3 | | 31 | 00:44:25 | 00:44:53 | 04:26 |
| 365 | 1836 | Łukasz Klejniak 5km: 00:22:15 | POL | | Poznań | 1981 | M35 | 77 | 334 | | 00:44:26 | 00:44:54 | 04:27 |
| 366 | 1698 | Tomasz Stachowski 5km: 00:22:31 | POL | | Poznań | 1984 | M30 | 64 | 335 | | 00:44:27 | 00:45:02 | 04:27 |
| 367 | 1497 | Rafał Hedzielski 5km: 00:21:51 | POL | | Goleńczewo | 1974 | M40 | 49 | 336 | | 00:44:30 | 00:44:52 | 04:27 |
| 368 | 1225 | Jarosław Madajczak 5km: 00:22:02 | POL | time | TRZCIANKA | 1973 | M45 | 39 | 337 | | 00:44:30 | 00:44:42 | 04:27 |
| 369 | 1585 | Michał Daniluk 5km: 00:22:14 | POL | | Poznan | 1979 | M35 | 78 | 338 | | 00:44:31 | 00:44:47 | 04:27 |
| 370 | 1575 | Monika Kaźmierczak-Pućka 5km: 00:22:10 | POL | Night Runners Gniezno | GNIEZNO | 1977 | K40 | 4 | | 32 | 00:44:32 | 00:44:44 | 04:27 |
| 371 | 2966 | Czesław Polcyn 5km: 00:21:55 | POL | | Jędrzejewo | 1976 | M40 | 50 | 339 | | 00:44:34 | 00:44:35 | 04:27 |
| 372 | 810 | Fabian Pawłowski 5km: 00:22:17 | POL | Active Nekla | Podstolice | 1982 | M35 | 79 | 340 | | 00:44:35 | 00:44:49 | 04:27 |
| 373 | 2783 | Emil Trzciński 5km: 00:22:11 | POL | | Kutno | 1986 | M30 | 65 | 341 | | 00:44:36 | 00:46:18 | 04:28 |
| 374 | 1680 | Piotr Struzik 5km: 00:22:20 | POL | Bevo team | Baranowo | 1989 | M25 | 46 | 342 | | 00:44:36 | 00:45:00 | 04:28 |
| 375 | 514 | Grzegorz Dobrowolski 5km: 00:22:41 | POL | Zmęczeni na Starcie Dobiegiew | Dobiegiew | 1969 | M45 | 40 | 343 | | 00:44:36 | 00:44:51 | 04:28 |
| 376 | 203 | Łukasz Smuga 5km: 00:21:38 | POL | CSWL Poznań | Warszawa | 1985 | M30 | 66 | 344 | | 00:44:36 | 00:44:57 | 04:28 |
| 377 | 1369 | Adrian Szambelan 5km: 00:22:36 | POL | Kaźmierz zatorze | Kaźmierz | 2000 | M16 | 11 | 345 | | 00:44:37 | 00:45:22 | 04:28 |
| 378 | 799 | Radosław Misiorny 5km: 00:22:09 | POL | | Poznań | 1973 | M45 | 41 | 346 | | 00:44:37 | 00:44:49 | 04:28 |
| 379 | 2302 | Przemysław Toś 5km: 00:22:25 | POL | PRZEJMAS TIM | Kościan | 1991 | M25 | 47 | 347 | | 00:44:37 | 00:45:09 | 04:28 |
| 380 | 432 | Piotr Draber 5km: 00:22:12 | POL | Biegacze Celebryci | Poznań | 1991 | M25 | 48 | 348 | | 00:44:39 | 00:44:58 | 04:28 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|------------------------|----------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 381 | 2049 | Paweł Jazikowski 5km: 00:22:13 | POL | Paweł Jazikowski | Poznań | 1972 | M45 | 42 | 349 | | 00:44:39 | 00:44:41 | 04:28 |
| 382 | 1536 | Tomasz Tonn 5km: 00:22:16 | POL | | Swarzędz | 1980 | M35 | 80 | 350 | | 00:44:39 | 00:44:55 | 04:28 |
| 383 | 2933 | Tomasz Stelmach 5km: 00:21:40 | POL | | Swarzędz | 1973 | M45 | 43 | 351 | | 00:44:39 | 00:44:52 | 04:28 |
| 384 | 374 | Justyna Szczutkowska 5km: 00:21:53 | POL | TG Sokół Gniewkowo | Janikowo | 1966 | K50 | 1 | | 33 | 00:44:41 | 00:44:50 | 04:28 |
| 385 | 783 | Robert Cichocki 5km: 00:22:31 | POL | BOSCH SERWIS OLSZEWSKI | PSARSKIE | 1974 | M40 | 51 | 352 | | 00:44:41 | 00:45:05 | 04:28 |
| 386 | 2070 | Eryk Budnik 5km: 00:22:37 | POL | | Dębogóra | 1987 | M30 | 67 | 353 | | 00:44:43 | 00:45:12 | 04:28 |
| 387 | 724 | Łukasz Pawliński 5km: 00:22:00 | POL | | Poznań | 1995 | M20 | 24 | 354 | | 00:44:46 | 00:44:59 | 04:29 |
| 388 | 1567 | Jędrzej Skrzypczak 5km: 00:22:05 | POL | | Poznań | 1979 | M35 | 81 | 355 | | 00:44:46 | 00:44:59 | 04:29 |
| 389 | 2597 | Paweł Gorzelańczyk 5km: 00:22:17 | POL | AstroRun | Trzemeszno | 1996 | M20 | 25 | 356 | | 00:44:47 | 00:44:58 | 04:29 |
| 390 | 145 | Bartosz Przybysz 5km: 00:22:18 | POL | SALON URODY MONIKA | Swarzędz | 1990 | M25 | 49 | 357 | | 00:44:47 | 00:44:58 | 04:29 |
| 391 | 962 | Dariusz Szymański 5km: 00:22:16 | POL | 1974 | Poznań | 1974 | M40 | 52 | 358 | | 00:44:48 | 00:45:21 | 04:29 |
| 392 | 2608 | Radosław Rapczyński 5km: 00:22:31 | POL | | Krotoszyn | 1973 | M45 | 44 | 359 | | 00:44:49 | 00:45:12 | 04:29 |
| 393 | 2503 | Jan Pożywiłko 5km: 00:22:10 | POL | Team Ławica | Pałędzie | 1999 | M16 | 12 | 360 | | 00:44:49 | 00:45:06 | 04:29 |
| 394 | 749 | Tomasz Pogonowski 5km: 00:22:06 | POL | | Kórnik | 1979 | M35 | 82 | 361 | | 00:44:50 | 00:45:17 | 04:29 |
| 395 | 1040 | Mariusz Zalewski 5km: 00:22:56 | POL | | Strzelce Kraj | 1969 | M45 | 45 | 362 | | 00:44:52 | 00:45:19 | 04:29 |
| 396 | 2301 | Szymon Winiarski 5km: 00:22:31 | POL | | Janków Zalesny | 1996 | M20 | 26 | 363 | | 00:44:52 | 00:46:16 | 04:29 |
| 397 | 633 | Adam Prokopczuk 5km: 00:22:17 | POL | Jokers Team | Krotoszyn | 1984 | M30 | 68 | 364 | | 00:44:52 | 00:45:06 | 04:29 |
| 398 | 1746 | Łukasz Piaskowski 5km: 00:22:16 | POL | BZWBK Runners Team | PLEWISKA | 1974 | M40 | 53 | 365 | | 00:44:53 | 00:45:15 | 04:29 |
| 399 | 2563 | Jakub Krukowski 5km: 00:22:06 | POL | | Poznań | 1986 | M30 | 69 | 366 | | 00:44:56 | 00:45:20 | 04:30 |
| 400 | 311 | Michał Kokociński 5km: 00:22:01 | POL | Swarzędz | Swarzędz | 1974 | M40 | 54 | 367 | | 00:44:56 | 00:45:27 | 04:30 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|--|--------------------|---------|------------|----------------|-----|---|-------------|--------------|-----------------|
| 401 | 705 | Stefan Dobak 5km: 00:22:32 | POL | KB Szamotuły | Szamotuły | 1946 | M70 | 1 | 368 | | 00:44:56 | 00:45:17 | 04:30 |
| 402 | 1504 | Paweł Janik 5km: 00:21:50 | POL | BZ WBK Runners Team | Poznań | 1988 | M30 | 70 | 369 | | 00:44:56 | 00:45:08 | 04:30 |
| 403 | 175 | Kamil Kamil Waleriańczyk 5km: 00:22:21 | POL | Unstoppable Runners Piotrkowice | Ślesin | 1985 | M30 | 71 | 370 | | 00:44:57 | 00:45:23 | 04:30 |
| 404 | 2329 | Krystian Błoch 5km: 00:22:50 | POL | | Środa Wielkopolska | 1994 | M20 | 27 | 371 | | 00:44:58 | 00:45:27 | 04:30 |
| 405 | 1713 | Maciej Dymitrowski 5km: 00:22:18 | POL | IDMAR RACING TEAM - TRIATHLON DIVISION | Wolsztyn | 1985 | M30 | 72 | 372 | | 00:44:59 | 00:45:11 | 04:30 |
| 406 | 1710 | Janusz Janowski 5km: 00:22:40 | POL | biegam sam | wierzonka | 1983 | M35 | 83 | 373 | | 00:44:59 | 00:45:58 | 04:30 |
| 407 | 459 | Maciej Czechlewski 5km: 00:22:20 | POL | Maciej Czechlewski | Biskupice | 1987 | M30 | 73 | 374 | | 00:45:00 | 00:45:13 | 04:30 |
| 408 | 2473 | Przemysław Karasiewicz 5km: 00:22:24 | POL | | KISZKOWO | 1980 | M35 | 84 | 375 | | 00:45:01 | 00:45:57 | 04:30 |
| 409 | 393 | Mariusz Barczak 5km: 00:22:51 | POL | SOLIDARNOŚĆ WWP | SWARZĘDZ | 1975 | M40 | 55 | 376 | | 00:45:02 | 00:45:54 | 04:30 |
| 410 | 2185 | Richard Spencer 5km: 00:22:07 | GBR | EnglishRunning | Gniezno | 1974 | M40 | 56 | 377 | | 00:45:03 | 00:45:07 | 04:30 |
| 411 | 2475 | Kamil Urbański 5km: 00:22:17 | POL | Tęcza Ujście | Ujście | 2000 | M16 | 13 | 378 | | 00:45:04 | 00:45:18 | 04:30 |
| 412 | 2078 | Michał Wasilewski 5km: 00:22:10 | POL | | Zalasewo | 1979 | M35 | 85 | 379 | | 00:45:04 | 00:45:14 | 04:30 |
| 413 | 1756 | Bronisław Patecki 5km: 00:21:46 | POL | KB Kompania Piwowarska | POZNAŃ | 1956 | M60 | 8 | 380 | | 00:45:04 | 00:46:20 | 04:30 |
| 414 | 2361 | Michał Jankowski 5km: 00:21:52 | POL | | Zalasewo | 1986 | M30 | 74 | 381 | | 00:45:05 | 00:45:33 | 04:31 |
| 415 | 2437 | Marek Ratajczak 5km: 00:22:43 | POL | TULPLAST | Zalasewo | 1976 | M40 | 57 | 382 | | 00:45:09 | 00:45:45 | 04:31 |
| 416 | 1354 | Marcin Przysiuda 5km: 00:22:18 | POL | NIGHT RUNNERS WRZEŚNIA | Września | 1985 | M30 | 75 | 383 | | 00:45:09 | 00:45:30 | 04:31 |
| 417 | 2592 | Grzegorz Malicki 5km: 00:22:03 | POL | sczoryk | Nowy Kazanów | 1970 | M45 | 46 | 384 | | 00:45:09 | 00:45:35 | 04:31 |
| 418 | 2549 | Adam Puk 5km: 00:22:20 | POL | 1976 | Poznan | 1976 | M40 | 58 | 385 | | 00:45:09 | 00:47:18 | 04:31 |
| 419 | 1821 | Rafał Nędza 5km: 00:22:03 | POL | | Kościan | 1973 | M45 | 47 | 386 | | 00:45:10 | 00:45:32 | 04:31 |
| 420 | 1645 | Tomasz Nejman 5km: 00:21:47 | POL | MJDOP | Kruszewnia | 1974 | M40 | 59 | 387 | | 00:45:10 | 00:45:17 | 04:31 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|--------------------------------|-------------|---------|------------|----------------|-----|---|-------------|--------------|-----------------|
| 421 | 263 | Arkadiusz Kaczmarek 5km: 00:22:26 | POL | | Chomęcice | 1995 | M20 | 28 | 388 | | 00:45:11 | 00:46:24 | 04:31 |
| 422 | 1079 | Sylwester Zaremba 5km: 00:22:24 | POL | Zmęczeni na Starcie Dobiegniew | Poznań | 1981 | M35 | 86 | 389 | | 00:45:12 | 00:45:44 | 04:31 |
| 423 | 1337 | Łukasz Słęczak 5km: 00:23:25 | POL | CYBINA TEAM | Swarzędz | 1988 | M30 | 76 | 390 | | 00:45:14 | 00:45:57 | 04:31 |
| 424 | 488 | Adrian Malczewski 5km: 00:23:25 | POL | | Poznań | 1989 | M25 | 50 | 391 | | 00:45:14 | 00:45:57 | 04:31 |
| 425 | 2151 | Józef Nowak 5km: 00:22:17 | POL | Czerlejtko biega | czerlejtko | 1969 | M45 | 48 | 392 | | 00:45:14 | 00:45:27 | 04:31 |
| 426 | 982 | Tomasz Dominiak 5km: 00:22:09 | POL | STAR DOM TEAM | SZLACHCIN | 1968 | M50 | 11 | 393 | | 00:45:14 | 00:45:34 | 04:31 |
| 427 | 2594 | Grzegorz Grabowski 5km: 00:22:09 | POL | Pasja Biegania 2020/ FAT | Trzemeszno | 1965 | M50 | 12 | 394 | | 00:45:15 | 00:45:31 | 04:32 |
| 428 | 370 | Krzysztof Dębowski 5km: 00:22:19 | POL | NIGHT RUNNERS WRZEŚNIA | Września | 1972 | M45 | 49 | 395 | | 00:45:16 | 00:45:29 | 04:32 |
| 429 | 1442 | Przemysław Mieszkowski 5km: 00:22:27 | POL | | Paczkowo | 1963 | M55 | 9 | 396 | | 00:45:17 | 00:45:48 | 04:32 |
| 430 | 2780 | Maciej Szczepański 5km: 00:22:38 | POL | UKS Szybki Lopes Nekla | Nekla | 1991 | M25 | 51 | 397 | | 00:45:19 | 00:45:26 | 04:32 |
| 431 | 252 | Krzysztof Kujawa 5km: 00:21:59 | POL | Jaja Juncewo | Pobiedziska | 1984 | M30 | 77 | 398 | | 00:45:19 | 00:45:31 | 04:32 |
| 432 | 664 | Grzegorz Golański 5km: 00:22:17 | POL | ORSP | Zalasewo | 1984 | M30 | 78 | 399 | | 00:45:19 | 00:45:34 | 04:32 |
| 433 | 176 | Krzysztof Szymański 5km: 00:21:53 | POL | TKKF MPK POZNAŃ | Poznań | 1980 | M35 | 87 | 400 | | 00:45:19 | 00:45:26 | 04:32 |
| 434 | 594 | Zbigniew Roszak 5km: 00:22:27 | POL | T.G SOKÓŁ GNIEWKOWO | Gniewkowo | 1988 | M30 | 79 | 401 | | 00:45:20 | 00:45:49 | 04:32 |
| 435 | 1441 | Paweł Pawlak 5km: 00:23:05 | POL | | Swarzędz | 1975 | M40 | 60 | 402 | | 00:45:22 | 00:46:13 | 04:32 |
| 436 | 1360 | Piotr Szwierz 5km: 00:22:47 | POL | KLAS SZPOT SWARZĘDZ | Rabowice | 1967 | M50 | 13 | 403 | | 00:45:23 | 00:46:37 | 04:32 |
| 437 | 602 | Karol Wachowiak 5km: 00:23:21 | POL | Kibole w biegu | Pniewy | 1984 | M30 | 80 | 404 | | 00:45:23 | 00:45:52 | 04:32 |
| 438 | 1130 | Piotr Pawlik 5km: 00:22:20 | POL | ENEA Serwis | Poznań | 1987 | M30 | 81 | 405 | | 00:45:23 | 00:45:59 | 04:32 |
| 439 | 632 | Marek Pietrzak 5km: 00:22:23 | POL | CYBINA TEAM | Zalasewo | 1980 | M35 | 88 | 406 | | 00:45:24 | 00:45:43 | 04:32 |
| 440 | 1909 | Adam Nowak 5km: 00:22:22 | POL | K.S. Czarnucha | Poznań | 1980 | M35 | 89 | 407 | | 00:45:26 | 00:45:38 | 04:33 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|---------------------------|--------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 441 | 2499 | Marcin Otto 5km: 00:22:32 | POL | Walka Kostrzyn | Skalowo | 1991 | M25 | 52 | 408 | | 00:45:27 | 00:46:01 | 04:33 |
| 442 | 1039 | Waldemar Gabrielski 5km: 00:22:43 | POL | WPG Invest House | Mosina | 1977 | M40 | 61 | 409 | | 00:45:27 | 00:45:55 | 04:33 |
| 443 | 2219 | Jakub Tic 5km: 00:23:14 | POL | Rehau BSC | Wielichowo | 1996 | M20 | 29 | 410 | | 00:45:27 | 00:46:04 | 04:33 |
| 444 | 868 | Magdalena Przesławska 5km: 00:22:15 | POL | Wybite Jedyunki | Wągrowiec | 1979 | K35 | 6 | | 34 | 00:45:28 | 00:45:44 | 04:33 |
| 445 | 323 | Bartosz Machonski 5km: 00:22:35 | POL | HitCena.pl | Poznań | 1974 | M40 | 62 | 411 | | 00:45:28 | 00:45:49 | 04:33 |
| 446 | 2626 | Przemysław Wrzeszcz 5km: 00:22:30 | POL | | KÓRNIK | 1974 | M40 | 63 | 412 | | 00:45:30 | 00:46:14 | 04:33 |
| 447 | 1412 | Monika Grabarczyk 5km: 00:22:05 | POL | MARKOWI BIEGACZE | Daszewice | 1981 | K35 | 7 | | 35 | 00:45:32 | 00:45:52 | 04:33 |
| 448 | 2635 | Krzysztof Małyszka 5km: 00:22:13 | POL | KrisTransMałyszka | Kobylnica | 1971 | M45 | 50 | 413 | | 00:45:32 | 00:45:34 | 04:33 |
| 449 | 1952 | Janusz Grzegorek 5km: 00:22:50 | POL | Kb Kosynier Września | Września | 1961 | M55 | 10 | 414 | | 00:45:33 | 00:45:50 | 04:33 |
| 450 | 2637 | Michał Rzepecki 5km: 00:21:57 | POL | | Poznań | 1977 | M40 | 64 | 415 | | 00:45:34 | 00:45:38 | 04:33 |
| 451 | 2682 | Władysław Przybył 5km: 00:22:33 | POL | KB Aktywni Środa Wlkp. | Środa Wielkopolska | 1962 | M55 | 11 | 416 | | 00:45:35 | 00:45:46 | 04:33 |
| 452 | 1807 | Mariusz Jagodziński 5km: 00:23:05 | POL | | Poznań | 1990 | M25 | 53 | 417 | | 00:45:35 | 00:46:42 | 04:33 |
| 453 | 408 | Paweł Orpel 5km: 00:22:24 | POL | Rozpędzeni Wiatrem Golina | Golina | 1966 | M50 | 14 | 418 | | 00:45:35 | 00:45:52 | 04:34 |
| 454 | 2521 | Marcin Sterczała 5km: 00:22:16 | POL | | Kicin | 1993 | M25 | 54 | 419 | | 00:45:36 | 00:45:49 | 04:34 |
| 455 | 407 | Kinga Friebe 5km: 00:22:01 | POL | Rozpędzeni Wiatrem Golina | Golina | 1990 | K25 | 10 | | 36 | 00:45:36 | 00:45:52 | 04:34 |
| 456 | 2196 | Roman Niedzielski 5km: 00:22:54 | POL | | Poznań | 1985 | M30 | 82 | 420 | | 00:45:38 | 00:46:33 | 04:34 |
| 457 | 1535 | Dawid Walkowiak 5km: 00:22:52 | POL | Masarnia | Poznań | 1982 | M35 | 90 | 421 | | 00:45:38 | 00:45:57 | 04:34 |
| 458 | 2856 | Joanna Trąbka 5km: 00:22:43 | POL | | STARY LUBOSZ | 1976 | K40 | 5 | | 37 | 00:45:38 | 00:46:03 | 04:34 |
| 459 | 2859 | Piotr Ostrowicki 5km: 00:23:12 | POL | Kęsy Team | Swarzędz | 1971 | M45 | 51 | 422 | | 00:45:40 | 00:46:19 | 04:34 |
| 460 | 797 | Bartek Głuszak 5km: | POL | UKS Szybki Lopes Nekla | Nekla | 1999 | M16 | 14 | 423 | | 00:45:41 | 00:45:47 | 04:34 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|-----------------------------------|--------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 461 | 778 | Katarzyna Starzyńska-Kościszko 5km: 00:22:52 | POL | Pszczółkowski Team | Poznań | 1986 | K30 | 6 | | 38 | 00:45:42 | 00:46:33 | 04:34 |
| 462 | 609 | Paweł Muszyński 5km: 00:23:11 | POL | Zalasewo Zaiwania | Zalasewo | 1978 | M40 | 65 | 424 | | 00:45:42 | 00:46:22 | 04:34 |
| 463 | 2384 | Przemysław Miedziak 5km: 00:22:33 | POL | | Poznań | 1988 | M30 | 83 | 425 | | 00:45:43 | 00:46:19 | 04:34 |
| 464 | 312 | Marek Bartkowiak 5km: 00:22:31 | POL | ŚREM BESTTEAM | ŚREM | 1985 | M30 | 84 | 426 | | 00:45:43 | 00:46:07 | 04:34 |
| 465 | 1529 | Łukasz Bittner 5km: 00:22:39 | POL | INVENTUM Nieruchomości | Swarzędz | 1977 | M40 | 66 | 427 | | 00:45:45 | 00:45:56 | 04:34 |
| 466 | 1755 | Damian Libera 5km: 00:22:22 | POL | Lucky LUZers | Poznań | 1981 | M35 | 91 | 428 | | 00:45:46 | 00:45:59 | 04:35 |
| 467 | 1834 | Maciej Polczyński 5km: 00:22:53 | POL | STALOWA ŁYDA | Poznań | 1981 | M35 | 92 | 429 | | 00:45:48 | 00:46:08 | 04:35 |
| 468 | 2241 | Dariusz Lembicz 5km: 00:22:48 | POL | HYDAC Poznań | Pałędzie | 1986 | M30 | 85 | 430 | | 00:45:48 | 00:46:18 | 04:35 |
| 469 | 304 | Paweł Teodorczyk 5km: 00:22:30 | POL | | Poznań | 1965 | M50 | 15 | 431 | | 00:45:48 | 00:46:15 | 04:35 |
| 470 | 958 | Jakub Antkowiak 5km: 00:22:26 | POL | Antkowiak Gębiak i Wspólnicy s.c. | Poznań | 1984 | M30 | 86 | 432 | | 00:45:49 | 00:46:27 | 04:35 |
| 471 | 1923 | Arkadiusz Pawlik 5km: 00:22:48 | POL | JANUSZE MOTORYZACJI | OBORNIKI | 1982 | M35 | 93 | 433 | | 00:45:50 | 00:46:15 | 04:35 |
| 472 | 954 | Marek Piosik 5km: 00:22:41 | POL | | Poznań | 1973 | M45 | 52 | 434 | | 00:45:50 | 00:46:30 | 04:35 |
| 473 | 2578 | Robert Polaczek 5km: 00:22:46 | POL | KB Biura Biegłego Sądowego | Swarzędz | 1973 | M45 | 53 | 435 | | 00:45:51 | 00:46:02 | 04:35 |
| 474 | 1943 | Katarzyna Nowak 5km: 00:22:25 | POL | Bieganie na Śniadanie | Śmigiel | 1989 | K25 | 11 | | 39 | 00:45:51 | 00:46:03 | 04:35 |
| 475 | 2561 | Andrzej Dembina 5km: 00:22:38 | POL | UKS Gimnazjon Suchy Las | suchy las/złotniki | 1962 | M55 | 12 | 436 | | 00:45:52 | 00:46:07 | 04:35 |
| 476 | 1922 | Katarzyna Pawlik 5km: 00:22:48 | POL | JANUSZE MOTORYZACJI | OBORNIKI | 1984 | K30 | 7 | | 40 | 00:45:52 | 00:46:17 | 04:35 |
| 477 | 2897 | Marcin Szczepaniak 5km: 00:22:27 | POL | | Kleszczewo | 1978 | M40 | 67 | 437 | | 00:45:53 | 00:46:15 | 04:35 |
| 478 | 30 | Rafał Sosna 5km: 00:22:29 | POL | KLAS SZPOT SWARZĘDZ | Gortatowo | 1972 | M45 | 54 | 438 | | 00:45:55 | 00:46:03 | 04:35 |
| 479 | 786 | Dariusz Rudyński 5km: 00:22:17 | POL | | Falkowo | 1980 | M35 | 94 | 439 | | 00:45:56 | 00:46:17 | 04:36 |
| 480 | 327 | Jakub Jakubowski 5km: 00:22:43 | POL | Poznań | Poznań | 1978 | M40 | 68 | 440 | | 00:45:56 | 00:46:15 | 04:36 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|----------------------------|-------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 481 | 1965 | Wojciech Straszewski 5km: 00:23:03 | POL | KB/Kostro | Kostrzyn Wlkp | 1963 | M55 | 13 | 441 | | 00:45:57 | 00:46:17 | 04:36 |
| 482 | 378 | Edward Gołębiowski 5km: 00:23:12 | POL | TKKF Płomień Pobiedziska | Pobiedziska | 1950 | M65 | 6 | 442 | | 00:45:59 | 00:46:31 | 04:36 |
| 483 | 850 | Bartosz Kruger 5km: 00:23:01 | POL | | Witkowo | 1991 | M25 | 55 | 443 | | 00:45:59 | 00:46:26 | 04:36 |
| 484 | 845 | Ewelina Piniarska 5km: 00:23:01 | POL | | Witkowo | 1992 | K25 | 12 | | 41 | 00:45:59 | 00:46:26 | 04:36 |
| 485 | 2588 | Mateusz Błażej 5km: 00:22:52 | POL | | swarzędz | 1983 | M35 | 95 | 444 | | 00:46:00 | 00:46:12 | 04:36 |
| 486 | 1992 | Marlena Golon 5km: 00:22:55 | POL | Run Pasja | Siczenko | 1975 | K40 | 6 | | 42 | 00:46:00 | 00:46:14 | 04:36 |
| 487 | 756 | Roman Eichstaedt 5km: 00:23:29 | POL | | Gniezno | 1987 | M30 | 87 | 445 | | 00:46:01 | 00:46:45 | 04:36 |
| 488 | 2822 | Maciej Olejnik 5km: 00:23:00 | POL | Burning Runners | Kąkolewo | 1989 | M25 | 56 | 446 | | 00:46:01 | 00:47:22 | 04:36 |
| 489 | 1527 | Dawid Kowalski 5km: 00:22:42 | POL | Smart Fizjo | Gniezno | 1987 | M30 | 88 | 447 | | 00:46:01 | 00:46:26 | 04:36 |
| 490 | 615 | Maciej Karolewski 5km: 00:23:56 | POL | Krotoszyńska Grupa Biegowa | Krotoszyn | 1983 | M35 | 96 | 448 | | 00:46:02 | 00:46:54 | 04:36 |
| 491 | 1480 | Jarosław Dziurka 5km: 00:22:28 | POL | GOJA | Skoki | 1979 | M35 | 97 | 449 | | 00:46:03 | 00:46:15 | 04:36 |
| 492 | 2352 | Beata Włodarczyk 5km: 00:22:19 | POL | | Czapury | 1975 | K40 | 7 | | 43 | 00:46:03 | 00:46:14 | 04:36 |
| 493 | 1815 | Artur Szewczyk 5km: 00:23:00 | POL | PROGPOL | Swarzędz | 1977 | M40 | 69 | 450 | | 00:46:04 | 00:46:27 | 04:36 |
| 494 | 15 | Wojciech Kmieciak 5km: 00:22:31 | POL | xRunners | Swarzędz | 1991 | M25 | 57 | 451 | | 00:46:04 | 00:46:09 | 04:36 |
| 495 | 2275 | Mateusz Bittner 5km: 00:22:40 | POL | INVENTUM Nieruchomości | Swarzędz | 2001 | M16 | 15 | 452 | | 00:46:04 | 00:46:15 | 04:36 |
| 496 | 20 | Jarosław Krobski 5km: 00:22:59 | POL | | Biskupice WLKP | 1981 | M35 | 98 | 453 | | 00:46:05 | 00:46:28 | 04:37 |
| 497 | 1979 | Andrzej Narloch 5km: 00:23:00 | POL | Charty z Chartowa | Poznań | 1969 | M45 | 55 | 454 | | 00:46:06 | 00:46:26 | 04:37 |
| 498 | 2894 | Tomasz Doruch 5km: 00:22:37 | POL | | LUBOŃ | 1972 | M45 | 56 | 455 | | 00:46:06 | 00:46:35 | 04:37 |
| 499 | 1968 | Dariusz Rubasznik 5km: 00:22:16 | POL | Luboński Klub Biegacza | Poznań | 1965 | M50 | 16 | 456 | | 00:46:08 | 00:46:25 | 04:37 |
| 500 | 1038 | Radosław Karge 5km: 00:22:56 | POL | | Chrząpsko Wielkie | 1983 | M35 | 99 | 457 | | 00:46:09 | 00:46:37 | 04:37 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|------------------------------------|------|--------------------------|--------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 501 | 1226 | Michał Karolczak 5km: 00:22:39 | POL | | Poznań | 1976 | M40 | 70 | 458 | | 00:46:09 | 00:46:28 | 04:37 |
| 502 | 1719 | Norbert Naparty 5km: 00:23:39 | POL | Husaria Bogdanowo | Oborniki | 1994 | M20 | 30 | 459 | | 00:46:09 | 00:46:40 | 04:37 |
| 503 | 1998 | Krzysztof Mrugała 5km: 00:22:51 | POL | Fresh Pizza Team | Poznan | 1989 | M25 | 58 | 460 | | 00:46:10 | 00:46:41 | 04:37 |
| 504 | 550 | Paweł Piechowiak 5km: 00:23:08 | POL | Koscian Team | Kościan | 1971 | M45 | 57 | 461 | | 00:46:11 | 00:46:54 | 04:37 |
| 505 | 1793 | Robert Rekowski 5km: 00:22:56 | POL | 1969 | Grodziszczko | 1969 | M45 | 58 | 462 | | 00:46:12 | 00:46:36 | 04:37 |
| 506 | 752 | Błażej Panek 5km: 00:23:09 | POL | Tarnowo Podgórne Biega | Krzyszkowo | 1981 | M35 | 100 | 463 | | 00:46:12 | 00:47:09 | 04:37 |
| 507 | 2599 | Robert Derda 5km: 00:23:10 | POL | | Gorzkie Pole | 1978 | M40 | 71 | 464 | | 00:46:12 | 00:46:41 | 04:37 |
| 508 | 1031 | Mariusz Wiliński 5km: 00:22:41 | POL | MISIO | ZALASEWO | 1983 | M35 | 101 | 465 | | 00:46:13 | 00:46:51 | 04:37 |
| 509 | 1613 | Michał Dylewski 5km: 00:23:23 | POL | Sprinterzy Sigmeo | Dobrosolowo | 1992 | M25 | 59 | 466 | | 00:46:13 | 00:46:57 | 04:37 |
| 510 | 2285 | Leszek Ratajczak 5km: 00:22:37 | POL | OGRODNIK MOGILNO TEAM | MOGILNO | 1973 | M45 | 59 | 467 | | 00:46:14 | 00:46:33 | 04:37 |
| 511 | 2355 | Zygfryd Liban 5km: 00:22:36 | POL | BIEGAJĄCY TCZEW | tczew | 1943 | M75+ | 1 | 468 | | 00:46:14 | 00:46:35 | 04:37 |
| 512 | 2426 | Tomasz Burda 5km: 00:22:24 | POL | | Zalasewo | 1977 | M40 | 72 | 469 | | 00:46:15 | 00:46:28 | 04:37 |
| 513 | 2326 | Maciej Burda 5km: 00:22:22 | POL | | Poznań | 1976 | M40 | 73 | 470 | | 00:46:15 | 00:46:28 | 04:37 |
| 514 | 1436 | Albert Janicki 5km: 00:23:42 | POL | | Konarzewo | 1976 | M40 | 74 | 471 | | 00:46:15 | 00:47:00 | 04:37 |
| 515 | 222 | Danuta Sychała 5km: 00:22:48 | POL | KB UE POZNAŃ | Poznań | 1953 | K65 | 1 | | 44 | 00:46:15 | 00:46:36 | 04:37 |
| 516 | 31 | Marcin Wysocki 5km: 00:22:43 | POL | Malta Poznan | Poznan | 1978 | M40 | 75 | 472 | | 00:46:15 | 00:46:24 | 04:38 |
| 517 | 2767 | Marysia Lisiak 5km: 00:22:41 | POL | SKS UNIA SWARZĘDZ | Zalasewo | 2000 | K16 | 2 | | 45 | 00:46:15 | 00:46:27 | 04:38 |
| 518 | 1784 | Michał Zasański 5km: 00:24:00 | POL | Rozbiegane Białe Tygrysy | Kotlin | 1996 | M20 | 31 | 473 | | 00:46:16 | 00:46:50 | 04:38 |
| 519 | 1675 | Jarosław Kmieciak 5km: 00:23:04 | POL | PRO366 | Poznań | 1974 | M40 | 76 | 474 | | 00:46:17 | 00:47:00 | 04:38 |
| 520 | 2613 | Daniel Kruszona 5km: 00:23:10 | POL | Armia Krajowa | Obrzycko | 1982 | M35 | 102 | 475 | | 00:46:18 | 00:47:19 | 04:38 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|--------------------------------|--------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 521 | 2739 | Maciek Piotrowski 5km: 00:22:58 | POL | Polonez Team Swarzędz | Swarzędz | 1992 | M25 | 60 | 476 | | 00:46:18 | 00:46:58 | 04:38 |
| 522 | 2574 | Tomasz Witkowski 5km: 00:23:24 | POL | ALTO Kamionki | Kamionki | 1972 | M45 | 60 | 477 | | 00:46:18 | 00:46:44 | 04:38 |
| 523 | 302 | Aleksander Klaja 5km: 00:24:56 | POL | | Wągrowiec | 1986 | M30 | 89 | 478 | | 00:46:19 | 00:47:11 | 04:38 |
| 524 | 237 | Jarosław Józwiak 5km: 00:22:41 | POL | KP5M | Kobylnica | 1976 | M40 | 77 | 479 | | 00:46:19 | 00:46:35 | 04:38 |
| 525 | 2136 | Radosław Flitta 5km: 00:22:37 | POL | OGRODNIK MOGILNO TEAM | MOGILNO | 1972 | M45 | 61 | 480 | | 00:46:19 | 00:46:38 | 04:38 |
| 526 | 1679 | Krzysztof Fikert 5km: 00:22:54 | POL | Kościan Team | Kościan | 1990 | M25 | 61 | 481 | | 00:46:20 | 00:46:41 | 04:38 |
| 527 | 233 | Łukasz Szkuclarek 5km: 00:22:39 | POL | | Poznań | 1988 | M30 | 90 | 482 | | 00:46:20 | 00:46:37 | 04:38 |
| 528 | 1704 | Grzegorz Talkowski 5km: 00:22:42 | POL | | Komorniki | 1979 | M35 | 103 | 483 | | 00:46:20 | 00:46:40 | 04:38 |
| 529 | 2154 | To Masz Maciejewski 5km: 00:23:03 | POL | Ejbry Team Poznań | Poznań | 1976 | M40 | 78 | 484 | | 00:46:20 | 00:46:53 | 04:38 |
| 530 | 2585 | Joanna Paczkowska 5km: 00:22:53 | POL | Night Runners Gniezno | Gniezno | 1979 | K35 | 8 | | 46 | 00:46:21 | 00:46:33 | 04:38 |
| 531 | 2844 | Adam Przytula 5km: 00:23:35 | POL | ACTIVE LIFE STYLE | swieciechowa | 1987 | M30 | 91 | 485 | | 00:46:21 | 00:47:01 | 04:38 |
| 532 | 2189 | Maciej Żak 5km: 00:22:17 | POL | DUNI POLAND | Poznań | 1978 | M40 | 79 | 486 | | 00:46:21 | 00:46:45 | 04:38 |
| 533 | 525 | Wiesław Fidecki 5km: 00:23:05 | POL | | Poznań | 1944 | M70 | 2 | 487 | | 00:46:22 | 00:46:58 | 04:38 |
| 534 | 645 | Paweł Wojciechowski 5km: 00:23:37 | POL | Kęsy Team | Swarzędz | 1977 | M40 | 80 | 488 | | 00:46:22 | 00:46:55 | 04:38 |
| 535 | 2586 | Grzegorz Przepióra 5km: 00:22:24 | POL | | ZALASEWO | 1978 | M40 | 81 | 489 | | 00:46:22 | 00:46:36 | 04:38 |
| 536 | 1588 | Waldemar Rojtek 5km: 00:23:32 | POL | 1970 | Wągrowiec | 1970 | M45 | 62 | 490 | | 00:46:23 | 00:46:56 | 04:38 |
| 537 | 2527 | Sławomir Szadziul 5km: 00:23:47 | POL | | Swarzędz | 1974 | M40 | 82 | 491 | | 00:46:23 | 00:47:25 | 04:38 |
| 538 | 587 | Michał Stolarek 5km: 00:24:05 | POL | ziomale | Nekla | 1982 | M35 | 104 | 492 | | 00:46:23 | 00:46:58 | 04:38 |
| 539 | 19 | Marian Gorynia 5km: 00:22:39 | POL | KB UE Poznań/ KU AZS UE Poznań | Suchy Las | 1956 | M60 | 9 | 493 | | 00:46:24 | 00:46:33 | 04:38 |
| 540 | 2243 | Sławek Durczak 5km: 00:23:22 | POL | Drużyna Szpiku | Nekla | 1977 | M40 | 83 | 494 | | 00:46:24 | 00:47:07 | 04:38 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|-------------------------|----------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 541 | 493 | Michał Jagodzick 5km: 00:22:07 | POL | www.NRGBOX.pl | Gostyń | 1987 | M30 | 92 | 495 | | 00:46:25 | 00:46:46 | 04:38 |
| 542 | 385 | Tadeusz Koroński 5km: 00:22:36 | POL | parkrun Poznań | Poznań | 1970 | M45 | 63 | 496 | | 00:46:25 | 00:46:51 | 04:38 |
| 543 | 1611 | Antoni Klorek 5km: 00:23:16 | POL | | Poznań | 2000 | M16 | 16 | 497 | | 00:46:25 | 00:46:39 | 04:39 |
| 544 | 1730 | Adrian Miller 5km: 00:23:41 | POL | Grodziski Klub Biegacza | GRODZISK WIELKOPOLSK | 1984 | M30 | 93 | 498 | | 00:46:27 | 00:46:46 | 04:39 |
| 545 | 437 | Krzysztof Rakowicz 5km: 00:22:37 | POL | | KOŁO | 1971 | M45 | 64 | 499 | | 00:46:28 | 00:47:02 | 04:39 |
| 546 | 1406 | Bartłomiej Pluta 5km: 00:22:20 | POL | | Gniezno | 1986 | M30 | 94 | 500 | | 00:46:28 | 00:46:41 | 04:39 |
| 547 | 2184 | Łukasz Fryska 5km: 00:23:41 | POL | Finder Polska Team | Poznań | 1985 | M30 | 95 | 501 | | 00:46:29 | 00:47:43 | 04:39 |
| 548 | 842 | Krzysztof Bruss 5km: 00:23:09 | POL | | Poznań | 1971 | M45 | 65 | 502 | | 00:46:29 | 00:46:51 | 04:39 |
| 549 | 560 | Łukasz Gmurowski 5km: 00:23:23 | POL | | Otorowo | 1982 | M35 | 105 | 503 | | 00:46:29 | 00:46:57 | 04:39 |
| 550 | 642 | Łukasz Przybylski 5km: 00:23:42 | POL | Finder Polska Team | Zalasewo | 1988 | M30 | 96 | 504 | | 00:46:29 | 00:47:42 | 04:39 |
| 551 | 1897 | Marek Szaj 5km: 00:22:34 | POL | | Luboń | 1978 | M40 | 84 | 505 | | 00:46:30 | 00:46:44 | 04:39 |
| 552 | 2558 | Aleksander Adamiak 5km: 00:23:11 | POL | RWT Poznań | Swarzędz | 1974 | M40 | 85 | 506 | | 00:46:31 | 00:46:45 | 04:39 |
| 553 | 414 | Tomasz Rybarczyk 5km: 00:23:13 | POL | | Poznań | 1974 | M40 | 86 | 507 | | 00:46:32 | 00:46:51 | 04:39 |
| 554 | 1848 | Krzysztof Binkowski 5km: 00:22:47 | POL | | Lubiń | 1970 | M45 | 66 | 508 | | 00:46:34 | 00:46:54 | 04:39 |
| 555 | 647 | Adrian Krzyżaniak 5km: 00:23:16 | POL | | Swarzędz | 1984 | M30 | 97 | 509 | | 00:46:34 | 00:47:31 | 04:39 |
| 556 | 1060 | Piotr Pawlak 5km: 00:23:40 | POL | PKO Bank Polski | Poznań | 1975 | M40 | 87 | 510 | | 00:46:35 | 00:47:07 | 04:39 |
| 557 | 448 | Przemysław Mańkowski 5km: 00:22:30 | POL | MANIEK TEAM | Kociałkowa Górka | 1983 | M35 | 106 | 511 | | 00:46:36 | 00:46:52 | 04:40 |
| 558 | 2939 | Danka Powalowska 5km: 00:23:15 | POL | Słynni Kenijczycy | Gniezno | 1978 | K40 | 8 | | 47 | 00:46:36 | 00:46:58 | 04:40 |
| 559 | 813 | Hubert Bartkowiak 5km: 00:23:12 | POL | KB SUKCES Żmigród | Żmigród | 1968 | M50 | 17 | 512 | | 00:46:41 | 00:46:59 | 04:40 |
| 560 | 2843 | Jarek Swiatek 5km: 00:22:02 | POL | | Chyby | 1983 | M35 | 107 | 513 | | 00:46:41 | 00:47:27 | 04:40 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|--------------------------|--------------------|---------|------------|----------------|-----|---|-------------|--------------|-----------------|
| 561 | 1913 | Waldemar Broniarz 5km: 00:23:17 | POL | Zaniemyśl | ZANIEMYŚL | 1980 | M35 | 108 | 514 | | 00:46:41 | 00:47:05 | 04:40 |
| 562 | 1103 | Maciej Witkowiak 5km: 00:22:44 | POL | | Luboń | 1978 | M40 | 88 | 515 | | 00:46:41 | 00:47:09 | 04:40 |
| 563 | 731 | Paweł Grabowicz 5km: 00:23:01 | POL | | Siekierki Wielkie | 1973 | M45 | 67 | 516 | | 00:46:41 | 00:47:15 | 04:40 |
| 564 | 402 | Tadeusz Razik 5km: 00:23:28 | POL | | Rawicz | 1952 | M65 | 7 | 517 | | 00:46:42 | 00:47:29 | 04:40 |
| 565 | 2582 | Mariusz Przybylak 5km: 00:23:13 | POL | | Poznań | 1986 | M30 | 98 | 518 | | 00:46:42 | 00:47:12 | 04:40 |
| 566 | 1604 | Jarosław Stokowski 5km: 00:22:23 | POL | Borowo-Młyn Team | Gorzkie Pole | 1989 | M25 | 62 | 519 | | 00:46:44 | 00:47:05 | 04:40 |
| 567 | 938 | Marcin Basiński 5km: 00:23:38 | POL | PRO366 | PACZKOWO | 1974 | M40 | 89 | 520 | | 00:46:44 | 00:47:17 | 04:40 |
| 568 | 1584 | Sławomir Jabłoński 5km: 00:23:32 | POL | | Krzyż Wielkopolski | 1980 | M35 | 109 | 521 | | 00:46:44 | 00:46:51 | 04:40 |
| 569 | 1634 | Karol Taciak 5km: 00:23:51 | POL | BEST TEAM | Śrem | 1981 | M35 | 110 | 522 | | 00:46:45 | 00:47:23 | 04:40 |
| 570 | 1874 | Mikołaj Węgrzynowski 5km: 00:23:10 | POL | | Poznań | 1983 | M35 | 111 | 523 | | 00:46:45 | 00:47:25 | 04:41 |
| 571 | 1132 | Marcin Guszczynski 5km: 00:23:51 | POL | | Żydowo | 1985 | M30 | 99 | 524 | | 00:46:46 | 00:47:33 | 04:41 |
| 572 | 1299 | Tomasz Jankowski 5km: | POL | Arka Bhp | Gowarzewo | 1986 | M30 | 100 | 525 | | 00:46:47 | 00:47:15 | 04:41 |
| 573 | 1757 | Sebastian Sobecki 5km: 00:23:40 | POL | PRO366 | Gruszczyn | 1976 | M40 | 90 | 526 | | 00:46:49 | 00:47:32 | 04:41 |
| 574 | 2694 | Bartłomiej Trzaskawka 5km: 00:23:08 | POL | | Gniezno | 1995 | M20 | 32 | 527 | | 00:46:50 | 00:48:19 | 04:41 |
| 575 | 1077 | Wojciech Muszyński 5km: 00:21:59 | POL | Castorama POZNAŃ | Oborniki | 1984 | M30 | 101 | 528 | | 00:46:50 | 00:47:09 | 04:41 |
| 576 | 3002 | Damian Zbierski 5km: 00:23:46 | POL | | Orzechowo | 1991 | M25 | 63 | 529 | | 00:46:51 | 00:47:27 | 04:41 |
| 577 | 2128 | Bartek Bender 5km: 00:23:09 | POL | | Kiszkowo | 1987 | M30 | 102 | 530 | | 00:46:52 | 00:47:25 | 04:41 |
| 578 | 1594 | Michał Klepadło 5km: 00:23:16 | POL | | Poznań | 1991 | M25 | 64 | 531 | | 00:46:52 | 00:49:41 | 04:41 |
| 579 | 228 | Maciej Tykwic 5km: 00:23:18 | POL | ELEKTRIS | Poznań | 1979 | M35 | 112 | 532 | | 00:46:52 | 00:48:28 | 04:41 |
| 580 | 2005 | Marcin Kumiszczco 5km: 00:24:58 | POL | Organic Fitness Swarzędz | Swarzędz | 1988 | M30 | 103 | 533 | | 00:46:52 | 00:47:42 | 04:41 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|--------------------------|---------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 581 | 1576 | Marek Pućka 5km: 00:22:56 | POL | Night Runners Gniezno | GNIEZNO | 1975 | M40 | 91 | 534 | | 00:46:53 | 00:47:06 | 04:41 |
| 582 | 1966 | Dagmara Pietrasz 5km: 00:23:22 | POL | CYBINA TEAM | Poznań | 1981 | K35 | 9 | | 48 | 00:46:53 | 00:47:23 | 04:41 |
| 583 | 39 | Marian Borowczyk 5km: 00:23:53 | POL | KLAS SZPOT SWARZĘDZ | Poznań | 1950 | M65 | 8 | 535 | | 00:46:54 | 00:47:03 | 04:41 |
| 584 | 1708 | Jarosław Pazoła 5km: 00:23:22 | POL | RUNNER'S POWER | Śrem | 1973 | M45 | 68 | 536 | | 00:46:55 | 00:47:21 | 04:41 |
| 585 | 2287 | Wojciech Izydorek 5km: 00:24:03 | POL | Night Runners | Psary Polskie | 1983 | M35 | 113 | 537 | | 00:46:55 | 00:47:16 | 04:41 |
| 586 | 1201 | Agnieszka Jackowiak 5km: 00:23:22 | POL | RUNNER'S POWER | Śrem | 1985 | K30 | 8 | | 49 | 00:46:55 | 00:47:21 | 04:41 |
| 587 | 1202 | Szymon Jackowiak 5km: 00:23:23 | POL | RUNNER'S POWER | Śrem | 1980 | M35 | 114 | 538 | | 00:46:55 | 00:47:21 | 04:41 |
| 588 | 747 | Arkadiusz Poppe 5km: 00:23:39 | POL | Pędzący Jeleń | Poznań | 1974 | M40 | 92 | 539 | | 00:46:55 | 00:47:33 | 04:42 |
| 589 | 2395 | Tomasz Piechota 5km: 00:22:50 | POL | | Jasin | 1973 | M45 | 69 | 540 | | 00:46:55 | 00:47:11 | 04:42 |
| 590 | 2960 | Robert Lampka 5km: 00:23:20 | POL | | Tulce | 1968 | M50 | 18 | 541 | | 00:46:55 | 00:47:25 | 04:42 |
| 591 | 1885 | Ewelina Kamińska 5km: 00:23:48 | POL | MUD GOATS | poznań | 1982 | K35 | 10 | | 50 | 00:46:55 | 00:47:53 | 04:42 |
| 592 | 2360 | Sławomir Ziętek 5km: 00:23:46 | POL | | Szamotuły | 1961 | M55 | 14 | 542 | | 00:46:56 | 00:47:27 | 04:42 |
| 593 | 2443 | Olaf Paluszak 5km: 00:24:33 | POL | UKS Sportowiec Borowo | Czempiń | 2002 | M16 | 17 | 543 | | 00:46:56 | 00:47:47 | 04:42 |
| 594 | 1397 | Rajmund Ratajczak 5km: 00:23:03 | POL | | Poznań | 1962 | M55 | 15 | 544 | | 00:46:56 | 00:47:23 | 04:42 |
| 595 | 1021 | Krzysztof Marcinowski 5km: 00:23:42 | POL | BROKERZY24 | Plewiska | 1977 | M40 | 93 | 545 | | 00:46:57 | 00:47:46 | 04:42 |
| 596 | 2235 | Adam Chorążyk 5km: 00:23:37 | POL | Nowosolska Grupa Biegowa | Nowa Sól | 1960 | M55 | 16 | 546 | | 00:46:57 | 00:47:19 | 04:42 |
| 597 | 1133 | Katarzyna Sammler 5km: 00:23:31 | POL | Drużyna Szpiku | Poznan | 1982 | K35 | 11 | | 51 | 00:46:57 | 00:47:39 | 04:42 |
| 598 | 818 | Arleta Rogalińska 5km: 00:23:45 | POL | Kb Kosynier Września | Września | 1971 | K45 | 3 | | 52 | 00:46:57 | 00:47:33 | 04:42 |
| 599 | 2278 | Paweł Pawelec 5km: 00:22:02 | POL | | Poznań | 1989 | M25 | 65 | 547 | | 00:46:58 | 00:47:12 | 04:42 |
| 600 | 1733 | Zuzanna Jeżak 5km: 00:24:08 | POL | 5 Minut Dystansu | Poznań | 1986 | K30 | 9 | | 53 | 00:46:58 | 00:47:27 | 04:42 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|------------------------------|-------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 601 | 245 | Bartosz Pawlak 5km: 00:22:57 | POL | Biegim na kebaba | Robakowo | 1991 | M25 | 66 | 548 | | 00:46:59 | 00:47:26 | 04:42 |
| 602 | 1037 | Arkadiusz Iwanowski 5km: 00:23:06 | POL | KB Pento Strzelce Krajeńskie | ZWIERZYN | 1975 | M40 | 94 | 549 | | 00:47:00 | 00:47:45 | 04:42 |
| 603 | 1786 | Tomek Janus 5km: 00:23:48 | POL | | Oborniki | 1990 | M25 | 67 | 550 | | 00:47:01 | 00:47:49 | 04:42 |
| 604 | 1895 | Maciej Gawęcki 5km: 00:23:02 | POL | Podiceps | Poznań | 1973 | M45 | 70 | 551 | | 00:47:01 | 00:47:21 | 04:42 |
| 605 | 2539 | Zuzanna Lewandowska 5km: 00:23:20 | POL | | Kórnik | 1992 | K25 | 13 | | 54 | 00:47:01 | 00:47:29 | 04:42 |
| 606 | 466 | Patryk Lisiak 5km: 00:23:39 | POL | FRASTAŚ POZNAŃ | Poznań | 1975 | M40 | 95 | 552 | | 00:47:02 | 00:47:43 | 04:42 |
| 607 | 2209 | Anna Nowak 5km: 00:23:42 | POL | Tomahawk Village | Siekierki Wielkie | 1983 | K35 | 12 | | 55 | 00:47:03 | 00:47:18 | 04:42 |
| 608 | 1520 | Zbysiu Przybylski 5km: 00:23:28 | POL | | Kórnik | 1986 | M30 | 104 | 553 | | 00:47:03 | 00:47:42 | 04:42 |
| 609 | 1915 | Piotr Małecki 5km: 00:24:56 | POL | Paczkowo | Paczkowo | 1979 | M35 | 115 | 554 | | 00:47:03 | 00:48:55 | 04:42 |
| 610 | 1287 | Michał Kaźmierczak 5km: 00:23:09 | POL | Gortatowo | Gortatowo | 1978 | M40 | 96 | 555 | | 00:47:04 | 00:47:09 | 04:42 |
| 611 | 2446 | Rafał Przybylak 5km: 00:22:39 | POL | | Swarzędz | 1974 | M40 | 97 | 556 | | 00:47:06 | 00:47:19 | 04:43 |
| 612 | 830 | Tomasz Kołodziejczak 5km: 00:23:08 | POL | | Targowa Górka | 1976 | M40 | 98 | 557 | | 00:47:06 | 00:47:16 | 04:43 |
| 613 | 846 | Henryk Czerniak 5km: 00:23:16 | POL | Kb Kosynier Września | Borzykowo | 1948 | M70 | 3 | 558 | | 00:47:07 | 00:47:24 | 04:43 |
| 614 | 1304 | Jakub Jankowski 5km: 00:23:49 | POL | | Brodowo | 1988 | M30 | 105 | 559 | | 00:47:07 | 00:47:36 | 04:43 |
| 615 | 2737 | Karolina Ruta-Korytowska 5km: 00:23:42 | POL | Motiv Home Team | Swarzędz | 1982 | K35 | 13 | | 56 | 00:47:07 | 00:47:22 | 04:43 |
| 616 | 467 | Janusz Naftyński 5km: 00:23:49 | POL | | Gniezno | 1967 | M50 | 19 | 560 | | 00:47:08 | 00:47:52 | 04:43 |
| 617 | 2139 | Przemysław Jamroszczyk 5km: 00:23:48 | POL | 1981 | SOŚNICA | 1981 | M35 | 116 | 561 | | 00:47:08 | 00:47:18 | 04:43 |
| 618 | 2459 | Piotr Nowak 5km: 00:24:15 | POL | Zgrupka team | Poznań | 1992 | M25 | 68 | 562 | | 00:47:08 | 00:48:05 | 04:43 |
| 619 | 859 | Adam Przybylak 5km: 00:23:24 | POL | bez | Swarzedz | 1991 | M25 | 69 | 563 | | 00:47:08 | 00:48:06 | 04:43 |
| 620 | 1545 | Mariusz Kaczmarek 5km: 00:23:25 | POL | Krotoszyn | Krotoszyn | 1988 | M30 | 106 | 564 | | 00:47:08 | 00:49:10 | 04:43 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|--|-----------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 621 | 1089 | Jan Jarzyński 5km: 00:23:05 | POL | Kancelaria Prawna J&N Team | Poznań | 1984 | M30 | 107 | 565 | | 00:47:08 | 00:47:28 | 04:43 |
| 622 | 2769 | Jakub Mięszak 5km: 00:23:32 | POL | | Gniezno | 1998 | M20 | 33 | 566 | | 00:47:09 | 00:47:29 | 04:43 |
| 623 | 1813 | Karolina Borysiak 5km: 00:23:04 | POL | fullwoman_halfironman | Poznań | 1988 | K30 | 10 | | 57 | 00:47:09 | 00:47:28 | 04:43 |
| 624 | 2512 | Krzysztof Sobierajski 5km: 00:23:30 | POL | Prawobrzeżny Gostyń | Gostyń | 1982 | M35 | 117 | 567 | | 00:47:10 | 00:47:54 | 04:43 |
| 625 | 821 | Paweł Sawikowski 5km: 00:24:15 | POL | CP Trade | Poznań | 1985 | M30 | 108 | 568 | | 00:47:10 | 00:48:01 | 04:43 |
| 626 | 2607 | Marek Batycki 5km: 00:24:20 | POL | | komorniki | 1975 | M40 | 99 | 569 | | 00:47:11 | 00:48:00 | 04:43 |
| 627 | 2370 | Daniel Magdziński 5km: 00:23:41 | POL | | Poznań | 1978 | M40 | 100 | 570 | | 00:47:12 | 00:48:20 | 04:43 |
| 628 | 1639 | Marcin Jaworski 5km: 00:23:27 | POL | | Poznań | 1979 | M35 | 118 | 571 | | 00:47:12 | 00:47:49 | 04:43 |
| 629 | 2268 | Krzysztof Skorliński 5km: 00:23:25 | POL | Lechia Kostrzyn/Echo Ziemi Kostrzyńskiej | Kostrzyn | 1972 | M45 | 71 | 572 | | 00:47:13 | 00:47:30 | 04:43 |
| 630 | 501 | Łukasz Plewa 5km: 00:23:11 | POL | | Swarzędz | 1978 | M40 | 101 | 573 | | 00:47:14 | 00:47:37 | 04:43 |
| 631 | 622 | Marek Walkowiak 5km: 00:24:02 | POL | Pecna Biega | Pecna | 1973 | M45 | 72 | 574 | | 00:47:14 | 00:47:56 | 04:43 |
| 632 | 621 | Piotr Załuski 5km: 00:24:02 | POL | Pecna Biega | Pecna | 1973 | M45 | 73 | 575 | | 00:47:15 | 00:47:57 | 04:43 |
| 633 | 1570 | Damian Ignasiak 5km: 00:23:40 | POL | | Kalisz | 1988 | M30 | 109 | 576 | | 00:47:16 | 00:47:37 | 04:44 |
| 634 | 2204 | Maciej Walczuk 5km: 00:24:07 | POL | | Poznań | 1985 | M30 | 110 | 577 | | 00:47:16 | 00:47:52 | 04:44 |
| 635 | 2112 | Dariusz Łagowski 5km: 00:23:28 | POL | Night Runners | Poznań | 1974 | M40 | 102 | 578 | | 00:47:16 | 00:47:53 | 04:44 |
| 636 | 1050 | Daniel Maciejewski 5km: 00:23:27 | POL | www.pegaz.nieruchomosci.pl | fałkowo | 1976 | M40 | 103 | 579 | | 00:47:16 | 00:47:46 | 04:44 |
| 637 | 477 | Dariusz Matysiak 5km: 00:23:19 | POL | 5 Minut Dystansu | Tarnowo Podgórne | 1961 | M55 | 17 | 580 | | 00:47:17 | 00:47:42 | 04:44 |
| 638 | 2951 | Michał Jamroż 5km: 00:23:49 | POL | Powolani | Poznań | 1986 | M30 | 111 | 581 | | 00:47:18 | 00:48:12 | 04:44 |
| 639 | 1696 | Wiesław Wlaszczyk 5km: 00:23:16 | POL | | Pobiedziska | 1969 | M45 | 74 | 582 | | 00:47:18 | 00:48:11 | 04:44 |
| 640 | 2514 | Jowita Kruczkowska 5km: 00:23:09 | POL | Walka Kostrzyn | Kostrzyn Wielkopolski | 1994 | K20 | 7 | | 58 | 00:47:18 | 00:47:52 | 04:44 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|-------------------------------------|------|----------------------------|---------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 641 | 1734 | Adam Matysiak 5km: 00:23:20 | POL | 5 Minut Dystansu | Tarnowo Podgórne | 1988 | M30 | 112 | 583 | | 00:47:18 | 00:47:42 | 04:44 |
| 642 | 2083 | Michał Szeszuła 5km: 00:24:03 | POL | Night Runners | Poznań | 1975 | M40 | 104 | 584 | | 00:47:19 | 00:48:16 | 04:44 |
| 643 | 192 | Paweł Dybizbański 5km: 00:23:55 | POL | ZMĘCZENI JUŻ PRZED BIEGIEM | Skórzewo | 1970 | M45 | 75 | 585 | | 00:47:20 | 00:48:06 | 04:44 |
| 644 | 1773 | Krzysztof Siebert 5km: 00:23:48 | POL | KB Maniac Poznań | Poznań | 1955 | M60 | 10 | 586 | | 00:47:21 | 00:47:38 | 04:44 |
| 645 | 2148 | Przemysław Siebert 5km: 00:23:48 | POL | KB Maniac Poznań | Komorniki | 1981 | M35 | 119 | 587 | | 00:47:21 | 00:47:38 | 04:44 |
| 646 | 2304 | Rafał Kolas 5km: 00:23:36 | POL | Gdzie Ta Meta | Kostrzyn | 1971 | M45 | 76 | 588 | | 00:47:22 | 00:47:45 | 04:44 |
| 647 | 235 | Sławomir Dopierała 5km: 00:23:44 | POL | W drodze do celu | Iwno | 1976 | M40 | 105 | 589 | | 00:47:22 | 00:47:48 | 04:44 |
| 648 | 2754 | Anna Fiedorczyk 5km: 00:23:19 | POL | Maratonka Grajewo | Poznań | 1988 | K30 | 11 | | 59 | 00:47:23 | 00:47:40 | 04:44 |
| 649 | 908 | Bartosz Horowski 5km: 00:23:52 | POL | Poznań | Poznań | 1977 | M40 | 106 | 590 | | 00:47:23 | 00:47:41 | 04:44 |
| 650 | 430 | Marcin Woźniak 5km: 00:23:39 | POL | parkrun Poznań | Poznań | 1980 | M35 | 120 | 591 | | 00:47:24 | 00:47:44 | 04:44 |
| 651 | 2062 | Zbigniew Kruszonea 5km: 00:23:24 | POL | Echo Ziemi Kostrzyńskiej | Kostrzyn | 1976 | M40 | 107 | 592 | | 00:47:24 | 00:47:41 | 04:44 |
| 652 | 1916 | Rafał Szymański 5km: 00:23:38 | POL | Rafix Gorzów Wlkp. | Gorzów Wielkopolski | 1977 | M40 | 108 | 593 | | 00:47:24 | 00:47:58 | 04:44 |
| 653 | 331 | Marcin Bednarek 5km: 00:23:37 | POL | | Pajęczno | 1985 | M30 | 113 | 594 | | 00:47:24 | 00:48:01 | 04:44 |
| 654 | 1198 | Szymon Rusek 5km: 00:23:32 | POL | | Inowrocław | 1986 | M30 | 114 | 595 | | 00:47:25 | 00:48:30 | 04:44 |
| 655 | 229 | Michał Kaczmarski 5km: 00:23:58 | POL | | Zalasewo | 1990 | M25 | 70 | 596 | | 00:47:25 | 00:47:55 | 04:44 |
| 656 | 1512 | Szymon Apolinarski 5km: 00:23:43 | POL | | Poznań | 1991 | M25 | 71 | 597 | | 00:47:26 | 00:48:00 | 04:45 |
| 657 | 823 | Ryszard Weber 5km: 00:23:15 | POL | KLAS SZPOT SWARZĘDZ | Swarzędz | 1962 | M55 | 18 | 598 | | 00:47:26 | 00:47:56 | 04:45 |
| 658 | 2831 | Marcin Radosz 5km: 00:23:57 | POL | Eurovent Athletics Opole | Opole (Przywory) | 1985 | M30 | 115 | 599 | | 00:47:26 | 00:48:00 | 04:45 |
| 659 | 1095 | Michał Mejziński 5km: 00:23:48 | POL | | Swarzędz | 1987 | M30 | 116 | 600 | | 00:47:28 | 00:48:01 | 04:45 |
| 660 | 146 | Marek Kruk 5km: 00:24:06 | POL | | Witkowo | 1977 | M40 | 109 | 601 | | 00:47:29 | 00:48:50 | 04:45 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|----------------------------|-------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 661 | 275 | Łukasz Żak 5km: 00:24:16 | POL | | Poznań | 1980 | M35 | 121 | 602 | | 00:47:29 | 00:48:30 | 04:45 |
| 662 | 321 | Michał Judkowiak 5km: 00:23:41 | POL | | Poznań | 1979 | M35 | 122 | 603 | | 00:47:30 | 00:48:54 | 04:45 |
| 663 | 1495 | Łukasz Kurowski 5km: 00:23:54 | POL | Zalasewo | Zalasewo | 1980 | M35 | 123 | 604 | | 00:47:32 | 00:48:11 | 04:45 |
| 664 | 2789 | Piotr Jądrzyk 5km: 00:23:01 | POL | | Mosina | 1979 | M35 | 124 | 605 | | 00:47:32 | 00:48:01 | 04:45 |
| 665 | 106 | Mateusz Nienadowski 5km: 00:24:22 | POL | M A T E Ł K A | KOZIEGŁOWY | 1978 | M40 | 110 | 606 | | 00:47:33 | 00:48:25 | 04:45 |
| 666 | 2379 | Artur Grzybek 5km: 00:23:50 | POL | forteca | luboń | 1973 | M45 | 77 | 607 | | 00:47:33 | 00:48:01 | 04:45 |
| 667 | 2621 | Mateusz Furmaniak 5km: 00:22:48 | POL | Husaria Race Team | Poznań | 1989 | M25 | 72 | 608 | | 00:47:33 | 00:47:50 | 04:45 |
| 668 | 1950 | Karolina Kaźmierczak 5km: 00:23:24 | POL | | Pobiedziska | 1981 | K35 | 14 | | 60 | 00:47:33 | 00:47:53 | 04:45 |
| 669 | 697 | Ewa Gajda 5km: 00:23:09 | POL | Superior strefa rowery | Swarzędz | 1968 | K50 | 2 | | 61 | 00:47:33 | 00:47:47 | 04:45 |
| 670 | 934 | Michał Majchrzak 5km: 00:24:19 | POL | START POZNAŃ | Dolsk | 1997 | M20 | 34 | 609 | | 00:47:33 | 00:48:20 | 04:45 |
| 671 | 871 | Krzysztof Kaźmierczak 5km: 00:23:32 | POL | KLAS SZPOT | Swarzędz | 1975 | M40 | 111 | 610 | | 00:47:33 | 00:48:02 | 04:45 |
| 672 | 12 | Tadeusz Czajka 5km: 00:24:17 | POL | GMINA TARNOWO PODGÓRNE | JANKOWICE | 1956 | M60 | 11 | 611 | | 00:47:34 | 00:48:29 | 04:45 |
| 673 | 2061 | Marcin Śliwa 5km: 00:23:33 | POL | | Poznań | 1983 | M35 | 125 | 612 | | 00:47:34 | 00:48:03 | 04:45 |
| 674 | 2649 | Filip Buszkowski 5km: 00:23:48 | POL | Filon Team | Gaj Wielki | 1974 | M40 | 112 | 613 | | 00:47:35 | 00:48:03 | 04:45 |
| 675 | 2122 | Przemysław Wełniak 5km: 00:24:03 | POL | Swarzędz Biegam Bo Lubię.. | Swarzędz | 1981 | M35 | 126 | 614 | | 00:47:35 | 00:48:27 | 04:45 |
| 676 | 698 | Robert Ligmanowski 5km: 00:23:43 | POL | Pobiedziska Running Team | Pobiedziska | 1980 | M35 | 127 | 615 | | 00:47:36 | 00:47:58 | 04:46 |
| 677 | 1409 | Bartosz Węglarski 5km: 00:23:57 | POL | VWP | Poznań | 1989 | M25 | 73 | 616 | | 00:47:36 | 00:48:24 | 04:46 |
| 678 | 2175 | Tomasz Roszyk 5km: 00:24:04 | POL | Drużyna Szpiku | POZNAŃ | 1979 | M35 | 128 | 617 | | 00:47:36 | 00:48:11 | 04:46 |
| 679 | 164 | Krzysztof Biedalاک 5km: 00:24:25 | POL | Castorama Swarzędz | Swarzędz | 1984 | M30 | 117 | 618 | | 00:47:36 | 00:48:10 | 04:46 |
| 680 | 2245 | Robert Gracz 5km: 00:23:31 | POL | Wkurw_Team | Wioska | 1995 | M20 | 35 | 619 | | 00:47:37 | 00:48:41 | 04:46 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|------------------------------|--------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 681 | 2008 | Paweł Waraczewski 5km: 00:23:50 | POL | Harpagan Gniezno | Gniezno | 1990 | M25 | 74 | 620 | | 00:47:39 | 00:48:05 | 04:46 |
| 682 | 2397 | Bartosz Grzybek 5km: 00:23:48 | POL | FORTEC | Lubon | 1978 | M40 | 113 | 621 | | 00:47:40 | 00:48:07 | 04:46 |
| 683 | 391 | Bartosz Szczęch 5km: 00:23:48 | POL | | Poznań | 1981 | M35 | 129 | 622 | | 00:47:40 | 00:48:21 | 04:46 |
| 684 | 1084 | Agnieszka Dębska-Zeńczak 5km: 00:24:17 | POL | | Poznań | 1984 | K30 | 12 | | 62 | 00:47:40 | 00:48:22 | 04:46 |
| 685 | 1351 | Katarzyna Burdajewicz 5km: 00:24:01 | POL | RUNNER | Dolsk | 1971 | K45 | 4 | | 63 | 00:47:41 | 00:48:25 | 04:46 |
| 686 | 1374 | Piotr Roszyk 5km: 00:23:44 | POL | | Złotniki | 1998 | M20 | 36 | 623 | | 00:47:42 | 00:48:26 | 04:46 |
| 687 | 2647 | Edyta Mikulska 5km: 00:23:49 | POL | PRO366 | Poznań | 1980 | K35 | 15 | | 64 | 00:47:42 | 00:48:25 | 04:46 |
| 688 | 970 | Adam Jankowski 5km: 00:24:02 | POL | Antkowiak Gębiak i Wspólnicy | Poznań | 1993 | M25 | 75 | 624 | | 00:47:43 | 00:48:22 | 04:46 |
| 689 | 1153 | Jarosław Władczyk 5km: 00:23:45 | POL | Fregata Swimming | Poznań | 1976 | M40 | 114 | 625 | | 00:47:43 | 00:48:37 | 04:46 |
| 690 | 2566 | Daniel Wesolek 5km: 00:23:46 | POL | | Poznań | 1988 | M30 | 118 | 626 | | 00:47:43 | 00:48:53 | 04:46 |
| 691 | 1205 | Zbigniew Tomczak 5km: 00:23:55 | POL | Altom Gniezno | Gniezno | 1954 | M60 | 12 | 627 | | 00:47:44 | 00:48:06 | 04:46 |
| 692 | 2638 | Mikołaj Kamiński 5km: 00:22:52 | POL | | Poznań | 1979 | M35 | 130 | 628 | | 00:47:44 | 00:48:20 | 04:46 |
| 693 | 1771 | Dominik Kubiak 5km: 00:23:49 | POL | GIMNAZJUM NR 2 | Swarzędz | 1980 | M35 | 131 | 629 | | 00:47:44 | 00:48:22 | 04:46 |
| 694 | 1989 | Przemysław Mucha 5km: 00:24:35 | POL | HERNIK TEAM | Poznań | 1982 | M35 | 132 | 630 | | 00:47:45 | 00:48:32 | 04:47 |
| 695 | 1737 | Robert Woźniak 5km: 00:24:12 | POL | KSA FITNESS ZONE | Śrem | 1989 | M25 | 76 | 631 | | 00:47:46 | 00:48:33 | 04:47 |
| 696 | 1553 | Krzysztof Lach 5km: 00:24:13 | POL | NIGHT RUNNERS WRZEŚNIA | Września | 1972 | M45 | 78 | 632 | | 00:47:46 | 00:48:53 | 04:47 |
| 697 | 1240 | Mirosław Sapritonow 5km: 00:23:25 | POL | | Zalasewo | 1986 | M30 | 119 | 633 | | 00:47:46 | 00:48:23 | 04:47 |
| 698 | 41 | Marcin Ludwiszewski 5km: 00:24:03 | POL | | otwoczek | 1980 | M35 | 133 | 634 | | 00:47:46 | 00:48:02 | 04:47 |
| 699 | 1582 | Marta Lewandowska 5km: 00:23:56 | POL | CLIP Logistics | Strzałkowo | 1987 | K30 | 13 | | 65 | 00:47:48 | 00:48:08 | 04:47 |
| 700 | 1583 | Błażej Pawlak 5km: 00:23:57 | POL | CLIP Logistics | Chwalibogowo | 1981 | M35 | 134 | 635 | | 00:47:48 | 00:48:08 | 04:47 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|--|------------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 701 | 308 | Damian Gałęski 5km: 00:24:20 | POL | Klub Biegacza Kompania Piwowarska | Murowana Goślina | 1980 | M35 | 135 | 636 | | 00:47:49 | 00:48:56 | 04:47 |
| 702 | 2948 | Marcin Stronka 5km: 00:24:08 | POL | INSTRUKTORZY LYZWIARSTWA | Kiekrz | 1991 | M25 | 77 | 637 | | 00:47:49 | 00:49:23 | 04:47 |
| 703 | 1106 | Robert Jagodziński 5km: 00:24:16 | POL | Jagoda Team | Owińska | 1973 | M45 | 79 | 638 | | 00:47:49 | 00:48:24 | 04:47 |
| 704 | 1335 | Przemysław Sznura 5km: 00:23:21 | POL | CYBINA TEAM | Tulce | 1973 | M45 | 80 | 639 | | 00:47:49 | 00:48:08 | 04:47 |
| 705 | 1738 | Patryk Adamczak 5km: 00:24:11 | POL | KSA FITNESS ZONE | Śrem | 1987 | M30 | 120 | 640 | | 00:47:50 | 00:48:38 | 04:47 |
| 706 | 2319 | Kasia Golda -Wojtkowiak 5km: 00:23:47 | POL | Kęsy Team | Sokolniki Gwiazdowskie | 1982 | K35 | 16 | | 66 | 00:47:51 | 00:48:30 | 04:47 |
| 707 | 1743 | Agata Stermula 5km: 00:23:53 | POL | | Grodzisk Wlkp. | 1982 | K35 | 17 | | 67 | 00:47:53 | 00:48:13 | 04:47 |
| 708 | 2359 | Marcin Galewski 5km: 00:23:55 | POL | Walka Kostrzyn | Kostrzyn | 1992 | M25 | 78 | 641 | | 00:47:53 | 00:48:28 | 04:47 |
| 709 | 2766 | Arkadiusz Dominiak 5km: 00:23:56 | POL | | opalenica | 1979 | M35 | 136 | 642 | | 00:47:53 | 00:48:43 | 04:47 |
| 710 | 383 | Przemysław Rogalski 5km: 00:24:00 | POL | MJDOP | Szczytniki | 1981 | M35 | 137 | 643 | | 00:47:54 | 00:48:32 | 04:47 |
| 711 | 2215 | Kasia Daniuk 5km: 00:23:45 | POL | UKS CITYZEN_BE3 | Poznań | 1973 | K45 | 5 | | 68 | 00:47:54 | 00:48:27 | 04:47 |
| 712 | 523 | Marek Milkamanowicz 5km: 00:23:37 | POL | Free Runners | Zalasewo | 1976 | M40 | 115 | 644 | | 00:47:54 | 00:48:16 | 04:47 |
| 713 | 2281 | Witold Szczuciński 5km: 00:23:34 | POL | FRAM | Poznań | 1976 | M40 | 116 | 645 | | 00:47:54 | 00:48:31 | 04:47 |
| 714 | 2641 | Sławomir Rosiak 5km: 00:24:09 | POL | POLONIA ŚRODA /Decora Running Tea | Środa wlkp | 1970 | M45 | 81 | 646 | | 00:47:54 | 00:50:00 | 04:47 |
| 715 | 1796 | Krzysztof Przybylski 5km: 00:23:27 | POL | Tarnowo Podgórne Biega | Poznań | 1981 | M35 | 138 | 647 | | 00:47:55 | 00:48:15 | 04:48 |
| 716 | 1476 | Sławomir Kijański 5km: 00:23:23 | POL | | Ostrów Wielkopolski | 1970 | M45 | 82 | 648 | | 00:47:56 | 00:48:13 | 04:48 |
| 717 | 187 | Tomasz Kaczmarek 5km: 00:23:55 | POL | | Września | 1978 | M40 | 117 | 649 | | 00:47:57 | 00:49:18 | 04:48 |
| 718 | 303 | Dariusz Moszyk 5km: 00:23:06 | POL | 16 Jarociński batalion remontu lotnisk | Jarocin | 1976 | M40 | 118 | 650 | | 00:47:57 | 00:48:13 | 04:48 |
| 719 | 475 | Tomasz Beldzikowski 5km: 00:24:14 | POL | | Swarzędz | 1967 | M50 | 20 | 651 | | 00:47:57 | 00:48:59 | 04:48 |
| 720 | 858 | Damian Brygier 5km: 00:22:44 | POL | Grodziski Klub Biegacza | Grodzisk Wlkp. | 1990 | M25 | 79 | 652 | | 00:47:57 | 00:48:13 | 04:48 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|---------------------------|---------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 721 | 169 | Michał Bajer 5km: 00:24:16 | POL | Night Runners | Poznan | 1979 | M35 | 139 | 653 | | 00:47:57 | 00:48:39 | 04:48 |
| 722 | 2206 | Maciej Lange 5km: 00:23:51 | POL | LANGETEAM | ŚREM | 1978 | M40 | 119 | 654 | | 00:47:58 | 00:48:56 | 04:48 |
| 723 | 1156 | Kasia Żebrowska 5km: 00:23:53 | POL | | Września | 1985 | K30 | 14 | | 69 | 00:47:58 | 00:48:44 | 04:48 |
| 724 | 2098 | Michał Rożek 5km: 00:23:46 | POL | Drużyna Lecha Poznań | Gniezno | 1986 | M30 | 121 | 655 | | 00:47:58 | 00:48:29 | 04:48 |
| 725 | 739 | Piotr Szcześniak 5km: 00:24:19 | POL | Team ekopalniki.pl | Swarzędz | 1987 | M30 | 122 | 656 | | 00:47:59 | 00:47:59 | 04:48 |
| 726 | 1098 | Paweł Strzemecki 5km: 00:24:27 | POL | | Swarzędz | 1976 | M40 | 120 | 657 | | 00:47:59 | 00:49:08 | 04:48 |
| 727 | 913 | Artur Nogly 5km: 00:24:02 | POL | drużyna za pisał groszy | Mosina | 1975 | M40 | 121 | 658 | | 00:48:01 | 00:49:08 | 04:48 |
| 728 | 1586 | Tomasz Wasielewski 5km: 00:24:19 | POL | | Poznań | 1978 | M40 | 122 | 659 | | 00:48:03 | 00:49:27 | 04:48 |
| 729 | 2564 | Aneta Grzybowska 5km: 00:23:54 | POL | | Poznań | 1975 | K40 | 9 | | 70 | 00:48:03 | 00:48:25 | 04:48 |
| 730 | 1281 | Krzysztof Jena 5km: 00:23:38 | POL | Postęp Pniewy Team | Pniewy | 1956 | M60 | 13 | 660 | | 00:48:04 | 00:48:49 | 04:48 |
| 731 | 2654 | Tomasz Szubarga 5km: 00:24:16 | POL | Rokietnica Biega | Rokietnica | 1987 | M30 | 123 | 661 | | 00:48:04 | 00:48:32 | 04:48 |
| 732 | 1741 | Marta Kulej 5km: 00:24:27 | POL | | Zalasewo | 1984 | K30 | 15 | | 71 | 00:48:06 | 00:48:54 | 04:49 |
| 733 | 2679 | Mirosław Miedziarek 5km: 00:25:56 | POL | Night Runners Poznań | Poznań | 1983 | M35 | 140 | 662 | | 00:48:06 | 00:49:59 | 04:49 |
| 734 | 2180 | Dawid Muchajer 5km: 00:23:51 | POL | CSWLąd | Poznań | 1978 | M40 | 123 | 663 | | 00:48:06 | 00:48:45 | 04:49 |
| 735 | 1411 | Krzysztof Nowicki 5km: 00:24:12 | POL | 33BLTr | Gniezno | 1979 | M35 | 141 | 664 | | 00:48:07 | 00:48:55 | 04:49 |
| 736 | 1933 | Piotr Wolbach 5km: 00:22:44 | POL | | Poznań | 1970 | M45 | 83 | 665 | | 00:48:08 | 00:48:26 | 04:49 |
| 737 | 819 | Andrzej Dudek 5km: 00:24:36 | POL | | Ostrów Wielkopolski | 1961 | M55 | 19 | 666 | | 00:48:09 | 00:49:03 | 04:49 |
| 738 | 1285 | Krzysztof Grzesiak 5km: 00:23:45 | POL | LO Śrem | Śrem | 1962 | M55 | 20 | 667 | | 00:48:10 | 00:48:27 | 04:49 |
| 739 | 987 | Sławomir Wróblewski 5km: 00:23:13 | POL | | Czempiń | 1985 | M30 | 124 | 668 | | 00:48:11 | 00:48:29 | 04:49 |
| 740 | 339 | Marek Leśniewski 5km: 00:24:52 | POL | Nie Ma Lipy Swarzędz Team | Swarzędz | 1979 | M35 | 142 | 669 | | 00:48:11 | 00:49:13 | 04:49 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|----------------------------|--------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 741 | 1873 | Roland Maciejewski 5km: 00:23:57 | POL | Castorama Swarzedz | Swarzedz | 1988 | M30 | 125 | 670 | | 00:48:11 | 00:49:40 | 04:49 |
| 742 | 325 | Jacek Kopa 5km: 00:24:00 | POL | --- | Luboń | 1976 | M40 | 124 | 671 | | 00:48:11 | 00:48:43 | 04:49 |
| 743 | 199 | Marek Włoszyński 5km: 00:24:10 | POL | LUBOŃ | Luboń | 1972 | M45 | 84 | 672 | | 00:48:11 | 00:49:07 | 04:49 |
| 744 | 1310 | Łukasz Jugo 5km: 00:24:01 | POL | | Skórzewo | 1977 | M40 | 125 | 673 | | 00:48:12 | 00:49:45 | 04:49 |
| 745 | 260 | Dorota Lutomska 5km: 00:23:45 | POL | | Oborniki | 1982 | K35 | 18 | | 72 | 00:48:12 | 00:49:11 | 04:49 |
| 746 | 2055 | Mateusz Nowak 5km: 00:24:57 | POL | | SWARZĘDZ | 1979 | M35 | 143 | 674 | | 00:48:12 | 00:50:04 | 04:49 |
| 747 | 1798 | Filip Pankowski 5km: 00:23:53 | POL | Ryczywół | Ryczywół | 1993 | M25 | 80 | 675 | | 00:48:13 | 00:49:13 | 04:49 |
| 748 | 1104 | Sławomir Feliksiak 5km: 00:24:38 | POL | | Poznań | 1968 | M50 | 21 | 676 | | 00:48:13 | 00:49:07 | 04:49 |
| 749 | 444 | Paweł Dąbrowski 5km: 00:23:38 | POL | Night Runners | Poznań | 1975 | M40 | 126 | 677 | | 00:48:13 | 00:49:09 | 04:49 |
| 750 | 988 | Marek Ostój 5km: 00:23:59 | POL | Krotoszyńska Grupa Biegowa | 63-700 | 1974 | M40 | 127 | 678 | | 00:48:13 | 00:49:06 | 04:49 |
| 751 | 1605 | Jakub Skrąbulski 5km: 00:24:34 | POL | | Poznań | 1990 | M25 | 81 | 679 | | 00:48:15 | 00:49:03 | 04:49 |
| 752 | 2744 | Marcin Rogoziński 5km: 00:25:06 | POL | | POZNAŃ | 1985 | M30 | 126 | 680 | | 00:48:15 | 00:48:46 | 04:50 |
| 753 | 947 | Maciej Kamela 5km: 00:23:48 | POL | Philimon | Kicin | 1983 | M35 | 144 | 681 | | 00:48:17 | 00:50:12 | 04:50 |
| 754 | 544 | Natalia Stanisławska 5km: 00:24:17 | POL | natalibre.com | Swarzędz | 1987 | K30 | 16 | | 73 | 00:48:19 | 00:49:22 | 04:50 |
| 755 | 184 | Michał Suchacki 5km: 00:24:21 | POL | | Tarnowo Podgórne | 1989 | M25 | 82 | 682 | | 00:48:23 | 00:49:16 | 04:50 |
| 756 | 2034 | Jacek Jankowski 5km: | POL | | Gruszczyn | 1984 | M30 | 127 | 683 | | 00:48:23 | 00:50:01 | 04:50 |
| 757 | 1870 | Maja Tworska 5km: 00:23:25 | POL | Idea Fit&Spa | Sianów | 1994 | K20 | 8 | | 74 | 00:48:23 | 00:48:32 | 04:50 |
| 758 | 2257 | Mateusz Zawodny 5km: 00:23:49 | POL | CYBINA TEAM | LUBOŃ | 1986 | M30 | 128 | 684 | | 00:48:25 | 00:49:58 | 04:50 |
| 759 | 2358 | Aleksander Pańko 5km: 00:22:55 | POL | | Krzyż Wielkopolski | 1994 | M20 | 37 | 685 | | 00:48:25 | 00:48:40 | 04:50 |
| 760 | 1899 | Michał Paniączyk 5km: 00:24:40 | POL | | Poznań | 1969 | M45 | 85 | 686 | | 00:48:25 | 00:49:18 | 04:51 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|-------------------------------------|------|-----------------------------------|---------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 761 | 1405 | Jakub Malik 5km: 00:23:11 | POL | Bractwo Malików | Kobylin | 1993 | M25 | 83 | 687 | | 00:48:26 | 00:49:04 | 04:51 |
| 762 | 2912 | Damian Ludwiczak 5km: 00:24:33 | POL | | Swarzędz | 1984 | M30 | 129 | 688 | | 00:48:27 | 00:49:16 | 04:51 |
| 763 | 1955 | Mariusz Trawka 5km: 00:24:34 | POL | Miejska Górka | Miejska Górka | 1975 | M40 | 128 | 689 | | 00:48:27 | 00:49:27 | 04:51 |
| 764 | 140 | Krzysztof Królczyk 5km: 00:24:12 | POL | | Poznań | 1985 | M30 | 130 | 690 | | 00:48:27 | 00:49:28 | 04:51 |
| 765 | 1356 | Grzegorz Koperski 5km: 00:24:26 | POL | Bike & Run Friends | Jerzykowo | 1975 | M40 | 129 | 691 | | 00:48:28 | 00:49:44 | 04:51 |
| 766 | 1832 | Jonasz Błaszczuk 5km: 00:23:21 | POL | | Swarzędz | 1999 | M16 | 18 | 692 | | 00:48:29 | 00:48:50 | 04:51 |
| 767 | 1830 | Alfred Błaszczuk 5km: 00:24:03 | POL | | Kostrzyn | 1972 | M45 | 86 | 693 | | 00:48:29 | 00:48:50 | 04:51 |
| 768 | 1096 | Sylwester Białowas 5km: 00:24:33 | POL | KB UEP | Suchy Las | 1972 | M45 | 87 | 694 | | 00:48:30 | 00:49:28 | 04:51 |
| 769 | 2483 | Janusz Smolny 5km: 00:24:45 | POL | Wełnianka Kiszkowo | Kiszkowo | 1971 | M45 | 88 | 695 | | 00:48:30 | 00:49:25 | 04:51 |
| 770 | 2559 | Maciej Ziętek 5km: 00:24:44 | POL | | GNIEZNO | 1987 | M30 | 131 | 696 | | 00:48:30 | 00:49:26 | 04:51 |
| 771 | 2804 | Aleksy Pachliński 5km: 00:24:28 | POL | | Poznań | 2001 | M16 | 19 | 697 | | 00:48:30 | 00:48:51 | 04:51 |
| 772 | 1482 | Łukasz Przybył 5km: 00:23:57 | POL | | Ostrów Wielkopolski | 1988 | M30 | 132 | 698 | | 00:48:30 | 00:48:50 | 04:51 |
| 773 | 773 | Hanka Michałowska 5km: 00:23:47 | POL | | POZNAŃ | 1974 | K40 | 10 | | 75 | 00:48:31 | 00:50:46 | 04:51 |
| 774 | 738 | Marian Zdanowski 5km: 00:24:10 | POL | | POZNAŃ | 1956 | M60 | 14 | 699 | | 00:48:31 | 00:48:55 | 04:51 |
| 775 | 2842 | Krzysztof Szewczyk 5km: 00:24:11 | POL | ziomale | Gowarzewo | 1980 | M35 | 145 | 700 | | 00:48:32 | 00:49:08 | 04:51 |
| 776 | 941 | Kacper Kamiński 5km: 00:22:51 | POL | | Swarzędz | 2000 | M16 | 20 | 701 | | 00:48:32 | 00:49:07 | 04:51 |
| 777 | 1843 | Radosław Murias 5km: 00:24:59 | POL | MuriTeam | Poznań | 1986 | M30 | 133 | 702 | | 00:48:32 | 00:49:22 | 04:51 |
| 778 | 1568 | Jakub Holak 5km: 00:24:04 | POL | Rehabalance Team | Poznań | 1987 | M30 | 134 | 703 | | 00:48:33 | 00:49:08 | 04:51 |
| 779 | 2086 | Marcin Lamch 5km: 00:24:21 | POL | Klub Biegacza Kompania Piwowarska | Poznań | 1980 | M35 | 146 | 704 | | 00:48:35 | 00:49:42 | 04:51 |
| 780 | 2315 | Marcin Szelag 5km: 00:24:24 | POL | | Poznań | 1973 | M45 | 89 | 705 | | 00:48:35 | 00:49:45 | 04:52 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-----------------------------------|-------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 781 | 2547 | Piotr Kasprzyk 5km: 00:24:02 | POL | Kibole w biegu | Poznań | 1984 | M30 | 135 | 706 | | 00:48:36 | 00:49:13 | 04:52 |
| 782 | 1347 | Mateusz Krzyżagórski 5km: 00:24:50 | POL | | Poznań | 1992 | M25 | 84 | 707 | | 00:48:37 | 00:49:51 | 04:52 |
| 783 | 1665 | Bartosz Raczkowski 5km: 00:24:21 | POL | | Swarzędz | 1975 | M40 | 130 | 708 | | 00:48:37 | 00:49:17 | 04:52 |
| 784 | 2891 | Jolanta Witczak 5km: 00:23:51 | POL | Tarnowo Podgórne - Poziom Blżej | Lusowo | 1966 | K50 | 3 | | 76 | 00:48:38 | 00:49:05 | 04:52 |
| 785 | 1866 | Eugeniusz Niedzielski 5km: 00:24:31 | POL | eSesja Bike Team | Poznań | 1953 | M65 | 9 | 709 | | 00:48:38 | 00:49:37 | 04:52 |
| 786 | 2433 | Krzysztof Kamiński 5km: 00:22:53 | POL | Biegam dla zdrowia | Gniezno | 1978 | M40 | 131 | 710 | | 00:48:39 | 00:50:05 | 04:52 |
| 787 | 1958 | Marcin Błaszcyk 5km: 00:24:10 | POL | TL HUB | Poznań | 1982 | M35 | 147 | 711 | | 00:48:39 | 00:49:29 | 04:52 |
| 788 | 2044 | Rafał Gronikowski 5km: 00:24:39 | POL | Poznań | Poznań | 1973 | M45 | 90 | 712 | | 00:48:40 | 00:50:09 | 04:52 |
| 789 | 271 | Tomasz Leśniak 5km: 00:24:58 | POL | PARKOWE BRACtwo | Poznań | 1978 | M40 | 132 | 713 | | 00:48:40 | 00:49:34 | 04:52 |
| 790 | 1799 | Łukasz Wiertel 5km: 00:24:47 | POL | | Inowrocław | 1989 | M25 | 85 | 714 | | 00:48:41 | 00:49:19 | 04:52 |
| 791 | 1841 | Bartek Łysiak 5km: 00:24:25 | POL | | Dąbrówka | 1984 | M30 | 136 | 715 | | 00:48:41 | 00:49:39 | 04:52 |
| 792 | 1430 | Przemysław Tołoczko 5km: 00:24:35 | POL | Klub Biegacza Kompania Piwowarska | Rychwał | 1986 | M30 | 137 | 716 | | 00:48:41 | 00:49:52 | 04:52 |
| 793 | 566 | Krzysztof Ostrowski 5km: 00:24:37 | POL | | Kórnik | 1978 | M40 | 133 | 717 | | 00:48:41 | 00:49:48 | 04:52 |
| 794 | 978 | Łukasz Michalski 5km: 00:24:47 | POL | | Plewiska | 1983 | M35 | 148 | 718 | | 00:48:42 | 00:49:34 | 04:52 |
| 795 | 209 | Mieczysław Przyborowski 5km: 00:24:10 | POL | REMET TEAM | Poznań | 1959 | M55 | 21 | 719 | | 00:48:42 | 00:49:06 | 04:52 |
| 796 | 1052 | Marcin Pater 5km: 00:24:19 | POL | Altom Gniezno | Gniezno | 1987 | M30 | 138 | 720 | | 00:48:42 | 00:48:58 | 04:52 |
| 797 | 1912 | Małgorzata Jędraszak 5km: 00:24:24 | POL | | Poznań | 1987 | K30 | 17 | | 77 | 00:48:42 | 00:49:12 | 04:52 |
| 798 | 396 | Andrzej Drgas 5km: 00:24:17 | POL | MOTOR LUBOŃ TEAM | LUBOŃ | 1955 | M60 | 15 | 721 | | 00:48:43 | 00:49:31 | 04:52 |
| 799 | 2904 | Michał Sobczyński 5km: | POL | | Marianowo | 1989 | M25 | 86 | 722 | | 00:48:43 | 00:50:14 | 04:52 |
| 800 | 2217 | Dariusz Wojciechowski 5km: 00:24:05 | POL | | Krosno | 1978 | M40 | 134 | 723 | | 00:48:44 | 00:49:26 | 04:52 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|----------------------------|------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 801 | 2509 | Andrzej Kraszkiewicz 5km: 00:23:18 | POL | 8-Pak Poznań | Poznań | 1982 | M35 | 149 | 724 | | 00:48:44 | 00:48:55 | 04:52 |
| 802 | 2540 | Tomasz Frąckowiak 5km: 00:25:03 | POL | | Poznań | 1991 | M25 | 87 | 725 | | 00:48:45 | 00:49:31 | 04:52 |
| 803 | 980 | Dariusz Nowaczyk 5km: 00:23:59 | POL | Krotoszyńska Grupa Biegowa | Krotoszyn | 1975 | M40 | 135 | 726 | | 00:48:45 | 00:49:38 | 04:52 |
| 804 | 1727 | Jerzy Żok 5km: 00:24:33 | POL | | Wolsztyn | 1960 | M55 | 22 | 727 | | 00:48:45 | 00:49:35 | 04:53 |
| 805 | 1487 | Tomasz Marcinek 5km: 00:24:45 | POL | Drużyna Zbója | Jasin | 1984 | M30 | 139 | 728 | | 00:48:45 | 00:49:21 | 04:53 |
| 806 | 2603 | Leszek Koziół 5km: 00:24:30 | POL | ESKA Team | Murowana Goślina | 1962 | M55 | 23 | 729 | | 00:48:46 | 00:48:54 | 04:53 |
| 807 | 2639 | Przemysław Prymas 5km: 00:24:51 | POL | | Swarzędz | 1979 | M35 | 150 | 730 | | 00:48:47 | 00:49:37 | 04:53 |
| 808 | 247 | Krzysztof Wojcieszak 5km: 00:24:23 | POL | | Poznań | 1984 | M30 | 140 | 731 | | 00:48:47 | 00:49:46 | 04:53 |
| 809 | 376 | Tomasz Wojciechowski 5km: 00:23:10 | POL | PRO366 | Swarzędz | 1976 | M40 | 136 | 732 | | 00:48:47 | 00:48:56 | 04:53 |
| 810 | 2435 | Daniel Ostojki 5km: 00:24:33 | POL | | Kostrzyn | 1981 | M35 | 151 | 733 | | 00:48:47 | 00:49:27 | 04:53 |
| 811 | 2493 | Krzysztof Marciniak 5km: 00:24:37 | POL | AgnieszkaRUNTEAM | poznań | 1987 | M30 | 141 | 734 | | 00:48:50 | 00:50:14 | 04:53 |
| 812 | 1186 | Wojciech Grodzki 5km: 00:24:42 | POL | Zephyr | Poznań | 1977 | M40 | 137 | 735 | | 00:48:50 | 00:49:48 | 04:53 |
| 813 | 1849 | Zdzisław Radosz 5km: 00:23:26 | POL | UKS Fala Swarzędz | Swarzędz | 1961 | M55 | 24 | 736 | | 00:48:51 | 00:49:11 | 04:53 |
| 814 | 2263 | Anna Wiśniewska 5km: 00:24:06 | POL | HERNIK TEAM | Poznań | 1982 | K35 | 19 | | 78 | 00:48:52 | 00:49:00 | 04:53 |
| 815 | 2272 | Darek Król 5km: 00:24:06 | POL | HERNIK TEAM | Świątniki | 1967 | M50 | 22 | 737 | | 00:48:52 | 00:49:00 | 04:53 |
| 816 | 1193 | Jakub Radke 5km: 00:24:52 | POL | Naramowice biegają | Poznań | 1990 | M25 | 88 | 738 | | 00:48:53 | 00:49:49 | 04:53 |
| 817 | 32 | Beata Lewicka-Płaczek 5km: 00:24:07 | POL | Malta Poznań | Poznań | 1964 | K50 | 4 | | 79 | 00:48:53 | 00:49:01 | 04:53 |
| 818 | 1739 | Tomasz Polus 5km: 00:24:33 | POL | OKS Napierdalator | Poznań | 1983 | M35 | 152 | 739 | | 00:48:54 | 00:49:25 | 04:53 |
| 819 | 2702 | Sebastian Kozłowski 5km: 00:25:01 | POL | | Poznań | 1984 | M30 | 142 | 740 | | 00:48:54 | 00:49:55 | 04:53 |
| 820 | 350 | Michał Szmyt 5km: 00:24:47 | POL | | Poznań | 1984 | M30 | 143 | 741 | | 00:48:55 | 00:50:10 | 04:54 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-------------------|-------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 821 | 573 | Robert Stołowski 5km: 00:24:44 | POL | Amica | Wieleń | 1976 | M40 | 138 | 742 | | 00:48:55 | 00:50:06 | 04:54 |
| 822 | 2125 | Krzysztof Grzelak 5km: 00:24:56 | POL | | Godziesze | 1974 | M40 | 139 | 743 | | 00:48:56 | 00:50:51 | 04:54 |
| 823 | 581 | Tomasz Piątek 5km: 00:24:45 | POL | | Poznań | 1986 | M30 | 144 | 744 | | 00:48:56 | 00:50:07 | 04:54 |
| 824 | 1591 | Mateusz Wojnicz 5km: 00:24:53 | POL | Mateusz Wojnicz | Września | 1991 | M25 | 89 | 745 | | 00:48:58 | 00:49:58 | 04:54 |
| 825 | 2470 | Paweł Rzczkowski 5km: 00:24:55 | POL | ZiemniakiTeam | Rokietnica | 1984 | M30 | 145 | 746 | | 00:48:59 | 00:50:02 | 04:54 |
| 826 | 2825 | Gracjan Stróżyk 5km: 00:24:28 | POL | Kołaczkowo | Kołaczkowo | 1992 | M25 | 90 | 747 | | 00:48:59 | 00:49:16 | 04:54 |
| 827 | 569 | Łukasz Bobrowski 5km: 00:24:48 | POL | Słynni Kenijczycy | Gniezno | 1981 | M35 | 153 | 748 | | 00:48:59 | 00:49:59 | 04:54 |
| 828 | 531 | Krzysztof Koralewski 5km: 00:24:57 | POL | | Poznań | 1986 | M30 | 146 | 749 | | 00:49:00 | 00:49:44 | 04:54 |
| 829 | 1838 | Marcin Nogaj 5km: 00:24:03 | POL | Amator Predator | Poznań | 1979 | M35 | 154 | 750 | | 00:49:01 | 00:49:42 | 04:54 |
| 830 | 2812 | Dariusz Witczak 5km: 00:24:16 | POL | Poznań | Poznań | 1969 | M45 | 91 | 751 | | 00:49:01 | 00:49:43 | 04:54 |
| 831 | 820 | Adam Trojanek 5km: 00:24:55 | POL | | Swarzędz | 1975 | M40 | 140 | 752 | | 00:49:01 | 00:50:05 | 04:54 |
| 832 | 670 | Julia Drwęska-Michalska 5km: 00:24:27 | POL | | Koziegłowy | 1988 | K30 | 18 | | 80 | 00:49:01 | 00:50:24 | 04:54 |
| 833 | 1898 | Filip Paniączyk 5km: 00:24:15 | POL | | Poznań | 1995 | M20 | 38 | 753 | | 00:49:02 | 00:49:57 | 04:54 |
| 834 | 1907 | Jan Kozaczuk 5km: 00:24:08 | POL | | Wiórek | 1961 | M55 | 25 | 754 | | 00:49:02 | 00:49:20 | 04:54 |
| 835 | 2107 | Mariusz Marek 5km: 00:24:19 | POL | byle do mety | Plewiska | 1968 | M50 | 23 | 755 | | 00:49:03 | 00:50:12 | 04:54 |
| 836 | 710 | Anita Kraska 5km: 00:24:39 | POL | Wymiatacze | Miłosław | 1976 | K40 | 11 | | 81 | 00:49:03 | 00:49:32 | 04:54 |
| 837 | 1538 | Krzysztof Zawadzki 5km: 00:24:57 | POL | | Biskupice | 1982 | M35 | 155 | 756 | | 00:49:03 | 00:49:46 | 04:54 |
| 838 | 2817 | Wojtek Skrzypczyński 5km: 00:25:22 | POL | | Poznań | 1989 | M25 | 91 | 757 | | 00:49:04 | 00:51:11 | 04:54 |
| 839 | 1010 | Andrzej Wiśniewski 5km: 00:23:07 | POL | | Biedrusko | 1985 | M30 | 147 | 758 | | 00:49:04 | 00:49:32 | 04:54 |
| 840 | 2381 | Maciej Kuczma 5km: 00:24:32 | POL | CYBINA TEAM | Gortatowo | 1973 | M45 | 92 | 759 | | 00:49:04 | 00:49:39 | 04:54 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-----------------------|--------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 841 | 2920 | Adam Przybylski 5km: 00:24:19 | POL | | Poznań | 1985 | M30 | 148 | 760 | | 00:49:04 | 00:49:34 | 04:54 |
| 842 | 1558 | Paulina Nikodemiak 5km: 00:24:26 | POL | KUTNOBIEGA | Kutno | 1987 | K30 | 19 | | 82 | 00:49:05 | 00:50:18 | 04:55 |
| 843 | 2250 | Marcin Filipczak 5km: 00:24:50 | POL | | Września | 1985 | M30 | 149 | 761 | | 00:49:05 | 00:50:06 | 04:55 |
| 844 | 793 | Darek Zieliński-Wronka 5km: 00:24:12 | POL | | Swarzędz | 1970 | M45 | 93 | 762 | | 00:49:05 | 00:49:49 | 04:55 |
| 845 | 2628 | Igor Michta 5km: 00:24:18 | POL | | Poznań | 1989 | M25 | 92 | 763 | | 00:49:06 | 00:49:27 | 04:55 |
| 846 | 723 | Jakub Tatur 5km: 00:24:14 | POL | | Piotrowice | 1987 | M30 | 150 | 764 | | 00:49:06 | 00:50:00 | 04:55 |
| 847 | 2418 | Wojciech Ochenduszek 5km: 00:24:28 | POL | | Zalasewo | 1974 | M40 | 141 | 765 | | 00:49:06 | 00:50:23 | 04:55 |
| 848 | 470 | Grzegorz Pampuch 5km: 00:23:36 | POL | | Siekierki Wielkie | 1975 | M40 | 142 | 766 | | 00:49:07 | 00:50:03 | 04:55 |
| 849 | 2523 | Barbara Marzyńska 5km: | POL | | Gniezno | 1961 | K55 | 1 | | 83 | 00:49:07 | 00:49:29 | 04:55 |
| 850 | 336 | Marcin Majchrzak 5km: 00:24:52 | POL | człuchów | Człuchów | 1990 | M25 | 93 | 767 | | 00:49:07 | 00:50:05 | 04:55 |
| 851 | 1112 | Daniel Chmura 5km: 00:24:43 | POL | Dendrorunners | Kórnik | 1973 | M45 | 94 | 768 | | 00:49:07 | 00:50:09 | 04:55 |
| 852 | 2411 | Piotr Ratajczak 5km: 00:24:50 | POL | KLAS SZPOT SWARZĘDZ | SWARZĘDZ | 1978 | M40 | 143 | 769 | | 00:49:07 | 00:49:56 | 04:55 |
| 853 | 1761 | Daria Cizak 5km: 00:24:43 | POL | Kobiety Biegają | Poznań | 1973 | K45 | 6 | | 84 | 00:49:07 | 00:49:58 | 04:55 |
| 854 | 634 | Adam Radke 5km: 00:24:36 | POL | FamilyClub | POZnań | 1984 | M30 | 151 | 770 | | 00:49:08 | 00:50:00 | 04:55 |
| 855 | 1508 | Sylwester Pawlak 5km: 00:24:57 | POL | Polonia Środa | Środa Wielkopolska | 1982 | M35 | 156 | 771 | | 00:49:08 | 00:50:02 | 04:55 |
| 856 | 2553 | Aneta Kańczukowska 5km: 00:24:20 | POL | | Gdańsk | 1979 | K35 | 20 | | 85 | 00:49:09 | 00:50:29 | 04:55 |
| 857 | 419 | Agata Drabarek 5km: 00:24:56 | POL | Biegacze Świnoujście | Świnoujście | 1989 | K25 | 14 | | 86 | 00:49:09 | 00:50:01 | 04:55 |
| 858 | 625 | Łukasz Hamrol 5km: 00:24:39 | POL | Bliźniak Team Śmigiel | Śmigiel | 1977 | M40 | 144 | 772 | | 00:49:09 | 00:50:06 | 04:55 |
| 859 | 2923 | Krzysztof Szczepankiewicz 5km: 00:24:38 | POL | El-Cab RUNNING TEAM | Rakownia | 1981 | M35 | 157 | 773 | | 00:49:10 | 00:49:52 | 04:55 |
| 860 | 2152 | Krzysztof Ludwiczak 5km: 00:24:03 | POL | Kościan Team | Kościan | 1977 | M40 | 145 | 774 | | 00:49:10 | 00:49:54 | 04:55 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|---------------------------|-------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 861 | 925 | Kinga Borowiec 5km: 00:24:19 | POL | | Daszewice | 1982 | K35 | 21 | | 87 | 00:49:10 | 00:50:19 | 04:55 |
| 862 | 1375 | Jerzy Roszyk 5km: 00:24:26 | POL | Maratończyk Poznań | Złotniki | 1960 | M55 | 26 | 775 | | 00:49:10 | 00:50:05 | 04:55 |
| 863 | 2882 | Władysław Lewandowski 5km: 00:24:49 | POL | Decathlon Team Inowrocław | Inowrocław | 1954 | M60 | 16 | 776 | | 00:49:10 | 00:49:43 | 04:55 |
| 864 | 1539 | Michał Kujawski 5km: 00:24:25 | POL | | Swarzędz | 1990 | M25 | 94 | 777 | | 00:49:11 | 00:49:51 | 04:55 |
| 865 | 1812 | Marta Barszcz 5km: 00:24:37 | POL | PRO366 | Swarzędz | 1985 | K30 | 20 | | 88 | 00:49:11 | 00:50:02 | 04:55 |
| 866 | 2457 | Tomasz Zjawiński 5km: 00:24:47 | POL | | Poznań | 1972 | M45 | 95 | 778 | | 00:49:12 | 00:50:12 | 04:55 |
| 867 | 1346 | Ewelina Frąckowiak 5km: 00:24:08 | POL | b*JE*gam | Roszków | 1976 | K40 | 12 | | 89 | 00:49:12 | 00:49:48 | 04:55 |
| 868 | 1554 | Krzysztof Poczewski 5km: 00:24:38 | POL | LZS " JEDNOŚĆ" ŁOBŻENICA | Łobżenica | 1983 | M35 | 158 | 779 | | 00:49:13 | 00:49:39 | 04:55 |
| 869 | 1041 | Tomasz Bagrowski 5km: 00:24:24 | POL | | Lądek | 1990 | M25 | 95 | 780 | | 00:49:14 | 00:49:37 | 04:55 |
| 870 | 2387 | Dominik Walczak 5km: 00:24:50 | POL | KLAS SZPOT | Swarzędz | 1993 | M25 | 96 | 781 | | 00:49:15 | 00:50:04 | 04:56 |
| 871 | 2505 | Mariusz Józwiak 5km: 00:24:58 | POL | | Nekla | 1967 | M50 | 24 | 782 | | 00:49:15 | 00:50:05 | 04:56 |
| 872 | 1046 | Elżbieta Nekanda-Trepka 5km: 00:24:37 | POL | PRO366 | Pobiedziska | 1973 | K45 | 7 | | 90 | 00:49:16 | 00:50:07 | 04:56 |
| 873 | 248 | Michał Skakun 5km: 00:24:54 | POL | PMI Runners | Międzychód | 1998 | M20 | 39 | 783 | | 00:49:17 | 00:50:15 | 04:56 |
| 874 | 2141 | Grzegorz Dudziak 5km: 00:24:49 | POL | | Śmigiel | 1986 | M30 | 152 | 784 | | 00:49:17 | 00:50:15 | 04:56 |
| 875 | 2140 | Marcin Grzesiak 5km: 00:24:49 | POL | | Śmigiel | 1986 | M30 | 153 | 785 | | 00:49:17 | 00:50:15 | 04:56 |
| 876 | 1778 | Adrian Czarncki 5km: 00:23:55 | POL | XVII LO POZNAŃ | POZNAŃ | 2001 | M16 | 21 | 786 | | 00:49:17 | 00:49:30 | 04:56 |
| 877 | 2743 | Alberto Bernal 5km: | NER | | Poznań | 1981 | M35 | 159 | 787 | | 00:49:17 | 00:49:17 | 04:56 |
| 878 | 1094 | Piotr Godlewski 5km: 00:24:48 | POL | | Poznań | 1978 | M40 | 146 | 788 | | 00:49:18 | 00:50:00 | 04:56 |
| 879 | 1355 | Darek Salomon 5km: 00:24:01 | POL | Kibole w biegu | Swarzędz | 1986 | M30 | 154 | 789 | | 00:49:18 | 00:49:43 | 04:56 |
| 880 | 2854 | Krzysztof Staszak 5km: 00:23:55 | POL | | Swarzędz Rabowice | 1981 | M35 | 160 | 790 | | 00:49:18 | 00:50:06 | 04:56 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|---------------------------------------|----------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 881 | 1682 | Bogusława Wojtkowiak 5km: 00:24:36 | POL | | Pyszca | 1977 | K40 | 13 | | 91 | 00:49:18 | 00:50:08 | 04:56 |
| 882 | 1726 | Jarosław Chudy 5km: 00:24:47 | POL | | Pobiedziska | 1979 | M35 | 161 | 791 | | 00:49:18 | 00:49:57 | 04:56 |
| 883 | 2024 | Tomasz Ratajczak 5km: 00:25:04 | POL | Terasz albo nigdy | Poznań | 1982 | M35 | 162 | 792 | | 00:49:19 | 00:50:22 | 04:56 |
| 884 | 627 | Mariusz Grobelny 5km: 00:24:14 | POL | | Dopiewo | 1980 | M35 | 163 | 793 | | 00:49:20 | 00:49:58 | 04:56 |
| 885 | 38 | Jerzy Sobiegraj 5km: 00:24:16 | POL | KB im. Mmacieja Frankiewicza - Poznań | Poznań | 1949 | M65 | 10 | 794 | | 00:49:20 | 00:49:28 | 04:56 |
| 886 | 1805 | Cyprian Prusakowski 5km: 00:24:46 | POL | | Bydgoszcz | 1988 | M30 | 155 | 795 | | 00:49:20 | 00:50:27 | 04:56 |
| 887 | 796 | Dariusz Kliks 5km: 00:24:41 | POL | ZMĘCZENI JUŻ PRZED BIEGIEM | Poznań | 1970 | M45 | 96 | 796 | | 00:49:21 | 00:50:07 | 04:56 |
| 888 | 1426 | Marta Kasprócz 5km: 00:24:02 | POL | gRUNwald team Poznań | Poznań | 1991 | K25 | 15 | | 92 | 00:49:21 | 00:49:40 | 04:56 |
| 889 | 1157 | Michał Dolata 5km: 00:24:22 | POL | | Zalasewo | 1984 | M30 | 156 | 797 | | 00:49:22 | 00:50:07 | 04:56 |
| 890 | 2573 | Mateusz Żuk 5km: 00:24:40 | POL | TriMind | Poznań | 1983 | M35 | 164 | 798 | | 00:49:22 | 00:49:55 | 04:56 |
| 891 | 2799 | Ewa Borowicz 5km: 00:25:03 | POL | Skarbiec Smaków | Poznań | 1983 | K35 | 22 | | 93 | 00:49:22 | 00:49:56 | 04:56 |
| 892 | 272 | Sławomir Rocławski 5km: 00:24:59 | POL | PARKOWE BRACtwo | Poznań | 1972 | M45 | 97 | 799 | | 00:49:23 | 00:50:17 | 04:56 |
| 893 | 1483 | Artur Silski 5km: 00:24:38 | POL | CASTORAMA KOMORNIKI | Luboń | 1991 | M25 | 97 | 800 | | 00:49:23 | 00:50:22 | 04:56 |
| 894 | 2321 | Owidusz Krymarys 5km: 00:24:36 | POL | Klub Piwowarów Kaliskich | Kalisz | 1980 | M35 | 165 | 801 | | 00:49:24 | 00:50:24 | 04:56 |
| 895 | 2756 | Piotr Kansy 5km: 00:24:39 | POL | Trzek | Kostrzyn Wlkp. | 1979 | M35 | 166 | 802 | | 00:49:24 | 00:50:12 | 04:56 |
| 896 | 212 | Piotr Krasieński 5km: 00:25:03 | POL | | Bydgoszcz | 1975 | M40 | 147 | 803 | | 00:49:24 | 00:50:04 | 04:56 |
| 897 | 2490 | Anna Szcześniak 5km: 00:24:32 | POL | Świat Biegacza Fehlau Run Team | Piła | 1989 | K25 | 16 | | 94 | 00:49:24 | 00:49:49 | 04:56 |
| 898 | 1624 | Anna Koperska 5km: 00:24:52 | POL | HYDROCENTRUM | Budy Janowskie | 1993 | K25 | 17 | | 95 | 00:49:25 | 00:50:17 | 04:56 |
| 899 | 22 | Artur Zydlewski 5km: 00:25:25 | POL | GEORGE | Poznań | 1979 | M35 | 167 | 804 | | 00:49:25 | 00:49:49 | 04:56 |
| 900 | 2474 | Agnieszka Mielecka 5km: 00:24:22 | POL | KS IDMAR RACING TEAM | GAŚAWA | 1969 | K45 | 8 | | 96 | 00:49:25 | 00:49:51 | 04:56 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|-----------------|-----------------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 901 | 1752 | Krystyna Skaczkowska 5km: 00:24:33 | POL | | Swarzędz | 1975 | K40 | 14 | | 97 | 00:49:25 | 00:49:46 | 04:56 |
| 902 | 1769 | Stanisław Olszewski 5km: 00:24:50 | POL | | Wolsztyn | 1964 | M50 | 25 | 805 | | 00:49:25 | 00:50:27 | 04:56 |
| 903 | 2884 | Tomasz Firlej 5km: 00:24:48 | POL | | Poznań | 1988 | M30 | 157 | 806 | | 00:49:25 | 00:50:07 | 04:57 |
| 904 | 2697 | Damian Grzelczak 5km: 00:24:28 | POL | LECH POZNAŃ | Poznań | 1985 | M30 | 158 | 807 | | 00:49:25 | 00:50:18 | 04:57 |
| 905 | 1261 | Sylwia Roszak-Surków 5km: 00:23:38 | POL | UTAL TEAM | Swarzędz | 1977 | K40 | 15 | | 98 | 00:49:25 | 00:49:49 | 04:57 |
| 906 | 2936 | Grzegorz Wachowski 5km: 00:24:55 | POL | | Gniezno | 1973 | M45 | 98 | 808 | | 00:49:25 | 00:50:20 | 04:57 |
| 907 | 2288 | Jerzy Mucha 5km: 00:24:21 | POL | TEAM OLA | Międzyrzecz | 1959 | M55 | 27 | 809 | | 00:49:25 | 00:49:59 | 04:57 |
| 908 | 1305 | Tomasz Banaszak 5km: 00:24:36 | POL | ZIELONY ZAKĄTEK | JAROCIN | 1973 | M45 | 99 | 810 | | 00:49:26 | 00:50:21 | 04:57 |
| 909 | 2761 | Agnieszka Filipiak 5km: 00:24:30 | POL | PowerRun | Gniezno | 1976 | K40 | 16 | | 99 | 00:49:26 | 00:50:18 | 04:57 |
| 910 | 2762 | Janusz Wójcik 5km: 00:24:31 | POL | PowerRun | Gniezno | 1974 | M40 | 148 | 811 | | 00:49:27 | 00:50:18 | 04:57 |
| 911 | 1753 | Dagmara Jaciuk 5km: 00:24:57 | POL | | Grodzisk Wielkopolski | 1980 | K35 | 23 | | 100 | 00:49:27 | 00:50:22 | 04:57 |
| 912 | 2110 | Tomasz Nowakowski 5km: 00:24:52 | POL | Mielży - TEAM | Swarzędz | 1979 | M35 | 168 | 812 | | 00:49:27 | 00:50:10 | 04:57 |
| 913 | 2096 | Piotr Czekalski 5km: 00:24:37 | POL | PCH_RUN | Chodzież | 1981 | M35 | 169 | 813 | | 00:49:27 | 00:50:23 | 04:57 |
| 914 | 1745 | Grzegorz Szydłowski 5km: 00:24:58 | POL | | Swarzędz | 1958 | M60 | 17 | 814 | | 00:49:28 | 00:51:02 | 04:57 |
| 915 | 1888 | Damian Stanisławski 5km: 00:24:04 | POL | | Pudliszki | 1988 | M30 | 159 | 815 | | 00:49:28 | 00:50:37 | 04:57 |
| 916 | 1091 | Jakub Błaszczuk 5km: 00:25:00 | POL | KLAS SZPOT | Swarzędz | 1982 | M35 | 170 | 816 | | 00:49:28 | 00:50:09 | 04:57 |
| 917 | 1215 | Paweł Kafarski 5km: 00:24:40 | POL | kafar team | poznań | 1960 | M55 | 28 | 817 | | 00:49:30 | 00:49:58 | 04:57 |
| 918 | 2405 | Marcin Borkowski 5km: 00:24:44 | POL | | Dąbrówka | 1977 | M40 | 149 | 818 | | 00:49:30 | 00:50:11 | 04:57 |
| 919 | 2811 | Krzysztof Grabowski 5km: 00:24:25 | POL | | Poznań | 1989 | M25 | 98 | 819 | | 00:49:31 | 00:50:02 | 04:57 |
| 920 | 869 | Joachim Krych 5km: 00:25:02 | POL | ŻW P-ń | Gniezno | 1984 | M30 | 160 | 820 | | 00:49:31 | 00:50:18 | 04:57 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|-------------------------------------|------|---|--------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 921 | 1758 | Karol Matysiak 5km: 00:25:11 | POL | DRUZYNA SZPIKU/ OSH w biegu | Poznań | 1974 | M40 | 150 | 821 | | 00:49:32 | 00:50:45 | 04:57 |
| 922 | 844 | Grzegorz Lembowicz 5km: | POL | | SWARZĘDZ | 1976 | M40 | 151 | 822 | | 00:49:32 | 00:50:25 | 04:57 |
| 923 | 548 | Karolina Górecka 5km: 00:24:18 | POL | | Swarzędz | 1992 | K25 | 18 | | 101 | 00:49:33 | 00:50:10 | 04:57 |
| 924 | 1871 | Agata Pawlak 5km: 00:23:12 | POL | Idea Fit&Spa | Poznań | 1995 | K20 | 9 | | 102 | 00:49:34 | 00:50:44 | 04:57 |
| 925 | 2957 | Laura Chruszcz 5km: | POL | AM STUDIO S.C. A.SIEJAKOWSKA-CHRUSZCZ, POZNAŃ | POZNAŃ | 2001 | K16 | 3 | | 103 | 00:49:34 | 00:51:34 | 04:57 |
| 926 | 1709 | Kamil Mielnik 5km: 00:24:25 | POL | | Poznań | 1979 | M35 | 171 | 823 | | 00:49:37 | 00:50:17 | 04:58 |
| 927 | 2717 | Dariusz Cwalina 5km: 00:24:34 | POL | | Poznań | 1980 | M35 | 172 | 824 | | 00:49:37 | 00:50:31 | 04:58 |
| 928 | 161 | Mirosław Grajzer 5km: 00:25:03 | POL | | Poznań | 1956 | M60 | 18 | 825 | | 00:49:38 | 00:50:26 | 04:58 |
| 929 | 593 | Magdalena Warzych 5km: 00:24:20 | POL | KB Wartko | Rzepin | 1977 | K40 | 17 | | 104 | 00:49:38 | 00:50:23 | 04:58 |
| 930 | 2605 | Dominik Banaszek 5km: 00:24:49 | POL | Kleszczewo | Kleszczewo | 1988 | M30 | 161 | 826 | | 00:49:39 | 00:50:20 | 04:58 |
| 931 | 1531 | Karol Majewski 5km: 00:24:07 | POL | | Słupca | 1989 | M25 | 99 | 827 | | 00:49:39 | 00:50:21 | 04:58 |
| 932 | 1760 | Łukasz Gołębiewski 5km: 00:25:04 | POL | Lidzbark Team | Poznań | 1992 | M25 | 100 | 828 | | 00:49:39 | 00:50:01 | 04:58 |
| 933 | 564 | Marek Nowicki 5km: 00:25:44 | POL | Galopujące ślimaki :) | Poznań | 1978 | M40 | 152 | 829 | | 00:49:40 | 00:50:57 | 04:58 |
| 934 | 1561 | Mateusz Fleter 5km: 00:25:09 | POL | DECORA RUNNING CLUB | Mieszków | 1988 | M30 | 162 | 830 | | 00:49:41 | 00:50:06 | 04:58 |
| 935 | 1718 | Hanna Skrzypczak 5km: 00:25:03 | POL | Browar Fortuna | Miłosław | 1967 | K50 | 5 | | 105 | 00:49:41 | 00:50:31 | 04:58 |
| 936 | 2294 | Łukasz Filipiak 5km: 00:24:41 | POL | Przeźmierowo | Przeźmierowo | 1992 | M25 | 101 | 831 | | 00:49:42 | 00:50:57 | 04:58 |
| 937 | 278 | Romuald Przybył 5km: 00:25:22 | POL | 1979 | Skórzewo | 1979 | M35 | 173 | 832 | | 00:49:42 | 00:49:42 | 04:58 |
| 938 | 1839 | Anna Budner 5km: 00:24:58 | POL | KB UE POZNAŃ | Gruszczyn | 1996 | K20 | 10 | | 106 | 00:49:42 | 00:50:19 | 04:58 |
| 939 | 1663 | Wojciech Wileński 5km: 00:24:25 | POL | Kuźnia Triathlonu | Komorniki | 1975 | M40 | 153 | 833 | | 00:49:43 | 00:50:16 | 04:58 |
| 940 | 1825 | Mariusz Mueller 5km: 00:25:14 | POL | Camping Malta | Łowęcin | 1982 | M35 | 174 | 834 | | 00:49:44 | 00:50:04 | 04:58 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|---------------------------|-------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 941 | 447 | Piotr Dzieciatkowski 5km: 00:24:41 | POL | meritumobuwie.pl | Poznań | 1967 | M50 | 26 | 835 | | 00:49:44 | 00:50:12 | 04:58 |
| 942 | 1859 | Dawid Handke 5km: 00:24:27 | POL | | Swarzedz | 1983 | M35 | 175 | 836 | | 00:49:44 | 00:50:21 | 04:58 |
| 943 | 2102 | Krzysztof Jankowski 5km: 00:24:10 | POL | | Witobel | 1994 | M20 | 40 | 837 | | 00:49:46 | 00:50:08 | 04:59 |
| 944 | 1824 | Tomasz Kida 5km: 00:25:27 | POL | | 62-020 | 1972 | M45 | 100 | 838 | | 00:49:46 | 00:51:45 | 04:59 |
| 945 | 2351 | Mateusz Filipiak 5km: 00:24:41 | POL | | Kaźmierz | 1996 | M20 | 41 | 839 | | 00:49:46 | 00:51:01 | 04:59 |
| 946 | 276 | Łukasz Pawlikowski 5km: 00:24:09 | POL | KB DęBIEC | Poznań | 1998 | M20 | 42 | 840 | | 00:49:47 | 00:50:14 | 04:59 |
| 947 | 1448 | Szymon Sowiar 5km: 00:24:24 | POL | | Tulce | 1982 | M35 | 176 | 841 | | 00:49:47 | 00:51:45 | 04:59 |
| 948 | 673 | Jacek Herman 5km: 00:24:59 | POL | | Poznań | 1968 | M50 | 27 | 842 | | 00:49:47 | 00:50:43 | 04:59 |
| 949 | 1643 | Roman Straśko 5km: 00:25:08 | POL | | KOSTRZYN | 1970 | M45 | 101 | 843 | | 00:49:48 | 00:50:26 | 04:59 |
| 950 | 1113 | Jerzy Zakrzewski 5km: 00:24:41 | POL | | POZNAŃ | 1971 | M45 | 102 | 844 | | 00:49:48 | 00:50:19 | 04:59 |
| 951 | 1926 | Zofia Gmerek 5km: 00:25:54 | POL | | Leszno | 2002 | K16 | 4 | | 107 | 00:49:49 | 00:51:45 | 04:59 |
| 952 | 1489 | Robert Gradzik 5km: 00:25:07 | POL | Extreme team | Uścikowo | 1973 | M45 | 103 | 845 | | 00:49:49 | 00:50:29 | 04:59 |
| 953 | 2545 | Marcin Stańczyk 5km: 00:24:58 | POL | Zalasewo | Zalasewo | 1988 | M30 | 163 | 846 | | 00:49:50 | 00:50:46 | 04:59 |
| 954 | 1671 | Agnieszka Ewertowska 5km: 00:24:40 | POL | | Kobylnica | 1973 | K45 | 9 | | 108 | 00:49:51 | 00:50:58 | 04:59 |
| 955 | 1505 | Radek Ligocki 5km: 00:24:13 | POL | ONEMANTEAM | ZALASEWO | 1980 | M35 | 177 | 847 | | 00:49:51 | 00:50:26 | 04:59 |
| 956 | 2428 | Tomasz Zacharko 5km: 00:25:09 | POL | | Gniezno | 1981 | M35 | 178 | 848 | | 00:49:52 | 00:50:38 | 04:59 |
| 957 | 891 | Marcin Mróz 5km: 00:25:02 | POL | STR Poznań / Dzikie Bobry | Zalasewo | 1978 | M40 | 154 | 849 | | 00:49:53 | 00:51:40 | 04:59 |
| 958 | 899 | Witold Krysiński 5km: 00:26:27 | POL | | Gniezno | 1978 | M40 | 155 | 850 | | 00:49:54 | 00:51:10 | 04:59 |
| 959 | 1245 | Filip Paetz 5km: 00:24:26 | POL | | Chomęcice | 1995 | M20 | 43 | 851 | | 00:49:54 | 00:51:08 | 04:59 |
| 960 | 2677 | Łukasz Marach 5km: 00:24:58 | POL | | Poznań | 1978 | M40 | 156 | 852 | | 00:49:55 | 00:50:39 | 04:59 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|--------------------------------|--------------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 961 | 847 | Mariusz Grzelak 5km: 00:25:16 | POL | Pneu.pl | Robakowo | 1970 | M45 | 104 | 853 | | 00:49:55 | 00:51:04 | 05:00 |
| 962 | 2481 | Maciej Jankiewicz 5km: 00:24:57 | POL | Spójność Białe Błota | Bydgoszcz | 1981 | M35 | 179 | 854 | | 00:49:57 | 00:50:48 | 05:00 |
| 963 | 2492 | Magdalena Stasik 5km: 00:24:53 | POL | BABIMOJSKI KLUB BIEGOWY BAKCYL | Babimost | 1978 | K40 | 18 | | 109 | 00:49:57 | 00:51:16 | 05:00 |
| 964 | 261 | Dariusz Grześkowiak 5km: 00:24:23 | POL | Śnieżna Gęś | Kamionki | 1968 | M50 | 28 | 855 | | 00:49:58 | 00:50:20 | 05:00 |
| 965 | 456 | Józef Nowak 5km: 00:24:26 | POL | BBC SKÓRZEWO | SKÓRZEWO | 1955 | M60 | 19 | 856 | | 00:49:58 | 00:50:41 | 05:00 |
| 966 | 1019 | Arkadiusz Olkowski 5km: 00:24:51 | POL | TATUSIE | Olszewo Borki | 1985 | M30 | 164 | 857 | | 00:49:58 | 00:50:55 | 05:00 |
| 967 | 236 | Bartosz Nowacki 5km: 00:23:48 | POL | | Swarzędz | 1984 | M30 | 165 | 858 | | 00:49:58 | 00:50:28 | 05:00 |
| 968 | 1383 | Przemysław Czuk 5km: 00:25:48 | POL | | Toruń | 1986 | M30 | 166 | 859 | | 00:49:58 | 00:51:39 | 05:00 |
| 969 | 2533 | Robert Serafin 5km: 00:24:57 | POL | BZ WBK Runners Team | Poznań | 1987 | M30 | 167 | 860 | | 00:49:59 | 00:50:50 | 05:00 |
| 970 | 1388 | Dariusz Łoda 5km: 00:24:45 | POL | | Środa Wielkopolska | 1978 | M40 | 157 | 861 | | 00:50:00 | 00:51:20 | 05:00 |
| 971 | 1650 | Tomasz Mańkowski 5km: 00:24:36 | POL | | Witaszyce | 1991 | M25 | 102 | 862 | | 00:50:00 | 00:50:33 | 05:00 |
| 972 | 694 | Krzysztof Tyczyński 5km: 00:24:29 | POL | Czerwonak Biega | Czerwonak | 1980 | M35 | 180 | 863 | | 00:50:00 | 00:50:24 | 05:00 |
| 973 | 1353 | Andrzej Kęsa 5km: 00:24:38 | POL | | Poznań | 1977 | M40 | 158 | 864 | | 00:50:02 | 00:51:16 | 05:00 |
| 974 | 104 | Piotr Górka 5km: 00:24:37 | POL | | Zaniemyśl | 1986 | M30 | 168 | 865 | | 00:50:02 | 00:50:27 | 05:00 |
| 975 | 223 | Andrzej Malis 5km: 00:25:39 | POL | Drużyna Szpiku | Swarzędz | 1971 | M45 | 105 | 866 | | 00:50:02 | 00:52:08 | 05:00 |
| 976 | 1387 | Katarzyna Izydorska 5km: 00:25:32 | POL | For Run Team | Luboń | 1982 | K35 | 24 | | 110 | 00:50:02 | 00:51:28 | 05:00 |
| 977 | 1828 | Fabian Trząsański 5km: 00:25:06 | POL | | GRUSZCZYN | 1984 | M30 | 169 | 867 | | 00:50:04 | 00:51:29 | 05:00 |
| 978 | 766 | Patryk Pieczyński 5km: 00:24:56 | POL | Spin Force Runners | Września | 1978 | M40 | 159 | 868 | | 00:50:04 | 00:50:55 | 05:00 |
| 979 | 2667 | Tomasz Haj 5km: 00:23:25 | POL | | Buk | 1974 | M40 | 160 | 869 | | 00:50:06 | 00:50:20 | 05:01 |
| 980 | 2838 | Magdalena Zając 5km: 00:24:51 | POL | Verbicom | Poznań | 1972 | K45 | 10 | | 111 | 00:50:07 | 00:50:26 | 05:01 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-------------------------|---------------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 981 | 2809 | Aleksandra Galczak 5km: 00:24:53 | POL | | Poznań | 1987 | K30 | 21 | | 112 | 00:50:07 | 00:50:30 | 05:01 |
| 982 | 1607 | Anna Skrzypczak-Gniot 5km: 00:24:36 | POL | Iniemamocni | Poznań | 1975 | K40 | 19 | | 113 | 00:50:07 | 00:50:57 | 05:01 |
| 983 | 1150 | Andrzej Seifert 5km: 00:25:35 | POL | SP Ceradz Kościelny | Skórzewo | 1957 | M60 | 20 | 870 | | 00:50:07 | 00:51:33 | 05:01 |
| 984 | 979 | Maciej Jankowski 5km: 00:25:16 | POL | | Poznań | 1991 | M25 | 103 | 871 | | 00:50:08 | 00:51:16 | 05:01 |
| 985 | 824 | Andrzej Helicki 5km: 00:25:16 | POL | Ostrów Wielkopolski | OSTRÓW WIELKOPOLSKI | 1964 | M50 | 29 | 872 | | 00:50:09 | 00:51:03 | 05:01 |
| 986 | 909 | Sławomir Rosadziński 5km: 00:25:32 | POL | PARKRUN LESZNO :) | LESZNO | 1969 | M45 | 106 | 873 | | 00:50:09 | 00:52:04 | 05:01 |
| 987 | 1742 | Zenon Filipowski 5km: 00:24:56 | POL | SCIM/WTriTeam | Komorniki | 1973 | M45 | 107 | 874 | | 00:50:10 | 00:51:02 | 05:01 |
| 988 | 2890 | Janusz Rychtanek 5km: 00:24:49 | POL | Środa Wielkopolska | Szlachcin | 1973 | M45 | 108 | 875 | | 00:50:11 | 00:50:54 | 05:01 |
| 989 | 268 | Dawid Tomaszewski 5km: 00:24:32 | POL | KOMORNIKI | KOMORNIKI | 1976 | M40 | 161 | 876 | | 00:50:13 | 00:51:58 | 05:01 |
| 990 | 2497 | Gerard Garczyk 5km: 00:25:15 | POL | | Zimin | 1980 | M35 | 181 | 877 | | 00:50:13 | 00:51:33 | 05:01 |
| 991 | 1179 | Mariusz Woźniak 5km: 00:26:02 | POL | Woźniaki | Poznań | 1973 | M45 | 109 | 878 | | 00:50:13 | 00:51:07 | 05:01 |
| 992 | 1775 | Artur Piaskowski 5km: 00:26:33 | POL | | Opalenica | 1990 | M25 | 104 | 879 | | 00:50:13 | 00:52:13 | 05:01 |
| 993 | 2551 | Krzysztof Klupp 5km: 00:25:16 | POL | Ścieżki Biegowe Olimpia | Poznań | 1960 | M55 | 29 | 880 | | 00:50:15 | 00:51:13 | 05:01 |
| 994 | 2865 | Joanna Bestrzyńska 5km: 00:24:45 | POL | | Robakowo | 1971 | K45 | 11 | | 114 | 00:50:15 | 00:51:00 | 05:02 |
| 995 | 1043 | Bartosz Bardzinski 5km: 00:24:10 | POL | | Poznań | 1969 | M45 | 110 | 881 | | 00:50:15 | 00:50:39 | 05:02 |
| 996 | 2 | Grzegorz Taterka 5km: 00:25:38 | POL | | Swarzędz | 1979 | M35 | 182 | 882 | | 00:50:16 | 00:50:20 | 05:02 |
| 997 | 2879 | Michał Gosek 5km: 00:24:59 | POL | | Kórnik | 1982 | M35 | 183 | 883 | | 00:50:17 | 00:51:09 | 05:02 |
| 998 | 902 | Adam Choryński 5km: 00:26:23 | POL | | Swarzędz | 1983 | M35 | 184 | 884 | | 00:50:18 | 00:52:25 | 05:02 |
| 999 | 2675 | Tomasz Kasprzak 5km: 00:25:05 | POL | Teraz Tulce | Tulce | 1980 | M35 | 185 | 885 | | 00:50:18 | 00:52:17 | 05:02 |
| 1000 | 659 | Jacek Koralewski 5km: 00:25:00 | POL | Zalasewo | Zalasewo | 1977 | M40 | 162 | 886 | | 00:50:19 | 00:50:57 | 05:02 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|----------------------|------------------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 1001 | 18 | Mateusz Matuszak 5km: 00:24:15 | POL | Meblorz Swarzędz | Swarzędz | 1991 | M25 | 105 | 887 | | 00:50:20 | 00:50:24 | 05:02 |
| 1002 | 1652 | Michał Nowak 5km: 00:24:42 | POL | | Witaszyce | 1991 | M25 | 106 | 888 | | 00:50:21 | 00:50:55 | 05:02 |
| 1003 | 1033 | Wioleta Wołyńska 5km: 00:25:53 | POL | | Poznań | 1975 | K40 | 20 | | 115 | 00:50:22 | 00:51:27 | 05:02 |
| 1004 | 2975 | Dobrochna Janas 5km: 00:24:56 | POL | Night Runners Poznań | Poznan | 1976 | K40 | 21 | | 116 | 00:50:22 | 00:50:56 | 05:02 |
| 1005 | 857 | Przemysław Skibiński 5km: 00:25:16 | POL | | Września | 1974 | M40 | 163 | 889 | | 00:50:23 | 00:50:58 | 05:02 |
| 1006 | 2922 | Michał Grabowski 5km: 00:24:23 | POL | | Jasin | 1986 | M30 | 170 | 890 | | 00:50:24 | 00:51:02 | 05:02 |
| 1007 | 1840 | Kasia Łysiak 5km: 00:25:08 | POL | | Dąbrówka | 1985 | K30 | 22 | | 117 | 00:50:24 | 00:51:22 | 05:02 |
| 1008 | 969 | Błażej Wilczyński 5km: 00:25:11 | POL | nesthorn | Poznań (Poznań-Jeżyce) | 1978 | M40 | 164 | 891 | | 00:50:25 | 00:50:51 | 05:02 |
| 1009 | 967 | Andrzej Byczyk 5km: 00:24:56 | POL | 1994 | Poznań | 1958 | M60 | 21 | 892 | | 00:50:25 | 00:51:24 | 05:03 |
| 1010 | 968 | Agnieszka Wilczyńska 5km: 00:25:12 | POL | nesthorn | Poznań (Poznań-Jeżyce) | 1979 | K35 | 25 | | 118 | 00:50:25 | 00:50:50 | 05:03 |
| 1011 | 1903 | Maciej Pieniowski 5km: 00:25:20 | POL | | Poznań | 1983 | M35 | 186 | 893 | | 00:50:26 | 00:50:51 | 05:03 |
| 1012 | 2725 | Dagmara Seń 5km: 00:25:00 | POL | Castorama Leszno | Leszno | 1982 | K35 | 26 | | 119 | 00:50:26 | 00:52:00 | 05:03 |
| 1013 | 1642 | Piotr Jaworski 5km: 00:25:07 | POL | | Poznań | 1981 | M35 | 187 | 894 | | 00:50:26 | 00:51:03 | 05:03 |
| 1014 | 1939 | Dorota Nowakowska 5km: 00:24:15 | POL | | Kościan | 1985 | K30 | 23 | | 120 | 00:50:27 | 00:50:57 | 05:03 |
| 1015 | 2954 | Stanisław Rysiukiewicz 5km: 00:25:19 | POL | Night Runners | Poznań | 1975 | M40 | 165 | 895 | | 00:50:27 | 00:50:52 | 05:03 |
| 1016 | 1269 | Marcin Rogalski 5km: 00:24:58 | POL | | Poznań | 1983 | M35 | 188 | 896 | | 00:50:27 | 00:51:19 | 05:03 |
| 1017 | 2089 | Mariusz Bzdzikot 5km: 00:25:14 | POL | | Poznań | 1989 | M25 | 107 | 897 | | 00:50:27 | 00:51:36 | 05:03 |
| 1018 | 721 | Marcin Szwarc 5km: 00:24:34 | POL | Sierosławskie Dziki | Lusówko | 1981 | M35 | 189 | 898 | | 00:50:27 | 00:50:50 | 05:03 |
| 1019 | 829 | Marcin Lehwark 5km: 00:24:39 | POL | | Koziegłowy | 1978 | M40 | 166 | 899 | | 00:50:27 | 00:50:58 | 05:03 |
| 1020 | 1593 | Małgorzata Żak 5km: 00:24:57 | POL | | Poznań | 1985 | K30 | 24 | | 121 | 00:50:28 | 00:51:16 | 05:03 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|-------------------------------|--------------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 1021 | 2748 | Jakub Kaczmarek 5km: 00:25:55 | POL | | Swarzędz | 1986 | M30 | 171 | 900 | | 00:50:29 | 00:51:25 | 05:03 |
| 1022 | 1957 | Marek Walkiewicz 5km: 00:25:08 | POL | Team Iga | Luboń | 1985 | M30 | 172 | 901 | | 00:50:29 | 00:51:20 | 05:03 |
| 1023 | 683 | Ania Kęsy 5km: 00:25:44 | POL | Kęsy Team | Oborniki | 1972 | K45 | 12 | | 122 | 00:50:29 | 00:51:30 | 05:03 |
| 1024 | 576 | Mateusz Zachaś 5km: 00:24:40 | POL | 1980 | Poznań | 1980 | M35 | 190 | 902 | | 00:50:32 | 00:52:17 | 05:03 |
| 1025 | 2720 | Wacław Mączyński 5km: 00:26:00 | POL | Wacław Mączyński | Poznań | 1979 | M35 | 191 | 903 | | 00:50:32 | 00:52:39 | 05:03 |
| 1026 | 1729 | Wojciech Bąbelek 5km: 00:25:00 | POL | 1966 | Nowy Tomyśl | 1966 | M50 | 30 | 904 | | 00:50:35 | 00:51:26 | 05:03 |
| 1027 | 703 | Paweł Szurgot 5km: 00:26:11 | POL | pozitive.pl | kozięgłowy | 1986 | M30 | 173 | 905 | | 00:50:35 | 00:51:38 | 05:04 |
| 1028 | 2425 | Bartosz Domański 5km: 00:25:22 | POL | | Swarzędz | 1990 | M25 | 108 | 906 | | 00:50:36 | 00:52:06 | 05:04 |
| 1029 | 1127 | Krzysztof Gutowski 5km: 00:25:01 | POL | | Poznan | 1986 | M30 | 174 | 907 | | 00:50:36 | 00:51:26 | 05:04 |
| 1030 | 825 | Rafał Szurek 5km: 00:26:01 | POL | Zalasewo | Zalasewo | 1974 | M40 | 167 | 908 | | 00:50:37 | 00:51:53 | 05:04 |
| 1031 | 2902 | Marcin Grabowski 5km: 00:25:29 | POL | Leśni Poznań | Poznań | 1988 | M30 | 175 | 909 | | 00:50:38 | 00:51:43 | 05:04 |
| 1032 | 2779 | Aleksandra Jankowiak-Bernaciak 5km: 00:25:07 | POL | | Gniezno | 1981 | K35 | 27 | | 123 | 00:50:38 | 00:51:29 | 05:04 |
| 1033 | 2127 | Krzysztof Rychlik 5km: 00:24:38 | POL | | Swarzędz | 1980 | M35 | 192 | 910 | | 00:50:38 | 00:51:24 | 05:04 |
| 1034 | 2478 | Mateusz Szamborski 5km: 00:25:27 | POL | | Poznań | 1985 | M30 | 176 | 911 | | 00:50:38 | 00:51:52 | 05:04 |
| 1035 | 2506 | Józef Lehmann 5km: 00:25:18 | POL | | Środa Wielkopolska | 1962 | M55 | 30 | 912 | | 00:50:39 | 00:51:16 | 05:04 |
| 1036 | 815 | Krzysztof Głuch 5km: 00:25:41 | POL | | Gruszczyn | 1985 | M30 | 177 | 913 | | 00:50:39 | 00:51:45 | 05:04 |
| 1037 | 239 | Mariusz Werwiński 5km: 00:24:59 | POL | Fala Swarzędz | Swarzędz | 1977 | M40 | 168 | 914 | | 00:50:39 | 00:51:42 | 05:04 |
| 1038 | 515 | Iwona Dobrowolska 5km: 00:25:00 | POL | Zmęczeni na Starcie Dobiegiew | Dobiegiew | 1971 | K45 | 13 | | 124 | 00:50:39 | 00:50:54 | 05:04 |
| 1039 | 2194 | Tomasz Waraczewski 5km: 00:24:59 | POL | KB ILoveZiemiek | Przeźmierowo | 1983 | M35 | 193 | 915 | | 00:50:40 | 00:51:24 | 05:04 |
| 1040 | 737 | Ilona Kauf 5km: 00:25:08 | POL | | Poznań | 1987 | K30 | 25 | | 125 | 00:50:40 | 00:51:47 | 05:04 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|---|-------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 1041 | 853 | Rafał Helak 5km: 00:25:01 | POL | KLAS SZPOT SWARZĘDZ | Paczkowo | 1976 | M40 | 169 | 916 | | 00:50:40 | 00:51:07 | 05:04 |
| 1042 | 667 | Krzysztof Czechowski 5km: 00:24:34 | POL | TEAM JAMAJKA | Swarzędz | 1974 | M40 | 170 | 917 | | 00:50:41 | 00:50:59 | 05:04 |
| 1043 | 2239 | Łukasz Rabiega 5km: 00:25:09 | POL | | Kamieniec | 1990 | M25 | 109 | 918 | | 00:50:41 | 00:51:45 | 05:04 |
| 1044 | 2440 | Wiesław Nowak 5km: 00:26:02 | POL | UKS "SKOCZEK" Skoki | Skoki | 1962 | M55 | 31 | 919 | | 00:50:41 | 00:51:07 | 05:04 |
| 1045 | 2072 | Wojciech Mądry 5km: 00:24:33 | POL | | Swarzędz | 1988 | M30 | 178 | 920 | | 00:50:41 | 00:50:59 | 05:04 |
| 1046 | 139 | Michał Łukasik 5km: 00:25:28 | POL | | Poznań | 1989 | M25 | 110 | 921 | | 00:50:41 | 00:51:42 | 05:04 |
| 1047 | 2265 | Marta Pałucka 5km: 00:25:49 | POL | Kalenji by Decathlon Polska/Projekt Ultra | Zalasewo | 1989 | K25 | 19 | | 126 | 00:50:41 | 00:51:43 | 05:04 |
| 1048 | 1120 | Rafał Radzewski 5km: 00:25:25 | POL | ETHICA Dental Clinic | Poznań | 1974 | M40 | 171 | 922 | | 00:50:41 | 00:51:45 | 05:04 |
| 1049 | 886 | Magdalena Demel-Wieczorek 5km: 00:25:21 | POL | For Run Team | Luboń | 1979 | K35 | 28 | | 127 | 00:50:42 | 00:51:21 | 05:04 |
| 1050 | 1669 | Marcin Janiszewski 5km: 00:24:25 | POL | | Poznań | 1995 | M20 | 44 | 923 | | 00:50:42 | 00:53:31 | 05:04 |
| 1051 | 2371 | Paweł Żminkowski 5km: 00:24:53 | POL | SW | ZALASEWO | 1976 | M40 | 172 | 924 | | 00:50:42 | 00:51:39 | 05:04 |
| 1052 | 2131 | Przemysław Malicki 5km: 00:25:12 | POL | | Biskupice | 1975 | M40 | 173 | 925 | | 00:50:42 | 00:51:43 | 05:04 |
| 1053 | 2781 | Michał Bernaciak 5km: 00:25:06 | POL | | Gniezno | 1979 | M35 | 194 | 926 | | 00:50:42 | 00:51:34 | 05:04 |
| 1054 | 2111 | Beata Glapa 5km: 00:25:13 | POL | Accor Hotels | Poznań | 1990 | K25 | 20 | | 128 | 00:50:43 | 00:51:36 | 05:04 |
| 1055 | 2416 | Łukasz Kobuszyński 5km: | POL | | Kościan | 1990 | M25 | 111 | 927 | | 00:50:43 | 00:51:31 | 05:04 |
| 1056 | 1233 | Grzegorz Walczak 5km: 00:25:01 | POL | | Poznań | 1982 | M35 | 195 | 928 | | 00:50:43 | 00:52:35 | 05:04 |
| 1057 | 582 | Marcin Nosek 5km: 00:25:34 | POL | | Wrocław | 1976 | M40 | 174 | 929 | | 00:50:43 | 00:52:04 | 05:04 |
| 1058 | 2541 | Rafał Gajowy 5km: 00:26:00 | POL | EPURO | Poznań | 1968 | M50 | 31 | 930 | | 00:50:43 | 00:52:52 | 05:04 |
| 1059 | 568 | Małgorzata Lewandowska 5km: 00:25:18 | POL | TG. SOKÓŁ Gniewkowo | Gniewkowo | 1966 | K50 | 6 | | 129 | 00:50:43 | 00:51:52 | 05:04 |
| 1060 | 1600 | Robert Czerwiński 5km: 00:24:56 | POL | | Lusowo | 1983 | M35 | 196 | 931 | | 00:50:45 | 00:51:49 | 05:05 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|-----------------------------------|--------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 1061 | 993 | Mariusz Grześkowiak 5km: 00:25:08 | POL | GSK FIT pioRUNy | Kobylnica | 1977 | M40 | 175 | 932 | | 00:50:45 | 00:51:48 | 05:05 |
| 1062 | 2090 | Michał Kraczkowski 5km: 00:25:09 | POL | | Poznań | 1990 | M25 | 112 | 933 | | 00:50:46 | 00:51:55 | 05:05 |
| 1063 | 2144 | Tomasz Grzegorek 5km: 00:25:37 | POL | KB-Kosynier Września | Września | 1975 | M40 | 176 | 934 | | 00:50:46 | 00:51:39 | 05:05 |
| 1064 | 1357 | Maciej Malski 5km: 00:24:47 | POL | | Gortatowo | 1975 | M40 | 177 | 935 | | 00:50:51 | 00:52:22 | 05:05 |
| 1065 | 1317 | Jakub Krych 5km: 00:24:38 | POL | Dirty Sparrows | Poznań | 1976 | M40 | 178 | 936 | | 00:50:52 | 00:51:25 | 05:05 |
| 1066 | 377 | Tomasz Balcerowicz 5km: 00:24:58 | POL | | KONINKO | 1982 | M35 | 197 | 937 | | 00:50:53 | 00:51:33 | 05:05 |
| 1067 | 387 | Artur Herman 5km: 00:25:12 | POL | 31 BLT | Swarzędz | 1970 | M45 | 111 | 938 | | 00:50:53 | 00:52:01 | 05:05 |
| 1068 | 1640 | Daniel Jurkiewicz 5km: 00:25:00 | POL | Poznań | Poznań | 1978 | M40 | 179 | 939 | | 00:50:53 | 00:51:52 | 05:05 |
| 1069 | 2188 | Karina Fręsko 5km: 00:25:53 | POL | | Poznań | 1974 | K40 | 22 | | 130 | 00:50:55 | 00:51:36 | 05:05 |
| 1070 | 2071 | Michał Krupecki 5km: 00:24:53 | POL | | Swarzędz | 1981 | M35 | 198 | 940 | | 00:50:55 | 00:51:44 | 05:05 |
| 1071 | 1164 | Andrzej Harasimczyk 5km: 00:23:43 | POL | | Swarzedz | 1974 | M40 | 180 | 941 | | 00:50:55 | 00:51:54 | 05:05 |
| 1072 | 688 | Piotr Gronowski 5km: 00:25:12 | POL | Team Curie | Ryczywół | 1960 | M55 | 32 | 942 | | 00:50:56 | 00:51:38 | 05:06 |
| 1073 | 1803 | Mikołaj Krupa 5km: 00:24:56 | POL | Dzkie Borsuki! | Chodzież | 1986 | M30 | 179 | 943 | | 00:50:57 | 00:52:42 | 05:06 |
| 1074 | 808 | Sebastian Leonarczyk 5km: 00:24:44 | POL | | SWARZĘDZ | 1977 | M40 | 181 | 944 | | 00:50:57 | 00:52:11 | 05:06 |
| 1075 | 1316 | Marcin Blimel 5km: 00:26:04 | POL | CASTORAMA KOMORNIKI | DĄBRÓWKA | 1979 | M35 | 199 | 945 | | 00:50:58 | 00:52:22 | 05:06 |
| 1076 | 983 | Danuta Dominiak 5km: 00:25:16 | POL | STAR DOM TEAM | SZLACHCIN | 1971 | K45 | 14 | | 131 | 00:50:59 | 00:52:05 | 05:06 |
| 1077 | 1085 | Julia Paszkiewicz 5km: 00:25:21 | POL | Zmęczeni na Starcie Dobiegniew | Poznań | 1987 | K30 | 26 | | 132 | 00:51:00 | 00:52:02 | 05:06 |
| 1078 | 2073 | Jakub Wojciechowski 5km: 00:25:24 | POL | ST RUNNERS | Przeźmierowo | 1985 | M30 | 180 | 946 | | 00:51:01 | 00:51:32 | 05:06 |
| 1079 | 2805 | Grzegorz Krzyś 5km: 00:25:14 | POL | | Swarzędz | 1982 | M35 | 200 | 947 | | 00:51:02 | 00:51:37 | 05:06 |
| 1080 | 2575 | Artur Gawrysiak 5km: 00:25:14 | POL | Klub Biegacza Kompania Piwowarska | Swarzędz | 1980 | M35 | 201 | 948 | | 00:51:02 | 00:51:37 | 05:06 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|----------------------------|------------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 1081 | 2051 | Patryk Woźniak 5km: 00:25:45 | POL | | Poznań | 1992 | M25 | 113 | 949 | | 00:51:02 | 00:52:55 | 05:06 |
| 1082 | 2921 | Michał Henicz 5km: 00:25:25 | POL | ITACY BIEGACZE | Swarzędz | 1989 | M25 | 114 | 950 | | 00:51:03 | 00:52:03 | 05:06 |
| 1083 | 2341 | Agnieszka Bielań 5km: 00:25:04 | POL | MUAY Runnig Team | POZNAŃ | 1986 | K30 | 27 | | 133 | 00:51:03 | 00:51:58 | 05:06 |
| 1084 | 1014 | Patryk Starkiewicz 5km: 00:26:55 | POL | | Śrem | 1995 | M20 | 45 | 951 | | 00:51:04 | 00:52:28 | 05:06 |
| 1085 | 2788 | Radek Nawrot 5km: 00:26:21 | POL | | Tarnowo Podgórne | 1982 | M35 | 202 | 952 | | 00:51:04 | 00:52:58 | 05:06 |
| 1086 | 1327 | Stanisław Piątek 5km: 00:25:32 | POL | ITMBW Kraków | Kraków | 1958 | M60 | 22 | 953 | | 00:51:05 | 00:52:58 | 05:06 |
| 1087 | 1124 | Michał Wardak 5km: 00:25:49 | POL | | Kołaczkowo | 1985 | M30 | 181 | 954 | | 00:51:05 | 00:52:12 | 05:06 |
| 1088 | 1151 | Dariusz Paluszak 5km: 00:25:28 | POL | Dariusz Paluszak | Czempiń | 1975 | M40 | 182 | 955 | | 00:51:05 | 00:51:58 | 05:06 |
| 1089 | 999 | Krzysztof Kaik 5km: 00:25:20 | POL | Krotoszyńska Grupa Biegowa | Krotoszyn | 1984 | M30 | 182 | 956 | | 00:51:06 | 00:52:00 | 05:07 |
| 1090 | 975 | Karolina Krysztofiak 5km: 00:25:21 | POL | Krotoszyńska Grupa Biegowa | Krotoszyn | 1986 | K30 | 28 | | 134 | 00:51:06 | 00:52:00 | 05:07 |
| 1091 | 1152 | Robert Sierakowski 5km: 00:25:26 | POL | RWT Poznań | Plewiska | 1970 | M45 | 112 | 957 | | 00:51:06 | 00:51:57 | 05:07 |
| 1092 | 951 | Krzysztof Andrzejewski 5km: 00:25:50 | POL | Lubon | Lubon | 1974 | M40 | 183 | 958 | | 00:51:06 | 00:52:37 | 05:07 |
| 1093 | 2489 | Mikołaj Frankowski 5km: 00:26:50 | POL | | Zagórów | 2001 | M16 | 22 | 959 | | 00:51:07 | 00:52:26 | 05:07 |
| 1094 | 1657 | Józef Mika 5km: 00:25:07 | POL | Brylant Kórnik | Poznań | 1960 | M55 | 33 | 960 | | 00:51:08 | 00:52:05 | 05:07 |
| 1095 | 214 | Piotr Ligęza 5km: 00:26:12 | POL | | Poznań | 1974 | M40 | 184 | 961 | | 00:51:08 | 00:52:16 | 05:07 |
| 1096 | 2456 | Katarzyna Gałęska 5km: 00:25:55 | POL | | Murowana Goślina | 1982 | K35 | 29 | | 135 | 00:51:08 | 00:52:15 | 05:07 |
| 1097 | 1224 | Dariusz Gruszka 5km: 00:25:37 | POL | | Murowana Goślina | 1965 | M50 | 32 | 962 | | 00:51:08 | 00:51:28 | 05:07 |
| 1098 | 224 | Waldemar Kozłowski 5km: 00:25:06 | POL | KB DęBIEC | Poznań | 1966 | M50 | 33 | 963 | | 00:51:08 | 00:52:31 | 05:07 |
| 1099 | 1610 | Ewelina Kłerek 5km: 00:25:10 | POL | | Poznań | 1973 | K45 | 15 | | 136 | 00:51:09 | 00:51:32 | 05:07 |
| 1100 | 482 | Artur Nawrot 5km: 00:25:32 | POL | | Piotrkowice | 1992 | M25 | 115 | 964 | | 00:51:09 | 00:51:35 | 05:07 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|-----------------------|----------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 1101 | 765 | Wojciech Ancuta 5km: 00:26:24 | POL | | Poznań | 1967 | M50 | 34 | 965 | | 00:51:09 | 00:51:44 | 05:07 |
| 1102 | 1608 | Marcin Klorek 5km: 00:25:10 | POL | | Poznań | 1973 | M45 | 113 | 966 | | 00:51:09 | 00:51:32 | 05:07 |
| 1103 | 1994 | Zbigniew Gieda 5km: 00:24:59 | POL | | Śrem | 1971 | M45 | 114 | 967 | | 00:51:10 | 00:51:34 | 05:07 |
| 1104 | 2299 | Hieronim Winiarski 5km: 00:25:30 | POL | | Janków Zalesny | 1974 | M40 | 185 | 968 | | 00:51:11 | 00:52:36 | 05:07 |
| 1105 | 1598 | Monika Szczepanek 5km: 00:25:35 | POL | 1990 | JANKÓW ZALEŚNY | 1990 | K25 | 21 | | 137 | 00:51:12 | 00:51:32 | 05:07 |
| 1106 | 1339 | Jarosław Mendel 5km: 00:25:28 | POL | KLAS SZPOT | Poznań | 1965 | M50 | 35 | 969 | | 00:51:12 | 00:52:33 | 05:07 |
| 1107 | 334 | Michał Mańkowski 5km: 00:25:50 | POL | ORGANIC FITNESS TEAM | Kamionki | 1985 | M30 | 183 | 970 | | 00:51:13 | 00:52:56 | 05:07 |
| 1108 | 1073 | Adrian Stawiak 5km: 00:26:43 | POL | | Poznań | 1983 | M35 | 203 | 971 | | 00:51:13 | 00:52:44 | 05:07 |
| 1109 | 2182 | Kuba Marszałkiewicz 5km: 00:26:36 | POL | | Swarzędz | 2001 | M16 | 23 | 972 | | 00:51:14 | 00:53:10 | 05:07 |
| 1110 | 1797 | Agnieszka Błaszczuk 5km: 00:24:52 | POL | | Poznań | 1994 | K20 | 11 | | 138 | 00:51:15 | 00:52:14 | 05:07 |
| 1111 | 2203 | Bartosz Średziński 5km: 00:24:55 | POL | | Gniezno | 2000 | M16 | 24 | 973 | | 00:51:15 | 00:52:11 | 05:07 |
| 1112 | 1282 | Marcin Kurek 5km: 00:24:29 | POL | | Toruń | 1994 | M20 | 46 | 974 | | 00:51:15 | 00:52:49 | 05:08 |
| 1113 | 2959 | Łukasz Grzybowski 5km: 00:26:45 | POL | | Wolin | 1989 | M25 | 116 | 975 | | 00:51:16 | 00:52:26 | 05:08 |
| 1114 | 1498 | Michał Witkowski 5km: 00:25:46 | POL | Raksopol | Czapury | 1985 | M30 | 184 | 976 | | 00:51:16 | 00:53:25 | 05:08 |
| 1115 | 2310 | Agnieszka Krukowska 5km: 00:25:38 | POL | | Poznań | 1975 | K40 | 23 | | 139 | 00:51:17 | 00:52:48 | 05:08 |
| 1116 | 2259 | Agnieszka Tyll 5km: 00:26:19 | POL | CYBINA TEAM | Poznań | 1990 | K25 | 22 | | 140 | 00:51:18 | 00:51:52 | 05:08 |
| 1117 | 1022 | Tomasz Skowroński 5km: 00:26:09 | POL | Kb Kosynier Września | WRZEŚNIA | 1976 | M40 | 186 | 977 | | 00:51:18 | 00:51:18 | 05:08 |
| 1118 | 1946 | Barbara Jarosińska 5km: 00:24:54 | POL | Bieganie na Śniadanie | Śmigiel | 1987 | K30 | 29 | | 141 | 00:51:20 | 00:52:18 | 05:08 |
| 1119 | 2043 | Wojciech Latkowski 5km: 00:25:18 | POL | | Poznań | 1976 | M40 | 187 | 978 | | 00:51:20 | 00:52:25 | 05:08 |
| 1120 | 436 | Marcin Rybarczyk 5km: 00:26:23 | POL | | Poznań | 1975 | M40 | 188 | 979 | | 00:51:20 | 00:52:31 | 05:08 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|---------------------------------|-------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 1121 | 1779 | Arkadiusz Czarnecki 5km: 00:26:00 | POL | 31.BLT | POZNAŃ | 1969 | M45 | 115 | 980 | | 00:51:21 | 00:52:49 | 05:08 |
| 1122 | 1455 | Kasia Skowrońska 5km: 00:24:33 | POL | Osiem | Gniezno | 2000 | K16 | 5 | | 142 | 00:51:21 | 00:52:41 | 05:08 |
| 1123 | 606 | Maciej Mierzejewski 5km: 00:25:02 | POL | | Piła | 1957 | M60 | 23 | 981 | | 00:51:21 | 00:52:12 | 05:08 |
| 1124 | 254 | Krzysztof Rozmarynowski 5km: 00:24:58 | POL | | Kościelec | 1989 | M25 | 117 | 982 | | 00:51:21 | 00:52:20 | 05:08 |
| 1125 | 506 | Marcin Piotrowicz 5km: 00:25:04 | POL | | Pobiedziska | 1981 | M35 | 204 | 983 | | 00:51:21 | 00:52:02 | 05:08 |
| 1126 | 2924 | Łukasz Kęsik 5km: 00:25:37 | POL | W.P.I.P. | Czerwonak | 1986 | M30 | 185 | 984 | | 00:51:22 | 00:52:49 | 05:08 |
| 1127 | 426 | Łukasz Łukaszewski 5km: 00:25:14 | POL | | Śrem | 1978 | M40 | 189 | 985 | | 00:51:22 | 00:52:39 | 05:08 |
| 1128 | 267 | Michał Gościński 5km: 00:26:18 | POL | ELEKTRIS | Poznań | 1990 | M25 | 118 | 986 | | 00:51:23 | 00:52:57 | 05:08 |
| 1129 | 1494 | Mateusz Lewera 5km: 00:28:06 | POL | BS Truchtacz Dobrzyca | Pleszew | 2001 | M16 | 25 | 987 | | 00:51:23 | 00:53:07 | 05:08 |
| 1130 | 1723 | Marek Kądziałak 5km: 00:25:21 | POL | Drużyna Szpiku | Rogalinek | 1975 | M40 | 190 | 988 | | 00:51:23 | 00:51:54 | 05:08 |
| 1131 | 1093 | Krzysztof Zaporowski 5km: 00:25:21 | POL | Kancelaria Prawna J&N Team | Poznań | 1975 | M40 | 191 | 989 | | 00:51:24 | 00:52:10 | 05:08 |
| 1132 | 1333 | Wiesław Chojniak 5km: 00:26:22 | POL | CYBINA TEAM | Poznań | 1973 | M45 | 116 | 990 | | 00:51:24 | 00:51:46 | 05:08 |
| 1133 | 2660 | Marcin Organiściak 5km: 00:26:55 | POL | | Rogalinek | 2000 | M16 | 26 | 991 | | 00:51:25 | 00:53:12 | 05:08 |
| 1134 | 852 | Arkadiusz Mogilan 5km: 00:25:12 | POL | KB SUKCES Żmigród | Milicz | 1984 | M30 | 186 | 992 | | 00:51:27 | 00:51:46 | 05:09 |
| 1135 | 811 | Marta Skoczylas 5km: 00:25:31 | POL | | Poznań | 1976 | K40 | 24 | | 143 | 00:51:27 | 00:52:08 | 05:09 |
| 1136 | 2864 | Krzysztof Niciejewski 5km: 00:25:15 | POL | Niciejewski.krzysztof@gmail.com | Swarzedz | 1975 | M40 | 192 | 993 | | 00:51:27 | 00:52:01 | 05:09 |
| 1137 | 2950 | Marcin Bąkowski 5km: 00:25:57 | POL | | Poznań | 1973 | M45 | 117 | 994 | | 00:51:28 | 00:52:24 | 05:09 |
| 1138 | 1349 | Norbert Wasiakowski 5km: 00:25:49 | POL | KB Orange | Pobiedziska | 1974 | M40 | 193 | 995 | | 00:51:28 | 00:52:56 | 05:09 |
| 1139 | 617 | Artur Ruciński 5km: 00:25:58 | POL | | Rabowice | 1986 | M30 | 187 | 996 | | 00:51:29 | 00:53:28 | 05:09 |
| 1140 | 1889 | Eliza Karczyńska 5km: 00:25:01 | POL | MUD GOATS | Poznań | 1983 | K35 | 30 | | 144 | 00:51:30 | 00:52:00 | 05:09 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|-----------------------------------|---------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1141 | 1461 | Robert Don 5km: 00:25:19 | POL | KLASSZPOT | PACZKOWO | 1974 | M40 | 194 | 997 | | 00:51:30 | 00:51:57 | 05:09 |
| 1142 | 1394 | Maciej Witczak 5km: 00:26:53 | POL | | Środa Wilkp. | 1977 | M40 | 195 | 998 | | 00:51:30 | 00:54:22 | 05:09 |
| 1143 | 1960 | Marcin Kaźmierczak 5km: 00:26:12 | POL | Oldschool Hooligans w biegu | Poznań | 1976 | M40 | 196 | 999 | | 00:51:30 | 00:52:42 | 05:09 |
| 1144 | 519 | Marcin Rudnicki 5km: 00:25:38 | POL | | Piła | 1974 | M40 | 197 | 1000 | | 00:51:32 | 00:52:40 | 05:09 |
| 1145 | 1421 | Krzysztof Żmuda 5km: 00:25:43 | POL | | Zalasewo | 1990 | M25 | 119 | 1001 | | 00:51:33 | 00:52:27 | 05:09 |
| 1146 | 201 | Piotr Górny 5km: 00:24:48 | POL | Poznań-Szczepankowo | Poznań | 1981 | M35 | 205 | 1002 | | 00:51:34 | 00:51:49 | 05:09 |
| 1147 | 2749 | Marek Juskowiak 5km: 00:25:05 | POL | Active lifestyle | LESZNO | 1975 | M40 | 198 | 1003 | | 00:51:34 | 00:52:22 | 05:09 |
| 1148 | 2636 | Ewa Graj 5km: 00:24:51 | POL | KB Katorżnik Murowana Goślina | Poznań | 1972 | K45 | 16 | | 145 | 00:51:35 | 00:51:52 | 05:10 |
| 1149 | 1762 | Waldemar Krapiec 5km: 00:24:38 | POL | | Poznań | 1962 | M55 | 34 | 1004 | | 00:51:36 | 00:52:30 | 05:10 |
| 1150 | 691 | Patrycja Górecka 5km: 00:25:27 | POL | O co biega | Swarzędz | 1998 | K20 | 12 | | 146 | 00:51:36 | 00:52:19 | 05:10 |
| 1151 | 2269 | Justyna Śliwińska 5km: 00:26:14 | POL | | Poznań | 1982 | K35 | 31 | | 147 | 00:51:37 | 00:53:05 | 05:10 |
| 1152 | 462 | Michał Misiorny 5km: 00:25:42 | POL | HANSA-FLEX | Baranowo | 1962 | M55 | 35 | 1005 | | 00:51:40 | 00:52:28 | 05:10 |
| 1153 | 843 | Adam Pieniężny 5km: 00:25:54 | POL | | Milicz | 1975 | M40 | 199 | 1006 | | 00:51:41 | 00:53:05 | 05:10 |
| 1154 | 1664 | Sebastian Biegała 5km: 00:28:45 | POL | | Poznań | 1985 | M30 | 188 | 1007 | | 00:51:41 | 00:53:43 | 05:10 |
| 1155 | 158 | Łukasz Krysiak 5km: 00:26:08 | POL | Piątkowo na Biegowo | Poznań | 1977 | M40 | 200 | 1008 | | 00:51:41 | 00:53:07 | 05:10 |
| 1156 | 1307 | Grzegorz Broniarczyk 5km: 00:25:08 | POL | UTAL | Września | 1974 | M40 | 201 | 1009 | | 00:51:41 | 00:52:39 | 05:10 |
| 1157 | 1862 | Józef Łuczak 5km: 00:25:00 | POL | | Poznań | 1961 | M55 | 36 | 1010 | | 00:51:41 | 00:52:40 | 05:10 |
| 1158 | 989 | Renata Płóciennik 5km: 00:25:23 | POL | Night Runners Ostrów Wielkopolski | Ostrów Wielkopolski | 1963 | K55 | 2 | | 148 | 00:51:42 | 00:52:12 | 05:10 |
| 1159 | 1204 | Piotr Urbaniak 5km: 00:25:50 | POL | | Poznań | 1963 | M55 | 37 | 1011 | | 00:51:42 | 00:53:01 | 05:10 |
| 1160 | 2507 | Janusz Bednarek 5km: 00:25:23 | POL | NightRunners Ostrów | Lewków | 1969 | M45 | 118 | 1012 | | 00:51:42 | 00:52:12 | 05:10 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|-----------------------------------|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1161 | 1676 | Adam Dreger 5km: 00:26:31 | POL | | Łowryń | 1974 | M40 | 202 | 1013 | | 00:51:42 | 00:52:22 | 05:10 |
| 1162 | 1574 | Krzysztof Mačkowiak 5km: 00:26:28 | POL | | Poznań | 1984 | M30 | 189 | 1014 | | 00:51:43 | 00:53:19 | 05:10 |
| 1163 | 2776 | Tomasz Szymański 5km: 00:26:33 | POL | Oldschool hooligans | Swarzedz | 1983 | M35 | 206 | 1015 | | 00:51:43 | 00:52:56 | 05:10 |
| 1164 | 1159 | Dariusz Łyskawa 5km: 00:25:36 | POL | roz.Biegane Białe Tygrysy Jarocin | Jarocin | 1979 | M35 | 207 | 1016 | | 00:51:43 | 00:52:55 | 05:10 |
| 1165 | 1446 | Szymon Hardyk 5km: 00:25:03 | POL | | Tulce | 1986 | M30 | 190 | 1017 | | 00:51:44 | 00:53:05 | 05:10 |
| 1166 | 2177 | Janusz Makowski 5km: 00:25:41 | POL | Night Runners | Poznań | 1953 | M65 | 11 | 1018 | | 00:51:45 | 00:52:57 | 05:10 |
| 1167 | 2889 | Justyna Bogacz-Chojnacka 5km: 00:25:00 | POL | skarszew | skarszew | 1974 | K40 | 25 | | 149 | 00:51:45 | 00:52:27 | 05:11 |
| 1168 | 2858 | Janusz Marciniak 5km: 00:25:40 | POL | NKB "Chyży" | Kostrzyn | 1952 | M65 | 12 | 1019 | | 00:51:47 | 00:52:20 | 05:11 |
| 1169 | 2124 | Paweł Smentek 5km: 00:26:08 | POL | | Poznań | 1993 | M25 | 120 | 1020 | | 00:51:47 | 00:53:35 | 05:11 |
| 1170 | 1064 | Paweł Pozdrowicz 5km: 00:25:54 | POL | Pozdrowicze Biegają | Ińsko | 1955 | M60 | 24 | 1021 | | 00:51:47 | 00:53:22 | 05:11 |
| 1171 | 1768 | Dariusz Włodkowski 5km: 00:25:29 | POL | Coraz bliżej mety | Poznań | 1984 | M30 | 191 | 1022 | | 00:51:48 | 00:52:21 | 05:11 |
| 1172 | 2021 | Paulina Gawęcka 5km: 00:25:17 | POL | PZU Sport Team | Luboń | 1975 | K40 | 26 | | 150 | 00:51:48 | 00:52:09 | 05:11 |
| 1173 | 974 | Marek Nowacki 5km: 00:24:48 | POL | Krotoszyńska Grupa Biegowa | Krotoszyn | 1984 | M30 | 192 | 1023 | | 00:51:48 | 00:52:41 | 05:11 |
| 1174 | 2201 | Przemysław Średziński 5km: 00:25:19 | POL | | Gniezno | 1987 | M30 | 193 | 1024 | | 00:51:48 | 00:52:44 | 05:11 |
| 1175 | 2684 | Michał Kapciak 5km: 00:25:01 | POL | | Swarzędz | 1987 | M30 | 194 | 1025 | | 00:51:49 | 00:52:36 | 05:11 |
| 1176 | 1298 | Iwona Pomykalska 5km: 00:25:49 | POL | Gdzie Ta Meta | Kostrzyn | 1977 | K40 | 27 | | 151 | 00:51:49 | 00:53:18 | 05:11 |
| 1177 | 1622 | Daria Waszak 5km: 00:25:07 | POL | Lubasz Lidzbark Team | Lubasz | 1990 | K25 | 23 | | 152 | 00:51:49 | 00:52:11 | 05:11 |
| 1178 | 1395 | Kuba Marciniak 5km: 00:26:09 | POL | | Poznań | 1991 | M25 | 121 | 1026 | | 00:51:49 | 00:52:43 | 05:11 |
| 1179 | 2383 | Mirosław Morawiec 5km: 00:25:19 | POL | Gdzie Ta Meta | Kostrzyn | 1972 | M45 | 119 | 1027 | | 00:51:50 | 00:52:40 | 05:11 |
| 1180 | 1396 | Małgorzata Koperska 5km: 00:26:10 | POL | ----- | Koziegłowy | 1989 | K25 | 24 | | 153 | 00:51:51 | 00:52:44 | 05:11 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|-----------------------------|-----------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1181 | 290 | Agnieszka Stachowiak 5km: 00:25:44 | POL | | Swarzędz | 1975 | K40 | 28 | | 154 | 00:51:52 | 00:52:51 | 05:11 |
| 1182 | 822 | Krzysztof Wieczorek 5km: 00:25:44 | POL | SCIM | Gruszczyn | 1962 | M55 | 38 | 1028 | | 00:51:53 | 00:52:48 | 05:11 |
| 1183 | 1209 | Aleksandra Zwolińska-Mańczak 5km: 00:26:01 | POL | Siekierki Wielkie | Siekierki Wielkie | 1986 | K30 | 30 | | 155 | 00:51:53 | 00:53:09 | 05:11 |
| 1184 | 34 | Krzysztof Jakubiak 5km: 00:24:52 | POL | Malta Poznań | Zalasewo | 1954 | M60 | 25 | 1029 | | 00:51:54 | 00:52:03 | 05:11 |
| 1185 | 1581 | Zbigniew Figas 5km: 00:26:10 | POL | | Gnezno | 1965 | M50 | 36 | 1030 | | 00:51:55 | 00:53:19 | 05:11 |
| 1186 | 2277 | Michał Jaśkowiak 5km: 00:26:11 | POL | Co nas podkusiło | Swarzędz | 1982 | M35 | 208 | 1031 | | 00:51:56 | 00:53:22 | 05:12 |
| 1187 | 2986 | Ada Meissner 5km: 00:26:11 | POL | HKT Azymut | Swarzędz | 1988 | K30 | 31 | | 156 | 00:51:57 | 00:53:39 | 05:12 |
| 1188 | 2488 | Damian Stachowicz 5km: 00:24:52 | POL | | Poznan | 1989 | M25 | 122 | 1032 | | 00:51:58 | 00:53:15 | 05:12 |
| 1189 | 680 | Błażej Bębel 5km: 00:25:30 | POL | Rataye | Luboń, pow. poznański | 1984 | M30 | 195 | 1033 | | 00:52:00 | 00:53:56 | 05:12 |
| 1190 | 995 | Adrian Lehmann 5km: 00:27:09 | POL | FogtBikeTeam | Swarzędz | 1979 | M35 | 209 | 1034 | | 00:52:00 | 00:54:16 | 05:12 |
| 1191 | 2681 | Ada Wojtkowiak 5km: 00:27:17 | POL | | Poznań | 1996 | K20 | 13 | | 157 | 00:52:01 | 00:53:39 | 05:12 |
| 1192 | 499 | Michał Jeżowski 5km: 00:26:01 | POL | _____ | Paczkowo | 1976 | M40 | 203 | 1035 | | 00:52:02 | 00:53:27 | 05:12 |
| 1193 | 2052 | Tomasz Sołtysik 5km: 00:25:54 | POL | netis.com.pl enova.expert | Poznań | 1976 | M40 | 204 | 1036 | | 00:52:02 | 00:53:27 | 05:12 |
| 1194 | 195 | Dorota Zowczak 5km: 00:26:08 | POL | Rawa Team | Poznan | 1983 | K35 | 32 | | 158 | 00:52:02 | 00:53:14 | 05:12 |
| 1195 | 2298 | Blażej Niewiada 5km: 00:26:15 | POL | Zawodowi amatorzy | Szamotoły | 1991 | M25 | 123 | 1037 | | 00:52:03 | 00:53:13 | 05:12 |
| 1196 | 2617 | Maciej Wentland 5km: 00:25:16 | POL | Tęcza Ujście | Czarnków | 1976 | M40 | 205 | 1038 | | 00:52:03 | 00:52:35 | 05:12 |
| 1197 | 2199 | Grzegorz Brzoska 5km: 00:27:08 | POL | | Poznań | 1972 | M45 | 120 | 1039 | | 00:52:04 | 00:53:39 | 05:12 |
| 1198 | 392 | Mateusz Stachowski 5km: 00:24:50 | POL | Biegnę bo chcę. | Poznań | 1975 | M40 | 206 | 1040 | | 00:52:04 | 00:53:03 | 05:12 |
| 1199 | 403 | Sławomir Powałowski 5km: 00:25:53 | POL | | Swarzędz | 1983 | M35 | 210 | 1041 | | 00:52:04 | 00:53:11 | 05:12 |
| 1200 | 335 | Paweł Wygoda 5km: 00:25:43 | POL | HERBALFE POZNAŃ | POZNAŃ | 1966 | M50 | 37 | 1042 | | 00:52:05 | 00:52:57 | 05:12 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|------------------------------|---------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1201 | 2985 | Filip Konieczny 5km: 00:26:03 | POL | Puszczykowo | Puszczykowo | 1974 | M40 | 207 | 1043 | | 00:52:05 | 00:53:16 | 05:12 |
| 1202 | 770 | Artur Bartkowiak 5km: 00:25:14 | POL | | Ruchocice | 1994 | M20 | 47 | 1044 | | 00:52:06 | 00:52:56 | 05:13 |
| 1203 | 2840 | Justyna Laskowska 5km: 00:26:32 | POL | | Poznań | 1975 | K40 | 29 | | 159 | 00:52:06 | 00:53:27 | 05:13 |
| 1204 | 2600 | Marek Lewandowski 5km: 00:25:16 | POL | | Luboń | 1958 | M60 | 26 | 1045 | | 00:52:06 | 00:52:46 | 05:13 |
| 1205 | 2129 | Mariusz Szuster 5km: 00:25:14 | POL | | Śmigiel | 1979 | M35 | 211 | 1046 | | 00:52:07 | 00:53:05 | 05:13 |
| 1206 | 1365 | Marcin Andrzejczak 5km: 00:25:39 | POL | | Osiniec | 1976 | M40 | 208 | 1047 | | 00:52:08 | 00:53:18 | 05:13 |
| 1207 | 1947 | Bartosz Madziński 5km: 00:25:06 | POL | | Gniezno | 1994 | M20 | 48 | 1048 | | 00:52:08 | 00:53:33 | 05:13 |
| 1208 | 804 | Paweł Roszak 5km: 00:27:11 | POL | Trucht Jarocin | Jarocin | 1966 | M50 | 38 | 1049 | | 00:52:08 | 00:53:35 | 05:13 |
| 1209 | 919 | Barbara Filipowicz 5km: 00:25:59 | POL | | Poznań | 1978 | K40 | 30 | | 160 | 00:52:08 | 00:52:45 | 05:13 |
| 1210 | 2821 | Maciej Sandomierz 5km: 00:25:45 | POL | | Olimpin | 1969 | M45 | 121 | 1050 | | 00:52:09 | 00:54:02 | 05:13 |
| 1211 | 1942 | Filip Skrzyński 5km: 00:25:07 | POL | | Łubowo | 1994 | M20 | 49 | 1051 | | 00:52:09 | 00:53:34 | 05:13 |
| 1212 | 2806 | Dobrawa Dachtera - Janiuk 5km: 00:26:03 | POL | | Poznań | 1983 | K35 | 33 | | 161 | 00:52:10 | 00:53:42 | 05:13 |
| 1213 | 2333 | Bartosz Kropidłowski 5km: | POL | | Łubowo | 1989 | M25 | 124 | 1052 | | 00:52:10 | 00:52:49 | 05:13 |
| 1214 | 2254 | Piotr Kucharski 5km: 00:25:13 | POL | CYBINA TEAM | poznań | 1963 | M55 | 39 | 1053 | | 00:52:10 | 00:53:01 | 05:13 |
| 1215 | 1658 | Karol Wolny 5km: 00:26:32 | POL | KKS Gostyń | Gostyń | 1996 | M20 | 50 | 1054 | | 00:52:11 | 00:53:11 | 05:13 |
| 1216 | 1927 | Damain Gmerek 5km: 00:26:21 | POL | | Leszno | 1980 | M35 | 212 | 1055 | | 00:52:11 | 00:53:50 | 05:13 |
| 1217 | 2178 | Piotr Woźniak 5km: 00:26:19 | POL | | Śrem | 1960 | M55 | 40 | 1056 | | 00:52:12 | 00:53:51 | 05:13 |
| 1218 | 1551 | Joanna Mączyńska 5km: 00:26:19 | POL | | Poznań | 1990 | K25 | 25 | | 162 | 00:52:13 | 00:53:45 | 05:13 |
| 1219 | 2389 | Bartosz Uhura 5km: 00:26:16 | POL | KB Pento Strzelce Krajeńskie | Strzelce Krajeńskie | 1986 | M30 | 196 | 1057 | | 00:52:14 | 00:54:00 | 05:13 |
| 1220 | 2116 | Karol Dudziak 5km: 00:26:10 | POL | | ŻMIGRÓD | 1992 | M25 | 125 | 1058 | | 00:52:15 | 00:53:40 | 05:14 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|------------------|--------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1221 | 1524 | Sławomir Antoniak 5km: 00:25:27 | POL | TICON | Poznań | 1962 | M55 | 41 | 1059 | | 00:52:15 | 00:52:41 | 05:14 |
| 1222 | 2736 | Mariusz Mirek 5km: 00:25:02 | POL | | Wełnica | 1969 | M45 | 122 | 1060 | | 00:52:15 | 00:52:57 | 05:14 |
| 1223 | 2609 | Rafał Antek Julian Niemczewski 5km: 00:28:35 | POL | Katarzynki | Kobylnica | 1978 | M40 | 209 | 1061 | | 00:52:16 | 00:54:36 | 05:14 |
| 1224 | 1301 | Maria Słapek 5km: 00:26:09 | POL | | Poznań | 1978 | K40 | 31 | | 163 | 00:52:17 | 00:53:36 | 05:14 |
| 1225 | 2750 | Adriana Kozak 5km: 00:25:16 | POL | Active lifestyle | LESZNO | 1975 | K40 | 32 | | 164 | 00:52:17 | 00:53:04 | 05:14 |
| 1226 | 2941 | Marcin Kietliński 5km: 00:25:48 | POL | ENEA Serwis | Plewiska | 1978 | M40 | 210 | 1062 | | 00:52:17 | 00:53:32 | 05:14 |
| 1227 | 1667 | Sebastian Maserak 5km: 00:25:46 | POL | | Rabowice | 1979 | M35 | 213 | 1063 | | 00:52:19 | 00:52:19 | 05:14 |
| 1228 | 1877 | Jan Wielgus 5km: 00:25:48 | POL | ks roscislawice | rościslawice | 1961 | M55 | 42 | 1064 | | 00:52:20 | 00:52:31 | 05:14 |
| 1229 | 2622 | Przemysław Wodzień 5km: 00:26:21 | POL | | Poznań | 1977 | M40 | 211 | 1065 | | 00:52:21 | 00:53:24 | 05:14 |
| 1230 | 2262 | Marcin Pytlewski 5km: 00:26:00 | POL | Boss | Tulce | 1979 | M35 | 214 | 1066 | | 00:52:21 | 00:52:51 | 05:14 |
| 1231 | 716 | Natalia Siejek 5km: 00:26:21 | POL | Rokietnica | Rokietnica | 1988 | K30 | 32 | | 165 | 00:52:21 | 00:53:41 | 05:14 |
| 1232 | 1790 | Dobromir Miedziak 5km: 00:26:25 | POL | Puchacze | Poznań | 1988 | M30 | 197 | 1067 | | 00:52:22 | 00:53:07 | 05:14 |
| 1233 | 425 | Maciej Krygowski 5km: 00:25:45 | POL | CYBINA TEAM | Swarzędz | 1971 | M45 | 123 | 1068 | | 00:52:22 | 00:52:54 | 05:14 |
| 1234 | 2876 | Anna Borowicz 5km: 00:25:41 | POL | Skarbiec Smaków | Plewiska | 1988 | K30 | 33 | | 166 | 00:52:22 | 00:53:21 | 05:14 |
| 1235 | 2589 | Robert Michalski 5km: 00:26:25 | POL | | Zalasewo | 1982 | M35 | 215 | 1069 | | 00:52:22 | 00:53:07 | 05:14 |
| 1236 | 789 | Przemysław Śmichurski 5km: 00:25:49 | POL | CYBINA TEAM | Zalasewo | 1969 | M45 | 124 | 1070 | | 00:52:22 | 00:53:40 | 05:14 |
| 1237 | 1794 | Roman Gaszczyński 5km: 00:26:30 | POL | | Poznań | 1946 | M70 | 4 | 1071 | | 00:52:23 | 00:53:32 | 05:14 |
| 1238 | 1416 | Anna Wiśniewska 5km: 00:26:18 | POL | | Krosno | 1987 | K30 | 34 | | 167 | 00:52:23 | 00:53:26 | 05:14 |
| 1239 | 1172 | Beata Kaczmarek 5km: 00:26:45 | POL | STR POZNAŃ | Poznań | 1971 | K45 | 17 | | 168 | 00:52:23 | 00:54:19 | 05:14 |
| 1240 | 2197 | Jarek Matusiak 5km: 00:25:33 | POL | SOBIE BIEGAM | Garby | 1975 | M40 | 212 | 1072 | | 00:52:24 | 00:52:42 | 05:14 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-------------------------------|--------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1241 | 740 | Marta Sip 5km: 00:25:50 | POL | MARTA SIP | Jasin | 1990 | K25 | 26 | | 169 | 00:52:24 | 00:53:33 | 05:14 |
| 1242 | 1865 | Wiesław Lehnhardt 5km: 00:26:00 | POL | 1970 | Poznań | 1970 | M45 | 125 | 1073 | | 00:52:25 | 00:53:02 | 05:14 |
| 1243 | 971 | Tomasz Kwiatkowski 5km: 00:26:04 | POL | | Środa Wielkopolska | 1986 | M30 | 198 | 1074 | | 00:52:25 | 00:53:19 | 05:15 |
| 1244 | 2511 | Waldemar W. Budner 5km: 00:25:43 | POL | KB UE POZNAŃ | Poznań | 1962 | M55 | 43 | 1075 | | 00:52:26 | 00:53:04 | 05:15 |
| 1245 | 2669 | Leszek Steinitz 5km: | POL | | Kórnik | 1979 | M35 | 216 | 1076 | | 00:52:26 | 00:53:13 | 05:15 |
| 1246 | 711 | Katarzyna Stratyńska 5km: 00:25:39 | POL | | Miłosław | 1980 | K35 | 34 | | 170 | 00:52:28 | 00:52:57 | 05:15 |
| 1247 | 2710 | Przemysław Figiel 5km: 00:26:13 | POL | Gniezno | Gniezno | 1979 | M35 | 217 | 1077 | | 00:52:28 | 00:53:48 | 05:15 |
| 1248 | 2700 | Jerzy Kalicki 5km: 00:25:23 | POL | WITKOWO | Witkowo | 1951 | M65 | 13 | 1078 | | 00:52:28 | 00:52:33 | 05:15 |
| 1249 | 463 | Ada Szuberska 5km: 00:26:19 | POL | HANSA-FLEX | Rogoźno | 1992 | K25 | 27 | | 171 | 00:52:29 | 00:53:24 | 05:15 |
| 1250 | 434 | Marcin Zdanowicz 5km: 00:26:18 | POL | | Poznań | 1991 | M25 | 126 | 1079 | | 00:52:29 | 00:53:24 | 05:15 |
| 1251 | 445 | Jakub Minta 5km: 00:26:58 | POL | | Gniezno | 1981 | M35 | 218 | 1080 | | 00:52:30 | 00:54:02 | 05:15 |
| 1252 | 1242 | Maciej Zięba 5km: 00:26:10 | POL | Oregano Project | Poznań | 1982 | M35 | 219 | 1081 | | 00:52:30 | 00:53:45 | 05:15 |
| 1253 | 1 | Sandra Roszak 5km: 00:25:48 | POL | Zmęczeni na Starcie Dobiegiew | Dobiegiew | 1991 | K25 | 28 | | 172 | 00:52:31 | 00:52:46 | 05:15 |
| 1254 | 2123 | Maciej Daroszewski 5km: 00:25:48 | POL | | Swarzędz | 1969 | M45 | 126 | 1082 | | 00:52:31 | 00:53:29 | 05:15 |
| 1255 | 1161 | Michał Różański 5km: 00:25:10 | POL | Zmęczeni na Starcie Dobiegiew | Paczkowo | 1979 | M35 | 220 | 1083 | | 00:52:31 | 00:53:28 | 05:15 |
| 1256 | 1015 | Marzena Raczynska 5km: 00:27:01 | POL | | Poznan | 1990 | K25 | 29 | | 173 | 00:52:32 | 00:53:35 | 05:15 |
| 1257 | 614 | Mirek Wódkowski 5km: 00:27:27 | POL | | Poznań | 1985 | M30 | 199 | 1084 | | 00:52:33 | 00:54:41 | 05:15 |
| 1258 | 549 | Joanna Nitka-Grzegorzczak 5km: 00:26:29 | POL | | Poznań | 1980 | K35 | 35 | | 174 | 00:52:33 | 00:53:25 | 05:15 |
| 1259 | 1636 | Michał Purczyński 5km: 00:26:06 | POL | Wicher Siekierki | Siekierki Wielkie | 1980 | M35 | 221 | 1085 | | 00:52:33 | 00:53:19 | 05:15 |
| 1260 | 1042 | Agnieszka Purczyńska 5km: 00:26:06 | POL | Wicher Siekierki | Siekierki Wielkie | 1980 | K35 | 36 | | 175 | 00:52:34 | 00:53:20 | 05:15 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|--------------------------------|--------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1261 | 1017 | Tomasz Jakubczak 5km: 00:26:58 | POL | | ŚREM | 1979 | M35 | 222 | 1086 | | 00:52:34 | 00:54:25 | 05:15 |
| 1262 | 603 | Przemysław Chomik 5km: 00:24:58 | POL | FRASTAŚ POZNAŃ | Poznań | 1976 | M40 | 213 | 1087 | | 00:52:35 | 00:53:30 | 05:15 |
| 1263 | 2486 | Joanna Mazur-Łuczak 5km: 00:25:53 | POL | Speedy Squirrel | Poznań | 1978 | K40 | 33 | | 176 | 00:52:35 | 00:53:46 | 05:15 |
| 1264 | 792 | Kazimierz Żebrowski 5km: 00:26:22 | POL | | Swarzędz | 1954 | M60 | 27 | 1088 | | 00:52:35 | 00:53:39 | 05:16 |
| 1265 | 2153 | Jarosław Stachowski 5km: 00:25:20 | POL | | Poznań | 1977 | M40 | 214 | 1089 | | 00:52:36 | 00:53:49 | 05:16 |
| 1266 | 2337 | Arkadiusz Nowak 5km: 00:26:52 | POL | | Gorzkie Pole | 1975 | M40 | 215 | 1090 | | 00:52:36 | 00:54:29 | 05:16 |
| 1267 | 2611 | Jakub Dziadek 5km: 00:26:52 | POL | | Środa Wielkopolska | 1992 | M25 | 127 | 1091 | | 00:52:37 | 00:54:40 | 05:16 |
| 1268 | 2590 | Dariusz Skwaryło 5km: 00:26:31 | POL | Stoczniowiec Poznań | KÓRNIK | 1982 | M35 | 223 | 1092 | | 00:52:38 | 00:53:51 | 05:16 |
| 1269 | 103 | Karol Skrzypczak 5km: 00:26:22 | POL | | Poznań | 1972 | M45 | 127 | 1093 | | 00:52:38 | 00:53:46 | 05:16 |
| 1270 | 2205 | Ewelina Bączek 5km: 00:27:05 | POL | | Poznań | 1993 | K25 | 30 | | 177 | 00:52:38 | 00:53:36 | 05:16 |
| 1271 | 1393 | Piotr Wypychowski 5km: 00:25:38 | POL | Drużyna Zenka | Swarzędz | 1955 | M60 | 28 | 1094 | | 00:52:38 | 00:53:08 | 05:16 |
| 1272 | 2661 | Błażej Początek 5km: 00:26:03 | POL | | Dąbrówka | 1982 | M35 | 224 | 1095 | | 00:52:38 | 00:53:39 | 05:16 |
| 1273 | 1924 | Ewa Gmerek 5km: 00:26:17 | POL | | Leszno | 1981 | K35 | 37 | | 178 | 00:52:39 | 00:54:36 | 05:16 |
| 1274 | 1795 | Janusz Redziak 5km: 00:25:47 | POL | | Bledzew | 1970 | M45 | 128 | 1096 | | 00:52:40 | 00:54:00 | 05:16 |
| 1275 | 2818 | Jarosław Cieszkiewicz 5km: 00:24:55 | POL | | Poznań | 1972 | M45 | 129 | 1097 | | 00:52:40 | 00:54:54 | 05:16 |
| 1276 | 2010 | Wojciech Tonder 5km: 00:26:11 | POL | Ścieżki Biegowe Olimpia Poznań | Poznań | 1968 | M50 | 39 | 1098 | | 00:52:41 | 00:53:46 | 05:16 |
| 1277 | 1557 | Małgorzata Bider 5km: 00:28:00 | POL | For Run Team | Poznań | 1990 | K25 | 31 | | 179 | 00:52:41 | 00:54:22 | 05:16 |
| 1278 | 883 | Robert Hetner 5km: 00:27:13 | POL | KB Wikon Nowa Sól | Nowa Sol | 1981 | M35 | 225 | 1099 | | 00:52:42 | 00:53:46 | 05:16 |
| 1279 | 2580 | Monika Szymczyk 5km: 00:25:45 | POL | | Wągrowiec | 1986 | K30 | 35 | | 180 | 00:52:42 | 00:53:38 | 05:16 |
| 1280 | 1366 | Agata Akuszevska 5km: 00:26:10 | POL | | Puszczycowoo | 1965 | K50 | 7 | | 181 | 00:52:45 | 00:53:45 | 05:16 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-----------------------------------|------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1281 | 457 | Marcin Jarzyński 5km: 00:25:48 | POL | | Oborniki | 1974 | M40 | 216 | 1100 | | 00:52:45 | 00:53:57 | 05:17 |
| 1282 | 2881 | Mieczysław Ziółkowski 5km: 00:25:18 | POL | Decathlon Team Inowrocław | Janikowo | 1965 | M50 | 40 | 1101 | | 00:52:45 | 00:53:20 | 05:17 |
| 1283 | 880 | Marcin Ratajczyk 5km: 00:27:06 | POL | JKB Swarzędz | Swarzędz | 1976 | M40 | 217 | 1102 | | 00:52:45 | 00:54:09 | 05:17 |
| 1284 | 1519 | Kamil Chruściel 5km: 00:26:30 | POL | Smart Fizjo | Jankowo Dolne | 1988 | M30 | 200 | 1103 | | 00:52:46 | 00:53:56 | 05:17 |
| 1285 | 1320 | Paweł Rybszleger 5km: 00:25:15 | POL | Dirty Sparrows | Poznań | 1975 | M40 | 218 | 1104 | | 00:52:47 | 00:53:21 | 05:17 |
| 1286 | 2688 | Piotr Piwosz 5km: 00:25:45 | POL | | Grodzisk Wlkp. | 1986 | M30 | 201 | 1105 | | 00:52:48 | 00:53:48 | 05:17 |
| 1287 | 2348 | Sławomir Kubiak 5km: 00:26:29 | POL | Wesołe Wąsy | Poznań | 1982 | M35 | 226 | 1106 | | 00:52:48 | 00:53:59 | 05:17 |
| 1288 | 2027 | Paweł Strykowski 5km: 00:26:11 | POL | | Tarnowo Podgórne | 1972 | M45 | 130 | 1107 | | 00:52:49 | 00:53:54 | 05:17 |
| 1289 | 2396 | Paweł Opaczyk 5km: 00:26:13 | POL | Presto Travel | Poznań | 1957 | M60 | 29 | 1108 | | 00:52:49 | 00:53:55 | 05:17 |
| 1290 | 1359 | Andrzej Piwosz 5km: 00:25:46 | POL | Grodziski Klub Biegacza | Grodzisk Wlkp. | 1960 | M55 | 44 | 1109 | | 00:52:49 | 00:53:48 | 05:17 |
| 1291 | 1118 | Ryszard Garbacki 5km: 00:26:42 | POL | BATORY | Poznań | 1953 | M65 | 14 | 1110 | | 00:52:50 | 00:54:04 | 05:17 |
| 1292 | 174 | Łukasz Jańczak 5km: 00:24:43 | POL | | Poznań | 1985 | M30 | 202 | 1111 | | 00:52:51 | 00:54:02 | 05:17 |
| 1293 | 1901 | Adam Jarczyński 5km: 00:26:08 | POL | 1995 | Poznań | 1995 | M20 | 51 | 1112 | | 00:52:51 | 00:53:45 | 05:17 |
| 1294 | 863 | Darek Gocyla 5km: 00:25:56 | POL | DARZYB6RUNNER-ska | Poznań | 1966 | M50 | 41 | 1113 | | 00:52:51 | 00:53:44 | 05:17 |
| 1295 | 2646 | Łukasz Podbylski 5km: 00:26:46 | POL | | Luboń | 1976 | M40 | 219 | 1114 | | 00:52:52 | 00:53:36 | 05:17 |
| 1296 | 1681 | Jan Strzemkowski 5km: 00:26:57 | POL | | Bogucin | 1977 | M40 | 220 | 1115 | | 00:52:52 | 00:53:59 | 05:17 |
| 1297 | 401 | Małgorzata Tarnowska 5km: 00:25:31 | POL | | Swarzędz | 1984 | K30 | 36 | | 182 | 00:52:52 | 00:53:18 | 05:17 |
| 1298 | 1177 | Marta Iwanowska 5km: 00:25:02 | POL | Pobiedziska Running Team | Pobiedziska | 1989 | K25 | 32 | | 183 | 00:52:52 | 00:53:37 | 05:17 |
| 1299 | 309 | Adrian Tomaszewski 5km: 00:26:26 | POL | Klub Biegacza Kompania Piwowarska | Poznań | 1989 | M25 | 128 | 1116 | | 00:52:52 | 00:54:00 | 05:17 |
| 1300 | 2671 | Marcin Mytnik 5km: 00:26:32 | POL | Stocznowiec Poznań | Poznań | 1977 | M40 | 221 | 1117 | | 00:52:53 | 00:54:06 | 05:17 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-------------------------------------|--------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1301 | 231 | Dawid Chyliński 5km: 00:25:32 | POL | Gira się kręci | Luboń | 1982 | M35 | 227 | 1118 | | 00:52:53 | 00:53:25 | 05:17 |
| 1302 | 2267 | Katarzyna Januszkiewicz 5km: 00:25:13 | POL | | Środa Wielkopolska | 1975 | K40 | 34 | | 184 | 00:52:53 | 00:53:38 | 05:17 |
| 1303 | 1460 | Przemysław Skowronek 5km: 00:25:41 | POL | | Bruczków | 1980 | M35 | 228 | 1119 | | 00:52:54 | 00:53:44 | 05:17 |
| 1304 | 1129 | Aleksandra Spychała 5km: 00:25:46 | POL | Run to the Hills | Nowy Tomyśl | 1999 | K16 | 6 | | 185 | 00:52:54 | 00:53:36 | 05:17 |
| 1305 | 2019 | Grzegorz Nowak 5km: 00:26:51 | POL | Stowarzyszenie im. hr A. Bnińskiego | Poznań | 1991 | M25 | 129 | 1120 | | 00:52:55 | 00:54:07 | 05:18 |
| 1306 | 2307 | Marcin Nawrocki 5km: 00:26:19 | POL | Bogowie Dzielnicy | Poznań | 1986 | M30 | 203 | 1121 | | 00:52:55 | 00:53:56 | 05:18 |
| 1307 | 2965 | Adam Kukliński 5km: 00:27:44 | POL | | Kamionki | 1994 | M20 | 52 | 1122 | | 00:52:56 | 00:54:38 | 05:18 |
| 1308 | 2807 | Marta Żurkowska 5km: 00:25:11 | POL | | Swarzędz | 1990 | K25 | 33 | | 186 | 00:52:57 | 00:53:40 | 05:18 |
| 1309 | 2500 | Maciej Sobkowiak 5km: 00:24:46 | POL | | POZNAŃ | 1980 | M35 | 229 | 1123 | | 00:52:58 | 00:53:23 | 05:18 |
| 1310 | 2860 | Dorota Wszędybył 5km: 00:26:15 | POL | | Koninko | 1986 | K30 | 37 | | 187 | 00:52:58 | 00:54:04 | 05:18 |
| 1311 | 2106 | Agnieszka Nowakowska-Ćwikła 5km: 00:26:11 | POL | Piątkowo na Biegowo | Poznań | 1972 | K45 | 18 | | 188 | 00:53:00 | 00:54:16 | 05:18 |
| 1312 | 655 | Ewa Sobkowiak 5km: 00:26:04 | POL | Brylant Kórnik | Poznań | 1963 | K55 | 3 | | 189 | 00:53:00 | 00:53:58 | 05:18 |
| 1313 | 2695 | Paweł Łykowski 5km: 00:26:25 | POL | MJDOP | Kostrzyn | 1983 | M35 | 230 | 1124 | | 00:53:00 | 00:54:49 | 05:18 |
| 1314 | 2354 | Waldemar Zawadzki 5km: 00:27:00 | POL | | Poznań | 1977 | M40 | 222 | 1125 | | 00:53:02 | 00:54:11 | 05:18 |
| 1315 | 939 | Tomasz Bieniara 5km: 00:26:25 | POL | MJDOP | Czarniejewo | 1972 | M45 | 131 | 1126 | | 00:53:03 | 00:54:52 | 05:18 |
| 1316 | 1740 | Marcin Barszcz 5km: 00:27:25 | POL | | Koziegłowy | 1985 | M30 | 204 | 1127 | | 00:53:04 | 00:54:16 | 05:18 |
| 1317 | 1315 | Olga Blimel 5km: 00:26:25 | POL | CASTORAMA KOMORNIKI | DĄBRÓWKA | 1986 | K30 | 38 | | 190 | 00:53:04 | 00:54:24 | 05:18 |
| 1318 | 2366 | Mateusz Kostowicz 5km: 00:26:12 | POL | Saint-gobain sqad | Poznan | 1989 | M25 | 130 | 1128 | | 00:53:05 | 00:53:44 | 05:18 |
| 1319 | 2746 | Szymon Charkiewicz 5km: 00:26:19 | POL | NAGATO.PL | Poznań | 1973 | M45 | 132 | 1129 | | 00:53:05 | 00:54:06 | 05:18 |
| 1320 | 2105 | Alan Woźny 5km: 00:26:21 | POL | | Luboń | 1988 | M30 | 205 | 1130 | | 00:53:05 | 00:54:50 | 05:18 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|------------------|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1321 | 474 | Maciej Zapiec 5km: 00:26:28 | POL | | Piła | 1976 | M40 | 223 | 1131 | | 00:53:05 | 00:54:42 | 05:18 |
| 1322 | 854 | Małgorzata Kosmaczewska 5km: 00:25:36 | POL | bbl | Pobiedziska | 1968 | K50 | 8 | | 191 | 00:53:06 | 00:53:59 | 05:19 |
| 1323 | 494 | Kazik Ochowiak 5km: 00:26:12 | POL | okoń | gruszczyn | 1974 | M40 | 224 | 1132 | | 00:53:06 | 00:53:38 | 05:19 |
| 1324 | 1408 | Justyna Jaroszevska 5km: 00:27:33 | POL | | Poznań | 1986 | K30 | 39 | | 192 | 00:53:06 | 00:54:06 | 05:19 |
| 1325 | 882 | Andrzej Kasprzyk 5km: 00:27:21 | POL | | Słupca | 1953 | M65 | 15 | 1133 | | 00:53:07 | 00:54:42 | 05:19 |
| 1326 | 310 | Adrian Sierzant 5km: 00:25:51 | POL | | Poznan | 1989 | M25 | 131 | 1134 | | 00:53:07 | 00:54:32 | 05:19 |
| 1327 | 1599 | Mariusz Konieczny 5km: 00:26:31 | POL | | Poznań | 1973 | M45 | 133 | 1135 | | 00:53:08 | 00:54:32 | 05:19 |
| 1328 | 9 | Andrzej Szews 5km: 00:27:23 | POL | PKO Bank Polski | Jasin | 1974 | M40 | 225 | 1136 | | 00:53:08 | 00:54:18 | 05:19 |
| 1329 | 1100 | Aleksandra Jagodzińska 5km: 00:26:30 | POL | Jagoda Team | Owińska | 1975 | K40 | 35 | | 193 | 00:53:08 | 00:53:44 | 05:19 |
| 1330 | 1237 | Paweł Smolich 5km: 00:27:00 | POL | | Śrem | 1976 | M40 | 226 | 1137 | | 00:53:09 | 00:54:43 | 05:19 |
| 1331 | 2576 | Mariusz Krupa 5km: 00:24:53 | POL | 8-Pak Poznań | Poznań | 1982 | M35 | 231 | 1138 | | 00:53:10 | 00:53:41 | 05:19 |
| 1332 | 629 | Krzysztof Lasak 5km: 00:26:58 | POL | HERNIK TEAM | Poznań | 1979 | M35 | 232 | 1139 | | 00:53:10 | 00:54:34 | 05:19 |
| 1333 | 397 | Leszek Grocholewski 5km: 00:26:57 | POL | MOTOR LUBOŃ TEAM | LUBOŃ | 1963 | M55 | 45 | 1140 | | 00:53:11 | 00:54:26 | 05:19 |
| 1334 | 2907 | Krzysztof Przybytkowski 5km: 00:27:07 | POL | Drużyna Jezusa | Poznań | 1974 | M40 | 227 | 1141 | | 00:53:11 | 00:54:25 | 05:19 |
| 1335 | 1423 | Magdalena Rosińska 5km: 00:25:40 | POL | BOLT Trzemeszno | Trzemeszno | 1987 | K30 | 40 | | 194 | 00:53:12 | 00:53:26 | 05:19 |
| 1336 | 1985 | Maja Możdżeń 5km: 00:25:37 | POL | | Gniezno | 1983 | K35 | 38 | | 195 | 00:53:12 | 00:53:26 | 05:19 |
| 1337 | 1637 | Krzysztof Łukaszczyk 5km: 00:27:17 | POL | Chodzież | Chodzież | 1979 | M35 | 233 | 1142 | | 00:53:12 | 00:54:48 | 05:19 |
| 1338 | 1386 | Łukasz Filipowski 5km: 00:26:43 | POL | | Kaźmierz | 1976 | M40 | 228 | 1143 | | 00:53:14 | 00:54:46 | 05:19 |
| 1339 | 2841 | Marcin Lelen 5km: 00:26:37 | POL | | Poznań | 1984 | M30 | 206 | 1144 | | 00:53:14 | 00:55:15 | 05:19 |
| 1340 | 1474 | Radosław Chruściel 5km: 00:25:23 | POL | | Swarzędz | 1988 | M30 | 207 | 1145 | | 00:53:14 | 00:54:27 | 05:19 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|------------------------------------|---------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1341 | 1099 | Tomasz Kosicki 5km: 00:25:52 | POL | KB Maniac Poznań | Jankowo | 1971 | M45 | 134 | 1146 | | 00:53:14 | 00:54:08 | 05:19 |
| 1342 | 1036 | Liliana Żmija 5km: 00:26:37 | POL | KB Pento Strzelce Krajeńskie | ZWIERZYN | 1990 | K25 | 34 | | 196 | 00:53:15 | 00:54:00 | 05:19 |
| 1343 | 2020 | Michał Pęczak 5km: | POL | | Gortatowo | 1980 | M35 | 234 | 1147 | | 00:53:15 | 00:55:14 | 05:19 |
| 1344 | 2610 | Rafał Hennig 5km: 00:26:21 | POL | | Gowarzewo | 1981 | M35 | 235 | 1148 | | 00:53:15 | 00:54:32 | 05:20 |
| 1345 | 774 | Sebastian Kiszka 5km: 00:26:59 | POL | | POZNAŃ | 1973 | M45 | 135 | 1149 | | 00:53:16 | 00:54:31 | 05:20 |
| 1346 | 635 | Dawid Pluta 5km: 00:25:59 | POL | | Gruszczyn | 1990 | M25 | 132 | 1150 | | 00:53:16 | 00:54:16 | 05:20 |
| 1347 | 2731 | Karol Zieliński 5km: 00:26:56 | POL | Potrzymajcie mi piwo | Swarzędz | 1979 | M35 | 236 | 1151 | | 00:53:17 | 00:55:26 | 05:20 |
| 1348 | 527 | Rafał Nijak 5km: 00:25:44 | POL | | Swarzędz | 1987 | M30 | 208 | 1152 | | 00:53:17 | 00:54:32 | 05:20 |
| 1349 | 429 | Aleksander Ciecicka 5km: 00:26:50 | POL | krzesiny team | Poznań | 1993 | M25 | 133 | 1153 | | 00:53:18 | 00:54:26 | 05:20 |
| 1350 | 197 | Sebastian Pawlikowski 5km: 00:25:57 | POL | KB Maraton Turek | Turek | 1989 | M25 | 134 | 1154 | | 00:53:18 | 00:54:01 | 05:20 |
| 1351 | 1633 | Natalia Gurdek 5km: 00:26:34 | POL | Mamy-Biegamy | Pysząca | 1983 | K35 | 39 | | 197 | 00:53:18 | 00:54:08 | 05:20 |
| 1352 | 2414 | Dominik Kruszona 5km: 00:26:38 | POL | Ejbry Szczodrzykowo | Szczodrzykowo | 1987 | M30 | 209 | 1155 | | 00:53:18 | 00:54:51 | 05:20 |
| 1353 | 1323 | Sylwia Ratajszczak 5km: 00:25:52 | POL | | Swarzedz | 1982 | K35 | 40 | | 198 | 00:53:18 | 00:54:10 | 05:20 |
| 1354 | 600 | Leonard Wojnowski 5km: 00:26:38 | POL | Metal-Studio | POZNAŃ | 1960 | M55 | 46 | 1156 | | 00:53:19 | 00:54:06 | 05:20 |
| 1355 | 2554 | Krzysztof Olejniczak 5km: 00:25:47 | POL | AGROZIÓŁKOWO | Gostyń | 1967 | M50 | 42 | 1157 | | 00:53:20 | 00:53:25 | 05:20 |
| 1356 | 1647 | Maciej Sieczkowski 5km: 00:26:34 | POL | | Poznań | 1975 | M40 | 229 | 1158 | | 00:53:20 | 00:54:34 | 05:20 |
| 1357 | 2989 | Rafał Jackowski 5km: 00:26:28 | POL | FogtBikeTeam | Zalasewo | 1976 | M40 | 230 | 1159 | | 00:53:20 | 00:54:13 | 05:20 |
| 1358 | 381 | Fryderyk Wróbel 5km: 00:27:16 | POL | roz.BIEG.ane Białe Tygrysy Jarocin | Jarocin | 1979 | M35 | 237 | 1160 | | 00:53:21 | 00:54:34 | 05:20 |
| 1359 | 2929 | Robert Maliński 5km: 00:27:03 | POL | W.P.I.P. | Robakowo | 1989 | M25 | 135 | 1161 | | 00:53:21 | 00:54:51 | 05:20 |
| 1360 | 1035 | Martyna Wąsowicz 5km: 00:26:31 | POL | | Poznan | 1995 | K20 | 14 | | 199 | 00:53:22 | 00:54:13 | 05:20 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|--|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1361 | 851 | Elżbieta Czerniak 5km: 00:26:26 | POL | Kb Kosynier Września | Borzykowo | 1954 | K60 | 1 | | 200 | 00:53:22 | 00:54:45 | 05:20 |
| 1362 | 681 | Katarzyna Mantyk 5km: 00:25:50 | POL | Kęsy Team | Oborniki | 1982 | K35 | 41 | | 201 | 00:53:23 | 00:54:24 | 05:20 |
| 1363 | 2618 | Anna-Maria Jakubowska 5km: 00:26:16 | POL | | Poznań | 1994 | K20 | 15 | | 202 | 00:53:24 | 00:53:57 | 05:20 |
| 1364 | 2656 | Eliza Kubacka 5km: 00:27:09 | POL | PRO 366 | Swarzędz | 1982 | K35 | 42 | | 203 | 00:53:24 | 00:54:10 | 05:20 |
| 1365 | 2271 | Tomasz Kacprzycki 5km: 00:26:44 | POL | Drużyna Biegowa Lecha Poznań | Poznań | 1986 | M30 | 210 | 1162 | | 00:53:25 | 00:54:19 | 05:21 |
| 1366 | 1776 | Hubert Nowicki 5km: 00:26:16 | POL | | Kleszczewo | 1974 | M40 | 231 | 1163 | | 00:53:25 | 00:54:23 | 05:21 |
| 1367 | 2461 | Artur Piątkowski 5km: 00:27:38 | POL | | Czmoń | 1975 | M40 | 232 | 1164 | | 00:53:25 | 00:54:46 | 05:21 |
| 1368 | 2629 | Piotr Górnik 5km: 00:26:21 | POL | Tulce | Tulce | 1978 | M40 | 233 | 1165 | | 00:53:26 | 00:54:24 | 05:21 |
| 1369 | 1656 | Katarzyna Borkowska 5km: 00:26:13 | POL | Wataha Północy | Poznań | 1985 | K30 | 41 | | 204 | 00:53:26 | 00:54:39 | 05:21 |
| 1370 | 2730 | Michał Myszkowski 5km: 00:26:35 | POL | JANCZEWSKA 10 | Poznań | 1983 | M35 | 238 | 1166 | | 00:53:26 | 00:54:09 | 05:21 |
| 1371 | 1468 | Kinga Zielińska 5km: 00:26:22 | POL | SEKCJA BIEGACZA PRZY OŚRODKU KULTURY FIZYCZNEJ I REKREACJI W ŚMIGLIU | Śmigiel | 1971 | M45 | 136 | 1167 | 205 | 00:53:27 | 00:53:56 | 05:21 |
| 1372 | 777 | Adam Gieda 5km: 00:25:12 | POL | | Śrem | 1971 | M45 | 136 | 1167 | | 00:53:27 | 00:53:51 | 05:21 |
| 1373 | 556 | Agnieszka Basińska 5km: 00:27:11 | POL | PRO366 | Paczkowo | 1974 | K40 | 36 | | 206 | 00:53:27 | 00:54:12 | 05:21 |
| 1374 | 2374 | Klaudiusz Zawadzki 5km: 00:26:59 | POL | Poznań | Poznań | 1975 | M40 | 234 | 1168 | | 00:53:28 | 00:54:37 | 05:21 |
| 1375 | 191 | Jakub Berwid 5km: 00:27:09 | POL | DRAKAN | Kórnik | 1980 | M35 | 239 | 1169 | | 00:53:28 | 00:54:18 | 05:21 |
| 1376 | 2577 | Adam Kowalski 5km: 00:25:25 | POL | Mielżyn | Mielżyn | 1964 | M50 | 43 | 1170 | | 00:53:28 | 00:55:28 | 05:21 |
| 1377 | 1049 | Rafał Makowski 5km: 00:27:04 | POL | Castorama Swarzędz | Gniezno | 1989 | M25 | 136 | 1171 | | 00:53:28 | 00:54:59 | 05:21 |
| 1378 | 2135 | Irmína Marciniak 5km: 00:26:10 | POL | Bieganie na Śniadanie | Śmigiel | 1982 | K35 | 43 | | 207 | 00:53:29 | 00:54:27 | 05:21 |
| 1379 | 2130 | Katarzyna Szuster 5km: 00:26:11 | POL | | Śmigiel | 1983 | K35 | 44 | | 208 | 00:53:29 | 00:54:27 | 05:21 |
| 1380 | 1964 | Paweł Ratajczak 5km: 00:26:26 | POL | | Poznań | 1985 | M30 | 211 | 1172 | | 00:53:30 | 00:54:55 | 05:21 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|---------------------------|--------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1381 | 2534 | Sławomir Kisała 5km: 00:26:24 | POL | Tęcza Ujście | Dębe | 1976 | M40 | 235 | 1173 | | 00:53:31 | 00:54:03 | 05:21 |
| 1382 | 132 | Karol Sobiech 5km: 00:28:04 | POL | Night Runners | pobiedziska | 1982 | M35 | 240 | 1174 | | 00:53:31 | 00:55:16 | 05:21 |
| 1383 | 1854 | Klaudia Ochowiak 5km: 00:28:04 | POL | Organic Fitness Swarzędz | Swarzędz | 1985 | K30 | 42 | | 209 | 00:53:31 | 00:55:16 | 05:21 |
| 1384 | 837 | Mirosław Filip 5km: 00:26:47 | POL | | Swarzedz | 1975 | M40 | 236 | 1175 | | 00:53:32 | 00:54:33 | 05:21 |
| 1385 | 1345 | Gabriela Filip 5km: 00:26:47 | POL | | Swarzędz | 2001 | K16 | 7 | | 210 | 00:53:32 | 00:54:33 | 05:21 |
| 1386 | 2764 | Jan Deckert 5km: 00:26:48 | POL | --- | Poznań | 1954 | M60 | 30 | 1176 | | 00:53:32 | 00:54:28 | 05:21 |
| 1387 | 814 | Rafał Górczyński 5km: 00:27:15 | POL | | Nowy Tomyśl | 1976 | M40 | 237 | 1177 | | 00:53:32 | 00:55:25 | 05:21 |
| 1388 | 185 | Jan Dębski 5km: 00:25:12 | POL | Sołtys | Sucharzewo | 1952 | M65 | 16 | 1178 | | 00:53:35 | 00:54:59 | 05:21 |
| 1389 | 320 | Łukasz Połomski 5km: 00:26:56 | POL | P&K TEAM | Swarzędz | 1981 | M35 | 241 | 1179 | | 00:53:35 | 00:54:59 | 05:21 |
| 1390 | 116 | Adrian Konieczny 5km: 00:26:56 | POL | | Poznań | 1980 | M35 | 242 | 1180 | | 00:53:35 | 00:54:40 | 05:21 |
| 1391 | 543 | Krzysztof Pempera 5km: 00:26:53 | POL | | Swarzędz | 1987 | M30 | 212 | 1181 | | 00:53:35 | 00:54:57 | 05:22 |
| 1392 | 1988 | Tadeusz Cieśliński 5km: 00:27:12 | POL | | Swarzędz | 1960 | M55 | 47 | 1182 | | 00:53:35 | 00:54:55 | 05:22 |
| 1393 | 2291 | Sylwia Stokowska 5km: 00:27:14 | POL | Borowo-Młyn Team | Gorzkie Pole | 1978 | K40 | 37 | | 211 | 00:53:36 | 00:54:58 | 05:22 |
| 1394 | 2251 | Jarosław Prentki 5km: 00:27:20 | POL | Cityzen Poznań | Poznań | 1968 | M50 | 44 | 1183 | | 00:53:37 | 00:55:23 | 05:22 |
| 1395 | 1308 | Jacek Wojciechowski 5km: 00:26:51 | POL | Uciekam od Żony | Poznań | 1985 | M30 | 213 | 1184 | | 00:53:37 | 00:55:18 | 05:22 |
| 1396 | 945 | Daniel Hildebrand 5km: 00:26:56 | POL | Jak mnie gonią to uciekam | Zalasewo | 1979 | M35 | 243 | 1185 | | 00:53:39 | 00:55:48 | 05:22 |
| 1397 | 2012 | Bartosz Wieczorek 5km: 00:25:50 | POL | KB Maniac Poznań | Poznań | 1975 | M40 | 238 | 1186 | | 00:53:40 | 00:53:59 | 05:22 |
| 1398 | 329 | Paweł Tomczyk 5km: 00:28:14 | POL | ELEKTRIS | Poznań | 1996 | M20 | 53 | 1187 | | 00:53:40 | 00:55:15 | 05:22 |
| 1399 | 2711 | Adrian Seń 5km: 00:27:16 | POL | Castorama Leszno | Leszno | 1981 | M35 | 244 | 1188 | | 00:53:40 | 00:55:13 | 05:22 |
| 1400 | 1262 | Tomasz Szambelan 5km: 00:26:10 | POL | UTAL TEAM | Kaźmierz | 1969 | M45 | 137 | 1189 | | 00:53:41 | 00:54:50 | 05:22 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|--------------------------------|-----------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1401 | 2045 | Marcin Gronikowski 5km: 00:26:39 | POL | Polska | Poznań | 1998 | M20 | 54 | 1190 | | 00:53:42 | 00:55:33 | 05:22 |
| 1402 | 839 | Paweł Nowak 5km: 00:26:35 | POL | | Grodzisk Wilkp | 1981 | M35 | 245 | 1191 | | 00:53:43 | 00:54:27 | 05:22 |
| 1403 | 471 | Sebastian Grądział 5km: 00:26:45 | POL | Węgieerki | Węgieerki | 1980 | M35 | 246 | 1192 | | 00:53:43 | 00:55:38 | 05:22 |
| 1404 | 1207 | Marek Maćkowiak 5km: 00:26:35 | POL | OSP Grodzisk Wielkopolski | Grodzisk Wielkopolski | 1979 | M35 | 247 | 1193 | | 00:53:44 | 00:54:27 | 05:22 |
| 1405 | 1016 | Bartłomiej Błaszczuk 5km: 00:26:47 | POL | | Poznań | 1960 | M55 | 48 | 1194 | | 00:53:44 | 00:54:34 | 05:22 |
| 1406 | 2869 | Daniel Sierszchuła 5km: 00:27:12 | POL | EI-Cab RUNNING TEAM | Rogoźno | 1994 | M20 | 55 | 1195 | | 00:53:44 | 00:55:20 | 05:22 |
| 1407 | 559 | Marek Kucharzewski 5km: 00:26:35 | POL | | Grodzisk Wielkopolski | 1989 | M25 | 137 | 1196 | | 00:53:44 | 00:54:27 | 05:22 |
| 1408 | 2719 | Romuald Wicher 5km: 00:27:02 | POL | | Jasin | 1956 | M60 | 31 | 1197 | | 00:53:44 | 00:54:35 | 05:22 |
| 1409 | 2786 | Tomasz Pniewski 5km: 00:28:09 | POL | | Swarzędz | 1972 | M45 | 138 | 1198 | | 00:53:45 | 00:55:39 | 05:22 |
| 1410 | 748 | Dagmara Gieraszińska 5km: 00:26:50 | POL | AZS UAM POZNAŃ | Pobiedziska | 1997 | K20 | 16 | | 212 | 00:53:45 | 00:54:58 | 05:22 |
| 1411 | 349 | Dominik Zimmer 5km: 00:27:31 | POL | 1988 | Zalasewo | 1988 | M30 | 214 | 1199 | | 00:53:45 | 00:55:00 | 05:22 |
| 1412 | 2852 | Jacek Schlegel 5km: 00:25:37 | POL | Team Family Luboń | Luboń | 1968 | M50 | 45 | 1200 | | 00:53:46 | 00:55:22 | 05:23 |
| 1413 | 2357 | Wojciech Owczarz 5km: 00:27:13 | POL | Niepodległe Królestwo Demptowa | Poznań | 1991 | M25 | 138 | 1201 | | 00:53:46 | 00:54:56 | 05:23 |
| 1414 | 2149 | Marta Wesolek 5km: 00:27:34 | POL | | Poznań | 1984 | K30 | 43 | | 213 | 00:53:46 | 00:55:44 | 05:23 |
| 1415 | 1819 | Paula Prządak 5km: 00:26:11 | POL | | Siekierki Wielkie | 1997 | K20 | 17 | | 214 | 00:53:46 | 00:54:36 | 05:23 |
| 1416 | 1566 | Sławomir Zieliński 5km: 00:25:12 | POL | | Dopiewiec | 1985 | M30 | 215 | 1202 | | 00:53:46 | 00:54:17 | 05:23 |
| 1417 | 2276 | Grzegorz Lipiecki 5km: 00:27:10 | POL | | Kostrzyn | 1998 | M20 | 56 | 1203 | | 00:53:46 | 00:54:56 | 05:23 |
| 1418 | 1744 | Leonard Szydłowski 5km: 00:27:11 | POL | | Swarzędz | 1951 | M65 | 17 | 1204 | | 00:53:46 | 00:54:53 | 05:23 |
| 1419 | 2234 | Dorota Witko 5km: 00:27:12 | POL | Nowosolska Grupa Biegowa | Nowa Sól | 1964 | K50 | 9 | | 215 | 00:53:47 | 00:54:51 | 05:23 |
| 1420 | 1515 | Dorota Teretyka 5km: 00:26:15 | POL | | Poznań | 1974 | K40 | 38 | | 216 | 00:53:47 | 00:55:17 | 05:23 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|---------------------------|------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1421 | 2150 | Piotr Wiatrowski 5km: 00:27:34 | POL | | Słupca | 1987 | M30 | 216 | 1205 | | 00:53:47 | 00:55:44 | 05:23 |
| 1422 | 2253 | Patryk Rothe 5km: 00:26:10 | POL | | Poznan | 1991 | M25 | 139 | 1206 | | 00:53:48 | 00:54:30 | 05:23 |
| 1423 | 2625 | Tomasz Soboń 5km: 00:26:25 | POL | | Ujście | 1975 | M40 | 239 | 1207 | | 00:53:49 | 00:54:21 | 05:23 |
| 1424 | 1191 | Roman Dehmel 5km: 00:27:04 | POL | Goggle Pro Active Eyewear | Poznań | 1951 | M65 | 18 | 1208 | | 00:53:49 | 00:54:59 | 05:23 |
| 1425 | 511 | Katarzyna Barełkowska 5km: 00:26:47 | POL | Night Runners | Poznań | 1972 | K45 | 20 | | 217 | 00:53:49 | 00:54:46 | 05:23 |
| 1426 | 2372 | Robert Świder 5km: 00:26:51 | POL | | Poznań | 1976 | M40 | 240 | 1209 | | 00:53:49 | 00:54:49 | 05:23 |
| 1427 | 885 | Paweł Cichocki 5km: 00:26:06 | POL | Gorteam | Gortatowo | 1971 | M45 | 139 | 1210 | | 00:53:49 | 00:55:16 | 05:23 |
| 1428 | 2134 | Sławek Patelka 5km: 00:26:38 | POL | | Suchy Las | 1975 | M40 | 241 | 1211 | | 00:53:51 | 00:54:48 | 05:23 |
| 1429 | 855 | Kamila Szwedziak 5km: 00:26:33 | POL | Paczkowo | Paczkowo | 1978 | K40 | 39 | | 218 | 00:53:52 | 00:55:03 | 05:23 |
| 1430 | 1452 | Adrianna Dachtera 5km: 00:27:20 | POL | CASTORAMA KOMORNIKI | Swarzędz | 1990 | K25 | 35 | | 219 | 00:53:52 | 00:55:22 | 05:23 |
| 1431 | 2249 | Wiesław Brodziszewski 5km: 00:26:35 | POL | BRODEX TEAM SWARZĘDZ | Swarzędz | 1959 | M55 | 49 | 1212 | | 00:53:54 | 00:55:16 | 05:23 |
| 1432 | 422 | Ganesh Gupta 5km: 00:25:10 | POL | GCC GROUP | Swarzędz | 1978 | M40 | 242 | 1213 | | 00:53:55 | 00:54:03 | 05:23 |
| 1433 | 446 | Natalia Olszewska 5km: 00:27:16 | POL | UKS PAMIĄTKOWO | Pamiątkowo | 1977 | K40 | 40 | | 220 | 00:53:55 | 00:55:21 | 05:23 |
| 1434 | 2447 | Dariusz Ciepłucha 5km: 00:26:49 | POL | OGRODOWE LOVE TUREK | Turek | 1965 | M50 | 46 | 1214 | | 00:53:55 | 00:55:30 | 05:23 |
| 1435 | 2866 | Marcin Karczmarczyk 5km: 00:26:49 | POL | Osoba prywatna | Skórzewo | 1982 | M35 | 248 | 1215 | | 00:53:56 | 00:56:32 | 05:24 |
| 1436 | 626 | Marcin Wojciechowski 5km: 00:26:35 | POL | Bliźniak Team Śmigiel | Śmigiel | 1985 | M30 | 217 | 1216 | | 00:53:57 | 00:54:54 | 05:24 |
| 1437 | 2984 | Paulina Jankowska 5km: 00:27:19 | POL | Rehabalance Team | Skoki | 1990 | K25 | 36 | | 221 | 00:53:57 | 00:55:43 | 05:24 |
| 1438 | 1791 | Marek Łuczak 5km: 00:26:14 | POL | WKS SZEWCZE | Poznan | 1976 | M40 | 243 | 1217 | | 00:53:57 | 00:55:13 | 05:24 |
| 1439 | 2018 | Patrycja Bożkiewicz 5km: 00:27:10 | POL | HERNIK TEAM | Murowana Goślina | 1980 | K35 | 45 | | 222 | 00:53:58 | 00:54:44 | 05:24 |
| 1440 | 2094 | Mateusz Mankiewicz 5km: 00:26:26 | POL | | Gortatowo | 1993 | M25 | 140 | 1218 | | 00:53:58 | 00:55:50 | 05:24 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|------------------|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1441 | 671 | Adrian Błaszczyk 5km: 00:27:48 | POL | Zalasewo | Zalasewo | 1977 | M40 | 244 | 1219 | | 00:53:59 | 00:55:45 | 05:24 |
| 1442 | 296 | Rafał Mandziak 5km: 00:27:27 | POL | | Poznań | 1979 | M35 | 249 | 1220 | | 00:53:59 | 00:55:02 | 05:24 |
| 1443 | 1893 | Łukasz Bojek 5km: 00:25:52 | POL | | Leszno | 1990 | M25 | 141 | 1221 | | 00:53:59 | 00:54:21 | 05:24 |
| 1444 | 2091 | Alicja Strzelecka 5km: 00:26:51 | POL | | Swarzędz | 1985 | K30 | 44 | | 223 | 00:53:59 | 00:55:14 | 05:24 |
| 1445 | 1689 | Paweł Potrzebowski 5km: 00:26:16 | POL | | ZALASEWO | 2000 | M16 | 27 | 1222 | | 00:54:00 | 00:56:00 | 05:24 |
| 1446 | 1906 | Andrzej Waraczewski 5km: 00:27:13 | POL | Harpagan Gniezno | Gniezno | 1962 | M55 | 50 | 1223 | | 00:54:00 | 00:55:20 | 05:24 |
| 1447 | 1914 | Mirek Brych 5km: 00:26:26 | POL | XXX | Swarzędz | 1966 | M50 | 47 | 1224 | | 00:54:00 | 00:55:26 | 05:24 |
| 1448 | 1160 | Jarosław Andrzejewski 5km: 00:26:35 | POL | KP5M | Swarzędz | 1964 | M50 | 48 | 1225 | | 00:54:01 | 00:55:23 | 05:24 |
| 1449 | 630 | Maria Lasak 5km: 00:27:14 | POL | HERNIK TEAM | Poznań | 1983 | K35 | 46 | | 224 | 00:54:01 | 00:55:25 | 05:24 |
| 1450 | 687 | Daniel Ratajczak 5km: 00:27:02 | POL | | Radzewo | 1997 | M20 | 57 | 1226 | | 00:54:01 | 00:55:02 | 05:24 |
| 1451 | 565 | Beata Józwiak 5km: 00:26:41 | POL | Swarzędz | Swarzędz | 1985 | K30 | 45 | | 225 | 00:54:01 | 00:55:34 | 05:24 |
| 1452 | 932 | Krystian Brychczyński 5km: 00:25:59 | POL | WATAHA TEAM | Poznań | 1980 | M35 | 250 | 1227 | | 00:54:02 | 00:55:02 | 05:24 |
| 1453 | 1047 | Andrzej Nekanda-Trepka 5km: 00:26:36 | POL | PRO366 | Pobiedziska | 1972 | M45 | 140 | 1228 | | 00:54:02 | 00:55:13 | 05:24 |
| 1454 | 2237 | Aleksandra Wolna 5km: 00:26:41 | POL | WORUBA | Poznań | 1956 | K60 | 2 | | 226 | 00:54:03 | 00:54:37 | 05:24 |
| 1455 | 887 | Adam Zawada 5km: 00:26:34 | POL | | Gruszczyn | 1972 | M45 | 141 | 1229 | | 00:54:03 | 00:55:22 | 05:24 |
| 1456 | 2760 | Grzegorz Matecki 5km: 00:27:14 | POL | Teraz Tulce | TULCE | 1973 | M45 | 142 | 1230 | | 00:54:04 | 00:55:21 | 05:24 |
| 1457 | 2441 | Marek Zapała 5km: 00:26:45 | POL | Zalasewo | Zalasewo | 1982 | M35 | 251 | 1231 | | 00:54:04 | 00:55:12 | 05:24 |
| 1458 | 2925 | Grzegorz Staruk 5km: 00:27:04 | POL | W.P.I.P. | Puszczkowo | 1977 | M40 | 245 | 1232 | | 00:54:05 | 00:55:35 | 05:25 |
| 1459 | 2176 | Magdalena Roszyk 5km: 00:26:52 | POL | Drużyna Szpiku | POZNAŃ | 1980 | K35 | 47 | | 227 | 00:54:07 | 00:54:43 | 05:25 |
| 1460 | 1518 | Marcin Sułkowski 5km: 00:26:52 | POL | | Swarzędz | 2001 | M16 | 28 | 1233 | | 00:54:07 | 00:54:59 | 05:25 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|--------------------------------|--------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1461 | 221 | Małgorzata Leonarska 5km: 00:27:07 | POL | | Warszawa | 1987 | K30 | 46 | | 228 | 00:54:08 | 00:55:14 | 05:25 |
| 1462 | 751 | Monika Dziembowska 5km: 00:28:00 | POL | LINEAFIT doradztwo dietetyczne | SWARZĘDZ | 1984 | K30 | 47 | | 229 | 00:54:09 | 00:55:31 | 05:25 |
| 1463 | 1772 | Arkadiusz Wysocki 5km: 00:27:07 | POL | | Poznań | 1972 | M45 | 143 | 1234 | | 00:54:09 | 00:55:36 | 05:25 |
| 1464 | 624 | Kazimierz Ratajczak 5km: 00:26:43 | POL | Kościan Team | Kościan | 1956 | M60 | 32 | 1235 | | 00:54:10 | 00:55:56 | 05:25 |
| 1465 | 2047 | Grzegorz Celiński 5km: 00:27:15 | POL | | Środa Wlkp. | 1978 | M40 | 246 | 1236 | | 00:54:11 | 00:55:18 | 05:25 |
| 1466 | 2471 | Grażyna Rzeczkowska 5km: 00:26:32 | POL | ZiemniakiTeam | Rokietnica | 1985 | K30 | 48 | | 230 | 00:54:11 | 00:55:16 | 05:25 |
| 1467 | 2279 | Anna Szczucińska 5km: 00:26:44 | POL | | Poznań | 1979 | K35 | 48 | | 231 | 00:54:11 | 00:54:47 | 05:25 |
| 1468 | 171 | Joanna Witkowska 5km: 00:26:40 | POL | Czerwonak Biega | Miękowo | 1989 | K25 | 37 | | 232 | 00:54:12 | 00:55:24 | 05:25 |
| 1469 | 1220 | Marcin Czywczyński 5km: 00:27:02 | POL | Herb Polskich Półmaratonów | Poznań | 1983 | M35 | 252 | 1237 | | 00:54:13 | 00:54:59 | 05:25 |
| 1470 | 2518 | Mariusz Czerwiński 5km: 00:27:32 | POL | | Sępólno Krajeńskie | 1962 | M55 | 51 | 1238 | | 00:54:13 | 00:55:20 | 05:25 |
| 1471 | 2498 | Marcin Rosiński 5km: 00:26:53 | POL | Bridgestone Poznań | Słupca | 1987 | M30 | 218 | 1239 | | 00:54:13 | 00:55:12 | 05:25 |
| 1472 | 2745 | Piotr Jesiolowski 5km: 00:27:19 | POL | | Koninko | 1988 | M30 | 219 | 1240 | | 00:54:13 | 00:55:19 | 05:25 |
| 1473 | 1883 | Jarosław Lipski 5km: 00:26:43 | POL | | Swarzędz | 1977 | M40 | 247 | 1241 | | 00:54:14 | 00:55:33 | 05:25 |
| 1474 | 2349 | Paweł Piaskowski 5km: 00:26:44 | POL | AMATOR | SIEDLEC | 1972 | M45 | 144 | 1242 | | 00:54:15 | 00:55:14 | 05:26 |
| 1475 | 2785 | Małgorzata Skowrońska-Bizan 5km: 00:27:15 | POL | BIZON'S CREW | SWARZĘDZ | 1974 | K40 | 41 | | 233 | 00:54:16 | 00:55:24 | 05:26 |
| 1476 | 270 | Maciej Marciniak 5km: 00:26:48 | POL | | Poznań | 1964 | M50 | 49 | 1243 | | 00:54:16 | 00:55:10 | 05:26 |
| 1477 | 1766 | Damian Żerko 5km: 00:26:43 | POL | | Gruszczyn | 1988 | M30 | 220 | 1244 | | 00:54:17 | 00:55:40 | 05:26 |
| 1478 | 160 | Mariusz Kossowski 5km: 00:27:19 | POL | KIMBALL ELECTRONICS POLAND | Poznań | 1974 | M40 | 248 | 1245 | | 00:54:17 | 00:55:34 | 05:26 |
| 1479 | 269 | Joanna Marciniak 5km: 00:26:49 | POL | | Poznań | 1989 | K25 | 38 | | 234 | 00:54:17 | 00:55:10 | 05:26 |
| 1480 | 1552 | Mariusz Smułczyński 5km: 00:27:20 | POL | | Czerlejno | 1992 | M25 | 142 | 1246 | | 00:54:18 | 00:56:25 | 05:26 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|---------------------|--------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1481 | 166 | Grzegorz Michalak 5km: 00:26:34 | POL | Looksfera/M-Tronic | Zalasewo | 1959 | M55 | 52 | 1247 | | 00:54:20 | 00:56:17 | 05:26 |
| 1482 | 353 | Grzegorz Kornaszewski 5km: 00:27:32 | POL | | Środa Wielkopolska | 1981 | M35 | 253 | 1248 | | 00:54:21 | 00:57:09 | 05:26 |
| 1483 | 1012 | Artur Lalka 5km: 00:27:17 | POL | Drużyna Szpiku | Miłosław | 1987 | M30 | 221 | 1249 | | 00:54:22 | 00:55:46 | 05:26 |
| 1484 | 441 | Dominik Komiński 5km: 00:26:12 | POL | Husaria Race Team | Swarzędz | 1999 | M16 | 29 | 1250 | | 00:54:22 | 00:55:11 | 05:26 |
| 1485 | 1475 | Natalia Chruściel 5km: 00:26:37 | POL | | Swarzędz | 1988 | K30 | 49 | | 235 | 00:54:23 | 00:55:36 | 05:26 |
| 1486 | 1023 | Paweł Zborowski 5km: 00:27:12 | POL | 1969 | Plewiska | 1969 | M45 | 145 | 1251 | | 00:54:23 | 00:56:34 | 05:26 |
| 1487 | 940 | Jacek Kamiński 5km: 00:27:29 | POL | | Swarzędz | 1973 | M45 | 146 | 1252 | | 00:54:24 | 00:55:30 | 05:26 |
| 1488 | 2376 | Rafał Hernik 5km: 00:27:05 | POL | | Swarzędz | 1985 | M30 | 222 | 1253 | | 00:54:24 | 00:55:54 | 05:26 |
| 1489 | 2375 | Marta Hernik 5km: 00:27:04 | POL | | Swarzędz | 1985 | K30 | 50 | | 236 | 00:54:24 | 00:55:54 | 05:26 |
| 1490 | 1751 | Marek Nowak 5km: 00:27:53 | POL | | Swarzędz | 1978 | M40 | 249 | 1254 | | 00:54:25 | 00:56:27 | 05:26 |
| 1491 | 2187 | Justyna Iwanowska 5km: 00:26:27 | POL | Nice Lady Fitness | Poznań | 1985 | K30 | 51 | | 237 | 00:54:25 | 00:55:34 | 05:26 |
| 1492 | 277 | Sławomir Radzi 5km: 00:27:13 | POL | | Czarnków | 1978 | M40 | 250 | 1255 | | 00:54:25 | 00:55:39 | 05:27 |
| 1493 | 1646 | Tomasz Bilski 5km: 00:27:26 | POL | Active Nekla | Nekla | 1975 | M40 | 251 | 1256 | | 00:54:25 | 00:55:02 | 05:27 |
| 1494 | 2880 | Hubert Naparty 5km: 00:25:58 | POL | Husaria Bogdanowo | Oborniki | 1994 | M20 | 58 | 1257 | | 00:54:26 | 00:55:16 | 05:27 |
| 1495 | 1341 | Tomasz Czaplicki 5km: 00:27:23 | POL | | Poznań | 1965 | M50 | 50 | 1258 | | 00:54:26 | 00:55:41 | 05:27 |
| 1496 | 682 | Piotr Olbryś 5km: 00:27:24 | POL | VW Solidarność | Gruszczyn | 1974 | M40 | 252 | 1259 | | 00:54:26 | 00:55:41 | 05:27 |
| 1497 | 1415 | Krystyna Zajączkowska 5km: 00:26:34 | POL | | Babki | 1961 | K55 | 4 | | 238 | 00:54:27 | 00:55:35 | 05:27 |
| 1498 | 2726 | Marcin Prymowicz 5km: 00:27:00 | POL | | Swarzędz | 1986 | M30 | 223 | 1260 | | 00:54:28 | 00:55:57 | 05:27 |
| 1499 | 157 | Piotr Żurek 5km: 00:27:23 | POL | Democo Running Team | Powidz | 1986 | M30 | 224 | 1261 | | 00:54:29 | 00:55:39 | 05:27 |
| 1500 | 2406 | Michał Witczak 5km: 00:27:30 | POL | gRUNwald team | Poznań | 1989 | M25 | 143 | 1262 | | 00:54:29 | 00:55:26 | 05:27 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|----------------------|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1501 | 2009 | Alicja Rachuta 5km: 00:27:30 | POL | gRUNwald team Poznań | Poznań | 1990 | K25 | 39 | | 239 | 00:54:29 | 00:55:26 | 05:27 |
| 1502 | 1842 | Adam Prosianowski 5km: 00:27:22 | POL | | Swarzędz | 1974 | M40 | 253 | 1263 | | 00:54:30 | 00:55:50 | 05:27 |
| 1503 | 1385 | Łukasz Krystkiewicz 5km: 00:26:41 | POL | Teraz Tulce | Tulce | 1981 | M35 | 254 | 1264 | | 00:54:31 | 00:55:12 | 05:27 |
| 1504 | 2747 | Aleksandra Kajper 5km: 00:26:56 | POL | | Poznań | 1972 | K45 | 21 | | 240 | 00:54:31 | 00:55:42 | 05:27 |
| 1505 | 438 | Tymoteusz Szrejbrowski 5km: 00:27:30 | POL | | Poznań | 1980 | M35 | 255 | 1265 | | 00:54:32 | 00:55:26 | 05:27 |
| 1506 | 1789 | Ewelina Goldysiak 5km: 00:26:50 | POL | | Poznań | 1984 | K30 | 52 | | 241 | 00:54:32 | 00:55:28 | 05:27 |
| 1507 | 2663 | Jarosław Dąbrowski 5km: 00:26:19 | POL | | Komorniki | 1981 | M35 | 256 | 1266 | | 00:54:33 | 00:55:20 | 05:27 |
| 1508 | 1440 | Marek Praczyk 5km: 00:26:11 | POL | | Czerwonak | 1974 | M40 | 254 | 1267 | | 00:54:33 | 00:56:24 | 05:27 |
| 1509 | 2664 | Maria Molska 5km: 00:26:19 | POL | | Komorniki | 1981 | K35 | 49 | | 242 | 00:54:33 | 00:55:20 | 05:27 |
| 1510 | 1555 | Piotr Kominowski 5km: 00:27:10 | POL | bbl | Owińska | 1953 | M65 | 19 | 1268 | | 00:54:34 | 00:55:53 | 05:27 |
| 1511 | 620 | Wojciech Błoch 5km: 00:27:29 | POL | wojtasTeam | Czempiń | 1987 | M30 | 225 | 1269 | | 00:54:34 | 00:55:42 | 05:27 |
| 1512 | 1314 | Karolina Mądrzak 5km: 00:27:02 | POL | Powiat Poznański | Poznań | 1979 | K35 | 50 | | 243 | 00:54:35 | 00:55:38 | 05:28 |
| 1513 | 1705 | Wiesław Szukała 5km: 00:27:39 | POL | PIWNA STOPA | Zalasewo | 1966 | M50 | 51 | 1270 | | 00:54:36 | 00:56:45 | 05:28 |
| 1514 | 2216 | Maciej Urbas 5km: 00:27:46 | POL | Zaniemyśl | Zaniemyśl | 1990 | M25 | 144 | 1271 | | 00:54:36 | 00:56:23 | 05:28 |
| 1515 | 2015 | Mateusz Kiciński 5km: 00:26:22 | POL | | Komorniki | 1994 | M20 | 59 | 1272 | | 00:54:38 | 00:55:02 | 05:28 |
| 1516 | 2423 | Jerzy Górniak 5km: 00:27:02 | POL | Co nas podkusiło | Gruszczyn | 1965 | M50 | 52 | 1273 | | 00:54:38 | 00:56:06 | 05:28 |
| 1517 | 1063 | Hubert Dowgird 5km: 00:28:12 | POL | | Swarzędz | 2000 | M16 | 30 | 1274 | | 00:54:39 | 00:56:37 | 05:28 |
| 1518 | 2213 | Dariusz Przybylak 5km: 00:27:45 | POL | Przybylak Team | Swarzędz | 1977 | M40 | 255 | 1275 | | 00:54:39 | 00:56:53 | 05:28 |
| 1519 | 1517 | Remigiusz Sułkowski 5km: 00:26:50 | POL | | Swarzędz | 1973 | M45 | 147 | 1276 | | 00:54:40 | 00:55:33 | 05:28 |
| 1520 | 243 | Maciej Tomczyk 5km: 00:27:55 | POL | | Poznań | 1975 | M40 | 256 | 1277 | | 00:54:40 | 00:56:15 | 05:28 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-----------------------------------|-----------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1521 | 2724 | Bartosz Kaliszuk 5km: 00:27:03 | POL | | Swarzędz | 1986 | M30 | 226 | 1278 | | 00:54:41 | 00:56:09 | 05:28 |
| 1522 | 2036 | Artur Skąła 5km: 00:26:50 | POL | Platinum | Swarzędz | 1976 | M40 | 257 | 1279 | | 00:54:41 | 00:55:30 | 05:28 |
| 1523 | 286 | Krzysztof Frankiewicz 5km: 00:27:35 | POL | KRISTAL | Swarzędz | 1975 | M40 | 258 | 1280 | | 00:54:41 | 00:56:01 | 05:28 |
| 1524 | 2816 | Adam Tomczyk 5km: 00:27:56 | POL | | Lusowo | 1999 | M16 | 31 | 1281 | | 00:54:41 | 00:56:15 | 05:28 |
| 1525 | 2066 | Maciej Golczak 5km: 00:27:46 | POL | WHISKY DRINKERS | POZNAŃ | 1969 | M45 | 148 | 1282 | | 00:54:42 | 00:56:20 | 05:28 |
| 1526 | 2935 | Maciej Rogodziński 5km: 00:28:33 | POL | W.P.I.P. | Poznań | 1991 | M25 | 145 | 1283 | | 00:54:42 | 00:54:42 | 05:28 |
| 1527 | 1930 | Katarzyna Kozielczyk 5km: 00:26:34 | POL | | Poznań | 1976 | K40 | 42 | | 244 | 00:54:43 | 00:56:51 | 05:28 |
| 1528 | 1493 | Nikola Śliwa 5km: 00:28:05 | POL | BS Truchtacz Dobrzyca | Dobrzyca | 2001 | K16 | 8 | | 245 | 00:54:43 | 00:56:28 | 05:28 |
| 1529 | 1507 | Radek Staniszczyk 5km: 00:27:38 | POL | | Stonin | 1986 | M30 | 227 | 1284 | | 00:54:43 | 00:55:59 | 05:28 |
| 1530 | 394 | Edmund Dłoniak 5km: 00:27:24 | POL | Sokół Gniewkowo | Gniewkowo | 1945 | M70 | 5 | 1285 | | 00:54:43 | 00:56:18 | 05:28 |
| 1531 | 884 | Teresa Hetner 5km: 00:27:17 | POL | KB Wikon Nowa Sól | Nowa Sol | 1982 | K35 | 51 | | 246 | 00:54:44 | 00:55:48 | 05:28 |
| 1532 | 2048 | Jakub Wiśniewski 5km: 00:27:35 | POL | Luna Team | Poznań | 1985 | M30 | 228 | 1286 | | 00:54:44 | 00:56:20 | 05:28 |
| 1533 | 795 | Piotr Szott 5km: 00:27:03 | POL | LE-BIEGA | Poznań | 1958 | M60 | 33 | 1287 | | 00:54:46 | 00:56:40 | 05:29 |
| 1534 | 2623 | Adrian Obrębski 5km: 00:28:09 | POL | | Swarzędz | 1987 | M30 | 229 | 1288 | | 00:54:46 | 00:56:53 | 05:29 |
| 1535 | 2236 | Andrzej Dróżyński 5km: 00:27:34 | POL | Helenka Team | Poznań | 1983 | M35 | 257 | 1289 | | 00:54:47 | 00:56:24 | 05:29 |
| 1536 | 1389 | Andrzej Pilaczyński 5km: 00:26:57 | POL | | Poznań | 1962 | M55 | 53 | 1290 | | 00:54:48 | 00:56:31 | 05:29 |
| 1537 | 965 | Piotr Antkowiak 5km: 00:25:37 | POL | Antkowiak Gębiak i Wspólnicy s.c. | Poznań | 1982 | M35 | 258 | 1291 | | 00:54:49 | 00:55:28 | 05:29 |
| 1538 | 1392 | Anna Krawczyk 5km: 00:26:15 | POL | Night Runners Ostrów Wielkopolski | Gorzyce Wielkie | 1980 | K35 | 52 | | 247 | 00:54:50 | 00:55:20 | 05:29 |
| 1539 | 343 | Adrian Szukała 5km: | POL | Wroniecki Klub Biegacza | Wronki | 1990 | M25 | 146 | 1292 | | 00:54:50 | 00:55:54 | 05:29 |
| 1540 | 2535 | Adrian Surków 5km: 00:27:26 | POL | Nie Ma Lipy Swarzędz Team | swarzędz | 1982 | M35 | 259 | 1293 | | 00:54:50 | 00:55:53 | 05:29 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|--------------------------------|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1541 | 2903 | Hanna Biadała 5km: 00:27:17 | POL | PRO366 | Swarzędz | 1972 | K45 | 22 | | 248 | 00:54:51 | 00:55:37 | 05:29 |
| 1542 | 2774 | Marek Zawadzki 5km: 00:27:33 | POL | | Licheń | 1976 | M40 | 259 | 1294 | | 00:54:51 | 00:55:50 | 05:29 |
| 1543 | 1731 | Łukasz Jankowski 5km: 00:26:19 | POL | | Kostrzyn | 1982 | M35 | 260 | 1295 | | 00:54:51 | 00:55:23 | 05:29 |
| 1544 | 935 | Hanna Bandosz 5km: 00:27:17 | POL | PRO366 | Swarzędz | 1977 | K40 | 43 | | 249 | 00:54:51 | 00:55:36 | 05:29 |
| 1545 | 1501 | Andrzej Kubacki 5km: 00:28:00 | POL | | Poznań | 1982 | M35 | 261 | 1296 | | 00:54:51 | 00:56:19 | 05:29 |
| 1546 | 2757 | Maciej Lizik 5km: 00:27:35 | POL | | Swarzedz | 1982 | M35 | 262 | 1297 | | 00:54:52 | 00:55:49 | 05:29 |
| 1547 | 2491 | Szymon Kabat 5km: 00:26:53 | POL | TeamRomans | Krotoszyn | 1973 | M45 | 149 | 1298 | | 00:54:52 | 00:55:39 | 05:29 |
| 1548 | 2775 | Donata Lizik-Zawadzka 5km: 00:27:36 | POL | | Licheń | 1977 | K40 | 44 | | 250 | 00:54:53 | 00:55:49 | 05:29 |
| 1549 | 2708 | Ewa Guderian-Czaplińska 5km: 00:27:09 | POL | nie | Poznań | 1962 | K55 | 5 | | 251 | 00:54:55 | 00:55:35 | 05:29 |
| 1550 | 2824 | Weronika Mikołajczak 5km: 00:27:32 | POL | Września | Września | 1991 | K25 | 40 | | 252 | 00:54:55 | 00:56:45 | 05:29 |
| 1551 | 1491 | Andrzej Muszyński 5km: 00:28:05 | POL | BS Truchtacz Dobrzyca | Dobrzyca | 1953 | M65 | 20 | 1299 | | 00:54:55 | 00:56:40 | 05:30 |
| 1552 | 2296 | Artur Greser 5km: 00:26:15 | POL | Team Gresery | Bogucin | 1974 | M40 | 260 | 1300 | | 00:54:56 | 00:55:31 | 05:30 |
| 1553 | 1892 | Daniel Rowiński 5km: 00:28:08 | POL | | Promnice | 2001 | M16 | 32 | 1301 | | 00:54:56 | 00:56:01 | 05:30 |
| 1554 | 1891 | Tomasz Rowiński 5km: 00:28:09 | POL | | Promnice | 1976 | M40 | 261 | 1302 | | 00:54:57 | 00:56:02 | 05:30 |
| 1555 | 1253 | Sławomir Ratajczak 5km: 00:27:02 | POL | DRUZYNA SZPIKU | pROMNICE | 1977 | M40 | 262 | 1303 | | 00:54:57 | 00:57:14 | 05:30 |
| 1556 | 2356 | Paweł Rakoczy 5km: 00:28:12 | POL | | Poznań | 1985 | M30 | 230 | 1304 | | 00:54:58 | 00:56:52 | 05:30 |
| 1557 | 597 | Michał Ratajczyk 5km: 00:28:04 | POL | | Garby | 1984 | M30 | 231 | 1305 | | 00:54:58 | 00:56:44 | 05:30 |
| 1558 | 2157 | Tomasz Łączny 5km: 00:28:09 | POL | | Dąbrówka | 1988 | M30 | 232 | 1306 | | 00:54:59 | 00:56:22 | 05:30 |
| 1559 | 1962 | Dariusz Kierzek 5km: 00:27:47 | POL | | Września | 1994 | M20 | 60 | 1307 | | 00:54:59 | 00:56:53 | 05:30 |
| 1560 | 1138 | Hanna Buchwald 5km: 00:27:32 | POL | Zmęczeni na Starcie Dobiegniew | Czapury | 1980 | K35 | 53 | | 253 | 00:55:00 | 00:55:44 | 05:30 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|------------------------------------|---------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1561 | 1169 | Magdalena Podbylska 5km: 00:27:32 | POL | Zmęczeni na Starcie Dobiegniew | Luboń | 1976 | K40 | 45 | | 254 | 00:55:00 | 00:55:44 | 05:30 |
| 1562 | 2171 | Tomasz Kaftanski 5km: 00:26:56 | POL | | Poznań | 1978 | M40 | 263 | 1308 | | 00:55:00 | 00:55:55 | 05:30 |
| 1563 | 384 | Dominik Pempera 5km: 00:27:25 | POL | Olsen Team / Drużyna Lecha Poznań | Poznań | 1987 | M30 | 233 | 1309 | | 00:55:01 | 00:56:37 | 05:30 |
| 1564 | 2755 | Arkadiusz Golebniak 5km: 00:26:21 | POL | | Orzechowo | 1990 | M25 | 147 | 1310 | | 00:55:01 | 00:55:36 | 05:30 |
| 1565 | 1054 | Joanna Robakowska 5km: 00:26:16 | POL | Night Runners | Ostrów Wielkopolski | 1983 | K35 | 54 | | 255 | 00:55:02 | 00:55:32 | 05:30 |
| 1566 | 2658 | Tomasz Prałat 5km: 00:27:02 | POL | Batalion Wiejski Skrzetuszewo | Gniezno | 1981 | M35 | 263 | 1311 | | 00:55:02 | 00:56:22 | 05:30 |
| 1567 | 6 | Alicja Waraksa-Henicz 5km: 00:26:41 | POL | | Swarzędz | 1989 | K25 | 41 | | 256 | 00:55:03 | 00:55:11 | 05:30 |
| 1568 | 379 | Piotr Koterba 5km: 00:27:05 | POL | BNIN | Kórnik | 1975 | M40 | 264 | 1312 | | 00:55:04 | 00:56:12 | 05:30 |
| 1569 | 2712 | Przemysław Czaplński 5km: 00:27:09 | POL | nie | Poznań | 1962 | M55 | 54 | 1313 | | 00:55:04 | 00:55:44 | 05:30 |
| 1570 | 1188 | Inga Kruger 5km: 00:27:22 | POL | Borowo Młyn Team | Biskupice | 1986 | K30 | 53 | | 257 | 00:55:04 | 00:56:26 | 05:30 |
| 1571 | 2692 | Kasia Matelska 5km: 00:27:21 | POL | | Biskupice | 1969 | K45 | 23 | | 258 | 00:55:05 | 00:56:27 | 05:30 |
| 1572 | 1951 | Arkadiusz Sarama 5km: 00:27:25 | POL | Biegająca Kasta Miedziowego Miasta | Lubin | 1970 | M45 | 150 | 1314 | | 00:55:05 | 00:56:10 | 05:31 |
| 1573 | 1847 | Maciej Dorożala 5km: 00:28:08 | POL | Goleńczewo | Goleńczewo | 1974 | M40 | 265 | 1315 | | 00:55:06 | 00:56:11 | 05:31 |
| 1574 | 2479 | Patryk Strzechmiński 5km: 00:26:38 | POL | | KołoBrzeg | 1992 | M25 | 148 | 1316 | | 00:55:07 | 00:55:17 | 05:31 |
| 1575 | 2169 | Adrian Mielcarek 5km: | POL | | Poznan | 1991 | M25 | 149 | 1317 | | 00:55:08 | 00:56:50 | 05:31 |
| 1576 | 2347 | Jarek Gogolkiewicz 5km: 00:28:24 | POL | Leniwcze | Swarzedz | 1979 | M35 | 264 | 1318 | | 00:55:08 | 00:56:35 | 05:31 |
| 1577 | 960 | Jakub Kliks 5km: 00:27:08 | POL | ZMĘCZENI JUŻ PRZED BIEGIEM | Poznań | 1998 | M20 | 61 | 1319 | | 00:55:09 | 00:56:42 | 05:31 |
| 1578 | 2113 | Łukasz Pospieszny 5km: 00:27:13 | POL | Idz Pod Prad Poznan | Poznań | 1983 | M35 | 265 | 1320 | | 00:55:09 | 00:57:15 | 05:31 |
| 1579 | 2674 | Jerzy Wiśniewski 5km: 00:28:26 | POL | | Swarzędz | 1967 | M50 | 53 | 1321 | | 00:55:09 | 00:56:36 | 05:31 |
| 1580 | 542 | Piotr Szmyt 5km: 00:27:10 | POL | Four runners group | Poznsn | 1977 | M40 | 266 | 1322 | | 00:55:09 | 00:56:28 | 05:31 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|------------------------------|--------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1581 | 2220 | Przemysław Guzik 5km: 00:27:52 | POL | | Poznań | 1969 | M45 | 151 | 1323 | | 00:55:09 | 00:56:25 | 05:31 |
| 1582 | 1429 | Łukasz Bolewski 5km: 00:28:06 | POL | | PACZKOWO | 1976 | M40 | 267 | 1324 | | 00:55:10 | 00:56:36 | 05:31 |
| 1583 | 382 | Bartosz Szczepankiewicz 5km: 00:27:45 | POL | Smart Fizjo | Gniezno | 1984 | M30 | 234 | 1325 | | 00:55:13 | 00:56:23 | 05:31 |
| 1584 | 2868 | Jacek Banasiak 5km: 00:27:58 | POL | | Poznań | 1974 | M40 | 268 | 1326 | | 00:55:14 | 00:56:47 | 05:31 |
| 1585 | 1606 | Piotr Zontek 5km: 00:27:21 | POL | działki500plus | Poznań | 1974 | M40 | 269 | 1327 | | 00:55:14 | 00:57:50 | 05:31 |
| 1586 | 674 | Grażyna Herman 5km: 00:28:06 | POL | | Poznań | 1966 | K50 | 10 | | 259 | 00:55:14 | 00:57:06 | 05:31 |
| 1587 | 2531 | Paweł Roszyk 5km: 00:26:22 | POL | | Witkowo | 1962 | M55 | 55 | 1328 | | 00:55:15 | 00:55:33 | 05:31 |
| 1588 | 1630 | Magdalena Furmanek 5km: 00:27:34 | POL | SZNEKA RUNNERS TEAM | Środa Wlkp. | 1980 | K35 | 55 | | 260 | 00:55:15 | 00:56:20 | 05:32 |
| 1589 | 772 | Piotr Gębiak 5km: 00:27:16 | POL | Antkowiak Gębiak i Wspólnicy | Poznań | 1984 | M30 | 235 | 1329 | | 00:55:15 | 00:56:34 | 05:32 |
| 1590 | 2252 | Tomasz Dębicki 5km: 00:26:43 | POL | | Swarzędz | 1973 | M45 | 152 | 1330 | | 00:55:16 | 00:56:34 | 05:32 |
| 1591 | 1596 | Katarzyna Elias 5km: 00:26:59 | POL | | Poznań | 1965 | K50 | 11 | | 261 | 00:55:16 | 00:56:22 | 05:32 |
| 1592 | 1312 | Marta Dolińska 5km: 00:27:51 | POL | | Zalasewo | 1995 | K20 | 18 | | 262 | 00:55:17 | 00:57:15 | 05:32 |
| 1593 | 520 | Wojciech Zagierski 5km: 00:27:31 | POL | wojtasTeam | Poznań | 1990 | M25 | 150 | 1331 | | 00:55:17 | 00:56:25 | 05:32 |
| 1594 | 361 | Czesław Malicki 5km: 00:27:35 | POL | | Swarzędz | 1958 | M60 | 34 | 1332 | | 00:55:17 | 00:56:43 | 05:32 |
| 1595 | 1266 | Agnieszka Wilusz 5km: 00:27:57 | POL | UTAL TEAM | Poznań | 1972 | K45 | 24 | | 263 | 00:55:18 | 00:57:08 | 05:32 |
| 1596 | 250 | Andrzej Woga 5km: 00:26:57 | POL | KB DęBIEC | Poznań | 1965 | M50 | 54 | 1333 | | 00:55:19 | 00:55:40 | 05:32 |
| 1597 | 2283 | Marcin Pawłowski 5km: 00:27:31 | POL | | Łowyń | 1977 | M40 | 270 | 1334 | | 00:55:19 | 00:56:39 | 05:32 |
| 1598 | 637 | Viola Kopańska-Chomik 5km: 00:27:10 | POL | FRASTAŚ POZNAŃ | Poznań | 1976 | K40 | 46 | | 264 | 00:55:22 | 00:56:17 | 05:32 |
| 1599 | 153 | Kasia Rybarczyk 5km: 00:28:03 | POL | BS BIEGA | JAROSZEWO PIERWSZE | 1981 | K35 | 56 | | 265 | 00:55:23 | 00:56:47 | 05:32 |
| 1600 | 1941 | Olga Kamińska 5km: 00:26:46 | POL | | Poznań | 1991 | K25 | 42 | | 266 | 00:55:23 | 00:56:15 | 05:32 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|--------------------------------|--------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1601 | 1917 | Przemysław Wittke 5km: 00:27:22 | POL | Castorama Swarzędz | Swarzędz | 1987 | M30 | 236 | 1335 | | 00:55:24 | 00:56:51 | 05:32 |
| 1602 | 2156 | Malwina Mazur-Łączna 5km: 00:28:07 | POL | | Dąbrówka | 1988 | K30 | 54 | | 267 | 00:55:24 | 00:56:47 | 05:32 |
| 1603 | 1056 | Jakub Grzesiak 5km: 00:27:50 | POL | Jagoda Team | POZNAŃ | 1972 | M45 | 153 | 1336 | | 00:55:25 | 00:57:11 | 05:32 |
| 1604 | 2460 | Joanna Dybowska 5km: 00:26:52 | POL | Świat Biegacza Fehlau Run Team | Poznań | 1981 | K35 | 57 | | 268 | 00:55:26 | 00:55:51 | 05:33 |
| 1605 | 1592 | Patryk Gajewski 5km: 00:27:33 | POL | | Poznań | 1988 | M30 | 237 | 1337 | | 00:55:28 | 00:56:36 | 05:33 |
| 1606 | 362 | Artur Kaczmarek 5km: 00:27:14 | POL | | Gniezno | 1977 | M40 | 271 | 1338 | | 00:55:29 | 00:56:18 | 05:33 |
| 1607 | 572 | Arkadiusz Kiereś 5km: 00:27:25 | POL | | Gorzkie Pole | 1975 | M40 | 272 | 1339 | | 00:55:29 | 00:56:33 | 05:33 |
| 1608 | 570 | Jacek Maj 5km: 00:27:02 | POL | | Gortatowo | 1973 | M45 | 154 | 1340 | | 00:55:29 | 00:55:35 | 05:33 |
| 1609 | 1525 | Rafał Socha 5km: 00:27:55 | POL | Castorama Swarzędz | Wierzenica | 1975 | M40 | 273 | 1341 | | 00:55:31 | 00:57:03 | 05:33 |
| 1610 | 685 | Tomasz Kluza 5km: 00:27:19 | POL | Night Runners | Mogilno | 1982 | M35 | 266 | 1342 | | 00:55:31 | 00:56:49 | 05:33 |
| 1611 | 240 | Adam Widziński 5km: 00:27:08 | POL | sympatyczny salon optyczny | Poznań | 1985 | M30 | 238 | 1343 | | 00:55:31 | 00:58:03 | 05:33 |
| 1612 | 1141 | Piotr Mazurek 5km: 00:27:55 | POL | | Czmoń | 1983 | M35 | 267 | 1344 | | 00:55:32 | 00:57:09 | 05:33 |
| 1613 | 1350 | Dariusz Kaźmierczak 5km: 00:27:13 | POL | | Daszewice | 1969 | M45 | 155 | 1345 | | 00:55:33 | 00:56:39 | 05:33 |
| 1614 | 2555 | Mateusz Kwintkiewicz 5km: 00:24:56 | POL | Zapierdalam bo lubie | Chomęcice | 1991 | M25 | 151 | 1346 | | 00:55:34 | 00:56:00 | 05:33 |
| 1615 | 1300 | Małgorzata Bogacka 5km: 00:27:34 | POL | | Swarzędz | 1982 | K35 | 58 | | 269 | 00:55:34 | 00:56:56 | 05:33 |
| 1616 | 2917 | Paweł Wawrzaszek 5km: 00:27:17 | POL | | Swarzędz | 1969 | M45 | 156 | 1347 | | 00:55:36 | 00:56:55 | 05:34 |
| 1617 | 1148 | Beata Wejman 5km: 00:28:03 | POL | | swarzedz | 1977 | K40 | 47 | | 270 | 00:55:37 | 00:57:40 | 05:34 |
| 1618 | 1456 | Krzysztof Pajor 5km: 00:27:55 | POL | KB-SPOKO | Swarzędz | 1978 | M40 | 274 | 1348 | | 00:55:37 | 00:56:51 | 05:34 |
| 1619 | 2095 | Daria Czekalska 5km: 00:27:35 | POL | PCH_RUN | Chodzież | 1985 | K30 | 55 | | 271 | 00:55:38 | 00:56:57 | 05:34 |
| 1620 | 1208 | Piotr Jarysz 5km: 00:27:51 | POL | 1984 | Poznan | 1984 | M30 | 239 | 1349 | | 00:55:39 | 00:57:33 | 05:34 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|--------------------------------|----------------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1621 | 2569 | Agata Grabowska 5km: 00:24:57 | POL | Zapierdalam bo lubię | Mogilno | 1997 | K20 | 19 | | 272 | 00:55:39 | 00:56:04 | 05:34 |
| 1622 | 409 | Mariola Orpel 5km: 00:28:40 | POL | Rozpędzeni Wiatrem Golina | Golina | 1966 | K50 | 12 | | 273 | 00:55:40 | 00:57:26 | 05:34 |
| 1623 | 2568 | Paula Bagińska 5km: 00:27:59 | POL | Krecikowie | Poznań | 1991 | K25 | 43 | | 274 | 00:55:41 | 00:56:51 | 05:34 |
| 1624 | 1074 | Józef Kębłowski 5km: 00:27:32 | POL | Henocha | POZNAŃ | 1956 | M60 | 35 | 1350 | | 00:55:41 | 00:56:47 | 05:34 |
| 1625 | 861 | Krzysztof Olszański 5km: 00:26:22 | POL | Ofix.pl Bike Team | Poznań | 1980 | M35 | 268 | 1351 | | 00:55:42 | 00:56:27 | 05:34 |
| 1626 | 411 | Agnieszka Czekaj 5km: 00:28:39 | POL | Rozpędzeni Wiatrem Golina | Golina | 1982 | K35 | 59 | | 275 | 00:55:43 | 00:57:30 | 05:34 |
| 1627 | 2949 | Daniel Pempera 5km: 00:27:26 | POL | INSTRUKTORZY ŁYŻWIARSTWA | Poznań | 1991 | M25 | 152 | 1352 | | 00:55:43 | 00:57:19 | 05:34 |
| 1628 | 2438 | Anita Szymańska 5km: 00:28:09 | POL | Anita biega bo lubi | Luboń | 1998 | K20 | 20 | | 276 | 00:55:44 | 00:57:12 | 05:34 |
| 1629 | 2616 | Mariusz Sokołowski 5km: 00:27:23 | POL | | Poznań | 1976 | M40 | 275 | 1353 | | 00:55:44 | 00:56:50 | 05:34 |
| 1630 | 2714 | Waldemar Andrzejewski 5km: 00:27:28 | POL | | poznan | 1961 | M55 | 56 | 1354 | | 00:55:44 | 00:57:21 | 05:34 |
| 1631 | 2303 | Bartosz Przybysz 5km: 00:27:58 | POL | | MUROWANA GOŚLINA | 1984 | M30 | 240 | 1355 | | 00:55:45 | 00:57:11 | 05:34 |
| 1632 | 293 | Marcin Kaletka 5km: 00:27:11 | POL | Zmęczeni na Starcie Dobiegniew | Komorniki | 1982 | M35 | 269 | 1356 | | 00:55:45 | 00:57:22 | 05:34 |
| 1633 | 465 | Mirosław Czech 5km: 00:27:37 | POL | | Ślupca | 1971 | M45 | 157 | 1357 | | 00:55:45 | 00:56:56 | 05:35 |
| 1634 | 1829 | Andrzej Juszcak 5km: 00:27:01 | POL | | Borówiec | 1957 | M60 | 36 | 1358 | | 00:55:46 | 00:56:55 | 05:35 |
| 1635 | 469 | Artur Grzesiak 5km: 00:27:37 | POL | | Swarzędz | 1974 | M40 | 276 | 1359 | | 00:55:46 | 00:56:56 | 05:35 |
| 1636 | 1068 | Bernard Herman 5km: 00:27:34 | POL | Opolskie | Ligota Prószkowska | 1967 | M50 | 55 | 1360 | | 00:55:46 | 00:57:30 | 05:35 |
| 1637 | 2808 | Agnieszka Szczotkowska 5km: 00:26:25 | POL | | Poznań | 1991 | K25 | 44 | | 277 | 00:55:47 | 00:56:39 | 05:35 |
| 1638 | 613 | Remigiusz Szydrowski 5km: 00:26:38 | POL | Zalasewo | Zalasewo | 1962 | M55 | 57 | 1361 | | 00:55:48 | 00:56:41 | 05:35 |
| 1639 | 1105 | Artur Wala 5km: 00:28:41 | POL | Garbarzyńcy Team | Garby | 1971 | M45 | 158 | 1362 | | 00:55:48 | 00:56:59 | 05:35 |
| 1640 | 1620 | Tomasz Bogunia 5km: 00:27:25 | POL | RRRR | Poznań (Poznań-Stare Miast | 1978 | M40 | 277 | 1363 | | 00:55:49 | 00:57:13 | 05:35 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|-------------------------|-----------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1641 | 2318 | Krzysztof Róžański 5km: | POL | | Poznań | 1985 | M30 | 241 | 1364 | | 00:55:50 | 00:57:23 | 05:35 |
| 1642 | 5 | Piotr Henicz 5km: 00:26:10 | POL | | Swarzędz | 1965 | M50 | 56 | 1365 | | 00:55:50 | 00:56:49 | 05:35 |
| 1643 | 2143 | Paweł Rogodziński 5km: 00:27:29 | POL | KB Maraton Turek | Turek | 1968 | M50 | 57 | 1366 | | 00:55:51 | 00:56:10 | 05:35 |
| 1644 | 1858 | Urszula Cyraniak 5km: 00:27:42 | POL | Czerwonak Biega | Koziegłowy | 1971 | K45 | 25 | | 278 | 00:55:51 | 00:57:05 | 05:35 |
| 1645 | 657 | Ewa Nowińska 5km: 00:28:04 | POL | Drużyna Biegu Jońca | Poznań | 1969 | K45 | 26 | | 279 | 00:55:51 | 00:57:16 | 05:35 |
| 1646 | 371 | Dariusz Borcuch 5km: 00:28:37 | POL | NIGHT RUNNERS WRZEŚNIA | WRZEŚNIA | 1970 | M45 | 159 | 1367 | | 00:55:52 | 00:56:58 | 05:35 |
| 1647 | 878 | Agnieszka Lester-Szymańska 5km: 00:28:09 | POL | Huragan Szklarka Poznań | Poznań | 1981 | K35 | 60 | | 280 | 00:55:52 | 00:57:06 | 05:35 |
| 1648 | 2312 | Arkadiusz Cudo 5km: 00:26:27 | POL | | Zalasewo | 1989 | M25 | 153 | 1368 | | 00:55:52 | 00:56:44 | 05:35 |
| 1649 | 2293 | Dominik Stokowski 5km: 00:28:53 | POL | Borowo-Młyn Team | Gorzkie Pole | 2002 | M16 | 33 | 1369 | | 00:55:53 | 00:57:16 | 05:35 |
| 1650 | 877 | Łukasz Szymański 5km: 00:28:09 | POL | Huragan Szklarka Poznań | Poznań | 1980 | M35 | 270 | 1370 | | 00:55:53 | 00:57:06 | 05:35 |
| 1651 | 742 | Maciej Zielinski 5km: 00:27:34 | POL | Wilda. Biega | Poznan | 1973 | M45 | 160 | 1371 | | 00:55:53 | 00:57:07 | 05:35 |
| 1652 | 2004 | Przemysław Deigsler 5km: 00:26:37 | POL | | Poznań | 1974 | M40 | 278 | 1372 | | 00:55:54 | 00:57:18 | 05:35 |
| 1653 | 1467 | Tomasz Łojko 5km: 00:27:19 | POL | | Swarzędz | 1972 | M45 | 161 | 1373 | | 00:55:55 | 00:57:03 | 05:35 |
| 1654 | 1243 | Tomasz Majchrzak 5km: 00:28:07 | POL | | Poznań | 1993 | M25 | 154 | 1374 | | 00:55:55 | 00:57:36 | 05:35 |
| 1655 | 1809 | Barbara Wrzesińska 5km: 00:28:58 | POL | Dzikie Borsuki | Poznań | 1988 | K30 | 56 | | 281 | 00:55:55 | 00:57:38 | 05:36 |
| 1656 | 2814 | Adam Stępień 5km: 00:25:58 | POL | Siedlec klap | Kostrzyn Wielkopolski | 1993 | M25 | 155 | 1375 | | 00:55:56 | 00:56:46 | 05:36 |
| 1657 | 973 | Sebastian Haise 5km: 00:28:27 | POL | 1975 | Poznan | 1975 | M40 | 279 | 1376 | | 00:55:56 | 00:57:32 | 05:36 |
| 1658 | 318 | Radosław Stochaj 5km: 00:27:15 | POL | Wichrowy Poznań | Poznań | 1967 | M50 | 58 | 1377 | | 00:55:56 | 00:58:07 | 05:36 |
| 1659 | 2065 | Alicja Łabędzka-Bugaj 5km: 00:28:19 | POL | KB DeBIEC | Poznań | 1965 | K50 | 13 | | 282 | 00:55:57 | 00:57:22 | 05:36 |
| 1660 | 1449 | Karol Malecki 5km: 00:27:58 | POL | | Poznań | 1981 | M35 | 271 | 1378 | | 00:55:57 | 00:57:20 | 05:36 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-------------------------|-------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1661 | 372 | Agata Płócienniczak 5km: 00:28:19 | POL | Night Runners Gniezno | Gniezno | 1982 | K35 | 61 | | 283 | 00:55:57 | 00:58:16 | 05:36 |
| 1662 | 1827 | Celina Madalińska 5km: 00:28:04 | POL | | Gowarzewo | 1982 | K35 | 62 | | 284 | 00:55:59 | 00:57:20 | 05:36 |
| 1663 | 2510 | Marek Kościelniak 5km: 00:27:21 | POL | CYBINA TEAM | Poznań | 1977 | M40 | 280 | 1379 | | 00:55:59 | 00:57:01 | 05:36 |
| 1664 | 375 | Krzysztof Krajewski 5km: 00:27:38 | POL | Biegam bo lubię :) | Swarzędz | 1976 | M40 | 281 | 1380 | | 00:56:00 | 00:57:29 | 05:36 |
| 1665 | 2508 | Marlena Drajerczak 5km: 00:27:22 | POL | MUAY RUNNING TEAM | Poznań | 1978 | K40 | 48 | | 285 | 00:56:01 | 00:57:02 | 05:36 |
| 1666 | 413 | Łukasz Waluszyński 5km: 00:28:24 | POL | SzyPcy i Wściekli | Gniezno | 1997 | M20 | 62 | 1381 | | 00:56:01 | 00:57:47 | 05:36 |
| 1667 | 2391 | Jacek Cichy 5km: 00:27:38 | POL | | Poznań | 1963 | M55 | 58 | 1382 | | 00:56:01 | 00:57:21 | 05:36 |
| 1668 | 771 | Bartosz Sokół 5km: 00:27:56 | POL | VW | TULCE | 1978 | M40 | 282 | 1383 | | 00:56:02 | 00:57:43 | 05:36 |
| 1669 | 2778 | Grzegorz Tomaszewski 5km: 00:27:59 | POL | | Swarzędz | 1983 | M35 | 272 | 1384 | | 00:56:02 | 00:56:36 | 05:36 |
| 1670 | 2655 | Maciej Nowak 5km: 00:28:36 | POL | Czerwonak | Czerwonak | 1970 | M45 | 162 | 1385 | | 00:56:02 | 00:57:30 | 05:36 |
| 1671 | 1381 | Katarzyna Czuk 5km: 00:26:45 | POL | | Toruń | 1988 | K30 | 57 | | 286 | 00:56:03 | 00:57:45 | 05:36 |
| 1672 | 876 | Natalia Kozierska 5km: 00:27:29 | POL | Beze Zeze | Poznań | 1986 | K30 | 58 | | 287 | 00:56:03 | 00:56:58 | 05:36 |
| 1673 | 3 | Małgorzata Sobańska 5km: 00:27:31 | POL | time2run | Kórnik | 1969 | K45 | 27 | | 288 | 00:56:03 | 00:56:31 | 05:36 |
| 1674 | 8 | Lidia Bartoszak 5km: 00:27:30 | POL | Bartoszak-Biegi/Saucony | Kiekrz | 1973 | K45 | 28 | | 289 | 00:56:03 | 00:56:31 | 05:36 |
| 1675 | 123 | Małgorzata Miller 5km: 00:27:24 | POL | Poznań | Poznań | 1982 | K35 | 63 | | 290 | 00:56:03 | 00:57:05 | 05:36 |
| 1676 | 2346 | Tomasz Urbaniak 5km: 00:27:36 | POL | Crocodigy | Jarocin | 1988 | M30 | 242 | 1386 | | 00:56:03 | 00:57:44 | 05:36 |
| 1677 | 760 | Michał Sztul 5km: 00:28:22 | POL | 1957 | Krzywiń | 1957 | M60 | 37 | 1387 | | 00:56:04 | 00:58:03 | 05:36 |
| 1678 | 1066 | Przemysław Kalinowski 5km: 00:27:02 | POL | | Siekierki Wielkie | 1969 | M45 | 163 | 1388 | | 00:56:05 | 00:57:01 | 05:37 |
| 1679 | 388 | Rafał Rybarski 5km: 00:27:47 | POL | Murowana Goślina | Murowana Goślina | 1970 | M45 | 164 | 1389 | | 00:56:05 | 00:57:12 | 05:37 |
| 1680 | 138 | Mirosław Mierzwa 5km: 00:27:30 | POL | | Darłowo | 1975 | M40 | 283 | 1390 | | 00:56:07 | 00:57:10 | 05:37 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|--------------------------------|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1681 | 898 | Marcin Czerwiński 5km: 00:28:08 | POL | | Swarzędz | 1982 | M35 | 273 | 1391 | | 00:56:07 | 00:57:29 | 05:37 |
| 1682 | 981 | Grzegorz Iszkuło 5km: 00:27:31 | POL | Dendrorunners | Kórnik | 1973 | M45 | 165 | 1392 | | 00:56:09 | 00:57:23 | 05:37 |
| 1683 | 695 | Iwona Chmielarczyk 5km: 00:28:15 | POL | Kęsy Team | Oborniki | 1973 | K45 | 29 | | 291 | 00:56:09 | 00:57:11 | 05:37 |
| 1684 | 734 | Sandra Przybył 5km: 00:28:07 | POL | | Swarzędz | 2001 | K16 | 9 | | 292 | 00:56:10 | 00:58:01 | 05:37 |
| 1685 | 1403 | Robert Piotrowski 5km: 00:29:02 | POL | | Poznań | 1976 | M40 | 284 | 1393 | | 00:56:10 | 00:58:27 | 05:37 |
| 1686 | 696 | Izabela Kłosowicz 5km: 00:28:15 | POL | Kęsy Team | Oborniki | 1972 | K45 | 30 | | 293 | 00:56:10 | 00:57:12 | 05:37 |
| 1687 | 1925 | Sławomir Wittke 5km: 00:28:02 | POL | | Swarzędz | 1975 | M40 | 285 | 1394 | | 00:56:11 | 00:57:35 | 05:37 |
| 1688 | 2282 | Andrzej Góralczyk 5km: 00:22:18 | POL | parkrun Poznań | Koziegłowy | 1960 | M55 | 59 | 1395 | | 00:56:11 | 00:56:22 | 05:37 |
| 1689 | 1445 | Igor Napierała 5km: 00:28:51 | POL | | Tulce | 1984 | M30 | 243 | 1396 | | 00:56:11 | 00:58:08 | 05:37 |
| 1690 | 831 | Antoni Koch 5km: 00:27:38 | POL | | Śrem | 1961 | M55 | 60 | 1397 | | 00:56:11 | 00:57:34 | 05:37 |
| 1691 | 725 | Maciej Dziembowski 5km: 00:28:18 | POL | LINEAFIT Doradztwo Dietetyczne | Swarzędz | 1984 | M30 | 244 | 1398 | | 00:56:11 | 00:57:33 | 05:37 |
| 1692 | 1782 | Aneta Chołoda 5km: 00:28:05 | POL | | swarzędz | 1976 | K40 | 49 | | 294 | 00:56:12 | 00:57:32 | 05:37 |
| 1693 | 2790 | Klaudia Skalska 5km: 00:27:37 | POL | Norson Team | Swarzędz | 1987 | K30 | 59 | | 295 | 00:56:12 | 00:57:22 | 05:37 |
| 1694 | 2170 | Małgorzata Wyczkowska 5km: 00:28:14 | POL | | Poznań | 1982 | K35 | 64 | | 296 | 00:56:12 | 00:57:18 | 05:37 |
| 1695 | 1670 | Dariusz Kołodziejczyk 5km: 00:27:28 | POL | | Poznań | 1964 | M50 | 59 | 1399 | | 00:56:12 | 00:57:25 | 05:37 |
| 1696 | 1062 | Dariusz Dowgird 5km: 00:28:09 | POL | CSWL | Swarzędz | 1973 | M45 | 166 | 1400 | | 00:56:12 | 00:58:11 | 05:37 |
| 1697 | 2942 | Przemysław Rosiński 5km: 00:27:16 | POL | parkrun Poznań | Poznań | 1975 | M40 | 286 | 1401 | | 00:56:12 | 00:57:26 | 05:37 |
| 1698 | 2142 | Czesław Szymkowski 5km: 00:27:57 | POL | Fabryka Formy | Poznań | 1948 | M70 | 6 | 1402 | | 00:56:12 | 00:56:42 | 05:37 |
| 1699 | 1053 | Marcin Pozdrowicz 5km: 00:28:38 | POL | parkrun Poznań | Poznań | 1978 | M40 | 287 | 1403 | | 00:56:13 | 00:57:48 | 05:37 |
| 1700 | 646 | Marek Ptak 5km: 00:27:15 | POL | | gniezno | 1977 | M40 | 288 | 1404 | | 00:56:15 | 00:57:30 | 05:37 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|--|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1701 | 1236 | Krzysztof Socha 5km: 00:28:33 | POL | | Trzemeszno | 1980 | M35 | 274 | 1405 | | 00:56:15 | 00:57:16 | 05:37 |
| 1702 | 2857 | Jacek Róžański 5km: | POL | Suchy Las | Suchy las | 1976 | M40 | 289 | 1406 | | 00:56:16 | 00:57:50 | 05:38 |
| 1703 | 547 | Paweł Tomaszewski 5km: 00:27:53 | POL | | Kleszczewo | 1988 | M30 | 245 | 1407 | | 00:56:17 | 00:56:54 | 05:38 |
| 1704 | 704 | Rafał Purol 5km: 00:27:46 | POL | | Wronczynek | 1974 | M40 | 290 | 1408 | | 00:56:17 | 00:58:09 | 05:38 |
| 1705 | 305 | Anna Ratajczyk 5km: 00:27:58 | POL | Drużyna Szpiku/KLAS Szpot Swarzędz | Zalasewo | 1981 | K35 | 65 | | 297 | 00:56:17 | 00:57:26 | 05:38 |
| 1706 | 307 | Przemysław Łagódka 5km: 00:27:26 | POL | Klub Biegacza Kompania Piwowarska | Poznań | 1987 | M30 | 246 | 1409 | | 00:56:18 | 00:57:44 | 05:38 |
| 1707 | 262 | Weronika Grześkowiak 5km: 00:27:19 | POL | Śnieżna Gęś | Kamionki | 1997 | K20 | 21 | | 298 | 00:56:18 | 00:57:22 | 05:38 |
| 1708 | 2162 | Grzegorz Nowak 5km: 00:28:03 | POL | Maratończyk Poznań | Poznań | 1974 | M40 | 291 | 1410 | | 00:56:19 | 00:57:14 | 05:38 |
| 1709 | 1082 | Robert Rembecki 5km: 00:28:58 | POL | | Swarzędz | 1977 | M40 | 292 | 1411 | | 00:56:20 | 00:58:12 | 05:38 |
| 1710 | 1780 | Ewelina Błachnio 5km: 00:28:04 | POL | | swarzędz | 1981 | K35 | 66 | | 299 | 00:56:20 | 00:57:40 | 05:38 |
| 1711 | 1453 | Mateusz Sobek 5km: 00:27:57 | POL | Kung fu małpy - od chłania do biegania | Strykowo | 1987 | M30 | 247 | 1412 | | 00:56:20 | 00:58:14 | 05:38 |
| 1712 | 2244 | Marek Zięba 5km: 00:27:59 | POL | Oregano Project | Luboń | 1982 | M35 | 275 | 1413 | | 00:56:21 | 00:58:01 | 05:38 |
| 1713 | 328 | Roman Rożkowski 5km: 00:27:40 | POL | RUNNER'S POWER | Śrem | 1958 | M60 | 38 | 1414 | | 00:56:22 | 00:57:42 | 05:38 |
| 1714 | 607 | Krzysztof Klój 5km: 00:27:27 | POL | 31 Baza Lotnictwa Taktycznego | Poznań | 1962 | M55 | 61 | 1415 | | 00:56:23 | 00:57:38 | 05:38 |
| 1715 | 246 | Przemysław Przybyła 5km: 00:26:58 | POL | Poznań | Poznań | 1982 | M35 | 276 | 1416 | | 00:56:23 | 00:57:22 | 05:38 |
| 1716 | 767 | Mateusz Tomaszewski 5km: 00:26:19 | POL | | Poznań | 1979 | M35 | 277 | 1417 | | 00:56:24 | 00:57:28 | 05:38 |
| 1717 | 150 | Jarosław Wojciechowski 5km: 00:27:25 | POL | | Swarzędz | 1969 | M45 | 167 | 1418 | | 00:56:24 | 00:57:27 | 05:38 |
| 1718 | 1256 | Piotr Klim 5km: 00:28:42 | POL | CSWL Poznań | Poznań | 1974 | M40 | 293 | 1419 | | 00:56:25 | 00:58:23 | 05:38 |
| 1719 | 297 | Iza Kujawa 5km: 00:28:10 | POL | Jaja Juncewo | Pobiedziska | 1983 | K35 | 67 | | 300 | 00:56:26 | 00:57:56 | 05:39 |
| 1720 | 2059 | Tomasz Piątek 5km: 00:29:12 | POL | | Poznań | 1981 | M35 | 278 | 1420 | | 00:56:26 | 00:58:22 | 05:39 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-------------------------------------|-----------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1721 | 512 | Michał Przepióra 5km: | POL | | Zalasewo | 1987 | M30 | 248 | 1421 | | 00:56:26 | 00:57:42 | 05:39 |
| 1722 | 2161 | Michał Czerwiński 5km: 00:27:39 | POL | | Poznań | 1989 | M25 | 156 | 1422 | | 00:56:26 | 00:57:36 | 05:39 |
| 1723 | 1875 | Jarosław Jaworski 5km: 00:28:51 | POL | | Swarzędz | 1975 | M40 | 294 | 1423 | | 00:56:29 | 00:59:02 | 05:39 |
| 1724 | 2385 | Magdalena Wasilewska 5km: 00:27:49 | POL | | Radzewice | 1988 | K30 | 60 | | 301 | 00:56:30 | 00:56:45 | 05:39 |
| 1725 | 2013 | Jakub Kierończyk 5km: 00:27:44 | POL | | Poznań | 1972 | M45 | 168 | 1424 | | 00:56:31 | 00:58:06 | 05:39 |
| 1726 | 1806 | Monika Burdziąg 5km: 00:28:51 | POL | | Golina | 1992 | K25 | 45 | | 302 | 00:56:31 | 00:58:18 | 05:39 |
| 1727 | 541 | Piotr Jachnik 5km: 00:27:51 | POL | | Luboń | 1981 | M35 | 279 | 1425 | | 00:56:31 | 00:57:36 | 05:39 |
| 1728 | 644 | Justyna Zawisna-Wojciechowska 5km: 00:28:20 | POL | nic nie wpisuj | Swarzędz | 1977 | K40 | 50 | | 303 | 00:56:32 | 00:58:09 | 05:39 |
| 1729 | 2029 | Bogumiła Plaszczyk 5km: 00:28:10 | POL | HERNIK TEAM | TULCE | 1980 | K35 | 68 | | 304 | 00:56:33 | 00:57:19 | 05:39 |
| 1730 | 2367 | Bartosz Gałdyński 5km: 00:27:41 | POL | | Swarzędz | 1976 | M40 | 295 | 1426 | | 00:56:34 | 00:57:47 | 05:39 |
| 1731 | 2944 | Adriana Jasielska 5km: 00:27:53 | POL | | Poznań | 1979 | K35 | 69 | | 305 | 00:56:34 | 00:58:03 | 05:39 |
| 1732 | 984 | Weronika Mróz 5km: 00:27:21 | POL | | Poznań | 1997 | K20 | 22 | | 306 | 00:56:34 | 00:57:55 | 05:39 |
| 1733 | 1532 | Dawid Wieczorek 5km: 00:28:51 | POL | | Śrem | 1979 | M35 | 280 | 1427 | | 00:56:34 | 00:57:44 | 05:39 |
| 1734 | 1763 | Katarzyna Łukomska 5km: 00:27:22 | POL | Stowarzyszenie im. hr A. Bnińskiego | Kostrzyn | 1991 | K25 | 46 | | 307 | 00:56:35 | 00:57:46 | 05:39 |
| 1735 | 102 | Paweł Bigajczyk 5km: 00:28:40 | POL | | Zalasewo | 1974 | M40 | 296 | 1428 | | 00:56:36 | 00:58:07 | 05:40 |
| 1736 | 1691 | Łukasz Urbańczyk 5km: 00:28:36 | POL | | WRZEŚNIA | 1987 | M30 | 249 | 1429 | | 00:56:36 | 00:57:37 | 05:40 |
| 1737 | 834 | Agnieszka Najderek 5km: 00:28:09 | POL | | Rokietnica | 1987 | K30 | 61 | | 308 | 00:56:37 | 00:58:19 | 05:40 |
| 1738 | 505 | Tomasz Wozniak 5km: 00:28:42 | POL | Galopujące ślimaki :) | Poznań | 1957 | M60 | 39 | 1430 | | 00:56:37 | 00:58:34 | 05:40 |
| 1739 | 2380 | Renata Klawiter 5km: 00:28:39 | POL | PKO Bank Polski | KOSTRZYN WIELKOPOLSKI | 1971 | K45 | 31 | | 309 | 00:56:38 | 00:57:51 | 05:40 |
| 1740 | 873 | Monika Hałas 5km: 00:27:58 | POL | | Poznań | 1975 | K40 | 51 | | 310 | 00:56:39 | 00:58:07 | 05:40 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|---------------------|-------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1741 | 1544 | Maciej Knobloch 5km: 00:28:23 | POL | | Poznań | 1969 | M45 | 169 | 1431 | | 00:56:39 | 00:58:25 | 05:40 |
| 1742 | 769 | Tomasz Maj 5km: 00:28:09 | POL | | Kargowa | 1981 | M35 | 281 | 1432 | | 00:56:40 | 00:58:39 | 05:40 |
| 1743 | 953 | Waldemar Dębowski 5km: 00:28:52 | POL | | Kaźmierz | 1984 | M30 | 250 | 1433 | | 00:56:42 | 00:58:29 | 05:40 |
| 1744 | 927 | Krzysztof Kapitan 5km: 00:29:20 | POL | | Kórnik | 1977 | M40 | 297 | 1434 | | 00:56:43 | 00:58:30 | 05:40 |
| 1745 | 2899 | Mikołaj Chlebowski 5km: 00:29:36 | POL | | Swarzedz | 1976 | M40 | 298 | 1435 | | 00:56:44 | 00:57:21 | 05:40 |
| 1746 | 2080 | Darek Majorczyk 5km: 00:28:16 | POL | Altom Gniezno | Gniezno | 1977 | M40 | 299 | 1436 | | 00:56:47 | 00:57:49 | 05:41 |
| 1747 | 2401 | Michał Gniatkowski 5km: 00:28:05 | POL | Lokomotive Kostrzyn | Siekierki Wielkie | 1976 | M40 | 300 | 1437 | | 00:56:47 | 00:56:47 | 05:41 |
| 1748 | 1072 | Łukasz Szofer 5km: 00:28:16 | POL | | Międzychód | 1978 | M40 | 301 | 1438 | | 00:56:49 | 00:58:26 | 05:41 |
| 1749 | 1666 | Daniel Grzyb 5km: 00:25:49 | POL | Swarzędz | Swarzędz | 1995 | M20 | 63 | 1439 | | 00:56:50 | 00:56:55 | 05:41 |
| 1750 | 238 | Marek Józwiak 5km: 00:27:30 | POL | KP5M | Kobylnica | 1952 | M65 | 21 | 1440 | | 00:56:51 | 00:58:13 | 05:41 |
| 1751 | 1223 | Eugeniusz Szukalski 5km: 00:27:40 | POL | | Jelonek | 1956 | M60 | 40 | 1441 | | 00:56:51 | 00:57:52 | 05:41 |
| 1752 | 1466 | Anna Kasztelan 5km: 00:29:21 | POL | | Rumianek | 1984 | K30 | 62 | | 311 | 00:56:52 | 00:58:35 | 05:41 |
| 1753 | 23 | Piotr Bednik 5km: 00:28:13 | POL | | Poznań | 1987 | M30 | 251 | 1442 | | 00:56:52 | 00:57:15 | 05:41 |
| 1754 | 2729 | Karol Biegoń 5km: 00:28:41 | POL | | Poznań | 1973 | M45 | 170 | 1443 | | 00:56:53 | 00:58:31 | 05:41 |
| 1755 | 510 | Marcin Sobczyk 5km: 00:28:25 | POL | | Środa Wlkp | 1985 | M30 | 252 | 1444 | | 00:56:54 | 00:58:38 | 05:41 |
| 1756 | 2195 | Magdalena Ancukiewicz 5km: 00:28:20 | POL | | Brodowo | 1986 | K30 | 63 | | 312 | 00:56:54 | 00:58:15 | 05:41 |
| 1757 | 1134 | Barbara Gierszewska 5km: 00:28:02 | POL | | Poznań | 1954 | K60 | 3 | | 313 | 00:56:54 | 00:58:08 | 05:41 |
| 1758 | 709 | Rafał Śmigielski 5km: 00:26:47 | POL | eRDe | Poznań | 1978 | M40 | 302 | 1445 | | 00:56:54 | 00:58:10 | 05:41 |
| 1759 | 708 | Daria Jankowska 5km: 00:26:48 | POL | eRDe | Poznań | 1995 | K20 | 23 | | 314 | 00:56:54 | 00:58:10 | 05:41 |
| 1760 | 365 | Jacek Grabia 5km: 00:28:42 | POL | | Poznań | 1971 | M45 | 171 | 1446 | | 00:56:55 | 00:58:42 | 05:41 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|---------------------------|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1761 | 1533 | Łukasz Wilczyński 5km: 00:27:21 | POL | LoftTEAMextreme | Mosina | 1980 | M35 | 282 | 1447 | | 00:56:55 | 00:57:42 | 05:41 |
| 1762 | 348 | Marta Widelicka 5km: 00:28:03 | POL | | Pobiedziska | 1990 | K25 | 47 | | 315 | 00:56:55 | 00:58:41 | 05:42 |
| 1763 | 575 | Piotr Nowicki 5km: 00:29:26 | POL | | Swarzędz | 1978 | M40 | 303 | 1448 | | 00:56:56 | 00:58:41 | 05:42 |
| 1764 | 604 | Adam Liszczyński 5km: 00:27:21 | POL | ZUTB BUDMECH GOSTYŃ | Piaski | 1984 | M30 | 253 | 1449 | | 00:56:56 | 00:58:35 | 05:42 |
| 1765 | 346 | Krzysztof Janasiak 5km: 00:30:20 | POL | | Szamotuły | 1976 | M40 | 304 | 1450 | | 00:56:58 | 00:58:07 | 05:42 |
| 1766 | 2645 | Małgorzata Fijałek - Żuk 5km: 00:28:15 | POL | TriMind | Poznań | 1984 | K30 | 64 | | 316 | 00:56:58 | 00:58:00 | 05:42 |
| 1767 | 2097 | Jarosław Sprenger 5km: 00:29:14 | POL | | Poznań | 1974 | M40 | 305 | 1451 | | 00:56:58 | 00:58:53 | 05:42 |
| 1768 | 2593 | Paweł Ostrowski 5km: 00:27:38 | POL | | Łubowo | 1979 | M35 | 283 | 1452 | | 00:56:59 | 00:58:16 | 05:42 |
| 1769 | 2092 | Katarzyna Radecka 5km: 00:27:54 | POL | Fehlau RUN Team | Poznań | 1976 | K40 | 52 | | 317 | 00:56:59 | 00:57:24 | 05:42 |
| 1770 | 363 | Marzena Kaczmarek 5km: 00:27:58 | POL | | Gniezno | 1978 | K40 | 53 | | 318 | 00:57:00 | 00:57:49 | 05:42 |
| 1771 | 2837 | Marlena Pietrzak-Burandt 5km: 00:26:58 | POL | | Poznań | 1968 | K50 | 14 | | 319 | 00:57:00 | 00:58:12 | 05:42 |
| 1772 | 812 | Magda Dudziak 5km: 00:28:33 | POL | | Swarzędz | 1994 | K20 | 24 | | 320 | 00:57:00 | 00:58:42 | 05:42 |
| 1773 | 1463 | Leszek Atlas 5km: 00:28:13 | POL | Zalasewo | Zalasewo | 1986 | M30 | 254 | 1453 | | 00:57:00 | 00:58:26 | 05:42 |
| 1774 | 589 | Tomasz Wichtowski 5km: 00:27:21 | POL | | Swarzedz | 1994 | M20 | 64 | 1454 | | 00:57:00 | 00:58:16 | 05:42 |
| 1775 | 2652 | Jakub Szlanga 5km: 00:27:48 | POL | | Poznań | 1981 | M35 | 284 | 1455 | | 00:57:00 | 00:58:32 | 05:42 |
| 1776 | 2946 | Joanna Klimczak 5km: 00:28:44 | POL | 1981 | SWARZĘDZ | 1981 | K35 | 70 | | 321 | 00:57:01 | 00:58:22 | 05:42 |
| 1777 | 1820 | Adrian Bider 5km: 00:29:29 | POL | | Poznań | 1989 | M25 | 157 | 1456 | | 00:57:01 | 00:58:41 | 05:42 |
| 1778 | 2801 | Ślawomir Durkiewicz 5km: 00:28:07 | POL | | Grochowy | 1991 | M25 | 158 | 1457 | | 00:57:01 | 00:58:12 | 05:42 |
| 1779 | 2407 | Wojciech Wojciechowski 5km: 00:28:35 | POL | | Kobylnica | 1972 | M45 | 172 | 1458 | | 00:57:02 | 00:58:21 | 05:42 |
| 1780 | 2795 | Adam Ostajewski 5km: 00:27:58 | POL | OSIEDLE ROZALIN W LUSÓWKU | LWÓWEK | 2001 | M16 | 34 | 1459 | | 00:57:03 | 00:58:15 | 05:42 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|-------------------------------------|------|--|-------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1781 | 2487 | Tomasz Frankowski 5km: 00:29:52 | POL | | Zagórz | 1976 | M40 | 306 | 1460 | | 00:57:03 | 00:58:45 | 05:42 |
| 1782 | 2308 | Halina Kolda 5km: 00:27:44 | POL | PCH_RUN | Chodzież | 1962 | K55 | 6 | | 322 | 00:57:04 | 00:58:23 | 05:42 |
| 1783 | 2927 | Joanna Baumgart 5km: 00:29:25 | POL | W.P.I.P. | Poznań | 1983 | K35 | 71 | | 323 | 00:57:04 | 00:58:33 | 05:42 |
| 1784 | 2794 | Tomasz Ostajewski 5km: 00:27:58 | POL | OSIEDLE ROZALIN W LUSÓWKU | LWÓWEK | 1975 | M40 | 307 | 1461 | | 00:57:05 | 00:58:17 | 05:42 |
| 1785 | 915 | Piotr Jodko 5km: 00:28:04 | POL | Jodko Brothers Running Team | Batorowo | 1979 | M35 | 285 | 1462 | | 00:57:06 | 00:58:14 | 05:43 |
| 1786 | 380 | Łukasz Wróbel 5km: 00:27:45 | POL | | Swarzędz | 1982 | M35 | 286 | 1463 | | 00:57:06 | 00:58:28 | 05:43 |
| 1787 | 472 | Sławomir Targoński 5km: 00:28:37 | POL | | Poznań | 1980 | M35 | 287 | 1464 | | 00:57:06 | 00:58:47 | 05:43 |
| 1788 | 1547 | Joanna Bychowiec 5km: 00:27:11 | POL | Tip-Topol | Gniezno | 1985 | K30 | 65 | | 324 | 00:57:08 | 00:59:06 | 05:43 |
| 1789 | 1860 | Krystyna Górna 5km: 00:28:23 | POL | | Poznań | 1954 | K60 | 4 | | 325 | 00:57:10 | 00:58:33 | 05:43 |
| 1790 | 2417 | Grzegorz Nowak 5km: 00:27:18 | POL | | Swarzędz | 1969 | M45 | 173 | 1465 | | 00:57:10 | 00:57:47 | 05:43 |
| 1791 | 636 | Piotr Mazurkiewicz 5km: 00:27:25 | POL | | Siekierki Wielkie | 1985 | M30 | 255 | 1466 | | 00:57:12 | 00:58:17 | 05:43 |
| 1792 | 2519 | Piotr Woźniak 5km: 00:26:13 | POL | | Ostrów wkp | 1988 | M30 | 256 | 1467 | | 00:57:12 | 00:57:32 | 05:43 |
| 1793 | 1693 | Michał Sroka 5km: 00:27:55 | POL | | Swarzędz | 1981 | M35 | 288 | 1468 | | 00:57:12 | 00:58:32 | 05:43 |
| 1794 | 1837 | Krystian Błaszkwik 5km: 00:28:41 | POL | | Siekierki | 1979 | M35 | 289 | 1469 | | 00:57:13 | 00:58:45 | 05:43 |
| 1795 | 2255 | Marcin Filipiak 5km: 00:28:29 | POL | CYBINA TEAM | Zalasewo | 1984 | M30 | 257 | 1470 | | 00:57:13 | 00:58:15 | 05:43 |
| 1796 | 2256 | Magda Filipiak 5km: 00:28:29 | POL | CYBINA TEAM | Zalasewo | 1983 | K35 | 72 | | 326 | 00:57:13 | 00:58:15 | 05:43 |
| 1797 | 2028 | Jacek Rzepka 5km: 00:28:23 | POL | Firma Jubilerska ONYXGOLD Jacek Rzepka | Poznań | 1966 | M50 | 60 | 1471 | | 00:57:14 | 00:58:52 | 05:43 |
| 1798 | 1195 | Justyna Kruszynska 5km: 00:28:34 | POL | Gira się kręci | Swarzedz | 1988 | K30 | 66 | | 327 | 00:57:14 | 00:58:42 | 05:43 |
| 1799 | 136 | Mariusz Kaczmarek 5km: 00:28:20 | POL | Witkowo biega | Witkowo | 1976 | M40 | 308 | 1472 | | 00:57:16 | 00:58:38 | 05:44 |
| 1800 | 1115 | Andrzej Mizerski 5km: 00:28:01 | POL | | Poznań | 1953 | M65 | 22 | 1473 | | 00:57:16 | 00:57:59 | 05:44 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|-----------------|--------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1801 | 2439 | Monika Sterling 5km: 00:28:22 | POL | Witkowo biega | Witkowo | 1979 | K35 | 73 | | 328 | 00:57:17 | 00:58:37 | 05:44 |
| 1802 | 1373 | Anna Kornaszewska 5km: 00:28:36 | POL | | Środa Wilkp. | 1981 | K35 | 74 | | 329 | 00:57:18 | 01:00:05 | 05:44 |
| 1803 | 1577 | Janusz Lotko 5km: 00:29:12 | POL | | Nowa sol | 1985 | M30 | 258 | 1474 | | 00:57:18 | 00:58:52 | 05:44 |
| 1804 | 994 | Żaneta Grześkowiak 5km: 00:27:51 | POL | GSK FIT pioRUNY | Gruszczyn | 1977 | K40 | 54 | | 330 | 00:57:18 | 00:59:38 | 05:44 |
| 1805 | 1522 | Izabela Staszkiwicz 5km: 00:28:53 | POL | | Niechanowo | 1997 | K20 | 25 | | 331 | 00:57:23 | 00:58:44 | 05:44 |
| 1806 | 1433 | Rafał Kiersk 5km: 00:26:48 | POL | | Jasin | 1974 | M40 | 309 | 1475 | | 00:57:23 | 00:58:48 | 05:44 |
| 1807 | 1318 | Jarosław Kiersk 5km: 00:26:48 | POL | | Plewiska | 1977 | M40 | 310 | 1476 | | 00:57:24 | 00:58:49 | 05:44 |
| 1808 | 563 | Marta Pękalska 5km: 00:29:19 | POL | | Poznań | 1986 | K30 | 67 | | 332 | 00:57:27 | 00:58:39 | 05:45 |
| 1809 | 1523 | Teresa Staszkiwicz 5km: 00:28:56 | POL | | Niechanowo | 1995 | K20 | 26 | | 333 | 00:57:27 | 00:58:44 | 05:45 |
| 1810 | 455 | Katarzyna Misterska 5km: 00:28:31 | POL | HERNIK TEAM | Przeźmierowo | 1974 | K40 | 55 | | 334 | 00:57:29 | 00:58:15 | 05:45 |
| 1811 | 2701 | Marek Daniszkowicz 5km: 00:29:25 | POL | | Poznań | 1974 | M40 | 311 | 1477 | | 00:57:29 | 00:59:10 | 05:45 |
| 1812 | 911 | Szymon Wojciechowski 5km: 00:28:19 | POL | | Kostrzyn | 1979 | M35 | 290 | 1478 | | 00:57:29 | 00:59:12 | 05:45 |
| 1813 | 1457 | Bartosz Podsadny 5km: 00:28:36 | POL | | Poznań | 1984 | M30 | 259 | 1479 | | 00:57:30 | 00:59:41 | 05:45 |
| 1814 | 1462 | Karol Piasecki 5km: 00:26:16 | POL | Kęsy Team | Paczkowo | 1970 | M45 | 174 | 1480 | | 00:57:30 | 00:58:32 | 05:45 |
| 1815 | 182 | Henryk Łączyński 5km: 00:28:48 | POL | AMATOR | Szamotuły | 1951 | M65 | 23 | 1481 | | 00:57:32 | 00:58:36 | 05:45 |
| 1816 | 1880 | Marcin Nowak 5km: 00:27:39 | POL | | Poznań | 1995 | M20 | 65 | 1482 | | 00:57:33 | 00:59:41 | 05:45 |
| 1817 | 1804 | Waldemar Krupa 5km: 00:31:10 | POL | | Poznań | 1957 | M60 | 41 | 1483 | | 00:57:33 | 00:59:49 | 05:45 |
| 1818 | 105 | Filip Królik 5km: 00:27:59 | POL | | Poznań | 1982 | M35 | 291 | 1484 | | 00:57:34 | 00:59:07 | 05:45 |
| 1819 | 1987 | Robert Glura 5km: 00:29:10 | POL | | Śrem | 1987 | M30 | 260 | 1485 | | 00:57:36 | 00:59:10 | 05:46 |
| 1820 | 1861 | Anetta Ogińska 5km: 00:27:49 | POL | | POZNAŃ | 1974 | K40 | 56 | | 335 | 00:57:36 | 00:58:41 | 05:46 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|-------------------------------------|------|--------------------|-----------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1821 | 1983 | Mateusz Tarnowski 5km: 00:29:11 | POL | RodzinaPL | Janowiec Wielkopolski | 1987 | M30 | 261 | 1486 | | 00:57:36 | 00:59:10 | 05:46 |
| 1822 | 1399 | Anna Czajka 5km: 00:27:48 | POL | | Jankowice | 1984 | K30 | 68 | | 336 | 00:57:36 | 00:59:08 | 05:46 |
| 1823 | 754 | Marek Trafny 5km: 00:28:42 | POL | Gniezno | Gniezno | 1975 | M40 | 312 | 1487 | | 00:57:37 | 00:58:26 | 05:46 |
| 1824 | 2892 | Dariusz Abramczyk 5km: 00:28:52 | POL | | Swarzędz | 1984 | M30 | 262 | 1488 | | 00:57:37 | 00:59:17 | 05:46 |
| 1825 | 2419 | Luiza Pietrzyńska 5km: 00:28:05 | POL | | Koziegłowy | 1979 | K35 | 75 | | 337 | 00:57:37 | 00:58:47 | 05:46 |
| 1826 | 454 | Wiola Hulewicz 5km: 00:28:42 | POL | HERNIK TEAM | Września | 1975 | K40 | 57 | | 338 | 00:57:37 | 00:58:24 | 05:46 |
| 1827 | 2798 | Michał Podejma 5km: 00:28:34 | POL | | Poznań | 1981 | M35 | 292 | 1489 | | 00:57:38 | 00:59:07 | 05:46 |
| 1828 | 1297 | Marek Wróbel 5km: 00:29:03 | POL | niezrzeszony-Łask | Łask | 1950 | M65 | 24 | 1490 | | 00:57:40 | 00:59:43 | 05:46 |
| 1829 | 592 | Mielna Dera 5km: 00:28:58 | POL | FRASTAŚ POZNAŃ | POZNAŃ | 1984 | K30 | 69 | | 339 | 00:57:41 | 00:58:40 | 05:46 |
| 1830 | 2516 | Marcela Czerwińska 5km: 00:27:40 | POL | | Sępólno Krajeńskie | 1992 | K25 | 48 | | 340 | 00:57:41 | 00:58:48 | 05:46 |
| 1831 | 1844 | Adam Wróblewski 5km: 00:29:14 | POL | WSTiRW WARTA | Poznań | 1948 | M70 | 7 | 1491 | | 00:57:42 | 00:59:02 | 05:46 |
| 1832 | 2214 | Michał Kasprowicz 5km: 00:27:35 | POL | Biegacze Celebryci | Poznań | 1963 | M55 | 62 | 1492 | | 00:57:42 | 00:58:43 | 05:46 |
| 1833 | 1641 | Piotr Piaskowski 5km: 00:29:32 | POL | finanser.pl | Konin | 1972 | M45 | 175 | 1493 | | 00:57:43 | 00:59:56 | 05:46 |
| 1834 | 476 | Kasia Beldzikowska 5km: 00:28:18 | POL | | Swarzędz | 1970 | K45 | 32 | | 341 | 00:57:43 | 00:58:46 | 05:46 |
| 1835 | 2525 | Karolina Susek 5km: 00:29:51 | POL | | swarzędz | 1980 | K35 | 76 | | 342 | 00:57:44 | 00:59:53 | 05:46 |
| 1836 | 395 | Beata Sajewska 5km: 00:27:58 | POL | | Wągrowiec | 1976 | K40 | 58 | | 343 | 00:57:44 | 00:59:27 | 05:46 |
| 1837 | 1158 | Monika Michalak 5km: 00:28:21 | POL | KB DęBIEC | Poznań | 1974 | K40 | 59 | | 344 | 00:57:44 | 00:58:55 | 05:46 |
| 1838 | 554 | Zuzanna Sznajder 5km: 00:29:51 | POL | | Swarzędz | 1974 | K40 | 60 | | 345 | 00:57:44 | 00:59:52 | 05:46 |
| 1839 | 1051 | Marek Olkiewicz 5km: 00:28:07 | POL | nie | Poznań | 1957 | M60 | 42 | 1494 | | 00:57:44 | 00:59:01 | 05:46 |
| 1840 | 2886 | Andrzej Antkowiak 5km: 00:28:28 | POL | | Swarzędz | 1964 | M50 | 61 | 1495 | | 00:57:44 | 00:59:29 | 05:46 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|---------------------------------|---------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1841 | 2158 | Katarzyna Świątek 5km: 00:28:21 | POL | Stowarzyszenie Pomagam Aktywnie | Miłosław | 1983 | K35 | 77 | | 346 | 00:57:44 | 00:58:32 | 05:46 |
| 1842 | 1735 | Dariusz Setecki 5km: 00:28:48 | POL | | Ostrów Wielkopolski | 1978 | M40 | 313 | 1496 | | 00:57:45 | 00:59:35 | 05:46 |
| 1843 | 591 | Beata Klimowska 5km: 00:28:57 | POL | FRASTAŚ POZNAŃ | Poznań | 1967 | K50 | 15 | | 347 | 00:57:45 | 00:58:44 | 05:46 |
| 1844 | 133 | Tomasz Podwójski 5km: 00:29:19 | POL | | Promienko | 1971 | M45 | 176 | 1497 | | 00:57:47 | 00:59:48 | 05:47 |
| 1845 | 2378 | Mieczysław Karkowski 5km: 00:28:48 | POL | KB Intrex Poznań | Grodziec | 1978 | M40 | 314 | 1498 | | 00:57:49 | 00:59:31 | 05:47 |
| 1846 | 2069 | Krzysztof Błoński 5km: 00:28:25 | POL | Kimball | Poznań | 1958 | M60 | 43 | 1499 | | 00:57:49 | 00:58:55 | 05:47 |
| 1847 | 1128 | Aneta Tokarz 5km: 00:28:25 | POL | Borowo-Młyn Team | Gorzkie Pole | 1989 | K25 | 49 | | 348 | 00:57:50 | 00:59:13 | 05:47 |
| 1848 | 555 | Magdalena Szcześniak 5km: 00:29:50 | POL | | Swarzędz | 1978 | K40 | 61 | | 349 | 00:57:51 | 00:59:59 | 05:47 |
| 1849 | 1146 | Robert Wesoly 5km: 00:27:32 | POL | | Gortatowo | 1971 | M45 | 177 | 1500 | | 00:57:52 | 00:59:51 | 05:47 |
| 1850 | 151 | Agnieszka Szenknecht 5km: 00:29:29 | POL | PKO Bank Polski | Luboń | 1980 | K35 | 78 | | 350 | 00:57:53 | 00:59:40 | 05:47 |
| 1851 | 2979 | Beata Stadnik 5km: 00:28:17 | POL | KS Garby | Garby | 1974 | K40 | 62 | | 351 | 00:57:53 | 00:59:51 | 05:47 |
| 1852 | 2546 | Joanna Bonawenturczyk 5km: 00:28:17 | POL | | Poznań | 1991 | K25 | 50 | | 352 | 00:57:53 | 00:59:10 | 05:47 |
| 1853 | 1627 | Agnieszka Dąbkiewicz 5km: 00:28:21 | POL | | Golina | 1990 | K25 | 51 | | 353 | 00:57:54 | 00:59:27 | 05:47 |
| 1854 | 2846 | Tomasz Ponicki 5km: 00:28:38 | POL | Ujście | Ujście | 1971 | M45 | 178 | 1501 | | 00:57:56 | 00:59:24 | 05:48 |
| 1855 | 1503 | Rafał Jankowski 5km: 00:27:50 | POL | Castorama Swarzędz | Swarzędz | 1993 | M25 | 159 | 1502 | | 00:57:57 | 00:59:28 | 05:48 |
| 1856 | 1107 | Krzysztof Burkert 5km: 00:28:55 | POL | MORSY SWARZĘDZ | Poznań | 1966 | M50 | 62 | 1503 | | 00:57:57 | 00:59:47 | 05:48 |
| 1857 | 2032 | Katarzyna Soszka 5km: 00:29:03 | POL | | Murowana Goślina | 1987 | K30 | 70 | | 354 | 00:57:57 | 01:00:14 | 05:48 |
| 1858 | 2845 | Izabela Ponicka 5km: 00:28:38 | POL | Ujście | Ujście | 1974 | K40 | 63 | | 355 | 00:57:57 | 00:59:24 | 05:48 |
| 1859 | 1277 | Tomasz Siwiaszczyk 5km: 00:28:58 | POL | 1975 | POZNAŃ | 1975 | M40 | 315 | 1504 | | 00:57:58 | 00:58:58 | 05:48 |
| 1860 | 1289 | Przemysław Tokarski 5km: 00:29:03 | POL | betterlive | Swarzędz | 1977 | M40 | 316 | 1505 | | 00:57:58 | 01:00:14 | 05:48 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|---------------------------------------|-------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1861 | 21 | Krzysztof Bąkowski 5km: 00:26:41 | POL | | Poznań | 1981 | M35 | 293 | 1506 | | 00:57:59 | 00:58:06 | 05:48 |
| 1862 | 764 | Bartosz Bonawenturczyk 5km: 00:28:15 | POL | MUAY RUNNING TEAM | Poznań | 1991 | M25 | 160 | 1507 | | 00:57:59 | 00:59:17 | 05:48 |
| 1863 | 776 | Kamil Prejs 5km: 00:29:26 | POL | | Przeźmierowo | 1975 | M40 | 317 | 1508 | | 00:57:59 | 00:59:47 | 05:48 |
| 1864 | 2053 | Tomasz Włodarski 5km: 00:28:44 | POL | PIÓREX/Tłumacz Przysięgły Języka Nier | swarzędz | 1970 | M45 | 179 | 1509 | | 00:57:59 | 00:59:40 | 05:48 |
| 1865 | 1716 | Martyna Kuske 5km: 00:28:40 | POL | Night Runners Gniezno | Gniezno | 1984 | K30 | 71 | | 356 | 00:58:00 | 00:58:56 | 05:48 |
| 1866 | 2867 | Wojciech Walczak 5km: 00:28:12 | POL | | Poznań | 1966 | M50 | 63 | 1510 | | 00:58:00 | 00:59:33 | 05:48 |
| 1867 | 922 | Elżbieta Strzelczyk 5km: 00:28:38 | POL | | Kostrzyn | 1964 | K50 | 16 | | 357 | 00:58:01 | 00:59:38 | 05:48 |
| 1868 | 524 | Maja Piechota 5km: 00:29:11 | POL | | Grodzisk Wlkp. | 1982 | K35 | 79 | | 358 | 00:58:01 | 00:59:44 | 05:48 |
| 1869 | 526 | Marcin Piechota 5km: 00:29:11 | POL | Drużyna Szpiku | Grodzisk Wlkp. | 1982 | M35 | 294 | 1511 | | 00:58:02 | 00:59:45 | 05:48 |
| 1870 | 1432 | Joanna Wittke 5km: 00:27:25 | POL | | Swarzędz | 1994 | K20 | 27 | | 359 | 00:58:03 | 00:59:00 | 05:48 |
| 1871 | 259 | Grzegorz Kot 5km: 00:28:23 | POL | AMATOR | Swarzedz | 1973 | M45 | 180 | 1512 | | 00:58:03 | 00:59:55 | 05:48 |
| 1872 | 2334 | Mateusz Kropidłowski 5km: 00:26:41 | POL | | Łubowo | 1990 | M25 | 161 | 1513 | | 00:58:04 | 00:58:38 | 05:48 |
| 1873 | 2316 | Mirosław Biernacki 5km: 00:29:22 | POL | Pankration Poznań | Nowy Tomyśl | 1971 | M45 | 181 | 1514 | | 00:58:04 | 00:59:44 | 05:48 |
| 1874 | 977 | Piotr Małek 5km: 00:26:58 | POL | ELEKTRIS | Leszno | 1990 | M25 | 162 | 1515 | | 00:58:06 | 00:59:17 | 05:49 |
| 1875 | 2477 | Jarosław Pucek 5km: 00:29:08 | POL | | Siekierki Wielkie | 1976 | M40 | 318 | 1516 | | 00:58:06 | 00:59:42 | 05:49 |
| 1876 | 1973 | Marcin Kaczmarek 5km: 00:29:35 | POL | | Poznań | 1979 | M35 | 295 | 1517 | | 00:58:07 | 00:59:43 | 05:49 |
| 1877 | 816 | Arkadiusz Frąckowiak 5km: 00:29:10 | POL | | Luboń | 1966 | M50 | 64 | 1518 | | 00:58:08 | 01:00:08 | 05:49 |
| 1878 | 373 | Wanda Majchrzak 5km: 00:29:21 | POL | KB Katorżnik Murowana Goślina | Murowana Goślina | 1977 | K40 | 64 | | 360 | 00:58:08 | 00:59:54 | 05:49 |
| 1879 | 817 | Agnieszka Frąckowiak 5km: 00:29:12 | POL | | Luboń | 1971 | K45 | 33 | | 361 | 00:58:08 | 01:00:06 | 05:49 |
| 1880 | 2632 | Agnieszka Nowak 5km: 00:27:36 | POL | Kęsy Team | Oborniki | 1982 | K35 | 80 | | 362 | 00:58:10 | 00:59:12 | 05:49 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|--------------------------|-------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1881 | 1486 | Agnieszka Rogulska 5km: 00:29:00 | POL | | Poznań | 1982 | K35 | 81 | | 363 | 00:58:13 | 00:59:33 | 05:49 |
| 1882 | 1464 | Krystian Piaskowski 5km: 00:28:12 | POL | | Zalasewo | 1983 | M35 | 296 | 1519 | | 00:58:13 | 00:59:39 | 05:49 |
| 1883 | 2041 | Jan Fiałkowski 5km: 00:29:15 | POL | Night Runners | Kórnik | 1969 | M45 | 182 | 1520 | | 00:58:13 | 00:59:46 | 05:49 |
| 1884 | 2422 | Elżbieta Górniak 5km: 00:29:09 | POL | | Gruszczyn | 1966 | K50 | 17 | | 364 | 00:58:14 | 00:59:39 | 05:49 |
| 1885 | 529 | Mateusz Przybylski 5km: 00:29:29 | POL | | Kaźmierz | 1979 | M35 | 297 | 1521 | | 00:58:14 | 01:00:31 | 05:49 |
| 1886 | 154 | Tomasz Wiśniewski 5km: 00:29:05 | POL | | Paczkowo | 1973 | M45 | 183 | 1522 | | 00:58:14 | 00:59:46 | 05:49 |
| 1887 | 1187 | Dawid Sikora 5km: 00:28:53 | POL | dęborzymianie | Dęborzyce | 1976 | M40 | 319 | 1523 | | 00:58:14 | 00:59:51 | 05:49 |
| 1888 | 1182 | Zuzanna Zimowska 5km: 00:28:53 | POL | Castorama-Murawa | Dęborzyce | 1985 | K30 | 72 | | 365 | 00:58:15 | 00:59:52 | 05:49 |
| 1889 | 1122 | Łukasz Meller 5km: 00:28:20 | POL | Dwuosobowy Klub Sportowy | Poznań | 1978 | M40 | 320 | 1524 | | 00:58:15 | 00:59:33 | 05:49 |
| 1890 | 2870 | Vitalii Tsyrułnyk 5km: 00:28:35 | UKR | EI-Cab RUNNING TEAM | Owińska | 1991 | M25 | 163 | 1525 | | 00:58:15 | 00:59:52 | 05:49 |
| 1891 | 330 | Tomasz Jahns 5km: 00:28:42 | POL | | Zalasewo | 1985 | M30 | 263 | 1526 | | 00:58:15 | 00:59:44 | 05:50 |
| 1892 | 1881 | Michał Prył 5km: 00:28:58 | POL | Oregano Project | Poznań / Skórzewo | 1979 | M35 | 298 | 1527 | | 00:58:17 | 00:59:58 | 05:50 |
| 1893 | 707 | Tomasz Skupio 5km: 00:29:27 | POL | | Kiekrz | 1985 | M30 | 264 | 1528 | | 00:58:18 | 00:59:57 | 05:50 |
| 1894 | 2797 | Michał Kędzia 5km: 00:30:05 | POL | | Dąbrówka | 1981 | M35 | 299 | 1529 | | 00:58:19 | 01:00:11 | 05:50 |
| 1895 | 1722 | Józef Wrona 5km: 00:29:00 | POL | | Wieleń | 1938 | M75+ | 2 | 1530 | | 00:58:20 | 00:59:36 | 05:50 |
| 1896 | 2160 | Wojciech Kurosiński 5km: 00:28:57 | POL | OAZA KÓRNIK | Czmoń | 1983 | M35 | 300 | 1531 | | 00:58:20 | 00:59:59 | 05:50 |
| 1897 | 2918 | Roman Skupio 5km: 00:29:27 | POL | | poznań | 1986 | M30 | 265 | 1532 | | 00:58:20 | 00:59:59 | 05:50 |
| 1898 | 1149 | Anna Polak 5km: 00:29:06 | POL | Zalasewo | Zalasewo | 1976 | K40 | 65 | | 366 | 00:58:21 | 01:00:16 | 05:50 |
| 1899 | 972 | Józef Bednarski 5km: 00:28:44 | POL | Night Runners Poznań | Poznań | 1946 | M70 | 8 | 1533 | | 00:58:22 | 00:59:54 | 05:50 |
| 1900 | 1882 | Mateusz Napierała 5km: 00:28:16 | POL | Castorama Swarzędz | Swarzędz | 1990 | M25 | 164 | 1534 | | 00:58:22 | 00:59:52 | 05:50 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-----------------------------|-----------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1901 | 535 | Jacek Kucharski 5km: 00:28:26 | POL | | Garby | 1978 | M40 | 321 | 1535 | | 00:58:22 | 00:59:33 | 05:50 |
| 1902 | 341 | Sandra Iłowiecka 5km: 00:28:53 | POL | Naramowice biegają | Poznań | 1990 | K25 | 52 | | 367 | 00:58:23 | 01:00:12 | 05:50 |
| 1903 | 2915 | Aleksander Skupio 5km: 00:29:28 | POL | | Poznań | 1989 | M25 | 165 | 1536 | | 00:58:23 | 01:00:02 | 05:50 |
| 1904 | 2793 | Karolina Kędzia 5km: 00:30:09 | POL | | Dąbrowka | 1982 | K35 | 82 | | 368 | 00:58:24 | 01:00:12 | 05:50 |
| 1905 | 1140 | Jakub Poterski 5km: 00:28:03 | POL | mjpgdruk.pl / #bezsensu | Poznań | 1980 | M35 | 301 | 1537 | | 00:58:24 | 00:59:00 | 05:50 |
| 1906 | 1484 | Dorota Maćkowiak 5km: 00:28:28 | POL | Castorama Swarzędz | Swarzedz, Jasin | 1990 | K25 | 53 | | 369 | 00:58:25 | 00:59:57 | 05:50 |
| 1907 | 2528 | Robert Koczorowski 5km: 00:29:20 | POL | Unia Leszno DMP 2017 | Zalasewo | 1980 | M35 | 302 | 1538 | | 00:58:26 | 01:00:12 | 05:51 |
| 1908 | 165 | Filip Michalak 5km: 00:29:13 | POL | | Poznań | 1984 | M30 | 266 | 1539 | | 00:58:26 | 01:00:13 | 05:51 |
| 1909 | 1644 | Piotr Frankiewicz 5km: 00:29:21 | POL | Lądek | Lądek | 1983 | M35 | 303 | 1540 | | 00:58:27 | 01:00:09 | 05:51 |
| 1910 | 1391 | Tomasz Filipowski 5km: 00:29:26 | POL | | Kostrzyn | 1972 | M45 | 184 | 1541 | | 00:58:27 | 00:59:59 | 05:51 |
| 1911 | 1092 | Agnieszka Szuleta-Kosicka 5km: 00:29:00 | POL | KB Maniac Poznań | Jankowo | 1970 | K45 | 34 | | 370 | 00:58:28 | 01:00:06 | 05:51 |
| 1912 | 2792 | Sebastian Taciak 5km: 00:28:15 | POL | Antoninek Poznań | Poznań | 1976 | M40 | 322 | 1542 | | 00:58:28 | 00:59:50 | 05:51 |
| 1913 | 916 | Karolina Paszkowska-Jodko 5km: 00:29:11 | POL | Jodko Brothers Running Team | Batorowo | 1978 | K40 | 66 | | 371 | 00:58:28 | 00:59:37 | 05:51 |
| 1914 | 352 | Marcin Cegielski 5km: 00:29:26 | POL | | Poznań | 1983 | M35 | 304 | 1543 | | 00:58:29 | 01:00:08 | 05:51 |
| 1915 | 287 | Karol Rezlewicz 5km: 00:29:26 | POL | | Poznań | 1985 | M30 | 267 | 1544 | | 00:58:29 | 01:00:08 | 05:51 |
| 1916 | 2328 | Emilia Fijałkowska 5km: 00:29:23 | POL | Night Runners | Swarzedz | 1991 | K25 | 54 | | 372 | 00:58:29 | 01:00:13 | 05:51 |
| 1917 | 333 | Przemysław Nowacki 5km: 00:26:46 | POL | Drużyna Rezerwistów | Swarzędz | 1984 | M30 | 268 | 1545 | | 00:58:30 | 00:59:00 | 05:51 |
| 1918 | 2343 | Beata Tobała 5km: 00:29:13 | POL | | Gruszczyn | 1980 | K35 | 83 | | 373 | 00:58:30 | 01:00:17 | 05:51 |
| 1919 | 1136 | Marianna Bursiak 5km: 00:29:04 | POL | After Party Team | Poznań | 2002 | K16 | 10 | | 374 | 00:58:30 | 01:00:10 | 05:51 |
| 1920 | 2146 | Rafał Jankowiak 5km: 00:29:14 | POL | | Manieczki | 1987 | M30 | 269 | 1546 | | 00:58:31 | 01:00:22 | 05:51 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|------------------------|-------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1921 | 2945 | Małgorzata Szulc 5km: 00:29:39 | POL | | ROKIETNICA | 1989 | K25 | 55 | | 375 | 00:58:31 | 01:00:00 | 05:51 |
| 1922 | 1564 | Anna Reliszko 5km: 00:30:35 | POL | | Swarzędz | 1984 | K30 | 73 | | 376 | 00:58:31 | 01:00:47 | 05:51 |
| 1923 | 794 | Małgorzata Wronka 5km: 00:28:54 | POL | | Swarzędz | 1969 | K45 | 35 | | 377 | 00:58:31 | 00:59:59 | 05:51 |
| 1924 | 650 | Arkadiusz Skarbiński 5km: 00:30:12 | POL | TEAM JAMAJKA | Swarzędz | 1976 | M40 | 323 | 1547 | | 00:58:32 | 00:59:54 | 05:51 |
| 1925 | 1563 | Patrycja Marszałek 5km: 00:30:35 | POL | | Swarzędz | 1983 | K35 | 84 | | 378 | 00:58:32 | 01:00:49 | 05:51 |
| 1926 | 2432 | Katarzyna Dekiert-Fraćkowiak 5km: 00:28:47 | POL | Castorama Z.G. | Czerwieńsk | 1980 | K35 | 85 | | 379 | 00:58:33 | 01:00:15 | 05:51 |
| 1927 | 206 | Janusz Jaworski 5km: 00:28:28 | POL | | ZŁAWIEŚ WIELKA | 1963 | M55 | 63 | 1548 | | 00:58:33 | 00:59:49 | 05:51 |
| 1928 | 806 | Aleksandra Wieliczko 5km: 00:28:12 | POL | BeOne | Poznań | 1981 | K35 | 86 | | 380 | 00:58:34 | 00:59:45 | 05:51 |
| 1929 | 2006 | Wojciech Pohland 5km: 00:30:34 | POL | Poznań | Poznań | 1966 | M50 | 65 | 1549 | | 00:58:36 | 01:00:50 | 05:52 |
| 1930 | 1514 | Łukasz Bzdęga 5km: 00:28:06 | POL | | Poznań | 1981 | M35 | 305 | 1550 | | 00:58:38 | 01:00:29 | 05:52 |
| 1931 | 2392 | Tomasz Bogdanowicz 5km: 00:28:46 | POL | Smart Fizjo | Gniezno | 1988 | M30 | 270 | 1551 | | 00:58:39 | 00:59:52 | 05:52 |
| 1932 | 2137 | Andrzej Skubiszak 5km: 00:29:19 | POL | BRODEX TEAM SWARZĘDZ | Poznan | 1966 | M50 | 66 | 1552 | | 00:58:40 | 01:00:09 | 05:52 |
| 1933 | 1067 | Daniel Kalinowski 5km: 00:27:56 | POL | | Siekierki Wielkie | 1999 | M16 | 35 | 1553 | | 00:58:41 | 00:59:36 | 05:52 |
| 1934 | 2099 | Grzegorz Górski 5km: 00:31:28 | POL | | Poznań | 1975 | M40 | 324 | 1554 | | 00:58:41 | 01:00:53 | 05:52 |
| 1935 | 2796 | Anna Paciej 5km: 00:28:42 | POL | Concordia Runners Team | Trzemeszno | 1985 | K30 | 74 | | 381 | 00:58:42 | 00:59:50 | 05:52 |
| 1936 | 1197 | Damian Rusek 5km: 00:29:41 | POL | | Poznań | 1984 | M30 | 271 | 1555 | | 00:58:44 | 01:00:34 | 05:52 |
| 1937 | 2517 | Wojciech Grzeškowiak 5km: 00:29:41 | POL | | Kobylnica | 1977 | M40 | 325 | 1556 | | 00:58:44 | 01:00:49 | 05:52 |
| 1938 | 649 | Helena Wojciechowska 5km: 00:29:30 | POL | Kobiety Górą | Poznań | 1982 | K35 | 87 | | 382 | 00:58:46 | 01:00:02 | 05:53 |
| 1939 | 900 | Krzysztof Walczak 5km: 00:28:54 | POL | Orki z Majoroki | Luboń | 1988 | M30 | 272 | 1557 | | 00:58:46 | 01:00:50 | 05:53 |
| 1940 | 2598 | Aneta Offman 5km: 00:29:27 | POL | | SULECIN | 1971 | K45 | 36 | | 383 | 00:58:47 | 01:00:25 | 05:53 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|-------------------------------|--------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1941 | 3001 | Daria Chojan 5km: 00:28:52 | POL | Oldschool hooligans | LUBOŃ | 1993 | K25 | 56 | | 384 | 00:58:49 | 01:00:00 | 05:53 |
| 1942 | 2031 | Jarosław Plaszczyk 5km: 00:28:23 | POL | | TULCE | 1974 | M40 | 326 | 1558 | | 00:58:50 | 00:59:37 | 05:53 |
| 1943 | 530 | Artur Schoelling 5km: 00:29:26 | POL | Hindenburg Extreme | Ashford Kent | 1979 | M35 | 306 | 1559 | | 00:58:51 | 01:00:44 | 05:53 |
| 1944 | 1919 | Marek Łączniak 5km: 00:28:15 | POL | EkoPingwiny | Poznań | 1977 | M40 | 327 | 1560 | | 00:58:51 | 01:00:16 | 05:53 |
| 1945 | 513 | Anna Lewandowska 5km: 00:28:55 | POL | Archery Games | Swarzędz | 1989 | K25 | 57 | | 385 | 00:58:52 | 01:00:19 | 05:53 |
| 1946 | 518 | Piotr Chudy 5km: 00:28:54 | POL | Archery Games | Swarzedz | 1981 | M35 | 307 | 1561 | | 00:58:52 | 01:00:18 | 05:53 |
| 1947 | 1511 | Justyna Borkowska 5km: | POL | | Poznań | 1994 | K20 | 28 | | 386 | 00:58:53 | 00:59:50 | 05:53 |
| 1948 | 1447 | Walerij Czistiakow 5km: 00:27:37 | POL | | Poznań | 1990 | M25 | 166 | 1562 | | 00:58:54 | 00:59:51 | 05:53 |
| 1949 | 2644 | Dariusz Dróżdź 5km: 00:28:28 | POL | | Poznań | 1970 | M45 | 185 | 1563 | | 00:58:54 | 01:00:32 | 05:53 |
| 1950 | 1472 | Emilia Ossowska 5km: 00:28:57 | POL | Zmęczeni na Starcie Dobiegiew | Poznań | 1983 | K35 | 88 | | 387 | 00:58:55 | 01:00:58 | 05:53 |
| 1951 | 2190 | Adam Ossowski 5km: 00:28:57 | POL | Zmęczeni na Starcie Dobiegiew | Poznań | 1983 | M35 | 308 | 1564 | | 00:58:55 | 01:00:58 | 05:53 |
| 1952 | 1800 | Przemysław Szykowny 5km: 00:30:21 | POL | NIGHT RUNNERS WRZEŚNIA | Września | 1985 | M30 | 273 | 1565 | | 00:58:56 | 01:00:17 | 05:54 |
| 1953 | 2292 | Anna Kwapińska 5km: 00:30:21 | POL | NIGHT RUNNERS WRZEŚNIA | Września | 1982 | K35 | 89 | | 388 | 00:58:57 | 01:00:17 | 05:54 |
| 1954 | 2202 | Adam Gremblewski 5km: 00:30:29 | POL | | Kalisz | 1980 | M35 | 309 | 1566 | | 00:58:57 | 01:00:54 | 05:54 |
| 1955 | 152 | Daniel Macyszyn 5km: 00:29:26 | POL | Night Runners Poznan | Poznań | 1976 | M40 | 328 | 1567 | | 00:58:57 | 01:00:30 | 05:54 |
| 1956 | 404 | Jarosław Proszowski 5km: 00:29:15 | POL | 31 BLT | POZNAŃ | 1970 | M45 | 186 | 1568 | | 00:58:57 | 01:00:07 | 05:54 |
| 1957 | 784 | Waldek Owczarzak 5km: 00:28:36 | POL | Poznań | Poznań | 1983 | M35 | 310 | 1569 | | 00:58:59 | 01:00:30 | 05:54 |
| 1958 | 2678 | Grzegorz Czasak 5km: 00:28:22 | POL | Witkowo biega | Witkowo | 1971 | M45 | 187 | 1570 | | 00:58:59 | 01:00:20 | 05:54 |
| 1959 | 226 | Przemysław Ratajczak 5km: 00:27:27 | POL | | Swarzędz | 1983 | M35 | 311 | 1571 | | 00:59:00 | 01:00:34 | 05:54 |
| 1960 | 1534 | Andrzej Jędra 5km: 00:27:34 | POL | Spinario Sp. z o.o. | Złotniki | 1973 | M45 | 188 | 1572 | | 00:59:01 | 01:00:07 | 05:54 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|--------------------------|-------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1961 | 340 | Damian Mikołajczak 5km: 00:26:26 | POL | PRO366 | Gądky | 1991 | M25 | 167 | 1573 | | 00:59:01 | 00:59:32 | 05:54 |
| 1962 | 2172 | Kazimierz Kuropatwa 5km: 00:28:31 | POL | SZAFA BIEGACZA TEAM | Przemysł | 1943 | M75+ | 3 | 1574 | | 00:59:01 | 01:00:06 | 05:54 |
| 1963 | 1509 | Sebastian Sawicki 5km: 00:28:47 | POL | | Poznań | 1986 | M30 | 274 | 1575 | | 00:59:02 | 01:00:07 | 05:54 |
| 1964 | 1872 | Bogdan Szajek 5km: 00:30:30 | POL | MSICS Poznań | Swarzędz | 1953 | M65 | 25 | 1576 | | 00:59:02 | 01:00:18 | 05:54 |
| 1965 | 2317 | Roman Talar 5km: 00:29:49 | POL | TKKF Płomień Pobiedziska | Pobiedziska | 1956 | M60 | 44 | 1577 | | 00:59:03 | 01:01:15 | 05:54 |
| 1966 | 666 | Anna Lusiak 5km: 00:30:02 | POL | | Poznań | 1983 | K35 | 90 | | 389 | 00:59:03 | 01:00:59 | 05:54 |
| 1967 | 2537 | Marek Schwarz 5km: 00:29:27 | POL | KLAS SZPOT SWARZĘDZ | Swarzędz | 1985 | M30 | 275 | 1578 | | 00:59:04 | 01:00:42 | 05:54 |
| 1968 | 2707 | Sara Burmistrz 5km: 00:29:27 | POL | 1995 | Wolsztyn | 1995 | K20 | 29 | | 390 | 00:59:04 | 01:00:42 | 05:54 |
| 1969 | 1309 | Kinga Gościniak 5km: 00:28:57 | POL | | Zalasewo | 1980 | K35 | 91 | | 391 | 00:59:07 | 01:00:19 | 05:55 |
| 1970 | 1338 | Łukasz Urbański 5km: 00:29:02 | POL | | BOLECHOWO OSIEDLE | 1973 | M45 | 189 | 1579 | | 00:59:08 | 01:00:36 | 05:55 |
| 1971 | 892 | Maciej Gronowski 5km: 00:30:46 | POL | Poznan | Poznan | 1983 | M35 | 312 | 1580 | | 00:59:08 | 01:00:21 | 05:55 |
| 1972 | 1720 | Zofia Markowska 5km: 00:29:27 | POL | KOMORNIKI | Komroniki | 1987 | K30 | 75 | | 392 | 00:59:09 | 01:00:54 | 05:55 |
| 1973 | 785 | Marta Szymczak 5km: 00:29:13 | POL | HERNIK TEAM | Koziegłowy | 1978 | K40 | 67 | | 393 | 00:59:11 | 00:59:59 | 05:55 |
| 1974 | 2003 | Czesław Kuliński 5km: 00:30:33 | POL | Poznań | Poznań | 1938 | M75+ | 4 | 1581 | | 00:59:11 | 01:01:25 | 05:55 |
| 1975 | 405 | Anna Rajewska 5km: 00:28:46 | POL | | Swarzędz | 1974 | K40 | 68 | | 394 | 00:59:12 | 00:59:26 | 05:55 |
| 1976 | 2084 | Marcin Stachowiak 5km: 00:28:08 | POL | | Poznań | 1974 | M40 | 329 | 1582 | | 00:59:13 | 01:00:32 | 05:55 |
| 1977 | 1184 | Agnieszka Willer 5km: 00:30:01 | POL | | Poznań | 1983 | K35 | 92 | | 395 | 00:59:14 | 01:00:46 | 05:55 |
| 1978 | 2977 | Jacek Woźniak 5km: 00:29:19 | POL | Active lifestyle | LESZNO | 1975 | M40 | 330 | 1583 | | 00:59:14 | 01:00:02 | 05:55 |
| 1979 | 595 | Paweł Załóg 5km: 00:28:01 | POL | 1980 | Poznań | 1980 | M35 | 313 | 1584 | | 00:59:14 | 01:00:58 | 05:55 |
| 1980 | 210 | Marek Kostrzewski 5km: 00:29:43 | POL | Kos-Bud Gniezno | Osiniec | 1978 | M40 | 331 | 1585 | | 00:59:14 | 01:00:28 | 05:55 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|--|-----------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 1981 | 2403 | Krzysztof Hetmańczyk 5km: 00:28:04 | POL | Pobiegnę, żeby Asia nie biegła sama :) | Swarzędz | 1991 | M25 | 168 | 1586 | | 00:59:16 | 01:00:16 | 05:56 |
| 1982 | 2454 | Joanna Górecka 5km: 00:30:41 | POL | | Koziegłowy | 1987 | K30 | 76 | | 396 | 00:59:17 | 01:01:32 | 05:56 |
| 1983 | 415 | Izabela Kasprowiak 5km: 00:29:46 | POL | | Poznań | 1991 | K25 | 58 | | 397 | 00:59:17 | 01:00:58 | 05:56 |
| 1984 | 416 | Aleksander Hologa 5km: 00:29:45 | POL | | Poznań | 1980 | M35 | 314 | 1587 | | 00:59:18 | 01:01:00 | 05:56 |
| 1985 | 2723 | Krzysztof Koliński 5km: 00:28:23 | POL | | Konin | 1967 | M50 | 67 | 1588 | | 00:59:21 | 01:00:25 | 05:56 |
| 1986 | 986 | Barbara Matecka 5km: 00:28:51 | POL | Castorama POZNAŃ | Koziegłowy | 1977 | K40 | 69 | | 398 | 00:59:21 | 01:00:52 | 05:56 |
| 1987 | 2800 | Halina Borowicz 5km: 00:29:53 | POL | Skarbiec Smaków | Poznań | 1956 | K60 | 5 | | 399 | 00:59:21 | 01:00:34 | 05:56 |
| 1988 | 1296 | Jadwiga Duda 5km: 00:28:33 | POL | | Szamotuły | 1957 | K60 | 6 | | 400 | 00:59:23 | 00:59:38 | 05:56 |
| 1989 | 781 | Zbigniew Szydłowski 5km: 00:29:59 | POL | parkrun Poznań | POZNAŃ | 1958 | M60 | 45 | 1589 | | 00:59:23 | 00:59:36 | 05:56 |
| 1990 | 274 | Dariusz Iwaniak 5km: 00:29:36 | POL | | Ujście | 1975 | M40 | 332 | 1590 | | 00:59:24 | 01:00:53 | 05:56 |
| 1991 | 2117 | Elżbieta Kąkolewska 5km: 00:29:27 | POL | | Młodasko | 1973 | K45 | 37 | | 401 | 00:59:26 | 01:01:08 | 05:57 |
| 1992 | 356 | Joanna Stańczyk 5km: 00:29:44 | POL | Swarzędz | Swarzędz | 1977 | K40 | 70 | | 402 | 00:59:28 | 01:00:51 | 05:57 |
| 1993 | 357 | Krzysztof Stańczyk 5km: 00:29:44 | POL | Swarzędz | Swarzędz | 1978 | M40 | 333 | 1591 | | 00:59:29 | 01:00:52 | 05:57 |
| 1994 | 131 | Piotr Jędrzejczak 5km: 00:29:54 | POL | | Swarzędz | 1974 | M40 | 334 | 1592 | | 00:59:30 | 01:01:06 | 05:57 |
| 1995 | 1328 | Agnieszka Mantaj 5km: 00:29:35 | POL | Wytrawni Sportocholicy | Wągrowiec | 1979 | K35 | 93 | | 403 | 00:59:30 | 00:59:57 | 05:57 |
| 1996 | 1329 | Wojciech Mantaj 5km: 00:29:36 | POL | | Wągrowiec | 1982 | M35 | 315 | 1593 | | 00:59:31 | 00:59:58 | 05:57 |
| 1997 | 137 | Remigiusz Szymański 5km: 00:29:34 | POL | Walka Kostrzyn | Kostrzyn Wilkp. | 1957 | M60 | 46 | 1594 | | 00:59:32 | 01:01:07 | 05:57 |
| 1998 | 1868 | Olgierd Nawrocki 5km: 00:27:59 | POL | | Swarzędz | 1977 | M40 | 335 | 1595 | | 00:59:32 | 01:02:14 | 05:57 |
| 1999 | 216 | Andrzej Tomczyk 5km: 00:29:46 | POL | ELEKTRIS | Poznań | 1971 | M45 | 190 | 1596 | | 00:59:32 | 01:01:08 | 05:57 |
| 2000 | 283 | Marcelina May 5km: 00:29:37 | POL | Dzika Drużyna | Poznan | 1986 | K30 | 77 | | 404 | 00:59:33 | 01:01:21 | 05:57 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|--|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2001 | 2260 | Tomasz Wierziński 5km: 00:29:37 | POL | | SWARZĘDZ | 1972 | M45 | 191 | 1597 | | 00:59:33 | 01:00:10 | 05:57 |
| 2002 | 284 | Wiktor May 5km: 00:29:33 | POL | DzW2 | POZNAŃ | 1957 | M60 | 47 | 1598 | | 00:59:33 | 01:01:21 | 05:57 |
| 2003 | 266 | Bartosz Łasek 5km: 00:29:49 | POL | ELEKTRIS | Mściszewo | 1984 | M30 | 276 | 1599 | | 00:59:34 | 01:01:09 | 05:57 |
| 2004 | 802 | Karolina Nykaza 5km: 00:29:20 | POL | nigdy go nie dogonie | Poznań | 1985 | K30 | 78 | | 405 | 00:59:34 | 01:00:46 | 05:57 |
| 2005 | 135 | Łukasz Piekielski 5km: 00:31:24 | POL | | Poznań | 1988 | M30 | 277 | 1600 | | 00:59:34 | 01:01:28 | 05:57 |
| 2006 | 1185 | Miłosz Willer 5km: 00:30:16 | POL | 1983 | Poznań | 1981 | M35 | 316 | 1601 | | 00:59:35 | 01:01:06 | 05:58 |
| 2007 | 2520 | Iwona Żmuda-Trzebiatowska 5km: 00:29:21 | POL | | Poznań | 1973 | K45 | 38 | | 406 | 00:59:36 | 01:00:38 | 05:58 |
| 2008 | 1450 | Sylwia Tomporowska 5km: 00:29:05 | POL | | Luboń | 1987 | K30 | 79 | | 407 | 00:59:37 | 01:01:43 | 05:58 |
| 2009 | 2060 | Dominik Różycki 5km: 00:28:42 | POL | Loft Team Extreme | Manieczki | 1983 | M35 | 317 | 1602 | | 00:59:37 | 01:00:24 | 05:58 |
| 2010 | 1954 | Bartosz Lisiecki 5km: 00:27:52 | POL | | Poznań | 1984 | M30 | 278 | 1603 | | 00:59:40 | 01:00:19 | 05:58 |
| 2011 | 1465 | Anita Skoczyła 5km: 00:29:39 | POL | Drużyna Szpiku | POZNAŃ | 1973 | K45 | 39 | | 408 | 00:59:41 | 01:01:23 | 05:58 |
| 2012 | 1748 | Grzegorz Litwin 5km: 00:28:22 | POL | | Luboń | 1968 | M50 | 68 | 1604 | | 00:59:42 | 01:00:41 | 05:58 |
| 2013 | 2412 | Michał Nowak 5km: 00:28:09 | POL | KS EXTREM TEAM OBORNIKI - SEKCJA BIEGOWA | Oborniki | 1988 | M30 | 279 | 1605 | | 00:59:44 | 01:01:31 | 05:58 |
| 2014 | 2830 | Magdalena Najs 5km: 00:29:24 | POL | | Swarzędz | 1989 | K25 | 59 | | 409 | 00:59:45 | 01:01:37 | 05:59 |
| 2015 | 2365 | Włodzimierz Lewicki 5km: 00:28:57 | POL | Dziadek biega | Poznań | 1959 | M55 | 64 | 1606 | | 00:59:45 | 01:00:57 | 05:59 |
| 2016 | 2683 | Anna Janiszewska 5km: 00:28:24 | POL | 1971 | Daszewice | 1971 | K45 | 40 | | 410 | 00:59:47 | 01:01:24 | 05:59 |
| 2017 | 2103 | Anna Musiała 5km: 00:29:26 | POL | Piątkowo na Biegowo | Poznań | 1980 | K35 | 94 | | 411 | 00:59:47 | 01:01:05 | 05:59 |
| 2018 | 1045 | Ela Południak 5km: 00:28:08 | POL | Sundom Nieruchomości Krzysztof Połudr | Poznań | 1964 | K50 | 18 | | 412 | 00:59:48 | 01:00:36 | 05:59 |
| 2019 | 1401 | Sebastian Mielcarzewicz 5km: 00:28:45 | POL | | Kaźmierz | 1989 | M25 | 169 | 1607 | | 00:59:48 | 01:01:42 | 05:59 |
| 2020 | 2883 | Piotr Krauze 5km: 00:29:21 | POL | | Poznań | 1994 | M20 | 66 | 1608 | | 00:59:49 | 01:01:32 | 05:59 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|--------------------------------|------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2021 | 2063 | Krzysztof Żychliński 5km: 00:30:45 | POL | | GRODZISK WLKP. | 1960 | M55 | 65 | 1609 | | 00:59:49 | 01:01:34 | 05:59 |
| 2022 | 2325 | Robert Olejniczak 5km: 00:28:15 | POL | Rawa Team | Dopiewo | 1965 | M50 | 69 | 1610 | | 00:59:52 | 01:01:04 | 05:59 |
| 2023 | 2596 | Monika Chmielewska 5km: 00:29:47 | POL | | Luboń | 1982 | K35 | 95 | | 413 | 00:59:53 | 01:01:35 | 05:59 |
| 2024 | 2595 | Dawid Patej 5km: 00:29:47 | POL | | Luboń | 1983 | M35 | 318 | 1611 | | 00:59:54 | 01:01:35 | 05:59 |
| 2025 | 1580 | Waldemar Wiorek 5km: 00:29:48 | POL | | Luboń | 1973 | M45 | 192 | 1612 | | 00:59:54 | 01:00:38 | 05:59 |
| 2026 | 1579 | Joanna Wiorek 5km: 00:29:48 | POL | | Luboń | 2001 | K16 | 11 | | 414 | 00:59:54 | 01:00:38 | 05:59 |
| 2027 | 791 | Leszek Wojciechowski 5km: 00:29:25 | POL | | Tarnowo Podgórne | 1963 | M55 | 66 | 1613 | | 00:59:56 | 01:00:20 | 06:00 |
| 2028 | 1856 | Sebastian Kolibabka 5km: 00:27:04 | POL | | Poznań | 1977 | M40 | 336 | 1614 | | 00:59:56 | 01:00:26 | 06:00 |
| 2029 | 798 | Marek Siuda 5km: 00:29:25 | POL | IZMARK | Luboń | 1968 | M50 | 70 | 1615 | | 00:59:57 | 01:00:21 | 06:00 |
| 2030 | 2054 | Remigiusz Piechota 5km: 00:29:42 | POL | Orki z Majorki | Kościan | 1985 | M30 | 280 | 1616 | | 00:59:58 | 01:02:03 | 06:00 |
| 2031 | 753 | Karol Malik 5km: 00:28:57 | POL | Bractwo Malików / KGB Mosina | Czmoń | 1981 | M35 | 319 | 1617 | | 01:00:02 | 01:01:02 | 06:00 |
| 2032 | 2819 | Joanna Walkowiak 5km: 00:29:01 | POL | Walka Kostrzyn | Kostrzyn | 1990 | K25 | 60 | | 415 | 01:00:03 | 01:01:54 | 06:00 |
| 2033 | 2430 | Joanna Konieczna 5km: 00:29:24 | POL | Zmęczeni na Starcie Dobiegniew | Luboń | 1979 | K35 | 96 | | 416 | 01:00:04 | 01:00:48 | 06:00 |
| 2034 | 937 | Radek Jastrzębski 5km: 00:30:44 | POL | | Poznań | 1979 | M35 | 320 | 1618 | | 01:00:04 | 01:02:09 | 06:00 |
| 2035 | 2104 | Justyna Józefczyk 5km: 00:29:26 | POL | PnB | POZNAŃ | 1980 | K35 | 97 | | 417 | 01:00:05 | 01:01:22 | 06:00 |
| 2036 | 936 | Dariusz Zborowski 5km: 00:30:44 | POL | Poznań | Poznań | 1967 | M50 | 71 | 1619 | | 01:00:05 | 01:02:10 | 06:00 |
| 2037 | 2802 | Janusz Topolski 5km: 00:29:34 | POL | | Poznań | 1959 | M55 | 67 | 1620 | | 01:00:05 | 01:01:40 | 06:01 |
| 2038 | 295 | Ewa Kłak 5km: 00:29:09 | POL | | Swarzędz | 1979 | K35 | 98 | | 418 | 01:00:06 | 01:02:00 | 06:01 |
| 2039 | 2900 | Barbara Nadolczak 5km: 00:29:31 | POL | | Poznań | 1974 | K40 | 71 | | 419 | 01:00:06 | 01:02:11 | 06:01 |
| 2040 | 188 | Krzysztof Moskwa 5km: 00:29:37 | POL | tak se pomykam ! | Leszno | 1957 | M60 | 48 | 1621 | | 01:00:07 | 01:02:21 | 06:01 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|--------------------|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2041 | 2976 | Rafał Juskowiak 5km: 00:29:30 | POL | Active lifestyle | LESZNO | 1983 | M35 | 321 | 1622 | | 01:00:09 | 01:00:57 | 06:01 |
| 2042 | 1817 | Krzysztof Sabiniewicz 5km: 00:29:34 | POL | | Zalasewo | 1971 | M45 | 193 | 1623 | | 01:00:09 | 01:01:37 | 06:01 |
| 2043 | 1000 | Dominik Matoga 5km: 00:28:25 | POL | Orki z Majoroki | Poznań | 2002 | M16 | 36 | 1624 | | 01:00:14 | 01:02:18 | 06:01 |
| 2044 | 2211 | Jan Otłowski 5km: 00:29:30 | POL | | Poznań | 1975 | M40 | 337 | 1625 | | 01:00:15 | 01:02:03 | 06:02 |
| 2045 | 227 | Marcin Klessa 5km: 00:29:37 | POL | KLESSA Familia | Kórnik | 1974 | M40 | 338 | 1626 | | 01:00:16 | 01:01:52 | 06:02 |
| 2046 | 2377 | Joanna Kulma 5km: 00:30:51 | POL | | nekla | 1990 | K25 | 61 | | 420 | 01:00:16 | 01:00:16 | 06:02 |
| 2047 | 801 | Marta Szczerebal 5km: 00:30:27 | POL | Kościan Team | Kościan | 1991 | K25 | 62 | | 421 | 01:00:18 | 01:02:06 | 06:02 |
| 2048 | 453 | Dariusz Józwiak 5km: 00:29:03 | POL | HERNIK TEAM | POZNAŃ | 1964 | M50 | 72 | 1627 | | 01:00:18 | 01:01:05 | 06:02 |
| 2049 | 1284 | Artur Poszwiński 5km: 00:30:09 | POL | | Poznań | 1962 | M55 | 68 | 1628 | | 01:00:19 | 01:02:29 | 06:02 |
| 2050 | 872 | Angelika Jankowiak 5km: 00:29:16 | POL | EKOTEL ACTIV TEAM | KOSTRZYŃ | 1983 | K35 | 99 | | 422 | 01:00:20 | 01:02:09 | 06:02 |
| 2051 | 1257 | Aleksandra Mielcarek 5km: 00:30:23 | POL | | ROJEWO | 1991 | K25 | 63 | | 423 | 01:00:21 | 01:02:18 | 06:02 |
| 2052 | 179 | Mariusz Szumski 5km: 00:30:19 | POL | AMMM TEAM | Poznań | 1972 | M45 | 194 | 1629 | | 01:00:22 | 01:02:11 | 06:02 |
| 2053 | 923 | Aleksandra Kozłowska 5km: 00:29:35 | POL | ŚWIAT WG RUDZIELCA | Choszczno | 1990 | K25 | 64 | | 424 | 01:00:22 | 01:02:02 | 06:02 |
| 2054 | 905 | Paulina Narożna 5km: 00:29:01 | POL | | Kobylnica | 1990 | K25 | 65 | | 425 | 01:00:22 | 01:03:10 | 06:02 |
| 2055 | 1855 | Paweł Ochowiak 5km: 00:28:42 | POL | TipTopol | Swarzędz | 1985 | M30 | 281 | 1630 | | 01:00:22 | 01:02:07 | 06:02 |
| 2056 | 964 | Piotr Godek 5km: 00:29:48 | POL | KB Maniac | Biskupice | 1964 | M50 | 73 | 1631 | | 01:00:23 | 01:01:22 | 06:02 |
| 2057 | 35 | Łukasz Kubiak 5km: 00:31:10 | POL | | Zalasewo | 1982 | M35 | 322 | 1632 | | 01:00:23 | 01:00:26 | 06:02 |
| 2058 | 2427 | Karina Buchert 5km: 00:28:41 | POL | | Będlewo | 1994 | K20 | 30 | | 426 | 01:00:23 | 01:01:44 | 06:02 |
| 2059 | 1963 | Edyta Owczarzak 5km: 00:30:41 | POL | | Poznań | 1976 | K40 | 72 | | 427 | 01:00:23 | 01:02:05 | 06:02 |
| 2060 | 907 | Przemysław Gajewski 5km: 00:30:28 | POL | | Poznań | 1982 | M35 | 323 | 1633 | | 01:00:24 | 01:01:51 | 06:02 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-------------------|--------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2061 | 906 | Urszula Chodkiewicz 5km: 00:30:28 | POL | | Poznań | 1983 | K35 | 100 | | 428 | 01:00:24 | 01:01:51 | 06:02 |
| 2062 | 677 | Włodzimierz Frankiewicz 5km: 00:30:33 | POL | | Lądek | 1948 | M70 | 9 | 1634 | | 01:00:28 | 01:02:30 | 06:03 |
| 2063 | 1131 | Anna Majorczyk 5km: 00:29:48 | POL | | Poznań | 1981 | K35 | 101 | | 429 | 01:00:29 | 01:02:28 | 06:03 |
| 2064 | 1602 | Maciej Luboński 5km: 00:30:43 | POL | | Gowarzewo | 1983 | M35 | 324 | 1635 | | 01:00:29 | 01:02:44 | 06:03 |
| 2065 | 2017 | Mirosław Kubiak 5km: 00:29:49 | POL | | Swarzędz | 1965 | M50 | 74 | 1636 | | 01:00:30 | 01:03:37 | 06:03 |
| 2066 | 1116 | Ewa Mizerska 5km: 00:29:14 | POL | | Poznań | 1960 | K55 | 7 | | 430 | 01:00:30 | 01:01:11 | 06:03 |
| 2067 | 1661 | Kazimierz Mieśnik 5km: 00:29:25 | POL | MIKA Paczkowo | Paczkowo | 1955 | M60 | 49 | 1637 | | 01:00:33 | 01:02:17 | 06:03 |
| 2068 | 537 | Przemysław Krzanowski 5km: 00:30:14 | POL | Drużyna Szpiku | POznań | 1976 | M40 | 339 | 1638 | | 01:00:33 | 01:01:42 | 06:03 |
| 2069 | 1324 | Małgorzata Morawiec 5km: 00:29:38 | POL | Gdzie Ta Meta | Kostrzyn | 1976 | K40 | 73 | | 431 | 01:00:33 | 01:02:02 | 06:03 |
| 2070 | 2200 | Wioletta Kowalczyk 5km: 00:28:55 | POL | | Swarzędz | 1972 | K45 | 41 | | 432 | 01:00:35 | 01:03:47 | 06:03 |
| 2071 | 2186 | Lidia Sęczkowska 5km: 00:27:51 | POL | Nice Lady Fitness | Poznań | 1979 | K35 | 102 | | 433 | 01:00:35 | 01:01:44 | 06:04 |
| 2072 | 1330 | Tomek Szulczewski 5km: 00:28:48 | POL | CYBINA TEAM | kruszewnia | 1984 | M30 | 282 | 1639 | | 01:00:36 | 01:03:40 | 06:04 |
| 2073 | 2390 | Grażyna Wincenty-Cicha 5km: 00:28:49 | POL | | Poznań | 1963 | K55 | 8 | | 434 | 01:00:37 | 01:01:58 | 06:04 |
| 2074 | 1271 | Krzysztof Ratajczak 5km: 00:28:57 | POL | | Poznań | 1993 | M25 | 170 | 1640 | | 01:00:37 | 01:02:17 | 06:04 |
| 2075 | 2444 | Adam Dziuba 5km: 00:29:42 | POL | | Środa Wilkp. | 1982 | M35 | 325 | 1641 | | 01:00:38 | 01:02:01 | 06:04 |
| 2076 | 521 | Krystian Maciejak 5km: 00:30:13 | POL | | Swarzędz | 1978 | M40 | 340 | 1642 | | 01:00:40 | 01:02:41 | 06:04 |
| 2077 | 2014 | Agata Kierończyk 5km: 00:29:31 | POL | | Poznań | 1974 | K40 | 74 | | 435 | 01:00:40 | 01:02:19 | 06:04 |
| 2078 | 1984 | Beniamin Matruk 5km: 00:29:05 | POL | Szysz | Poznań | 1983 | M35 | 326 | 1643 | | 01:00:40 | 01:01:56 | 06:04 |
| 2079 | 1548 | Stanisław Gruszka 5km: 00:29:05 | POL | | Swarzędz | 1957 | M60 | 50 | 1644 | | 01:00:41 | 01:01:57 | 06:04 |
| 2080 | 464 | Agnieszka Książkiewicz 5km: 00:30:27 | POL | | Poznań | 1986 | K30 | 80 | | 436 | 01:00:41 | 01:02:18 | 06:04 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|--------------------|-------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2081 | 172 | Tomasz Krzyśka 5km: 00:29:20 | POL | | Studzieniec | 1981 | M35 | 327 | 1645 | | 01:00:41 | 01:02:15 | 06:04 |
| 2082 | 2087 | Paulina Adamczewska 5km: 00:29:33 | POL | 1981 | Poznań | 1981 | K35 | 103 | | 437 | 01:00:47 | 01:02:06 | 06:05 |
| 2083 | 897 | Katarzyna Klaja 5km: 00:29:19 | POL | SCIM | Czerwonak | 1958 | K60 | 7 | | 438 | 01:00:50 | 01:01:56 | 06:05 |
| 2084 | 2025 | Łukasz Strzelczak 5km: 00:30:16 | POL | Biegaj z WSL | Rabowice | 1988 | M30 | 283 | 1646 | | 01:00:51 | 01:03:03 | 06:05 |
| 2085 | 996 | Igor Witkowski 5km: 00:29:52 | POL | Poznań | Poznań | 1993 | M25 | 171 | 1647 | | 01:00:58 | 01:03:01 | 06:06 |
| 2086 | 1358 | Urszula Sadowska 5km: 00:29:15 | POL | | Swarzędz-Zalasewo | 2000 | K16 | 12 | | 439 | 01:00:59 | 01:02:44 | 06:06 |
| 2087 | 364 | Maciej Kasperczak 5km: 00:29:32 | POL | HERNIK TEAM | Murowana Goślina | 1976 | M40 | 341 | 1648 | | 01:01:01 | 01:01:49 | 06:06 |
| 2088 | 2192 | Maciej Gnusowski 5km: 00:30:36 | POL | Naramowice biegają | Poznań | 1974 | M40 | 342 | 1649 | | 01:01:02 | 01:03:17 | 06:06 |
| 2089 | 2394 | Przemek Wesolek 5km: 00:30:20 | POL | | Poznań | 1977 | M40 | 343 | 1650 | | 01:01:02 | 01:03:12 | 06:06 |
| 2090 | 2402 | Magda Wesolek 5km: 00:30:21 | POL | | Poznań | 1985 | K30 | 81 | | 440 | 01:01:03 | 01:03:13 | 06:06 |
| 2091 | 1362 | Aleksandra Panek 5km: 00:29:44 | POL | | Jasin | 2000 | K16 | 13 | | 441 | 01:01:06 | 01:02:25 | 06:07 |
| 2092 | 567 | Grzegorz Gola 5km: 00:30:12 | POL | 1971 | markowo | 1971 | M45 | 195 | 1651 | | 01:01:08 | 01:03:21 | 06:07 |
| 2093 | 1948 | Agnieszka Rybińska 5km: 00:30:32 | POL | | Swarzędz | 1982 | K35 | 104 | | 442 | 01:01:09 | 01:01:53 | 06:07 |
| 2094 | 2543 | Filip Kantorski 5km: 00:30:11 | POL | KP5M | Kruszewnia | 1981 | M35 | 328 | 1652 | | 01:01:10 | 01:02:14 | 06:07 |
| 2095 | 601 | Szymon Fiedler 5km: 00:31:18 | POL | Pro Patria | Swarzędz | 1986 | M30 | 284 | 1653 | | 01:01:14 | 01:03:18 | 06:07 |
| 2096 | 1477 | Marta Toboła 5km: 00:29:59 | POL | | Rumianek | 1982 | K35 | 105 | | 443 | 01:01:15 | 01:02:57 | 06:07 |
| 2097 | 2740 | Maciej Głowiński 5km: 00:29:50 | POL | | Puszczykowo | 1959 | M55 | 69 | 1654 | | 01:01:15 | 01:03:07 | 06:08 |
| 2098 | 553 | Wiktoria Stankiewicz 5km: 00:28:34 | POL | | Śnieciska | 1980 | K35 | 106 | | 444 | 01:01:15 | 01:01:29 | 06:08 |
| 2099 | 545 | Paweł Sajewicz 5km: 00:29:18 | POL | Good Food Team! | Poznań | 1988 | M30 | 285 | 1655 | | 01:01:17 | 01:02:23 | 06:08 |
| 2100 | 487 | Rita Mucha 5km: 00:29:50 | POL | | Swarzędz | 1980 | K35 | 107 | | 445 | 01:01:17 | 01:03:12 | 06:08 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|------------------------------------|------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2101 | 143 | Szymon Pruszkowski 5km: 00:29:30 | POL | | Swarzędz | 1973 | M45 | 196 | 1656 | | 01:01:18 | 01:03:05 | 06:08 |
| 2102 | 1255 | Rafał Pawlak 5km: 00:30:29 | POL | | Kalisz | 1977 | M40 | 344 | 1657 | | 01:01:18 | 01:03:15 | 06:08 |
| 2103 | 412 | Krzysztof Andrzejak 5km: 00:30:10 | POL | SzyPcy i Wściekli | Gniezno | 1978 | M40 | 345 | 1658 | | 01:01:18 | 01:03:10 | 06:08 |
| 2104 | 1137 | Grażyna Ledzion 5km: 00:29:56 | POL | | Swarzędz | 1965 | K50 | 19 | | 446 | 01:01:18 | 01:02:53 | 06:08 |
| 2105 | 2687 | Agnieszka Roszyk 5km: 00:29:36 | POL | Maratończyk Poznań | Tarnowo Podgórne | 1978 | K40 | 75 | | 447 | 01:01:18 | 01:03:02 | 06:08 |
| 2106 | 1057 | Janusz Graumann 5km: 00:30:14 | POL | | Chodecz | 1972 | M45 | 197 | 1659 | | 01:01:18 | 01:03:09 | 06:08 |
| 2107 | 1058 | Agnieszka Graumann 5km: 00:30:15 | POL | | Chodecz | 1973 | K45 | 42 | | 448 | 01:01:20 | 01:03:10 | 06:08 |
| 2108 | 234 | Wioleta Pawłowska 5km: 00:31:02 | POL | 1987 | Pabianice | 1987 | K30 | 82 | | 449 | 01:01:21 | 01:02:38 | 06:08 |
| 2109 | 676 | Tomasz Hertmanowski 5km: 00:29:33 | POL | TEAM Kościan | Kościan | 1970 | M45 | 198 | 1660 | | 01:01:22 | 01:03:06 | 06:08 |
| 2110 | 355 | Piotr Ciecchan 5km: 00:30:37 | POL | 33 BLTr. | GNIEZNO | 1978 | M40 | 346 | 1661 | | 01:01:23 | 01:03:26 | 06:08 |
| 2111 | 2878 | Henryk Michałowski 5km: 00:31:15 | POL | Cityzen Poznań | Poznań | 1941 | M75+ | 5 | 1662 | | 01:01:23 | 01:03:15 | 06:08 |
| 2112 | 107 | Joanna Dąbrowska 5km: 00:28:57 | POL | | Poznań | 1983 | K35 | 108 | | 450 | 01:01:24 | 01:02:34 | 06:08 |
| 2113 | 1995 | Jakub Olejniczak 5km: 00:30:17 | POL | | Swarzędz | 1988 | M30 | 286 | 1663 | | 01:01:24 | 01:02:58 | 06:08 |
| 2114 | 943 | Sylwia Gut 5km: 00:30:04 | POL | | Poznań | 1989 | K25 | 66 | | 451 | 01:01:24 | 01:03:10 | 06:08 |
| 2115 | 2108 | Paulina Wawrzyniak 5km: 00:30:45 | POL | | Swarzędz | 1988 | K30 | 83 | | 452 | 01:01:24 | 01:03:15 | 06:08 |
| 2116 | 1306 | Małgorzata Blige 5km: 00:29:39 | POL | UTAL TEAM | Swarzędz | 1973 | K45 | 43 | | 453 | 01:01:27 | 01:03:05 | 06:09 |
| 2117 | 675 | Danuta Jadwiga Tomczak 5km: 00:29:33 | POL | TEAM Kościan | Kościan | 1957 | K60 | 8 | | 454 | 01:01:27 | 01:03:11 | 06:09 |
| 2118 | 1029 | Julia Naskręska 5km: 00:29:39 | POL | roz.BIEG.ane Białe Tygrysy Jarocin | Kotlin | 2001 | K16 | 14 | | 455 | 01:01:28 | 01:03:08 | 06:09 |
| 2119 | 2132 | Paweł Piątek 5km: 00:29:32 | POL | | Kraków | 1985 | M30 | 287 | 1664 | | 01:01:29 | 01:03:22 | 06:09 |
| 2120 | 1857 | Tomasz Skąła 5km: 00:28:28 | POL | poznań-ski | poznań | 1975 | M40 | 347 | 1665 | | 01:01:29 | 01:03:07 | 06:09 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|-----------------------|-----------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2121 | 557 | Marta Basińska 5km: 00:30:07 | POL | PRO366 | Paczkowo | 1995 | K20 | 31 | | 456 | 01:01:30 | 01:03:04 | 06:09 |
| 2122 | 1264 | Tomasz Gronikowski 5km: 00:30:48 | POL | UTAL TEAM | Gurówko | 1987 | M30 | 288 | 1666 | | 01:01:30 | 01:03:11 | 06:09 |
| 2123 | 2340 | Mateusz Kapciak 5km: 00:30:29 | POL | Walka Kostrzyn | Kostrzyn | 1990 | M25 | 172 | 1667 | | 01:01:32 | 01:03:26 | 06:09 |
| 2124 | 577 | Tomasz Miazek 5km: 00:30:00 | POL | Galopujące ślimaki :) | Luboń | 1987 | M30 | 289 | 1668 | | 01:01:32 | 01:03:16 | 06:09 |
| 2125 | 678 | Ewa Andrzejczak 5km: 00:31:08 | POL | | jarocin | 1973 | K45 | 44 | | 457 | 01:01:35 | 01:03:13 | 06:09 |
| 2126 | 2431 | Anna Grelka 5km: 00:29:54 | POL | | Grodzisk Wielkopolski | 1988 | K30 | 84 | | 458 | 01:01:35 | 01:03:12 | 06:09 |
| 2127 | 1258 | Jacek Wojciechowski 5km: 00:30:18 | POL | UTAL TEAM | Poznań | 1948 | M70 | 10 | 1669 | | 01:01:36 | 01:03:57 | 06:10 |
| 2128 | 2919 | Alina Siejakowska-Chruszcz 5km: 00:29:35 | POL | am studio | Poznań | 1966 | K50 | 20 | | 459 | 01:01:37 | 01:03:29 | 06:10 |
| 2129 | 2295 | Beata Greser 5km: 00:29:51 | POL | Team Gresery | Bogucin | 1972 | K45 | 45 | | 460 | 01:01:38 | 01:03:29 | 06:10 |
| 2130 | 2668 | Dobromiła Haj 5km: 00:29:30 | POL | | Buk | 1975 | K40 | 76 | | 461 | 01:01:38 | 01:02:55 | 06:10 |
| 2131 | 921 | Anna Łoda 5km: 00:30:52 | POL | | Środa Wielkopolska | 1983 | K35 | 109 | | 462 | 01:01:39 | 01:03:29 | 06:10 |
| 2132 | 1711 | Edyta Gwizdecka 5km: 00:31:54 | POL | VOTUM S.A. | Poznań | 1977 | K40 | 77 | | 463 | 01:01:41 | 01:03:50 | 06:10 |
| 2133 | 2706 | Joanna Bartoszevska 5km: 00:30:11 | POL | BWM | SPYTKÓWKI | 1981 | K35 | 110 | | 464 | 01:01:42 | 01:03:09 | 06:10 |
| 2134 | 2562 | Justyna Krukowska 5km: 00:30:39 | POL | | Łowęcin | 1985 | K30 | 85 | | 465 | 01:01:42 | 01:03:24 | 06:10 |
| 2135 | 142 | Tomasz Gawarecki 5km: 00:29:47 | POL | | RABOWICE | 1977 | M40 | 348 | 1670 | | 01:01:44 | 01:03:23 | 06:10 |
| 2136 | 2690 | Monika Więcek-Citak 5km: 00:30:50 | POL | | Poznań | 1990 | K25 | 67 | | 466 | 01:01:44 | 01:03:13 | 06:10 |
| 2137 | 2849 | Zbigniew Bednarczyk 5km: 00:31:50 | POL | no name | Poznań | 1958 | M60 | 51 | 1671 | | 01:01:44 | 01:03:40 | 06:10 |
| 2138 | 1290 | Ella Saif-Lwowska 5km: 00:30:51 | POL | UTAL TEAM | Dopiewo | 1973 | K45 | 46 | | 467 | 01:01:46 | 01:03:24 | 06:11 |
| 2139 | 1343 | Rozalia Ignerska 5km: 00:31:03 | POL | Azazel | Poznań | 1982 | K35 | 111 | | 468 | 01:01:47 | 01:02:40 | 06:11 |
| 2140 | 679 | Beata Grząślewicz 5km: 00:30:29 | POL | Kościan Team | Kościan | 1963 | K55 | 9 | | 469 | 01:01:48 | 01:03:34 | 06:11 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|---|-----------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2141 | 881 | Joanna Witczak 5km: 00:31:14 | POL | | Środa Wielkopolska | 1982 | K35 | 112 | | 470 | 01:01:49 | 01:03:40 | 06:11 |
| 2142 | 1167 | Rafał Ławniczak 5km: 00:30:20 | POL | | Poznań | 1978 | M40 | 349 | 1672 | | 01:01:51 | 01:03:09 | 06:11 |
| 2143 | 1632 | Jacek Kuciel 5km: 00:30:37 | POL | | Gruszczyn | 1979 | M35 | 329 | 1673 | | 01:01:51 | 01:03:16 | 06:11 |
| 2144 | 1629 | Marta Kuciel 5km: 00:30:38 | POL | | Gruszczyn | 1979 | K35 | 113 | | 471 | 01:01:51 | 01:03:16 | 06:11 |
| 2145 | 241 | Kuba Juraszek 5km: 00:29:31 | POL | Sympatyczny Salon Optyczny Murowana Goślina | Murowana Goślina | 1985 | M30 | 290 | 1674 | | 01:01:51 | 01:03:31 | 06:11 |
| 2146 | 2081 | Szymon Sobczak 5km: 00:29:55 | POL | Piątkowo na Biegowo | Jarocin | 1986 | M30 | 291 | 1675 | | 01:01:52 | 01:03:46 | 06:11 |
| 2147 | 421 | Anna Genstwa 5km: 00:29:00 | POL | | Poznan | 1984 | K30 | 86 | | 472 | 01:01:53 | 01:02:57 | 06:11 |
| 2148 | 1814 | Ewa Borawska-Wajnert 5km: 00:31:15 | POL | Orange Polska | POZNAŃ | 1977 | K40 | 78 | | 473 | 01:01:53 | 01:03:53 | 06:11 |
| 2149 | 2963 | Bartosz Dziurla 5km: 00:32:16 | POL | Grodziski Klub Biegacza | GRODZISK WIELKOPOLSKI | 1996 | M20 | 67 | 1676 | | 01:01:54 | 01:03:57 | 06:11 |
| 2150 | 2742 | Magdalena Szymanek 5km: 00:29:25 | POL | | Ostrów Wlkp | 1982 | K35 | 114 | | 474 | 01:01:55 | 01:03:46 | 06:11 |
| 2151 | 2264 | Leszek Zając 5km: 00:29:54 | POL | | Wijewo | 1957 | M60 | 52 | 1677 | | 01:01:55 | 01:03:38 | 06:12 |
| 2152 | 2672 | Monika Szymanek-Setecka 5km: 00:29:26 | POL | | Ostrów Wielkopolski | 1979 | K35 | 115 | | 475 | 01:01:56 | 01:03:46 | 06:12 |
| 2153 | 2691 | Marta Żak 5km: 00:30:45 | POL | Swarzędz | Swarzędz | 1988 | K30 | 87 | | 476 | 01:01:56 | 01:03:47 | 06:12 |
| 2154 | 2313 | Kamila Pogorzelec 5km: 00:30:46 | POL | Piórex S.A. | Swarzędz | 1977 | K40 | 79 | | 477 | 01:01:56 | 01:03:47 | 06:12 |
| 2155 | 2504 | Ludmiła Zając 5km: 00:29:55 | POL | | Wijewo | 1959 | K55 | 10 | | 478 | 01:01:56 | 01:03:38 | 06:12 |
| 2156 | 2833 | Iwona Kaciun 5km: 00:30:00 | POL | | Poznań | 1978 | K40 | 80 | | 479 | 01:01:56 | 01:03:00 | 06:12 |
| 2157 | 485 | Marcin Michałak 5km: 00:31:01 | POL | Hansa Flex | Otorowo | 1987 | M30 | 292 | 1678 | | 01:01:56 | 01:03:49 | 06:12 |
| 2158 | 2832 | Stefan Lickel 5km: 00:30:01 | SWZ | | Poznań | 1971 | M45 | 199 | 1679 | | 01:01:57 | 01:03:00 | 06:12 |
| 2159 | 2109 | Kamilla Nowak 5km: 00:30:45 | POL | | Swarzędz | 1975 | K40 | 81 | | 480 | 01:01:57 | 01:03:47 | 06:12 |
| 2160 | 253 | Ireneusz Szyszka 5km: 00:27:51 | POL | | Daszewice | 1989 | M25 | 173 | 1680 | | 01:01:58 | 01:02:57 | 06:12 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|-------------------------------|------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2161 | 1569 | Alina Polus 5km: 00:30:58 | POL | | Czarniejewo | 1990 | K25 | 68 | | 481 | 01:02:00 | 01:04:02 | 06:12 |
| 2162 | 2400 | Jakub Dłużyński 5km: 00:29:12 | POL | Allianz Running Team | Rokietnica | 1980 | M35 | 330 | 1681 | | 01:02:01 | 01:04:11 | 06:12 |
| 2163 | 2485 | Izabela Miklas 5km: 00:31:56 | POL | nowak.run | Poznań | 1988 | K30 | 88 | | 482 | 01:02:01 | 01:04:00 | 06:12 |
| 2164 | 944 | Przemysław Dobroszewski 5km: 00:29:23 | POL | BZ WBK Runners Team | BŁAŻEJEWKO | 1971 | M45 | 200 | 1682 | | 01:02:01 | 01:04:44 | 06:12 |
| 2165 | 1174 | Piotr Tomaszewski 5km: 00:29:56 | POL | | Plewiska | 1982 | M35 | 331 | 1683 | | 01:02:07 | 01:04:01 | 06:13 |
| 2166 | 2198 | Katarzyna Brzoska 5km: 00:30:39 | POL | | Poznań | 1975 | K40 | 82 | | 483 | 01:02:08 | 01:03:43 | 06:13 |
| 2167 | 504 | Kazimierz Biczyc 5km: 00:29:58 | POL | 1949 | Poznań | 1949 | M65 | 26 | 1684 | | 01:02:09 | 01:03:51 | 06:13 |
| 2168 | 2851 | Monika Mendel 5km: 00:29:20 | POL | | Poznań | 1994 | K20 | 32 | | 484 | 01:02:10 | 01:03:54 | 06:13 |
| 2169 | 1009 | Zbigniew Wiatrowski 5km: 00:31:44 | POL | | Murowana Goślina | 1958 | M60 | 53 | 1685 | | 01:02:12 | 01:03:49 | 06:13 |
| 2170 | 803 | Krzysztof Gólecki 5km: 00:30:25 | POL | tym razem ją prześcignę | Poznań | 1982 | M35 | 332 | 1686 | | 01:02:15 | 01:03:30 | 06:14 |
| 2171 | 1808 | Andrzej Roszyk 5km: 00:31:06 | POL | Zmęczeni na Starcie Dobiegnow | Poznań | 1967 | M50 | 75 | 1687 | | 01:02:16 | 01:04:15 | 06:14 |
| 2172 | 1770 | Szymon Sierachan 5km: 00:31:40 | POL | | Pabianice | 1987 | M30 | 293 | 1688 | | 01:02:18 | 01:04:39 | 06:14 |
| 2173 | 1340 | Przemysław Talarski 5km: 00:31:40 | POL | | Swarzędz | 1975 | M40 | 350 | 1689 | | 01:02:19 | 01:04:14 | 06:14 |
| 2174 | 1368 | Ewa Olszewska 5km: 00:31:41 | POL | | Głogów | 1991 | K25 | 69 | | 485 | 01:02:21 | 01:03:53 | 06:14 |
| 2175 | 2908 | Jakub Sroczyński 5km: 00:32:16 | POL | | Poznań | 1976 | M40 | 351 | 1690 | | 01:02:21 | 01:04:20 | 06:14 |
| 2176 | 1631 | Beata Jurgielewicz 5km: 00:31:12 | POL | | Poznań | 1992 | K25 | 70 | | 486 | 01:02:22 | 01:04:21 | 06:14 |
| 2177 | 2909 | Katarzyna Mielnik 5km: 00:32:18 | POL | | Poznań | 1986 | K30 | 89 | | 487 | 01:02:22 | 01:04:21 | 06:14 |
| 2178 | 1811 | Łukasz Krupa 5km: 00:31:10 | POL | Dzikie Borsuki | Poznań | 1981 | M35 | 333 | 1691 | | 01:02:23 | 01:04:39 | 06:14 |
| 2179 | 1286 | Stanisław Piechocki 5km: 00:29:53 | POL | Piechocki Team | Pniewy | 1974 | M40 | 352 | 1692 | | 01:02:24 | 01:03:42 | 06:14 |
| 2180 | 1086 | Artur Miozga 5km: 00:30:02 | POL | suchylana | Suchy Las | 1976 | M40 | 353 | 1693 | | 01:02:24 | 01:03:17 | 06:14 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|--------------------------|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2181 | 1265 | Karolina Bąk 5km: 00:29:31 | POL | UTAL TEAM | Poznań | 1992 | K25 | 71 | | 488 | 01:02:25 | 01:02:50 | 06:15 |
| 2182 | 1348 | Paweł Przybylak 5km: 00:31:33 | POL | Almark Leszno | Leszno | 1963 | M55 | 70 | 1694 | | 01:02:26 | 01:04:39 | 06:15 |
| 2183 | 2364 | Katarzyna Zimna 5km: 00:30:50 | POL | Wesołe Wąsy | Kórnik | 1991 | K25 | 72 | | 489 | 01:02:27 | 01:04:09 | 06:15 |
| 2184 | 2784 | Mariusz Kruś 5km: 00:32:48 | POL | | Poznań | 1984 | M30 | 294 | 1695 | | 01:02:28 | 01:04:37 | 06:15 |
| 2185 | 2910 | Karolina Rypień 5km: 00:30:33 | POL | ACIVE LIFESTYLE | WILKOWICE | 1984 | K30 | 90 | | 490 | 01:02:29 | 01:03:10 | 06:15 |
| 2186 | 1175 | Julia Idzikowska 5km: 00:31:20 | POL | BOBBY'S TEAM | Brzeziny | 2000 | K16 | 15 | | 491 | 01:02:29 | 01:04:18 | 06:15 |
| 2187 | 661 | Dawid Brzeziński 5km: 00:29:06 | POL | | Tulce | 1984 | M30 | 295 | 1696 | | 01:02:31 | 01:04:32 | 06:15 |
| 2188 | 2614 | Wiktoria Skąła 5km: 00:30:27 | POL | POZNAŃSKI | poznań | 1999 | K16 | 16 | | 492 | 01:02:31 | 01:04:09 | 06:15 |
| 2189 | 539 | Agnieszka Spizak 5km: 00:30:13 | POL | DrużynaSzpiku | Ostrów Wlkp | 1981 | K35 | 116 | | 493 | 01:02:32 | 01:03:41 | 06:15 |
| 2190 | 2751 | Violetta Dzikowska 5km: 00:30:57 | POL | | Śrem | 1973 | K45 | 47 | | 494 | 01:02:32 | 01:03:50 | 06:15 |
| 2191 | 1400 | Wojciech Grochocki 5km: 00:31:08 | POL | KB Malta Poznań | Poznań | 1936 | M75+ | 6 | 1697 | | 01:02:34 | 01:04:15 | 06:15 |
| 2192 | 2970 | Otylia Mańka 5km: 00:30:40 | POL | | Swarzędz | 1987 | K30 | 91 | | 495 | 01:02:34 | 01:04:11 | 06:15 |
| 2193 | 2373 | Malgorzata Podalak 5km: 00:30:29 | POL | | poznan | 1970 | K45 | 48 | | 496 | 01:02:35 | 01:03:50 | 06:16 |
| 2194 | 2342 | Krystian Humieja 5km: 00:29:03 | POL | Klub Piwowarów Kaliskich | kalisz | 1980 | M35 | 334 | 1698 | | 01:02:36 | 01:03:37 | 06:16 |
| 2195 | 1101 | Katarzyna Buśko 5km: 00:31:44 | POL | | KAŻMIERZ | 1988 | K30 | 92 | | 497 | 01:02:36 | 01:04:20 | 06:16 |
| 2196 | 1218 | Agnieszka Wieczorkiewicz 5km: 00:31:11 | POL | | Poznań | 1981 | K35 | 117 | | 498 | 01:02:37 | 01:04:19 | 06:16 |
| 2197 | 1702 | Michał Błahut 5km: 00:30:21 | POL | CK DEZERTERZY | Kamionki | 1983 | M35 | 335 | 1699 | | 01:02:38 | 01:04:18 | 06:16 |
| 2198 | 500 | Arkadiusz Szkudlarek 5km: 00:31:13 | POL | WGI PLUS | Września | 1987 | M30 | 296 | 1700 | | 01:02:38 | 01:04:39 | 06:16 |
| 2199 | 1110 | Marek Jasiukiewicz 5km: 00:31:33 | POL | SNOW.DOG ADVENTURE | Kicin | 1976 | M40 | 354 | 1701 | | 01:02:39 | 01:04:54 | 06:16 |
| 2200 | 1500 | Mateusz Rogowski 5km: 00:31:31 | POL | | Swarzędz | 1991 | M25 | 174 | 1702 | | 01:02:40 | 01:04:20 | 06:16 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|---------------------|----------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2201 | 662 | Paweł Burchacki 5km: 00:31:26 | POL | | Środa Wlkp. | 1996 | M20 | 68 | 1703 | | 01:02:42 | 01:04:44 | 06:16 |
| 2202 | 1102 | Bartosz Buško 5km: 00:31:44 | POL | | KAŻMIERZ | 1983 | M35 | 336 | 1704 | | 01:02:43 | 01:04:27 | 06:16 |
| 2203 | 264 | Tomasz Buško 5km: 00:31:44 | POL | Swarzędz | Swarzędz | 1980 | M35 | 337 | 1705 | | 01:02:43 | 01:04:27 | 06:16 |
| 2204 | 660 | Justyna Brzezińska 5km: 00:31:27 | POL | | Tulce | 1987 | K30 | 93 | | 499 | 01:02:44 | 01:04:45 | 06:16 |
| 2205 | 618 | Asia Rucińska 5km: 00:31:27 | POL | | Rabowice | 1987 | K30 | 94 | | 500 | 01:02:44 | 01:04:45 | 06:16 |
| 2206 | 926 | Agata Kapitan 5km: 00:30:24 | POL | | Kórnik | 1978 | K40 | 83 | | 501 | 01:02:44 | 01:04:31 | 06:16 |
| 2207 | 744 | Jacek Humienny 5km: 00:31:50 | POL | | Zalasewo | 1970 | M45 | 201 | 1706 | | 01:02:45 | 01:04:56 | 06:17 |
| 2208 | 1176 | Alexia Urbańska 5km: 00:31:21 | POL | BOBBY'S TEAM | Brzeziny | 1972 | K45 | 49 | | 502 | 01:02:46 | 01:04:35 | 06:17 |
| 2209 | 1173 | Robert Walkowiak 5km: 00:31:22 | POL | | Swarzędz | 1973 | M45 | 202 | 1707 | | 01:02:47 | 01:04:35 | 06:17 |
| 2210 | 2001 | Dariusz Adamczak 5km: 00:31:58 | POL | | Swarzędz | 1990 | M25 | 175 | 1708 | | 01:02:49 | 01:05:01 | 06:17 |
| 2211 | 1890 | Magdalena Kaczmarek 5km: 00:30:51 | POL | | Poznań | 1984 | K30 | 95 | | 503 | 01:02:51 | 01:04:32 | 06:17 |
| 2212 | 2581 | Weronika Przybylak 5km: 00:31:29 | POL | | Poznań | 1986 | K30 | 96 | | 504 | 01:02:51 | 01:02:51 | 06:17 |
| 2213 | 1931 | Julia Szczygielska-Elmas 5km: 00:31:04 | POL | | Gortatowo | 1988 | K30 | 97 | | 505 | 01:02:51 | 01:04:56 | 06:17 |
| 2214 | 2665 | Beata Rabcewicz 5km: 00:31:19 | POL | KROSS EURO-ROWER.PL | Leszno | 1979 | K35 | 118 | | 506 | 01:02:52 | 01:04:29 | 06:17 |
| 2215 | 612 | Cezary Ożarowski 5km: 00:30:44 | POL | San Escobar | Gruszczyn | 1976 | M40 | 355 | 1709 | | 01:02:52 | 01:04:21 | 06:17 |
| 2216 | 611 | Marta Kurzajewska-Ożarowska 5km: 00:30:46 | POL | San Escobar | Gruszczyn | 1980 | K35 | 119 | | 507 | 01:02:53 | 01:04:21 | 06:17 |
| 2217 | 1701 | Wojciech Roszak 5km: 00:30:06 | POL | CK DEZERTERZY | Poznań | 1983 | M35 | 338 | 1710 | | 01:02:54 | 01:04:34 | 06:17 |
| 2218 | 2587 | Maciej Sibiński 5km: 00:29:57 | POL | | Swarzędz | 1981 | M35 | 339 | 1711 | | 01:02:59 | 01:04:29 | 06:18 |
| 2219 | 1516 | Łukasz Bieńczyk 5km: 00:32:06 | POL | | Dąbcze | 1979 | M35 | 340 | 1712 | | 01:02:59 | 01:04:59 | 06:18 |
| 2220 | 1382 | Stanisław Ruszała 5km: 00:30:10 | POL | | Kostrzyn Wlkp. | 1973 | M45 | 203 | 1713 | | 01:03:00 | 01:05:03 | 06:18 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|---------------------|---------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2221 | 1125 | Przemysław Gawlik 5km: 00:30:09 | POL | | Poznan | 1981 | M35 | 341 | 1714 | | 01:03:00 | 01:05:03 | 06:18 |
| 2222 | 2011 | Łukasz Drzazgowski 5km: 00:29:31 | POL | | Mogilno | 1980 | M35 | 342 | 1715 | | 01:03:01 | 01:03:45 | 06:18 |
| 2223 | 1162 | Anna Skrzyplak 5km: 00:30:38 | POL | | Ostrów Wielkopolski | 1994 | K20 | 33 | | 508 | 01:03:01 | 01:04:42 | 06:18 |
| 2224 | 16 | Piotr Potejko 5km: 00:29:49 | POL | | Warszawa | 1972 | M45 | 204 | 1716 | | 01:03:01 | 01:03:19 | 06:18 |
| 2225 | 2191 | Julia Rajmund 5km: 00:30:07 | POL | | Swarzędz | 2000 | K16 | 17 | | 509 | 01:03:04 | 01:04:08 | 06:18 |
| 2226 | 168 | Elżbieta Kotarska 5km: 00:30:19 | POL | | Kostrzyn | 1975 | K40 | 84 | | 510 | 01:03:05 | 01:04:40 | 06:19 |
| 2227 | 2847 | Monika Kielczewska 5km: 00:30:12 | POL | PKO Bank Polski SA | Poznań | 1977 | K40 | 85 | | 511 | 01:03:07 | 01:04:46 | 06:19 |
| 2228 | 720 | Marta Nowak 5km: 00:30:23 | POL | Naramowice biegają | Poznań | 1981 | K35 | 120 | | 512 | 01:03:08 | 01:04:57 | 06:19 |
| 2229 | 990 | Wojtek Matoga 5km: 00:30:50 | POL | Orki z Majorki | Plewiska | 1977 | M40 | 356 | 1717 | | 01:03:08 | 01:05:13 | 06:19 |
| 2230 | 2183 | Maciej Sadowski 5km: 00:32:16 | POL | optometria-sadowski | Swarzędz-Zalasewo | 1969 | M45 | 205 | 1718 | | 01:03:08 | 01:05:06 | 06:19 |
| 2231 | 2038 | Paweł Hoffman 5km: 00:30:14 | POL | ptkwo | poznań | 1985 | M30 | 297 | 1719 | | 01:03:09 | 01:03:44 | 06:19 |
| 2232 | 1170 | Marek Piosik 5km: 00:29:32 | POL | PointPack.pl | Jasin | 1984 | M30 | 298 | 1720 | | 01:03:09 | 01:03:39 | 06:19 |
| 2233 | 1781 | Justyna Skirecka 5km: 00:30:56 | POL | | poznan | 1975 | K40 | 86 | | 513 | 01:03:09 | 01:04:30 | 06:19 |
| 2234 | 1896 | Luiza Szaj 5km: 00:30:45 | POL | | Luboń | 1977 | K40 | 87 | | 514 | 01:03:11 | 01:05:25 | 06:19 |
| 2235 | 991 | Patryk Matoga 5km: 00:30:14 | POL | Orki z Majorki | Poznań | 1995 | M20 | 69 | 1721 | | 01:03:13 | 01:05:18 | 06:19 |
| 2236 | 522 | Anna Maciejak 5km: 00:31:14 | POL | | Swarzędz | 1980 | K35 | 121 | | 515 | 01:03:16 | 01:05:17 | 06:20 |
| 2237 | 2911 | Szymon, Tymek, Jacek Myśliński 5km: 00:31:04 | POL | | Kobylnica | 1986 | M30 | 299 | 1722 | | 01:03:16 | 01:05:35 | 06:20 |
| 2238 | 1390 | Kinga Smętkowska 5km: 00:30:56 | POL | Poznań | Poznań | 1966 | K50 | 21 | | 516 | 01:03:17 | 01:04:56 | 06:20 |
| 2239 | 1109 | Emilia Granos-Burkert 5km: 00:30:51 | POL | MORSY SWARZĘDZ | Poznań | 1974 | K40 | 88 | | 517 | 01:03:20 | 01:05:10 | 06:20 |
| 2240 | 2704 | Krzysztof Łątkowski 5km: 00:29:38 | POL | KB Maniac Poznań | Poznań | 1979 | M35 | 343 | 1723 | | 01:03:20 | 01:04:34 | 06:20 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|------------------------|-----------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2241 | 1178 | Marta Walkowiak 5km: 00:30:44 | POL | | Swarzędz | 1998 | K20 | 34 | | 518 | 01:03:22 | 01:05:11 | 06:20 |
| 2242 | 2120 | Łukasz Komasa 5km: 00:31:07 | POL | | Poznań | 1995 | M20 | 70 | 1724 | | 01:03:23 | 01:05:41 | 06:20 |
| 2243 | 2155 | Klaudia Zielińska 5km: 00:31:21 | POL | | STARE OBORZYSKA | 1997 | K20 | 35 | | 519 | 01:03:26 | 01:05:22 | 06:21 |
| 2244 | 956 | Danka Kuna 5km: 00:30:44 | POL | Klub Wesołego Szampana | Zaniemyśl | 1972 | K45 | 50 | | 520 | 01:03:28 | 01:05:16 | 06:21 |
| 2245 | 1192 | Piotr Schlegel 5km: 00:30:15 | POL | Team Family Luboń | Luboń | 1978 | M40 | 357 | 1725 | | 01:03:29 | 01:05:08 | 06:21 |
| 2246 | 957 | Robert Kuna 5km: 00:30:44 | POL | Klub Wesołego Szampana | Zaniemysl | 1972 | M45 | 206 | 1726 | | 01:03:30 | 01:05:18 | 06:21 |
| 2247 | 833 | Daria Borucka 5km: 00:31:31 | POL | | Swarzędz | 1987 | K30 | 98 | | 521 | 01:03:30 | 01:05:15 | 06:21 |
| 2248 | 2765 | Kamilla Polus 5km: 00:31:34 | POL | | Czarniejewo | 1964 | K50 | 22 | | 522 | 01:03:33 | 01:05:35 | 06:21 |
| 2249 | 2893 | Pawel Jozwiak 5km: 00:31:50 | POL | DHL TEAM | Rokietnica | 1981 | M35 | 344 | 1727 | | 01:03:36 | 01:05:46 | 06:22 |
| 2250 | 1234 | Marek Baran 5km: 00:30:01 | POL | | Szamotuły | 1975 | M40 | 358 | 1728 | | 01:03:38 | 01:05:31 | 06:22 |
| 2251 | 117 | Jan Dominiak 5km: 00:31:41 | POL | | Owińska | 1998 | M20 | 71 | 1729 | | 01:03:39 | 01:05:16 | 06:22 |
| 2252 | 948 | Anna Mąkosa 5km: 00:30:54 | POL | | Piła | 1992 | K25 | 73 | | 523 | 01:03:40 | 01:05:20 | 06:22 |
| 2253 | 1142 | Paweł Konikowski 5km: 00:30:21 | POL | | Poznań | 1948 | M70 | 11 | 1730 | | 01:03:41 | 01:05:05 | 06:22 |
| 2254 | 718 | Jakub Odrobny 5km: 00:31:42 | POL | | Zasutowo | 1984 | M30 | 300 | 1731 | | 01:03:43 | 01:05:35 | 06:22 |
| 2255 | 782 | Karin Effenberg 5km: 00:31:19 | POL | PARKRUN POZNAŃ | ZALASEWO | 1958 | K60 | 9 | | 524 | 01:03:43 | 01:03:56 | 06:22 |
| 2256 | 717 | Agata Połetek 5km: 00:31:44 | POL | | Poznań | 1988 | K30 | 99 | | 525 | 01:03:44 | 01:05:35 | 06:22 |
| 2257 | 2515 | Michał Staszko 5km: 00:32:08 | POL | | Bojanowo | 1984 | M30 | 301 | 1732 | | 01:03:44 | 01:05:48 | 06:22 |
| 2258 | 1295 | Łukasz Wrzałik 5km: 00:30:45 | POL | | Poznań | 1981 | M35 | 345 | 1733 | | 01:03:47 | 01:05:52 | 06:23 |
| 2259 | 1294 | Joanna Józwiak 5km: 00:30:46 | POL | | Poznań | 1982 | K35 | 122 | | 526 | 01:03:47 | 01:05:52 | 06:23 |
| 2260 | 433 | Adrian Śledzianowski 5km: 00:30:53 | POL | ŚLEDZIKI | Psarskie | 1977 | M40 | 359 | 1734 | | 01:03:48 | 01:05:10 | 06:23 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|-------------------------|----------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2261 | 1674 | Michał Kaniewski 5km: 00:31:26 | POL | KB Dębiec/Orange Polska | Poznań | 1975 | M40 | 360 | 1735 | | 01:03:49 | 01:05:22 | 06:23 |
| 2262 | 2988 | Maciej Brodnicki 5km: 00:30:35 | POL | Castorama Swarzędz | Tulce | 1976 | M40 | 361 | 1736 | | 01:03:50 | 01:05:26 | 06:23 |
| 2263 | 1370 | Katarzyna Jankowiak 5km: 00:31:28 | POL | Orange Polska | TULCE | 1979 | K35 | 123 | | 527 | 01:03:51 | 01:05:21 | 06:23 |
| 2264 | 1986 | Maciej Szymkowiak 5km: 00:32:21 | POL | | Poznań | 1986 | M30 | 302 | 1737 | | 01:03:54 | 01:06:11 | 06:23 |
| 2265 | 1850 | Małgorzata Kaźmierczak 5km: 00:30:45 | POL | | Paczkowo | 1975 | K40 | 89 | | 528 | 01:03:54 | 01:06:01 | 06:23 |
| 2266 | 2469 | Michał Mucha 5km: 00:33:03 | POL | Opel Szpot | Owińska | 1990 | M25 | 176 | 1738 | | 01:03:55 | 01:05:50 | 06:23 |
| 2267 | 1852 | Leonard Pernet 5km: 00:30:58 | POL | | Poznań | 1956 | M60 | 54 | 1739 | | 01:03:55 | 01:05:42 | 06:24 |
| 2268 | 1851 | Ewelina Pernet-Szóstak 5km: 00:30:59 | POL | | Poznań | 1981 | K35 | 124 | | 529 | 01:03:56 | 01:05:42 | 06:24 |
| 2269 | 1217 | Agata Wojnowska 5km: 00:31:12 | POL | | Poznań | 1980 | K35 | 125 | | 530 | 01:03:59 | 01:05:41 | 06:24 |
| 2270 | 896 | Michał Horowski 5km: 00:31:31 | POL | | Poznań | 1952 | M65 | 27 | 1740 | | 01:04:07 | 01:06:14 | 06:25 |
| 2271 | 1712 | Monika Awuku 5km: 00:31:03 | POL | | Sławica | 1976 | K40 | 90 | | 531 | 01:04:09 | 01:04:19 | 06:25 |
| 2272 | 1835 | Marta Sibilska 5km: 00:32:10 | POL | | Poznań | 1985 | K30 | 100 | | 532 | 01:04:15 | 01:06:23 | 06:25 |
| 2273 | 1990 | Telesfor Cieśliński 5km: 00:30:59 | POL | | Swarzędz | 1955 | M60 | 55 | 1741 | | 01:04:15 | 01:06:06 | 06:26 |
| 2274 | 13 | Marcin Biszczyk 5km: 00:30:04 | POL | | Oława | 1985 | M30 | 303 | 1742 | | 01:04:15 | 01:05:04 | 06:26 |
| 2275 | 652 | Bogdan Skarbiński 5km: 00:32:21 | POL | TEAM JAMAJKA | Swarzędz | 1951 | M65 | 28 | 1743 | | 01:04:16 | 01:05:38 | 06:26 |
| 2276 | 736 | Mariusz Jóźwik 5km: 00:32:53 | POL | | Poznań | 1977 | M40 | 362 | 1744 | | 01:04:16 | 01:06:28 | 06:26 |
| 2277 | 220 | Edyta Gajewska 5km: 00:33:22 | POL | | Wrocław | 1987 | K30 | 101 | | 533 | 01:04:18 | 01:06:16 | 06:26 |
| 2278 | 1414 | Anna Kubacka 5km: | POL | | Kobylnica | 1982 | K35 | 126 | | 534 | 01:04:18 | 01:06:16 | 06:26 |
| 2279 | 2330 | Agnieszka Czaykowska 5km: 00:32:50 | POL | | Swarzędz | 1988 | K30 | 102 | | 535 | 01:04:21 | 01:06:28 | 06:26 |
| 2280 | 2058 | Małgorzata Żychlińska 5km: 00:29:35 | POL | | Grodzisk Wlkp. | 1965 | K50 | 23 | | 536 | 01:04:22 | 01:06:19 | 06:26 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|---|-------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2281 | 347 | Magdalena Janasiak 5km: 00:31:52 | POL | | Szamotuły | 1975 | K40 | 91 | | 537 | 01:04:22 | 01:06:11 | 06:26 |
| 2282 | 2940 | Robert Komasa 5km: 00:32:08 | POL | | Poznań | 1961 | M55 | 71 | 1745 | | 01:04:24 | 01:06:44 | 06:26 |
| 2283 | 2698 | Jarosław Kuśmirek 5km: 00:32:19 | POL | | Gruszczyn | 1977 | M40 | 363 | 1746 | | 01:04:26 | 01:06:41 | 06:27 |
| 2284 | 1404 | Anna Leżańska 5km: 00:31:30 | POL | | Swarzędz | 1977 | K40 | 92 | | 538 | 01:04:27 | 01:05:32 | 06:27 |
| 2285 | 2738 | Natasza Olszak 5km: 00:30:59 | POL | Stara Rura | Poznan | 1976 | K40 | 93 | | 539 | 01:04:27 | 01:05:32 | 06:27 |
| 2286 | 2476 | Magda Urbańska 5km: 00:31:17 | POL | Tęcza Ujście | Ujście | 1977 | K40 | 94 | | 540 | 01:04:31 | 01:05:33 | 06:27 |
| 2287 | 1972 | Maciej Junikowski 5km: 00:32:39 | POL | B.O.L.S. Swarzędz | Swarzędz | 1993 | M25 | 177 | 1747 | | 01:04:31 | 01:06:29 | 06:27 |
| 2288 | 1991 | Sławomir Nowak 5km: 00:30:37 | POL | Siekierzy Runing Team | Siekierki Wielkie | 1971 | M45 | 207 | 1748 | | 01:04:31 | 01:06:10 | 06:27 |
| 2289 | 532 | Dorota Michalak 5km: 00:33:20 | POL | | Poznań | 1975 | K40 | 95 | | 541 | 01:04:32 | 01:06:27 | 06:27 |
| 2290 | 1521 | Marta Staszewska 5km: 00:31:16 | POL | | Swarzędz | 1984 | K30 | 103 | | 542 | 01:04:33 | 01:06:18 | 06:27 |
| 2291 | 1451 | Sebastian Jasicki 5km: 00:30:59 | POL | spontan | Gruszczyn | 1976 | M40 | 364 | 1749 | | 01:04:36 | 01:06:21 | 06:28 |
| 2292 | 1537 | Stanisława Pańczyszyn 5km: 00:31:41 | POL | BODYWORK | Poznań | 1958 | K60 | 10 | | 543 | 01:04:39 | 01:06:31 | 06:28 |
| 2293 | 2079 | Joanna Buniak 5km: 00:31:07 | POL | | Swarzedz | 1976 | K40 | 96 | | 544 | 01:04:41 | 01:06:26 | 06:28 |
| 2294 | 838 | Piotr Miciukiewicz 5km: 00:32:42 | POL | Ammigo | Swarzędz | 1979 | M35 | 346 | 1750 | | 01:04:42 | 01:06:58 | 06:28 |
| 2295 | 780 | Sylwia Gaworowska 5km: 00:30:47 | POL | | Swarzędz | 1977 | K40 | 97 | | 545 | 01:04:42 | 01:06:02 | 06:28 |
| 2296 | 2450 | Marcin Andrzejak 5km: 00:30:44 | POL | | Poznan | 1983 | M35 | 347 | 1751 | | 01:04:43 | 01:05:56 | 06:28 |
| 2297 | 1249 | Lidia Szofińska 5km: 00:31:59 | POL | Antkowiak Gębiak i Wspólnicy s.c. | Pobiedziska | 1992 | K25 | 74 | | 546 | 01:04:45 | 01:06:28 | 06:29 |
| 2298 | 480 | Mariusz Markiewicz 5km: 00:32:47 | POL | | Łowęcin | 1979 | M35 | 348 | 1752 | | 01:04:46 | 01:06:42 | 06:29 |
| 2299 | 1248 | Martyna Jędroczyk 5km: 00:32:00 | POL | Kancelaria Antkowiak Gębiak i Wspólnicy | Poznań | 1994 | K20 | 36 | | 547 | 01:04:47 | 01:06:30 | 06:29 |
| 2300 | 1437 | Kinga Fluder 5km: 00:31:07 | POL | PRO366 | Bydgoszcz | 1994 | K20 | 37 | | 548 | 01:04:47 | 01:06:31 | 06:29 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|----------------------|--------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2301 | 2803 | Aleksandra Krzemińska 5km: 00:29:59 | POL | Husaria Race Team | Poznań | 1989 | K25 | 75 | | 549 | 01:04:50 | 01:06:33 | 06:29 |
| 2302 | 292 | Sylwia Łeszyk-Kaletka 5km: 00:31:48 | POL | | Komorniki | 1976 | K40 | 98 | | 550 | 01:04:56 | 01:06:33 | 06:30 |
| 2303 | 888 | Agata Ludwiczak 5km: 00:31:09 | POL | | Poznań | 1991 | K25 | 76 | | 551 | 01:04:57 | 01:06:54 | 06:30 |
| 2304 | 2040 | Stanisław Przybylak 5km: 00:32:04 | POL | Przybylak Team | Poznań | 1946 | M70 | 12 | 1753 | | 01:04:57 | 01:07:09 | 06:30 |
| 2305 | 1526 | Piotr Borucki 5km: 00:30:51 | POL | Fire Service Łowęcin | Łowęcin | 1976 | M40 | 365 | 1754 | | 01:04:59 | 01:07:00 | 06:30 |
| 2306 | 316 | Agnieszka Bryła 5km: 00:31:59 | POL | | Siekierki Wielkie | 1974 | K40 | 99 | | 552 | 01:04:59 | 01:07:11 | 06:30 |
| 2307 | 1699 | Michał Rogozinski 5km: 00:33:14 | POL | | Błazejewo | 1984 | M30 | 304 | 1755 | | 01:05:01 | 01:07:14 | 06:30 |
| 2308 | 669 | Iwona Rybczyńska-Misiaczyk 5km: 00:31:55 | POL | | Zalasewo | 1976 | K40 | 100 | | 553 | 01:05:02 | 01:07:07 | 06:30 |
| 2309 | 517 | Eliza Jamka 5km: 00:33:17 | POL | | Środa Wielkopolska | 1990 | K25 | 77 | | 554 | 01:05:03 | 01:07:14 | 06:30 |
| 2310 | 933 | Mikołaj Majchrzak 5km: 00:31:44 | POL | UKS KUSY Dolsk | Dolsk | 2000 | M16 | 37 | 1756 | | 01:05:03 | 01:06:46 | 06:30 |
| 2311 | 1065 | Izabela Kaptur 5km: 00:31:53 | POL | Castorama POZNAŃ | Poznań | 1975 | K40 | 101 | | 555 | 01:05:11 | 01:06:42 | 06:31 |
| 2312 | 2398 | Damian Beldzikowski 5km: 00:33:03 | POL | | Mosina | 1990 | M25 | 178 | 1757 | | 01:05:12 | 01:07:23 | 06:31 |
| 2313 | 491 | Piotr Kacprowski 5km: 00:34:01 | POL | | Gruszczyn | 1980 | M35 | 349 | 1758 | | 01:05:19 | 01:07:15 | 06:32 |
| 2314 | 2399 | Urszula Beldzikowska 5km: 00:33:03 | POL | | Mosina | 1993 | K25 | 78 | | 556 | 01:05:19 | 01:07:29 | 06:32 |
| 2315 | 668 | Robert Misiaczyk 5km: 00:31:55 | POL | | Zalasewo | 1976 | M40 | 366 | 1759 | | 01:05:21 | 01:07:26 | 06:32 |
| 2316 | 1683 | Joanna Zajączkowska 5km: 00:32:36 | POL | | Komorniki | 1981 | K35 | 127 | | 557 | 01:05:22 | 01:07:27 | 06:32 |
| 2317 | 2274 | Anna Mikołajczak 5km: 00:32:46 | POL | Poznań | Poznań | 1976 | K40 | 102 | | 558 | 01:05:25 | 01:07:16 | 06:32 |
| 2318 | 1334 | Robert Michałowski 5km: 00:30:26 | POL | CYBINA TEAM | Gowarzewo | 1976 | M40 | 367 | 1760 | | 01:05:25 | 01:05:56 | 06:32 |
| 2319 | 1485 | Maciej Maćkowiak 5km: 00:32:10 | POL | Castorama Leszno | Swarzedz, Jasin | 1981 | M35 | 350 | 1761 | | 01:05:26 | 01:06:58 | 06:33 |
| 2320 | 300 | Adam Kozanecki 5km: 00:30:45 | POL | | Jasin | 1976 | M40 | 368 | 1762 | | 01:05:26 | 01:07:15 | 06:33 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|----------------------------------|--------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2321 | 596 | Jan Żurek 5km: 00:32:27 | POL | Strzałkowska Grupa Biegowa SOKÓŁ | Strzałkowo | 1960 | M55 | 72 | 1763 | | 01:05:27 | 01:05:44 | 06:33 |
| 2322 | 910 | Małgorzata Król 5km: 00:32:34 | POL | | Dzieścimerowo | 1991 | K25 | 79 | | 559 | 01:05:28 | 01:07:39 | 06:33 |
| 2323 | 2777 | Marian Lizik 5km: 00:32:04 | POL | | Licheń | 1954 | M60 | 56 | 1764 | | 01:05:29 | 01:07:15 | 06:33 |
| 2324 | 890 | Przemysław Kurek 5km: 00:32:34 | POL | | Środa Wielkopolska | 1990 | M25 | 179 | 1765 | | 01:05:29 | 01:07:40 | 06:33 |
| 2325 | 2630 | Andrzej Biskup 5km: 00:31:57 | POL | | Poznań | 1963 | M55 | 73 | 1766 | | 01:05:29 | 01:07:26 | 06:33 |
| 2326 | 715 | Katarzyna Jopek 5km: 00:32:56 | POL | | Swarzędz | 1973 | K45 | 51 | | 560 | 01:05:30 | 01:07:35 | 06:33 |
| 2327 | 1235 | Jacek Kurek 5km: 00:32:08 | POL | | Szamotuły | 1955 | M60 | 57 | 1767 | | 01:05:30 | 01:07:23 | 06:33 |
| 2328 | 656 | Magdalena Różańska 5km: 00:31:47 | POL | Zmęczeni na Starcie Dobiegniew | Paczkowo | 1985 | K30 | 104 | | 561 | 01:05:32 | 01:06:29 | 06:33 |
| 2329 | 205 | Joanna Patalas-Szymkowiak 5km: 00:32:52 | POL | | Swarzędz | 1974 | K40 | 103 | | 562 | 01:05:32 | 01:07:44 | 06:33 |
| 2330 | 1787 | Izabela Patyk 5km: 00:31:53 | POL | | Swarzędz | 1977 | K40 | 104 | | 563 | 01:05:33 | 01:07:24 | 06:33 |
| 2331 | 2602 | Karolina Kozioł 5km: 00:32:18 | POL | Enea Eska Team | Zielonka | 1992 | K25 | 80 | | 564 | 01:05:34 | 01:05:42 | 06:33 |
| 2332 | 2442 | Sebastian Kłak 5km: 00:32:20 | POL | | Swarzędz | 1976 | M40 | 369 | 1768 | | 01:05:35 | 01:07:32 | 06:33 |
| 2333 | 423 | Madzia Polus 5km: 00:31:48 | POL | Zmęczeni na Starcie Dobiegniew | Paczkowo | 1981 | K35 | 128 | | 565 | 01:05:43 | 01:06:39 | 06:34 |
| 2334 | 1590 | Łukasz Umyszkiewicz 5km: 00:32:47 | POL | 1 RWT SP | Swarzędz | 1984 | M30 | 305 | 1769 | | 01:05:44 | 01:07:50 | 06:34 |
| 2335 | 1007 | Dominik Andrzejewski 5km: 00:30:59 | POL | YORKAD | Poznań | 1986 | M30 | 306 | 1770 | | 01:05:47 | 01:07:43 | 06:35 |
| 2336 | 1419 | Sławomir Mielczarek 5km: 00:33:10 | POL | | ZALASEWO | 1976 | M40 | 370 | 1771 | | 01:05:47 | 01:07:03 | 06:35 |
| 2337 | 2955 | Monika Witt 5km: 00:31:40 | POL | Poznań Police | Poznań | 1984 | K30 | 105 | | 566 | 01:05:53 | 01:07:26 | 06:35 |
| 2338 | 193 | Marek Adamczyk 5km: 00:32:26 | POL | | Skórzewo | 1978 | M40 | 371 | 1772 | | 01:05:54 | 01:07:27 | 06:35 |
| 2339 | 2057 | Dariusz Górka 5km: 00:32:22 | POL | | Kruszewnia | 1985 | M30 | 307 | 1773 | | 01:05:55 | 01:07:07 | 06:35 |
| 2340 | 144 | Monika Lieske 5km: 00:31:57 | POL | | Kobylnica | 1977 | K40 | 105 | | 567 | 01:05:55 | 01:07:31 | 06:35 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|------------------------|--------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2341 | 141 | Grzegorz Gumienny 5km: 00:31:56 | POL | | Kobylnica | 1978 | M40 | 372 | 1774 | | 01:05:55 | 01:07:31 | 06:36 |
| 2342 | 2937 | Izabella Pidek Sousa 5km: 00:32:17 | POL | | Warszawa | 1980 | K35 | 129 | | 568 | 01:05:58 | 01:06:16 | 06:36 |
| 2343 | 2550 | Monika Kruk 5km: 00:32:47 | POL | | Skoki | 1985 | K30 | 106 | | 569 | 01:05:59 | 01:08:06 | 06:36 |
| 2344 | 1435 | Marika Urbaniak 5km: 00:31:43 | POL | | Poznań | 1998 | K20 | 38 | | 570 | 01:05:59 | 01:08:11 | 06:36 |
| 2345 | 1920 | Anna Łączniak 5km: 00:33:21 | POL | EkoPingwiny | Poznań | 1983 | K35 | 130 | | 571 | 01:06:01 | 01:07:27 | 06:36 |
| 2346 | 1938 | Sylwia Janos 5km: 00:31:15 | POL | | Czerwonak | 1974 | K40 | 106 | | 572 | 01:06:02 | 01:07:30 | 06:36 |
| 2347 | 2126 | Zbigniew Pęczek 5km: 00:33:28 | POL | | Czempisz | 1987 | M30 | 308 | 1775 | | 01:06:02 | 01:08:03 | 06:36 |
| 2348 | 1481 | Małgorzata Dziurka 5km: 00:32:48 | POL | GOJA | Skoki | 1981 | K35 | 131 | | 573 | 01:06:05 | 01:08:12 | 06:37 |
| 2349 | 1490 | Marlena Gradzik 5km: 00:31:28 | POL | Extreme team | Uścikowo | 1976 | K40 | 107 | | 574 | 01:06:06 | 01:06:47 | 06:37 |
| 2350 | 1479 | Justyna Gęsikiewicz 5km: 00:31:27 | POL | | Oborniki | 1977 | K40 | 108 | | 575 | 01:06:06 | 01:06:47 | 06:37 |
| 2351 | 1530 | Dorota Bittner 5km: 00:31:27 | POL | INVENTUM Nieruchomości | Swarzędz | 1977 | K40 | 109 | | 576 | 01:06:07 | 01:06:19 | 06:37 |
| 2352 | 809 | Dorota Dudziak 5km: 00:31:38 | POL | | Swarzędz | 1998 | K20 | 39 | | 577 | 01:06:12 | 01:08:05 | 06:37 |
| 2353 | 1434 | Sławomir Urbaniak 5km: 00:31:42 | POL | | Poznań | 1979 | M35 | 351 | 1776 | | 01:06:12 | 01:08:24 | 06:37 |
| 2354 | 1626 | Daniel Olbert 5km: 00:32:31 | POL | ogrodzenia od A do Z | Psarskie | 1980 | M35 | 352 | 1777 | | 01:06:18 | 01:06:49 | 06:38 |
| 2355 | 1216 | Paulina Sobik 5km: 00:33:15 | POL | PRO366 | Środa Wielkopolska | 1983 | K35 | 132 | | 578 | 01:06:18 | 01:08:33 | 06:38 |
| 2356 | 1231 | Monika Dudek 5km: 00:33:15 | POL | | Orzechowo | 1984 | K30 | 107 | | 579 | 01:06:18 | 01:08:33 | 06:38 |
| 2357 | 215 | Martyna Ligęza 5km: 00:32:23 | POL | | Poznań | 1974 | K40 | 110 | | 580 | 01:06:18 | 01:08:15 | 06:38 |
| 2358 | 1625 | Monika Olbert 5km: 00:32:33 | POL | ogrodzenia od A do Z | Psarskie | 1983 | K35 | 133 | | 581 | 01:06:19 | 01:06:49 | 06:38 |
| 2359 | 2046 | Justyna Szymańska 5km: 00:33:03 | POL | 1982 | Gniezno | 1982 | K35 | 134 | | 582 | 01:06:20 | 01:08:22 | 06:38 |
| 2360 | 451 | Joanna Weinert-Dudzińska 5km: 00:32:11 | POL | Borowo-Młyn Team | Borowo-Młyn | 1959 | K55 | 11 | | 583 | 01:06:22 | 01:08:30 | 06:38 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|--------------------|---------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2361 | 484 | Szymon Słowiński 5km: 00:32:31 | POL | Saturn Fit Poznań | Swarzędz | 1971 | M45 | 208 | 1778 | | 01:06:27 | 01:07:53 | 06:39 |
| 2362 | 1970 | Przemysław Wleklík 5km: 00:31:53 | POL | Tata Nataliki | Poznań | 1979 | M35 | 353 | 1779 | | 01:06:28 | 01:08:38 | 06:39 |
| 2363 | 1135 | Agnieszka Bursiak 5km: 00:31:15 | POL | After Party Team | Poznań | 1976 | K40 | 111 | | 584 | 01:06:45 | 01:08:25 | 06:40 |
| 2364 | 2413 | Agnieszka Olejnik 5km: 00:34:07 | POL | | Kobylnica | 1978 | K40 | 112 | | 585 | 01:06:45 | 01:08:58 | 06:41 |
| 2365 | 1510 | Tomasz Przybyła 5km: 00:32:43 | POL | | Poznań | 1977 | M40 | 373 | 1780 | | 01:06:46 | 01:08:38 | 06:41 |
| 2366 | 2300 | Tomasz Pietraszak 5km: 00:32:35 | POL | WGI PLUS | Psary Polskie | 1974 | M40 | 374 | 1781 | | 01:06:47 | 01:08:47 | 06:41 |
| 2367 | 1214 | Tomasz Krieger 5km: 00:31:50 | POL | | Swarzędz | 1979 | M35 | 354 | 1782 | | 01:06:48 | 01:08:54 | 06:41 |
| 2368 | 1259 | Olga Wojciechowska-Bogdziewicz 5km: 00:33:58 | POL | UTAL TEAM | Poznań | 1976 | K40 | 113 | | 586 | 01:06:48 | 01:09:09 | 06:41 |
| 2369 | 590 | Anna Kosicka 5km: 00:34:36 | POL | Biegające Chomiki | Poznań | 1976 | K40 | 114 | | 587 | 01:06:48 | 01:08:48 | 06:41 |
| 2370 | 516 | Piotr Jamka 5km: 00:33:16 | POL | | Środa Wlkp. | 1985 | M30 | 309 | 1783 | | 01:06:50 | 01:09:01 | 06:41 |
| 2371 | 586 | Marcin Koliński 5km: 00:33:00 | POL | | Poznań | 1994 | M20 | 72 | 1784 | | 01:06:51 | 01:08:40 | 06:41 |
| 2372 | 585 | Olimpia Jakubiak 5km: 00:33:00 | POL | 950109 | Swarzędz | 1995 | K20 | 40 | | 588 | 01:06:51 | 01:08:39 | 06:41 |
| 2373 | 2415 | Sylwia Bartkowiak 5km: 00:33:07 | POL | BESTTEAM ŚREM | ŚREM | 1984 | K30 | 108 | | 589 | 01:06:52 | 01:08:47 | 06:41 |
| 2374 | 917 | Magdalena Dziechciowska 5km: 00:33:08 | POL | Best Team Śrem | Śrem | 1984 | K30 | 109 | | 590 | 01:06:54 | 01:08:48 | 06:41 |
| 2375 | 2332 | Magdalena Kropidłowska 5km: 00:30:46 | POL | | Poznań | 1991 | K25 | 81 | | 591 | 01:06:54 | 01:07:35 | 06:41 |
| 2376 | 2030 | Wojciech Golec 5km: 00:33:50 | POL | Golec Running Team | Żnin | 1983 | M35 | 355 | 1785 | | 01:06:55 | 01:08:58 | 06:42 |
| 2377 | 2404 | Anna Szymkowiak 5km: 00:33:41 | POL | | Swarzędz | 1984 | K30 | 110 | | 592 | 01:06:56 | 01:09:07 | 06:42 |
| 2378 | 213 | Katarzyna Krasieńska 5km: 00:32:12 | POL | | Bydgoszcz | 1981 | K35 | 135 | | 593 | 01:06:57 | 01:08:14 | 06:42 |
| 2379 | 2331 | Krzysztof Kamiński 5km: 00:30:46 | POL | | Poznań | 1990 | M25 | 180 | 1786 | | 01:06:57 | 01:07:38 | 06:42 |
| 2380 | 2074 | Marta Woźniak 5km: 00:33:55 | POL | Mamy-Biegamy | Komorniki | 1985 | K30 | 111 | | 594 | 01:06:58 | 01:09:04 | 06:42 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|--|---------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2381 | 2210 | Joanna Rybacka-Mossakowska 5km: 00:33:39 | POL | | Poznań | 1983 | K35 | 136 | | 595 | 01:07:02 | 01:09:01 | 06:42 |
| 2382 | 1754 | Agnieszka Kaczmarek 5km: 00:33:44 | POL | | Poznań | 1978 | K40 | 115 | | 596 | 01:07:03 | 01:09:03 | 06:42 |
| 2383 | 1792 | Agnieszka Szudobaj 5km: 00:33:13 | POL | | Swarzędz | 1989 | K25 | 82 | | 597 | 01:07:06 | 01:08:58 | 06:43 |
| 2384 | 2928 | Ewa Smura 5km: 00:33:24 | POL | W.P.I.P. | Poznań | 1984 | K30 | 112 | | 598 | 01:07:07 | 01:08:38 | 06:43 |
| 2385 | 2145 | Karolina Lewandowska 5km: 00:31:57 | POL | | Poznań | 1993 | K25 | 83 | | 599 | 01:07:07 | 01:09:02 | 06:43 |
| 2386 | 2147 | Grzegorz Świerczyński 5km: 00:31:59 | POL | | Gowarzewo | 1979 | M35 | 356 | 1787 | | 01:07:08 | 01:09:03 | 06:43 |
| 2387 | 26 | Piotr Czub 5km: 00:31:20 | POL | szpot | Poznań | 1961 | M55 | 74 | 1788 | | 01:07:09 | 01:07:13 | 06:43 |
| 2388 | 45 | Karolina Barałkiewicz - Sokal 5km: 00:33:30 | POL | | Poznań | 1975 | K40 | 116 | | 600 | 01:07:09 | 01:09:09 | 06:43 |
| 2389 | 273 | Wioletta Iwaniak 5km: 00:32:37 | POL | | Ujście | 1970 | K45 | 52 | | 601 | 01:07:11 | 01:08:43 | 06:43 |
| 2390 | 2699 | Roman Ofierzyński 5km: 00:33:05 | POL | Arch | Luboń | 1952 | M65 | 29 | 1789 | | 01:07:20 | 01:07:41 | 06:44 |
| 2391 | 1097 | Leszek Witkowski 5km: 00:32:57 | POL | bbl | Trzcianka | 1976 | M40 | 375 | 1790 | | 01:07:21 | 01:07:48 | 06:44 |
| 2392 | 2901 | Katarzyna Szczepaniak 5km: 00:33:53 | POL | | Stupia Wielka | 1984 | K30 | 113 | | 602 | 01:07:21 | 01:09:28 | 06:44 |
| 2393 | 190 | Dominik Rozwadowski 5km: 00:31:59 | POL | | Kostrzyn | 1977 | M40 | 376 | 1791 | | 01:07:25 | 01:09:10 | 06:45 |
| 2394 | 2436 | Kasia Huray 5km: 00:32:37 | POL | | Zielona Góra | 1978 | K40 | 117 | | 603 | 01:07:27 | 01:09:10 | 06:45 |
| 2395 | 1900 | Magdalena Paniączyk 5km: 00:32:51 | POL | | Poznań | 1969 | K45 | 53 | | 604 | 01:07:28 | 01:09:10 | 06:45 |
| 2396 | 449 | Witold Garstka 5km: 00:33:51 | POL | | Jasin | 1976 | M40 | 377 | 1792 | | 01:07:31 | 01:09:44 | 06:45 |
| 2397 | 1981 | Ania Winter 5km: 00:33:47 | POL | | Swarzędz | 1987 | K30 | 114 | | 605 | 01:07:36 | 01:09:38 | 06:46 |
| 2398 | 758 | Magdalena Kamińska-Kuraś 5km: 00:34:14 | POL | | NOWY TOMYŚL | 1985 | K30 | 115 | | 606 | 01:07:38 | 01:08:39 | 06:46 |
| 2399 | 757 | Dariusz Maziec 5km: 00:34:12 | POL | NKB CHYŻY NOWY TOMYŚL / NIAGARA FITNESS KLUB | NOWY TOMYŚL | 1980 | M35 | 357 | 1793 | | 01:07:40 | 01:08:40 | 06:46 |
| 2400 | 651 | Olgierd Skarbiński 5km: 00:34:26 | POL | TEAM JAMAJKA | Swarzędz | 2000 | M16 | 38 | 1794 | | 01:07:45 | 01:09:07 | 06:46 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--|------|------------------------|------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2401 | 1695 | Sylwia Zawadzka 5km: 00:32:52 | POL | | Poznań | 1990 | K25 | 84 | | 607 | 01:07:45 | 01:09:33 | 06:46 |
| 2402 | 119 | Joanna Działkowska 5km: 00:32:45 | POL | FA(S)T SQUAD | Poznań | 1998 | K20 | 41 | | 608 | 01:07:46 | 01:09:31 | 06:47 |
| 2403 | 265 | Roman Działkowski 5km: 00:32:46 | POL | FA(S)T SQUAD | Poznań | 1974 | M40 | 378 | 1795 | | 01:07:49 | 01:09:33 | 06:47 |
| 2404 | 1747 | Justyna Piaskowska 5km: 00:33:57 | POL | SIM DOPIEWO | Plewiska | 1976 | K40 | 118 | | 609 | 01:07:54 | 01:10:02 | 06:47 |
| 2405 | 2311 | Adam Zydorczyk 5km: 00:32:59 | POL | | Swarzędz | 1961 | M55 | 75 | 1796 | | 01:07:57 | 01:10:29 | 06:48 |
| 2406 | 1614 | Tomasz Kościński 5km: 00:31:53 | POL | | Poznań | 1952 | M65 | 30 | 1797 | | 01:07:59 | 01:09:16 | 06:48 |
| 2407 | 1618 | Jolanta Gwizdała 5km: 00:31:53 | POL | | Poznań | 1970 | K45 | 54 | | 610 | 01:07:59 | 01:09:16 | 06:48 |
| 2408 | 2050 | Szymon Zieliński 5km: 00:32:25 | POL | Kościan Team | Stare Oborzyska | 1974 | M40 | 379 | 1798 | | 01:08:00 | 01:09:55 | 06:48 |
| 2409 | 1499 | Agnieszka Cieślik 5km: 00:33:10 | POL | | Przeźmierowo | 1978 | K40 | 119 | | 611 | 01:08:02 | 01:09:45 | 06:48 |
| 2410 | 1211 | Przemysław Chabowski 5km: 00:32:57 | POL | | Poznań | 1987 | M30 | 310 | 1799 | | 01:08:04 | 01:09:43 | 06:48 |
| 2411 | 211 | Paweł Pohl 5km: 00:31:28 | POL | Trepko Runners | OSINIEC | 1974 | M40 | 380 | 1800 | | 01:08:12 | 01:09:14 | 06:49 |
| 2412 | 431 | Sylwia Wiśniewska 5km: 00:33:29 | POL | | Murowana Goślina | 1976 | K40 | 120 | | 612 | 01:08:19 | 01:10:15 | 06:50 |
| 2413 | 528 | Paweł Robakowski 5km: 00:35:08 | POL | Concordia Runners Team | Poznań | 1975 | M40 | 381 | 1801 | | 01:08:24 | 01:10:42 | 06:50 |
| 2414 | 1048 | Magdalena Mroczkowska 5km: 00:33:13 | POL | Castorama POZNAŃ | Suchy Las | 1978 | K40 | 121 | | 613 | 01:08:25 | 01:10:03 | 06:51 |
| 2415 | 2862 | Weronika Biegańska 5km: 00:33:08 | POL | | Poznań | 1984 | K30 | 116 | | 614 | 01:08:27 | 01:10:50 | 06:51 |
| 2416 | 640 | Barbara Gołębiwska 5km: 00:37:32 | POL | | września | 1979 | K35 | 137 | | 615 | 01:08:31 | 01:09:39 | 06:51 |
| 2417 | 1293 | Tomasz Pytlewski 5km: 00:32:54 | POL | UTAL TEAM | Swarzędz | 1987 | M30 | 311 | 1802 | | 01:08:31 | 01:10:12 | 06:51 |
| 2418 | 452 | Anna Dudzińska 5km: | POL | Masarnia | poznań | 1985 | K30 | 117 | | 616 | 01:08:32 | 01:08:32 | 06:51 |
| 2419 | 1714 | Damian Wysocki 5km: 00:30:40 | POL | | Gniezno | 1991 | M25 | 181 | 1803 | | 01:08:34 | 01:09:29 | 06:51 |
| 2420 | 1425 | Piotr Eicke 5km: 00:33:05 | POL | Night Runners | Poznań | 1983 | M35 | 358 | 1804 | | 01:08:34 | 01:11:00 | 06:51 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|-------------------------------------|------|---------------------------------------|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2421 | 2861 | Michał Biegański 5km: 00:32:21 | POL | KB Intrex Poznań | Poznań | 1984 | M30 | 312 | 1805 | | 01:08:37 | 01:09:08 | 06:52 |
| 2422 | 1424 | Ania Eicke 5km: 00:33:08 | POL | Night Runners | Poznan | 1987 | K30 | 118 | | 617 | 01:08:38 | 01:11:01 | 06:52 |
| 2423 | 730 | Lidia Królczyk 5km: 00:33:22 | POL | | Poznań | 1978 | K40 | 122 | | 618 | 01:08:42 | 01:10:42 | 06:52 |
| 2424 | 1181 | Marlena Jakubiak 5km: 00:33:01 | POL | Pobiedziska Running Team | Pobiedziska | 1978 | K40 | 123 | | 619 | 01:08:43 | 01:10:33 | 06:52 |
| 2425 | 1313 | Agata Kledecka 5km: 00:33:05 | POL | | Kalisz | 1996 | K20 | 42 | | 620 | 01:08:45 | 01:10:41 | 06:53 |
| 2426 | 2482 | Beata Cichewicz 5km: 00:35:15 | POL | Kobiety biegają / KLAS Szpot Swarzędz | Swarzędz | 1969 | K45 | 55 | | 621 | 01:08:51 | 01:10:59 | 06:53 |
| 2427 | 1144 | Radosław Olszak 5km: 00:34:23 | POL | | Swarzędz | 1987 | M30 | 313 | 1806 | | 01:08:51 | 01:10:57 | 06:53 |
| 2428 | 1154 | Iwona Majewska 5km: 00:34:43 | POL | | Złotniki | 1962 | K55 | 12 | | 622 | 01:08:53 | 01:10:24 | 06:53 |
| 2429 | 1728 | Ewa Łaganowska 5km: 00:33:50 | POL | Ciastki pz. | Swarzędz | 1969 | K45 | 56 | | 623 | 01:08:56 | 01:11:02 | 06:54 |
| 2430 | 178 | Ewa Szymańska 5km: 00:34:42 | POL | | Poznań | 1979 | K35 | 138 | | 624 | 01:09:05 | 01:11:13 | 06:54 |
| 2431 | 2703 | Norbert Milczarek 5km: 00:33:31 | POL | | Cekanów | 1979 | M35 | 359 | 1807 | | 01:09:05 | 01:11:10 | 06:54 |
| 2432 | 461 | Magdalena Misiorna 5km: 00:33:43 | POL | HANSA-FLEX | Baranowo | 1964 | K50 | 24 | | 625 | 01:09:08 | 01:11:01 | 06:55 |
| 2433 | 693 | Joanna Tyczyńska 5km: 00:34:50 | POL | Mamy-Biegamy | Czerwonak | 1980 | K35 | 139 | | 626 | 01:09:12 | 01:11:01 | 06:55 |
| 2434 | 2782 | Karolina Paszkiet 5km: 00:34:04 | POL | | wagrowiec | 1980 | K35 | 140 | | 627 | 01:09:13 | 01:10:56 | 06:55 |
| 2435 | 1697 | Grzegorz Zawadzki 5km: 00:34:02 | POL | | Koło | 1963 | M55 | 76 | 1808 | | 01:09:15 | 01:11:04 | 06:55 |
| 2436 | 490 | Ilona Osmólska 5km: 00:34:47 | POL | | Gruszczyn | 1980 | K35 | 141 | | 628 | 01:09:16 | 01:11:11 | 06:56 |
| 2437 | 2035 | Agata Skupin 5km: 00:33:27 | POL | kobietybiegaja.pl | Poznań | 1987 | K30 | 119 | | 629 | 01:09:17 | 01:11:17 | 06:56 |
| 2438 | 109 | Malwina Taborowska 5km: 00:35:51 | POL | | Poznań | 1984 | K30 | 120 | | 630 | 01:09:25 | 01:10:03 | 06:56 |
| 2439 | 1267 | Anna Domańska 5km: 00:34:49 | POL | Mamy-Biegamy | Koziegłowy | 1984 | K30 | 121 | | 631 | 01:09:28 | 01:11:17 | 06:57 |
| 2440 | 684 | Ewa Janaszak 5km: 00:34:50 | POL | Mamy-Biegamy | Miękowo | 1960 | K55 | 13 | | 632 | 01:09:29 | 01:11:18 | 06:57 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|---------------------------|------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2441 | 866 | Magdalena Szymańska 5km: 00:34:14 | POL | | Swarzędz | 1993 | K25 | 85 | | 633 | 01:09:29 | 01:11:43 | 06:57 |
| 2442 | 2571 | Basia Filipiak 5km: 00:34:13 | POL | KLAS SZPOT SWARZĘDZ | Swarzędz | 1980 | K35 | 142 | | 634 | 01:09:30 | 01:11:45 | 06:57 |
| 2443 | 1869 | Grzegorz Przybylski 5km: 00:34:53 | POL | IGCz PAN | Poznań | 1964 | M50 | 76 | 1809 | | 01:09:34 | 01:10:47 | 06:57 |
| 2444 | 1398 | Angelika Macioszek 5km: 00:34:48 | POL | | Rokietnica | 1985 | K30 | 122 | | 635 | 01:09:36 | 01:11:05 | 06:58 |
| 2445 | 2634 | Małgorzata Rezler 5km: 00:33:57 | POL | | Przemęt | 1995 | K20 | 43 | | 636 | 01:09:38 | 01:11:30 | 06:58 |
| 2446 | 1999 | Maciej Bydałek 5km: 00:34:21 | POL | | poznań | 1983 | M35 | 360 | 1810 | | 01:09:39 | 01:11:40 | 06:58 |
| 2447 | 406 | Anna Krzysztofek 5km: 00:33:42 | POL | | Gowarzewo | 1979 | K35 | 143 | | 637 | 01:09:39 | 01:11:27 | 06:58 |
| 2448 | 1997 | Hanna Bydałek 5km: 00:34:21 | POL | | poznań | 1958 | K60 | 11 | | 638 | 01:09:40 | 01:11:40 | 06:58 |
| 2449 | 345 | Marta Ostajewska 5km: 00:33:54 | POL | | Pobiedziska | 1980 | K35 | 144 | | 639 | 01:09:42 | 01:11:31 | 06:58 |
| 2450 | 942 | Marlena Kamińska 5km: 00:34:31 | POL | | Swarzędz | 1973 | K45 | 57 | | 640 | 01:09:44 | 01:11:59 | 06:58 |
| 2451 | 1638 | Marian Zydorczak 5km: 00:33:04 | POL | | Poznań | 1946 | M70 | 13 | 1811 | | 01:09:45 | 01:11:41 | 06:58 |
| 2452 | 2633 | Krzysztof Wilawer 5km: 00:33:55 | POL | | Koło | 1994 | M20 | 73 | 1812 | | 01:09:47 | 01:11:40 | 06:59 |
| 2453 | 508 | Elżbieta Szymczak 5km: 00:34:45 | POL | team ILT | Murowana Goślina | 1959 | K55 | 14 | | 641 | 01:09:47 | 01:11:47 | 06:59 |
| 2454 | 583 | Tomasz Krakowski 5km: 00:35:04 | POL | 4ŻYWIOLY | Poznań | 1975 | M40 | 382 | 1813 | | 01:09:53 | 01:11:56 | 06:59 |
| 2455 | 584 | Monika Wieczorek 5km: 00:35:05 | POL | 4ŻYWIOLY | GRZMIĄCA | 1982 | K35 | 145 | | 642 | 01:09:53 | 01:11:56 | 06:59 |
| 2456 | 1292 | Veronika Socha 5km: 00:35:31 | POL | UTAL TEAM | Swarzędz | 1981 | K35 | 146 | | 643 | 01:09:53 | 01:12:06 | 06:59 |
| 2457 | 1940 | Maciej Ziółkowski 5km: 00:31:56 | POL | ZM TECHNIKA | Poznań | 1972 | M45 | 209 | 1814 | | 01:09:55 | 01:11:28 | 06:59 |
| 2458 | 1283 | Leszek Nowakowski 5km: 00:34:48 | POL | Zbąszyń | Zbąszyń | 1961 | M55 | 77 | 1815 | | 01:09:55 | 01:12:04 | 07:00 |
| 2459 | 1971 | Piotr Kobiela 5km: 00:33:35 | POL | Kuzi Sport | Swarzędz | 1994 | M20 | 74 | 1816 | | 01:10:09 | 01:12:07 | 07:01 |
| 2460 | 2115 | Izabela Olszewska 5km: 00:35:29 | POL | wkurw_team grupa wsparcia | Rożnowo | 1982 | K35 | 147 | | 644 | 01:10:14 | 01:11:58 | 07:01 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|----------------------------------|--------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2461 | 1263 | Marzena Michalak 5km: 00:35:31 | POL | UTAL TEAM | Gruszczyn | 1984 | K30 | 123 | | 645 | 01:10:16 | 01:12:29 | 07:02 |
| 2462 | 2619 | Andrzej Nowak 5km: 00:34:08 | POL | | Poznań | 1962 | M55 | 78 | 1817 | | 01:10:21 | 01:12:25 | 07:02 |
| 2463 | 2620 | Dorota Nowak 5km: 00:34:07 | POL | | Poznań | 1964 | K50 | 25 | | 646 | 01:10:21 | 01:12:25 | 07:02 |
| 2464 | 605 | Karolina Kaliszan 5km: 00:34:02 | POL | | Zalasewo | 1990 | K25 | 86 | | 647 | 01:10:27 | 01:12:24 | 07:03 |
| 2465 | 2529 | Agnieszka Borowiecka 5km: 00:34:46 | POL | Night Runners | Poznan | 1979 | K35 | 148 | | 648 | 01:10:28 | 01:12:18 | 07:03 |
| 2466 | 181 | Robert Jarząbek 5km: 00:34:45 | POL | Strzałkowska Grupa Biegowa SOKÓŁ | Strzałkowo | 1973 | M45 | 210 | 1818 | | 01:10:35 | 01:12:40 | 07:03 |
| 2467 | 2000 | Tomasz Skąpski 5km: 00:34:46 | POL | | Słupca | 1973 | M45 | 211 | 1819 | | 01:10:36 | 01:12:40 | 07:04 |
| 2468 | 2350 | Robert Batorski 5km: 00:34:47 | POL | Kotunia | Słupca | 1962 | M55 | 79 | 1820 | | 01:10:38 | 01:12:41 | 07:04 |
| 2469 | 326 | Elżbieta Bednarczyk-Szaj 5km: 00:35:21 | POL | KB Maniac Poznań | Swarzędz | 1975 | K40 | 124 | | 649 | 01:10:42 | 01:12:45 | 07:04 |
| 2470 | 2363 | Jacek Głowacki 5km: 00:35:23 | POL | Run for fun | Komorniki | 1981 | M35 | 361 | 1821 | | 01:10:50 | 01:12:48 | 07:05 |
| 2471 | 2434 | Aneta Ciszak 5km: 00:34:21 | POL | | Zielona Góra | 1977 | K40 | 125 | | 650 | 01:10:50 | 01:12:34 | 07:05 |
| 2472 | 1230 | Wojciech Chudy 5km: 00:35:27 | POL | | Wierzyce | 1971 | M45 | 212 | 1822 | | 01:10:56 | 01:13:00 | 07:06 |
| 2473 | 1155 | Anna Marszałkiewicz 5km: 00:35:16 | POL | | Poznań | 1982 | K35 | 149 | | 651 | 01:10:56 | 01:13:02 | 07:06 |
| 2474 | 2956 | Mateusz Szagźdowicz 5km: 00:32:57 | POL | Drużyna Szpiku | Pniewy | 1982 | M35 | 362 | 1823 | | 01:10:59 | 01:13:05 | 07:06 |
| 2475 | 1229 | Sylwia Chuda 5km: 00:35:26 | POL | | Wierzyce | 1972 | K45 | 58 | | 652 | 01:10:59 | 01:13:03 | 07:06 |
| 2476 | 870 | Piotr Przybylski 5km: 00:32:58 | POL | Drużyna Szpiku | Poznań | 1982 | M35 | 363 | 1824 | | 01:11:01 | 01:13:06 | 07:06 |
| 2477 | 3000 | Mieczysław Zwierzyński 5km: 00:34:31 | POL | | Poznań | 1946 | M70 | 14 | 1825 | | 01:11:02 | 01:12:48 | 07:06 |
| 2478 | 2207 | Kamil Gwałt 5km: 00:36:25 | POL | | Swarzędz | 1977 | M40 | 383 | 1826 | | 01:11:02 | 01:13:13 | 07:06 |
| 2479 | 658 | Dorota Klamerek 5km: 00:36:16 | POL | | Jasin | 1984 | K30 | 124 | | 653 | 01:11:05 | 01:11:05 | 07:06 |
| 2480 | 2820 | Beata Kaczorowska 5km: 00:32:54 | POL | | Biedrusko | 1977 | K40 | 126 | | 654 | 01:11:09 | 01:12:54 | 07:07 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---------------------------------------|------|----------------------------------|-------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2481 | 2289 | Agnieszka Piotrowska 5km: 00:35:20 | POL | | Gruszczyn | 1985 | K30 | 125 | | 655 | 01:11:09 | 01:13:16 | 07:07 |
| 2482 | 1439 | Natalia Smolarek 5km: 00:32:53 | POL | Ginexy | Katarzynki | 1981 | K35 | 150 | | 656 | 01:11:09 | 01:12:55 | 07:07 |
| 2483 | 1612 | Patryk Mikołajczak 5km: 00:35:07 | POL | Castorama Swarzędz | Kamionki | 1981 | M35 | 364 | 1827 | | 01:11:14 | 01:12:49 | 07:07 |
| 2484 | 2612 | Zbigniew Szymański 5km: 00:33:38 | POL | 1960 | Rynarzewo | 1960 | M55 | 80 | 1828 | | 01:11:23 | 01:13:11 | 07:08 |
| 2485 | 1239 | Ewa Sapritonow 5km: 00:33:17 | POL | Ewa Sapritonow | Zalasewo | 1991 | K25 | 87 | | 657 | 01:11:24 | 01:12:01 | 07:08 |
| 2486 | 2121 | Marta Purol 5km: 00:34:26 | POL | | Wronczynek | 1976 | K40 | 127 | | 658 | 01:11:25 | 01:13:16 | 07:08 |
| 2487 | 2934 | Halina Szymańska 5km: 00:33:27 | POL | | Rynarzewo | 1961 | K55 | 15 | | 659 | 01:11:28 | 01:13:16 | 07:09 |
| 2488 | 2522 | Mikołaj Pietrucha 5km: 00:34:02 | POL | Dzikie Wieprze | Poznań | 1985 | M30 | 314 | 1829 | | 01:11:28 | 01:13:19 | 07:09 |
| 2489 | 558 | Alina Arndt-Kufel 5km: 00:34:37 | POL | | Luboń | 1959 | K55 | 16 | | 660 | 01:11:35 | 01:13:20 | 07:10 |
| 2490 | 1932 | Justyna Szczygielska 5km: 00:34:10 | POL | | Plewiska | 1983 | K35 | 151 | | 661 | 01:11:36 | 01:13:41 | 07:10 |
| 2491 | 1549 | Tobiasz Marczak 5km: 00:34:24 | POL | TEAM JAMAJKA | Swarzędz | 2000 | M16 | 39 | 1830 | | 01:11:42 | 01:13:05 | 07:10 |
| 2492 | 1649 | Anna Raczkowska 5km: 00:33:45 | POL | O&U Club | Gruszczyn | 1973 | K45 | 59 | | 662 | 01:11:43 | 01:13:43 | 07:10 |
| 2493 | 1648 | Renata Biłska 5km: 00:35:55 | POL | Chwałki Run | Nekla | 1973 | K45 | 60 | | 663 | 01:11:47 | 01:13:13 | 07:11 |
| 2494 | 733 | Marta Żakowiecka 5km: 00:36:34 | POL | | swarzedz | 1991 | K25 | 88 | | 664 | 01:11:50 | 01:14:01 | 07:11 |
| 2495 | 836 | Stanisław Petryszyn 5km: 00:36:34 | POL | sportowy swiat plytek u kryspina | poznan | 1965 | M50 | 77 | 1831 | | 01:11:50 | 01:14:01 | 07:11 |
| 2496 | 732 | Monika Brzezinska 5km: 00:36:35 | POL | | swarzedz | 1990 | K25 | 89 | | 665 | 01:11:51 | 01:14:01 | 07:11 |
| 2497 | 2850 | Lidia Błaszka 5km: 00:34:37 | POL | Błaszka Team :) | Swarzędz | 1986 | K30 | 126 | | 666 | 01:12:00 | 01:14:11 | 07:12 |
| 2498 | 1783 | Roman Marcinkowski 5km: 00:35:09 | POL | Biegajnia Poznań | koscian | 1965 | M50 | 78 | 1832 | | 01:12:03 | 01:13:59 | 07:12 |
| 2499 | 2284 | Magdalena Pawłowska 5km: 00:36:08 | POL | | Łowyń | 1983 | K35 | 152 | | 667 | 01:12:08 | 01:14:14 | 07:13 |
| 2500 | 2386 | Danuta Dreger 5km: 00:36:08 | POL | | Łowyń | 1974 | K40 | 128 | | 668 | 01:12:08 | 01:14:14 | 07:13 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|------------------------|--------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2501 | 2834 | Ewa Jakubowska 5km: 00:34:35 | POL | | Poznań | 1972 | K45 | 61 | | 669 | 01:12:10 | 01:13:55 | 07:13 |
| 2502 | 1654 | Jerzy Głowacki 5km: 00:35:04 | POL | | Poznań | 1951 | M65 | 31 | 1833 | | 01:12:15 | 01:13:38 | 07:13 |
| 2503 | 1251 | Michał Mielcarek 5km: 00:34:46 | POL | Luboński Klub Biegacza | Luboń | 1989 | M25 | 182 | 1834 | | 01:12:19 | 01:12:43 | 07:14 |
| 2504 | 344 | Zbigniew Lenartowicz 5km: 00:35:12 | POL | | Poznań | 1942 | M75+ | 7 | 1835 | | 01:12:30 | 01:14:33 | 07:15 |
| 2505 | 1703 | Jadwiga Kuzdrowska 5km: 00:35:56 | POL | AFTER PARTY | Paczkowo | 1976 | K40 | 129 | | 670 | 01:12:31 | 01:14:11 | 07:15 |
| 2506 | 2721 | Zygmunt Nowaczyk 5km: 00:37:08 | POL | BOLT Trzemeszno | Trzemeszno | 1963 | M55 | 81 | 1836 | | 01:12:40 | 01:15:02 | 07:16 |
| 2507 | 2322 | Bogumiła Grzeszkowiak 5km: 00:36:38 | POL | 1970 | Kutno | 1968 | K50 | 26 | | 671 | 01:12:47 | 01:14:48 | 07:17 |
| 2508 | 450 | Anna Jasiewicz-Garstka 5km: 00:36:19 | POL | | Jasin | 1973 | K45 | 62 | | 672 | 01:12:50 | 01:15:02 | 07:17 |
| 2509 | 2247 | Urszula Skąpska 5km: 00:34:45 | POL | | Słupca | 1980 | K35 | 153 | | 673 | 01:12:50 | 01:14:56 | 07:17 |
| 2510 | 2713 | Lucyna Rzepka 5km: 00:36:37 | POL | | Września | 1983 | K35 | 154 | | 674 | 01:12:52 | 01:14:30 | 07:17 |
| 2511 | 2969 | Joanna Kubiak 5km: 00:36:33 | POL | | Gruszczyń | 1979 | K35 | 155 | | 675 | 01:13:02 | 01:15:14 | 07:18 |
| 2512 | 1717 | Katarzyna Głów 5km: 00:34:25 | POL | | Ryczywół | 1994 | K20 | 44 | | 676 | 01:13:14 | 01:15:08 | 07:19 |
| 2513 | 763 | Krystyna Stępiak 5km: 00:35:42 | POL | wolny biegacz | swarzedz | 1965 | K50 | 27 | | 677 | 01:13:38 | 01:15:46 | 07:22 |
| 2514 | 2174 | Marek Pawlikowski 5km: 00:35:16 | POL | KB DębIEC | Poznań | 1996 | M20 | 75 | 1837 | | 01:13:39 | 01:15:41 | 07:22 |
| 2515 | 1662 | Izabela Milisiewicz 5km: 00:35:18 | POL | Night Runners | Poznań | 1987 | K30 | 127 | | 678 | 01:13:39 | 01:15:40 | 07:22 |
| 2516 | 931 | Roman Mis 5km: 00:37:09 | POL | Drużyna Szpiku | Poznań | 1953 | M65 | 32 | 1838 | | 01:13:43 | 01:15:57 | 07:22 |
| 2517 | 598 | Piotr Chrapek 5km: 00:37:06 | POL | | Środa Wielkopolska | 1985 | M30 | 315 | 1839 | | 01:13:45 | 01:15:45 | 07:23 |
| 2518 | 623 | Anna Kasprzak 5km: 00:37:06 | POL | | Poznań | 1991 | K25 | 90 | | 679 | 01:13:46 | 01:15:46 | 07:23 |
| 2519 | 2538 | Marzena Skolarus-Tomczak 5km: 00:35:46 | POL | | Poznan | 1959 | K55 | 17 | | 680 | 01:13:56 | 01:15:09 | 07:24 |
| 2520 | 1601 | Dawid Klonowski 5km: 00:36:28 | POL | | Wronczynek | 1980 | M35 | 365 | 1840 | | 01:14:05 | 01:16:19 | 07:24 |

7. Bieg 10km Szpot Swarzędz

Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|---|------|---------------------------------------|------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2521 | 1767 | Monika Marczyńska 5km: 00:37:10 | POL | Zmęczeni na Starcie Dobiegniew | Zaparcin | 1980 | K35 | 156 | | 681 | 01:14:22 | 01:16:23 | 07:26 |
| 2522 | 134 | Monika Bindas 5km: 00:36:56 | POL | | Poznań | 1991 | K25 | 91 | | 682 | 01:14:24 | 01:16:15 | 07:26 |
| 2523 | 194 | Andrzej Kaliciak 5km: 00:35:19 | POL | | Gorzów Wlkp | 1965 | M50 | 79 | 1841 | | 01:14:53 | 01:16:45 | 07:29 |
| 2524 | 400 | Katarzyna Zalewska 5km: 00:37:08 | POL | Biegam bo lubię | Swarzedz | 1979 | K35 | 157 | | 683 | 01:15:36 | 01:17:50 | 07:34 |
| 2525 | 2179 | Jarosław Cybulski 5km: 00:28:36 | POL | | Swarzędz | 1953 | M65 | 33 | 1842 | | 01:15:42 | 01:17:32 | 07:34 |
| 2526 | 2943 | Tomasz Biskupski 5km: 00:37:11 | POL | | Poznań | 1975 | M40 | 384 | 1843 | | 01:15:53 | 01:17:57 | 07:35 |
| 2527 | 835 | Rafał Regulski 5km: 00:38:37 | POL | | Jarocin | 1973 | M45 | 213 | 1844 | | 01:16:11 | 01:18:36 | 07:37 |
| 2528 | 1706 | Edyta Szukała 5km: 00:36:19 | POL | PIWNA STOPA | Zalasewo | 1967 | K50 | 28 | | 684 | 01:16:12 | 01:18:27 | 07:37 |
| 2529 | 1444 | Dariusz Krawczyk 5km: 00:37:13 | POL | | Wrocław | 1949 | M65 | 34 | 1845 | | 01:16:21 | 01:18:26 | 07:38 |
| 2530 | 1032 | Katarzyna Kowalska-Piśmienna 5km: 00:37:27 | POL | WOJTEK TEAM | Rabowice | 1988 | K30 | 128 | | 685 | 01:16:47 | 01:18:54 | 07:41 |
| 2531 | 1143 | Piotr Olszak 5km: 00:37:03 | POL | | Swarzędz | 1954 | M60 | 58 | 1846 | | 01:17:06 | 01:19:13 | 07:43 |
| 2532 | 653 | Beata Robak 5km: 00:36:47 | POL | TEAM JAMAJKA | Murowana Goślina | 1971 | K45 | 63 | | 686 | 01:17:24 | 01:19:33 | 07:44 |
| 2533 | 1996 | Anna Kiwertz 5km: 00:36:32 | POL | Run Vegan TEAM | Poznań | 1979 | K35 | 158 | | 687 | 01:17:26 | 01:19:05 | 07:45 |
| 2534 | 1194 | Małgorzata Błachowiak 5km: 00:36:50 | POL | Czerwonak Biega | Murowana Goslina | 1968 | K50 | 29 | | 688 | 01:17:26 | 01:19:32 | 07:45 |
| 2535 | 42 | Patrycja Polowczyk 5km: 00:36:18 | POL | | Plewiska | 1995 | K20 | 45 | | 689 | 01:17:38 | 01:17:55 | 07:46 |
| 2536 | 2552 | Izabela Majchrowicz 5km: 00:36:39 | POL | Klub Ludzi Aktywnych Sportowo Szpot S | Poznań | 1961 | K55 | 18 | | 690 | 01:17:57 | 01:20:04 | 07:48 |
| 2537 | 1506 | Marta Kanikowska 5km: 00:37:08 | POL | | Poznan | 1983 | K35 | 159 | | 691 | 01:18:15 | 01:20:12 | 07:50 |
| 2538 | 663 | Kamila Mirek 5km: 00:37:17 | POL | | Tulce | 1997 | K20 | 46 | | 692 | 01:18:24 | 01:20:26 | 07:50 |
| 2539 | 1402 | Martyna Mielcarzewicz 5km: 00:37:45 | POL | | Kaźmierz | 1989 | K25 | 92 | | 693 | 01:18:31 | 01:20:24 | 07:51 |
| 2540 | 2022 | Daniel Błaszczyk 5km: 00:36:53 | POL | 1972 | Bobrowiec | 1972 | M45 | 214 | 1847 | | 01:18:44 | 01:20:45 | 07:52 |

7. Bieg 10km Szpot Swarzędz



Swarzędz 22.04.2018 | Dystans: 10,00 km | Wyniki OPEN

Klasyfikacja według czasów netto (z wyjątkiem pierwszych 50 zawodników)

| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|------|--------------------------------------|------|---------------------------|--------------------|---------|------------|----------------|------|-----|-------------|--------------|-----------------|
| 2541 | 1589 | Agnieszka Błaszyk 5km: 00:37:56 | POL | Swarzędz | Swarzędz | 1986 | K30 | 129 | | 694 | 01:19:12 | 01:21:02 | 07:55 |
| 2542 | 828 | Weronika Dawidowska 5km: 00:40:07 | POL | Piękne, młode, niewyspane | DOPIEWIEC | 1994 | K20 | 47 | | 695 | 01:19:23 | 01:21:18 | 07:56 |
| 2543 | 48 | Mateusz Potejko 5km: 00:36:17 | POL | | Poznań | 1976 | M40 | 385 | 1848 | | 01:19:34 | 01:19:54 | 07:57 |
| 2544 | 2932 | Bruno Sousa 5km: 00:37:02 | POL | | Warszawa | 1978 | M40 | 386 | 1849 | | 01:19:35 | 01:19:54 | 07:57 |
| 2545 | 827 | Agnieszka Buttner 5km: 00:40:06 | POL | Piękne, młode, niewyspane | Swarzędz | 1994 | K20 | 48 | | 696 | 01:19:47 | 01:21:42 | 07:59 |
| 2546 | 1690 | Wojciech Kapturek 5km: 00:39:43 | POL | ChampionMan Team | Czempiń | 1963 | M55 | 82 | 1850 | | 01:19:57 | 01:22:06 | 08:00 |
| 2547 | 1687 | Danuta Kapturek 5km: 00:39:43 | POL | ChampionMan Team | Czempiń | 1968 | K50 | 30 | | 697 | 01:19:58 | 01:22:07 | 08:00 |
| 2548 | 641 | Jolanta Zapaśnik 5km: 00:39:01 | POL | | biskupice | 1979 | K35 | 160 | | 698 | 01:22:42 | 01:23:50 | 08:16 |
| 2549 | 1114 | Piotr Chmiel 5km: 00:40:12 | POL | | Brwinów | 1973 | M45 | 215 | 1851 | | 01:23:53 | 01:26:01 | 08:23 |
| 2550 | 1270 | Monika Kaszuba 5km: 00:41:26 | POL | | Środa Wielkopolska | 1984 | K30 | 130 | | 699 | 01:25:25 | 01:27:09 | 08:32 |
| 2551 | 3003 | Maria Pańczak 5km: 00:43:02 | POL | | Poznań | 1939 | K75+ | 1 | | 700 | 01:29:15 | 01:29:15 | 08:55 |
| 2552 | 2615 | Janina Rosińska 5km: 00:50:12 | POL | 1936 | PABIANICE | 1936 | K75+ | 2 | | 701 | 01:39:58 | 01:40:03 | 10:00 |