

Addo 100 Mile - All

Pos.	Name	Time	Bib No.	Distance	Age	Gender
1	Gabriel Kriel	21:11:11	27	100 Mile	34	Male
2	Anele Bans	23:10:09	1	100 Mile	33	Male
3	Bradley Hyman	24:10:07	24	100 Mile	34	Male
4	Lodelia Odendaal	25:05:01	43	100 Mile	37	Female
5	Herman Van Der Colff	25:34:40	64	100 Mile	37	Male
6	Eddie Mouton	26:30:32	38	100 Mile	47	Male
7	Jacques Mouton	26:53:17	39	100 Mile	43	Male
8	Sandra Le Roux	27:42:04	29	100 Mile	39	Female
9	Michael Coles	29:47:37	8	100 Mile	44	Male
9	Martin Crous	29:47:37	9	100 Mile	36	Male
9	Sean Mcgibbon	29:47:37	33	100 Mile	31	Male
10	Marius Van Rensburg	29:56:16	69	100 Mile	41	Male
11	Thomas Vermaak	30:25:03	71	100 Mile	29	Male
12	Rickert Mulder	30:31:11	76	100 Mile	34	Male
13	Oliver Ruhl	30:56:50	51	100 Mile	51	Male
14	Rudolf Sattlegger	31:23:07	53	100 Mile	51	Male
15	Kevin De Klerk	31:23:09	10	100 Mile	43	Male
16	Asa Ntuku	31:23:34	40	100 Mile	38	Male
17	Lafras Heron	31:27:00	19	100 Mile	49	Male
18	Eloff Hoffman	31:57:46	21	100 Mile	45	Male
19	Frikkie Pienaar	31:57:53	45	100 Mile	43	Male
20	Derick Coetzee	32:48:05	6	100 Mile	39	Male
21	Georgie Minopetros	33:31:11	37	100 Mile	44	Male
22	Duncan Rennie	33:45:29	48	100 Mile	34	Male
23	Dane Sweet	33:45:31	60	100 Mile	39	Male
24	Adam Howard-Davies	33:45:32	22	100 Mile	42	Male
25	Stephen Van Den Berg	34:21:51	63	100 Mile	46	Male
26	Cornel Metcalfe	34:25:31	35	100 Mile	46	Female
27	Deoran Wessels	34:34:14	72	100 Mile	26	Male
28	Clint Burton	34:48:04	5	100 Mile	45	Male
29	Khoa Huynh	34:48:08	23	100 Mile	38	Male
30	Dmitrii Demchuk	35:34:07	12	100 Mile	35	Male
31	Hendrik Coetzee	35:47:48	7	100 Mile	27	Male
32	Glen Van Pletzen	35:47:49	67	100 Mile	27	Male
33	Hicham Mikou	35:51:51	36	100 Mile	42	Male
34	Pamela Paton	36:07:10	44	100 Mile	49	Female
35	Kevin Meier	36:10:42	34	100 Mile	54	Male
36	Lyal Schumann	36:18:48	54	100 Mile	46	Male
37	Keletso Nyathi	36:26:12	41	100 Mile	43	Male
38	Thabe Tshesane	36:31:56	62	100 Mile	31	Male
39	Mpho Tshesane	36:31:59	61	100 Mile	53	Female
40	Ronel Wienand	36:33:12	73	100 Mile	40	Female
41	Clive Van Rayner	36:33:12	68	100 Mile	54	Male
42	Izak Van Niekerk	36:35:52	66	100 Mile	40	Male
43	Thabo Manyane	36:40:01	78	100 Mile	43	Male
-	Andrew Beggs	DNF	2	100 Mile	44	Male
-	Johan Britz	DNF	4	100 Mile	42	Male
-	Michael Coles	DNF	8	100 Mile	44	Male
-	Margo De Kooker	DNF	11	100 Mile	60	Female
-	Nicholaas Du Plessis	DNF	13	100 Mile	37	Male
-	Travis Green	DNF	17	100 Mile	48	Male
-	Karoline Hanks	DNF	18	100 Mile	50	Female

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-	Mark Hiep	DNF	20	100 Mile	52	Male
-	Peter Koedyk	DNF	26	100 Mile	55	Male
-	Leon Limper	DNF	30	100 Mile	55	Male
-	Dalu Majeke	DNF	32	100 Mile	44	Male
-	Fergus O'Brien	DNF	42	100 Mile	35	Male
-	Stanley Reed	DNF	46	100 Mile	44	Male
-	Tobie Reyneke	DNF	49	100 Mile	49	Male
-	Fred Richardson	DNF	50	100 Mile	58	Male
-	Lloyd Sithole	DNF	56	100 Mile	36	Male
-	Travers Snyman	DNF	57	100 Mile	58	Male
-	Jeffrey Speed	DNF	58	100 Mile	61	Male
-	Melanie Swanepoel	DNF	59	100 Mile	45	Female
-	Jeanne Van Heerden	DNF	65	100 Mile	37	Male
-	Kabelo Sebogodi	DNF	78	100 Mile	39	Male

Addo 100 Mile - Men

Pos.	Name	Time	Bib No.	Distance	Age	Gender
1	Gabriel Kriel	21:11:11	27	100 Mile	34	Male
2	Anele Bans	23:10:09	1	100 Mile	33	Male
3	Bradley Hyman	24:10:07	24	100 Mile	34	Male
4	Herman Van Der Colff	25:34:40	64	100 Mile	37	Male
5	Eddie Mouton	26:30:32	38	100 Mile	47	Male
6	Jacques Mouton	26:53:17	39	100 Mile	43	Male
7	Michael Coles	29:47:37	8	100 Mile	44	Male
7	Martin Crous	29:47:37	9	100 Mile	36	Male
7	Sean Mcgibbon	29:47:37	33	100 Mile	31	Male
8	Marius Van Rensburg	29:56:16	69	100 Mile	41	Male
9	Thomas Vermaak	30:25:03	71	100 Mile	29	Male
10	Rickert Mulder	30:31:11	76	100 Mile	34	Male
11	Oliver Ruhl	30:56:50	51	100 Mile	51	Male
12	Rudolf Sattlegger	31:23:07	53	100 Mile	51	Male
13	Kevin De Klerk	31:23:09	10	100 Mile	43	Male
14	Asa Ntuku	31:23:34	40	100 Mile	38	Male
15	Lafras Heron	31:27:00	19	100 Mile	49	Male
16	Eloff Hoffman	31:57:46	21	100 Mile	45	Male
17	Frikkie Pienaar	31:57:53	45	100 Mile	43	Male
18	Derick Coetzee	32:48:05	6	100 Mile	39	Male
19	Georgie Minopetros	33:31:11	37	100 Mile	44	Male
20	Duncan Rennie	33:45:29	48	100 Mile	34	Male
21	Dane Sweet	33:45:31	60	100 Mile	39	Male
22	Adam Howard-Davies	33:45:32	22	100 Mile	42	Male
23	Stephen Van Den Berg	34:21:51	63	100 Mile	46	Male
24	Deoran Wessels	34:34:14	72	100 Mile	26	Male
25	Clint Burton	34:48:04	5	100 Mile	45	Male
26	Khoa Huynh	34:48:08	23	100 Mile	38	Male
27	Dmitrii Demchuk	35:34:07	12	100 Mile	35	Male
28	Hendrik Coetzee	35:47:48	7	100 Mile	27	Male
29	Glen Van Pletzen	35:47:49	67	100 Mile	27	Male
30	Hicham Mikou	35:51:51	36	100 Mile	42	Male
31	Kevin Meier	36:10:42	34	100 Mile	54	Male
32	Lyal Schumann	36:18:48	54	100 Mile	46	Male
33	Keletso Nyathi	36:26:12	41	100 Mile	43	Male
34	Thabe Tshesane	36:31:56	62	100 Mile	31	Male
35	Clive Van Rayner	36:33:12	68	100 Mile	54	Male
36	Izak Van Niekerk	36:35:52	66	100 Mile	40	Male
37	Thabo Manyane	36:40:01	78	100 Mile	43	Male
-	Andrew Beggs	DNF	2	100 Mile	44	Male
-	Johan Britz	DNF	4	100 Mile	42	Male
-	Michael Coles	DNF	8	100 Mile	44	Male
-	Nicholaas Du Plessis	DNF	13	100 Mile	37	Male
-	Travis Green	DNF	17	100 Mile	48	Male
-	Mark Hiep	DNF	20	100 Mile	52	Male
-	Peter Koedyk	DNF	26	100 Mile	55	Male
-	Leon Limper	DNF	30	100 Mile	55	Male
-	Dalu Majeke	DNF	32	100 Mile	44	Male
-	Fergus O'Brien	DNF	42	100 Mile	35	Male
-	Stanley Reed	DNF	46	100 Mile	44	Male
-	Tobie Reyneke	DNF	49	100 Mile	49	Male
-	Fred Richardson	DNF	50	100 Mile	58	Male

Addo 100 Mile - Men

- Lloyd Sithole	DNF	56	100 Mile	36	Male
- Travers Snyman	DNF	57	100 Mile	58	Male
- Jeffrey Speed	DNF	58	100 Mile	61	Male
- Jeanne Van Heerden	DNF	65	100 Mile	37	Male
- Kabelo Sebogodi	DNF	78	100 Mile	39	Male

Addo 100 Mile - Ladies

Pos.	Name	Time	Bib No.	Distance	Age	Gender
1	Lodelia Odendaal	25:05:01	43	100 Mile	37	Female
2	Sandra Le Roux	27:42:04	29	100 Mile	39	Female
3	Cornel Metcalfe	34:25:31	35	100 Mile	46	Female
4	Pamela Paton	36:07:10	44	100 Mile	49	Female
5	Mpho Tshesane	36:31:59	61	100 Mile	53	Female
6	Ronel Wienand	36:33:12	73	100 Mile	40	Female
-	Margo De Kooker	DNF	11	100 Mile	60	Female
-	Karoline Hanks	DNF	18	100 Mile	50	Female
-	Melanie Swanepoel	DNF	59	100 Mile	45	Female

Addo 76km - All

Pos.	Name	Time	Bib No.	Distance	Age	Gender
1	David Ashworth	07:11:11	103	76km	40	Male
2	Melikhaya Msizi	07:43:05	237	76km	38	Male
3	Catherine Williamson	07:43:50	234	76km	39	Female
4	JJ Van Der Merwe	07:48:00	225	76km	25	Male
5	Brandon Hulley	08:19:47	157	76km	28	Male
6	David Leith	08:28:24	172	76km	29	Male
7	Matthew Bouch	08:30:12	113	76km	30	Male
8	Justin Oelofsen	08:33:10	204	76km	36	Male
9	Lindi Georgiou	08:46:47	143	76km	42	Female
10	Ann-Maree Mostert	08:55:51	195	76km	46	Female
11	Henry De Clercq	09:08:49	126	76km	27	Male
12	Tarryn Lokotsch	09:35:04	174	76km	34	Female
13	Emily Djock	09:54:52	127	76km	33	Female
14	Tshidi Machaba	10:00:11	178	76km	39	Female
15	Ashley Norie	10:05:29	202	76km	54	Male
16	Steven Ggagiano	10:07:47	144	76km	41	Male
17	Chantel Von Saint Ange	10:20:02	231	76km	30	Female
18	Hannah Green	10:27:58	146	76km	44	Female
19	Neil Gultig	10:33:29	148	76km	22	Male
20	Joel Rodrigues	10:36:54	212	76km	37	Male
21	Suzanne Bergman	10:38:03	111	76km	31	Female
22	Michael Horn	10:43:01	155	76km	38	Male
23	Charmaine Lamprecht	10:52:07	168	76km	38	Female
24	Chrisjan Van Aardt	10:53:24	222	76km	39	Male
25	Paul Mare	10:56:04	184	76km	29	Male
26	David Howard	10:58:54	156	76km	40	Male
27	Philip Pieterse	10:59:05	207	76km	47	Male
28	Conrad Van Den Berg	11:00:50	223	76km	61	Male
29	Jackie Maritz	11:00:52	185	76km	44	Female
30	Cornel O'Kennedy	11:05:10	203	76km	35	Female
31	Robyn Dougans	11:13:13	129	76km	44	Female
32	Wonga Mfula	11:15:51	191	76km	49	Male
33	Filippo Faralla	11:38:08	135	76km	53	Male
34	Stephan Toenjes	11:51:02	221	76km	45	Male
35	Wayne Brazier	11:54:31	114	76km	33	Male
36	Ilse Langhout	12:02:08	169	76km	43	Female
37	Michael Hay	12:02:08	152	76km	31	Male
38	Timothy Lee	12:02:08	171	76km	27	Male
39	Liam Hitchcock	12:02:22	153	76km	27	Male
40	Jonathan Cannard	12:03:01	117	76km	26	Male
41	Siyabonga Zulu	12:13:42	235	76km	39	Male
42	Charl Pienaar	12:14:58	238	76km	38	Male
43	Kim Rosslee	12:18:43	214	76km	27	Female
44	Paul Comley	12:19:38	124	76km	32	Male
45	Mark Krug	12:22:48	166	76km	56	Male
46	Elmarie Bezuidenhout	12:24:36	112	76km	39	Female
47	Tyler Coates	12:24:51	121	76km	26	Male
48	David Rebe	12:34:39	209	76km	47	Male
49	Gavin Shaskolsky	12:34:39	216	76km	48	Male
50	Nicola Attwell	12:44:40	105	76km	41	Female
51	Michael Nathan	12:51:04	197	76km	23	Male
52	Ian Ferguson	12:51:11	136	76km	63	Male

Addo 76km - All

53	Marc Rieder	12:52:04	211	76km	47	Male
54	Dani Coetzee	12:52:53	122	76km	38	Female
55	Allan Eccles	12:57:35	133	76km	62	Male
56	JP Van Zyl	13:05:24	229	76km	39	Male
57	Annalie Du Preez	13:05:25	131	76km	46	Female
58	Mike Webb	13:16:37	233	76km	51	Male
59	Mkhuseli Marawu	13:17:34	183	76km	50	Male
60	Robin Gardner	13:22:55	139	76km	69	Male
61	Regardt Janse Van Renburg	13:23:33	161	76km	41	Male
62	Henri Laas	13:23:34	167	76km	37	Male
63	Lezel James	13:23:34	160	76km	39	Female
64	Stephanie Cliff	13:33:55	120	76km	40	Female
65	Cornia Broere	13:36:45	115	76km	53	Female
66	Sharon Jessop	13:38:15	164	76km	52	Female
67	Stephan Els	13:51:39	134	76km	43	Male
68	Ingrid McMahon	13:53:06	189	76km	46	Female
69	Daniel Nel	13:54:04	199	76km	28	Male
70	Kevin Attwell	13:55:20	104	76km	53	Male
71	Star Douglas	13:59:00	130	76km	44	Female
72	Ndaba Ndzombane	14:00:07	198	76km	61	Male
73	Kim Charlton	14:01:59	119	76km	47	Female
74	Ashley Holtzhuizen	14:03:01	154	76km	42	Male
75	Babalwa Melitafa	14:04:43	190	76km	41	Female
76	Thuthuka Songelwa	14:04:43	218	76km	42	Female
77	Simon Jenkins	14:08:10	163	76km	45	Male
78	Karen Carstens	14:08:10	118	76km	39	Female
79	Tracy Mcintyre	14:08:34	188	76km	46	Female
80	Paul Gebhardt	14:14:38	142	76km	45	Male
81	Claire Gebhardt	14:14:38	141	76km	44	Female
82	Cari Snyman	14:19:43	217	76km	53	Female
83	Madre Steenkamp	14:46:40	219	76km	44	Female
84	Werner Kriel	14:49:50	165	76km	39	Male
85	Manoah Lundu	14:50:51	176	76km	27	Male
86	Lennon Fisher	14:58:11	137	76km	41	Male
87	John Williamson	14:59:18	236	76km	46	Male
88	Marc Goldstein	14:59:35	145	76km	47	Male
DNQ	Luvuyo Mama	15:03:43	181	76km	47	Male
DNQ	Lukas Dorfling	15:10:48	128	76km	30	Male
DNQ	Ben Van Rensburg	15:10:51	228	76km	49	Male
DNQ	Johann Marx	15:10:52	186	76km	32	Male
DNQ	Brian Bannatyne	15:23:12	107	76km	63	Male
-	Amanda Annandale Bell	DNF	101	76km	47	Female
-	Rebecca Gatangi	DNF	140	76km	36	Female
-	Billy Jackson	DNF	159	76km	51	Male
-	Walter Moldenhauer	DNF	194	76km	42	Male
-	Gawie Mynhardt	DNF	196	76km	40	Male
-	Janka Niebuhr	DNF	201	76km	28	Female
-	Michael Van Den Heerik	DNF	224	76km	49	Male
-	Alita Van Gass	DNF	227	76km	51	Female
-	Kaleo Fourie	DNF	138	76km	38	Female
-	Kyle Bucklow	DNF	116	76km	31	Male

DNQ = Did Not Qualify

Addo 76km - Men

Pos.	Name	Time	Bib No.	Distance	Age	Gender
1	David Ashworth	07:11:11	103	76km	40	Male
2	Melikhaya Msizi	07:43:05	237	76km	38	Male
3	JJ Van Der Merwe	07:48:00	225	76km	25	Male
4	Brandon Hulley	08:19:47	157	76km	28	Male
5	David Leith	08:28:24	172	76km	29	Male
6	Matthew Bouch	08:30:12	113	76km	30	Male
7	Justin Oelofsen	08:33:10	204	76km	36	Male
8	Henry De Clercq	09:08:49	126	76km	27	Male
9	Ashley Norie	10:05:29	202	76km	54	Male
10	Steven Ggagiano	10:07:47	144	76km	41	Male
11	Neil Gultig	10:33:29	148	76km	22	Male
12	Joel Rodrigues	10:36:54	212	76km	37	Male
13	Michael Horn	10:43:01	155	76km	38	Male
14	Chrisjan Van Aardt	10:53:24	222	76km	39	Male
15	Paul Mare	10:56:04	184	76km	29	Male
16	David Howard	10:58:54	156	76km	40	Male
17	Philip Pieterse	10:59:05	207	76km	47	Male
18	Conrad Van Den Berg	11:00:50	223	76km	61	Male
19	Wonga Mfula	11:15:51	191	76km	49	Male
20	Filippo Faralla	11:38:08	135	76km	53	Male
21	Stephan Toenjes	11:51:02	221	76km	45	Male
22	Wayne Brazier	11:54:31	114	76km	33	Male
23	Michael Hay	12:02:08	152	76km	31	Male
24	Timothy Lee	12:02:08	171	76km	27	Male
25	Liam Hitchcock	12:02:22	153	76km	27	Male
26	Jonathan Cannard	12:03:01	117	76km	26	Male
27	Siyabonga Zulu	12:13:42	235	76km	39	Male
28	Charl Pienaar	12:14:58	238	76km	38	Male
29	Paul Comley	12:19:38	124	76km	32	Male
30	Mark Krug	12:22:48	166	76km	56	Male
31	Tyler Coates	12:24:51	121	76km	26	Male
32	David Rebe	12:34:39	209	76km	47	Male
33	Gavin Shaskolsky	12:34:39	216	76km	48	Male
34	Michael Nathan	12:51:04	197	76km	23	Male
35	Ian Ferguson	12:51:11	136	76km	63	Male
36	Marc Rieder	12:52:04	211	76km	47	Male
37	Allan Eccles	12:57:35	133	76km	62	Male
38	JP Van Zyl	13:05:24	229	76km	39	Male
39	Mike Webb	13:16:37	233	76km	51	Male
40	Mkhuseli Marawu	13:17:34	183	76km	50	Male
41	Robin Gardner	13:22:55	139	76km	69	Male
42	Regardt Janse Van Renburg	13:23:33	161	76km	41	Male
43	Henri Laas	13:23:34	167	76km	37	Male
44	Stephan Els	13:51:39	134	76km	43	Male
45	Daniel Nel	13:54:04	199	76km	28	Male
46	Kevin Attwell	13:55:20	104	76km	53	Male
47	Ndaba Ndzombane	14:00:07	198	76km	61	Male
48	Ashley Holtzhuizen	14:03:01	154	76km	42	Male
49	Simon Jenkins	14:08:10	163	76km	45	Male
50	Paul Gebhardt	14:14:38	142	76km	45	Male
51	Werner Kriel	14:49:50	165	76km	39	Male
52	Manoah Lundu	14:50:51	176	76km	27	Male

Addo 76km - Men

53	Lennon Fisher	14:58:11	137	76km	41	Male
54	John Williamson	14:59:18	236	76km	46	Male
55	Marc Goldstein	14:59:35	145	76km	47	Male
DNQ	Luvuyo Mama	15:03:43	181	76km	47	Male
DNQ	Lukas Dorfling	15:10:48	128	76km	30	Male
DNQ	Ben Van Rensburg	15:10:51	228	76km	49	Male
DNQ	Johann Marx	15:10:52	186	76km	32	Male
DNQ	Brian Bannatyne	15:23:12	107	76km	63	Male
-	Billy Jackson	DNF	159	76km	51	Male
-	Walter Moldenhauer	DNF	194	76km	42	Male
-	Gawie Mynhardt	DNF	196	76km	40	Male
-	Michael Van Den Heerik	DNF	224	76km	49	Male
-	Kyle Bucklow	DNF	116	76km	31	Male

DNQ = Did Not Qualify

Addo 76km - Ladies

Pos.	Name	Time	Bib No.	Distance	Age	Gender
1	Catherine Williamson	07:43:50	234	76km	39	Female
2	Lindi Georgiou	08:46:47	143	76km	42	Female
3	Ann-Maree Mostert	08:55:51	195	76km	46	Female
4	Tarryn Lokotsch	09:35:04	174	76km	34	Female
5	Emily Djock	09:54:52	127	76km	33	Female
6	Tshidi Machaba	10:00:11	178	76km	39	Female
7	Chantel Von Saint Ange	10:20:02	231	76km	30	Female
8	Hannah Green	10:27:58	146	76km	44	Female
9	Suzanne Bergman	10:38:03	111	76km	31	Female
10	Charmaine Lamprecht	10:52:07	168	76km	38	Female
11	Jackie Maritz	11:00:52	185	76km	44	Female
12	Cornel O'Kennedy	11:05:10	203	76km	35	Female
13	Robyn Dougans	11:13:13	129	76km	44	Female
14	Ilse Langhout	12:02:08	169	76km	43	Female
15	Kim Rosslee	12:18:43	214	76km	27	Female
16	Elmarie Bezuidenhout	12:24:36	112	76km	39	Female
17	Nicola Attwell	12:44:40	105	76km	41	Female
18	Dani Coetzee	12:52:53	122	76km	38	Female
19	Annalie Du Preez	13:05:25	131	76km	46	Female
20	Lezel James	13:23:34	160	76km	39	Female
21	Stephanie Cliff	13:33:55	120	76km	40	Female
22	Cornia Broere	13:36:45	115	76km	53	Female
23	Sharon Jessop	13:38:15	164	76km	52	Female
24	Ingrid McMahan	13:53:06	189	76km	46	Female
25	Star Douglas	13:59:00	130	76km	44	Female
26	Kim Charlton	14:01:59	119	76km	47	Female
27	Babalwa Melitafa	14:04:43	190	76km	41	Female
28	Thuthuka Songelwa	14:04:43	218	76km	42	Female
29	Karen Carstens	14:08:10	118	76km	39	Female
30	Tracy Mcintyre	14:08:34	188	76km	46	Female
31	Claire Gebhardt	14:14:38	141	76km	44	Female
32	Cari Snyman	14:19:43	217	76km	53	Female
33	Madre Steenkamp	14:46:40	219	76km	44	Female
-	Amanda Annandale Bell	DNF	101	76km	47	Female
-	Rebecca Gatangi	DNF	140	76km	36	Female
-	Janka Niebuhr	DNF	201	76km	28	Female
-	Alita Van Gass	DNF	227	76km	51	Female
-	Kaleo Fourie	DNF	138	76km	38	Female

Addo 44km - All

Pos.	Name	Time	Bib No.	Distance	Age	Gender
1	Mvuyisi Gcogco	03:51:50	624	44km	32	Male
2	Thandisile Xhosombo	04:04:07	617	44km	27	Male
3	Petros Chigomamarwa	04:17:34	333	44km	29	Male
4	Julian Dean-Brown	04:28:59	353	44km	24	Male
5	Jade Bucklow	04:40:02	327	44km	32	Female
6	Dale Moulton	04:44:44	479	44km	41	Male
7	Mark Van Zyl	04:50:10	587	44km	51	Male
8	Phillip Smith	04:53:56	428	44km	31	Male
9	Sinathi Masanga	05:02:08	459	44km	31	Male
10	Stephanie Van Gelderen	05:02:53	580	44km	33	Female
11	Leigh Callaghan	05:06:01	332	44km	26	Female
12	Jonathan Edmunds	05:08:06	362	44km	29	Male
13	Henk De Jager	05:09:40	344	44km	52	Male
14	Bridan James	05:10:48	420	44km	25	Male
15	Scott Rickard	05:11:42	519	44km	46	Male
16	Sanuse Mboneli	05:18:44	463	44km	38	Male
17	Craig Schwartz	05:20:42	536	44km	34	Male
18	Belinda Tull	05:20:43	566	44km	51	Female
19	Mark Huppelschoten	05:22:50	416	44km	42	Male
20	Herman Saayman	05:24:11	528	44km	37	Male
21	Janneke Scherpenhuysen	05:26:04	632	44km	30	Female
22	Candice Serfontein	05:30:36	537	44km	41	Female
23	Wiehan Van Der Merwe	05:30:48	573	44km	43	Male
24	Sveta Becker	05:30:55	313	44km	32	Female
25	Leonie Jacobs	05:31:29	418	44km	39	Female
26	Lizil Knoester	05:31:29	427	44km	39	Female
27	Brian Cordner	05:32:01	339	44km	21	Male
28	Brenda Kahl	05:32:40	421	44km	45	Female
29	Gareth Fletcher	05:35:05	371	44km	46	Male
30	Neil Dickson	05:35:48	355	44km	40	Male
31	Laurika Oelofsen	05:36:56	501	44km	32	Female
32	Marais Kruger	05:40:09	435	44km	33	Male
33	Francois Gultig	05:40:58	630	44km	55	Male
34	Britt Milne	05:42:48	475	44km	42	Female
35	Benton Van Den Berg	05:44:53	571	44km	35	Male
36	Grant Hechter	05:45:23	403	44km	45	Male
37	Neale Howarth	05:48:00	410	44km	33	Male
38	Robert De Reuck	05:56:01	349	44km	64	Male
39	Nicolette Brouwer	05:57:58	325	44km	54	Female
40	Gideon Mango	05:58:42	456	44km	44	Male
41	Duonette Horowitz	05:58:43	409	44km	37	Female
42	Peter Stainton	05:58:53	550	44km	48	Male
43	Terance Winson	06:01:50	616	44km	47	Male
44	Robin Pick	06:03:45	506	44km	36	Male
45	Anja Louw	06:04:44	450	44km	38	Female
46	Surette Malherbe	06:04:52	454	44km	44	Female
47	Carel Olivier	06:07:05	502	44km	48	Male
48	Suzette Mcivor	06:07:58	466	44km	52	Female
49	Marilyn Zimmermann	06:08:54	619	44km	46	Female
50	Siyabonga Manyube	06:09:04	457	44km	29	Male
51	Quentin Rheeder	06:09:46	518	44km	45	Male
52	George Barnard	06:15:55	308	44km	27	Male

Addo 44km - All

53	Michael Wallis	06:17:42	603	44km	43	Male
54	Vicki Le Gras	06:17:47	439	44km	44	Female
55	Riaan Van Der Walt	06:18:09	575	44km	41	Male
56	Brandon Hartel	06:19:50	394	44km	27	Male
57	Rethabile Qekisi	06:19:56	512	44km	26	Male
58	Chris De Jager	06:23:07	343	44km	42	Male
59	Elrika Pieterse	06:23:09	507	44km	47	Female
60	Jeremy Howlett	06:24:11	412	44km	43	Male
61	Theo Robbertze	06:24:57	520	44km	45	Male
62	Diana Mouton	06:26:06	481	44km	44	Female
63	Tinashe Mumbire	06:26:56	483	44km	40	Male
64	Andrew Marriott	06:27:03	458	44km	39	Male
65	Armand Van Eck	06:27:10	577	44km	35	Male
66	Reon Van Zyl	06:27:10	588	44km	35	Male
67	Ndodomzi Takane	06:27:46	559	44km	40	Male
68	Elana Buckley	06:30:52	326	44km	46	Female
69	Jolene Visser	06:31:08	597	44km	38	Female
70	Cameron Venish	06:31:31	591	44km	28	Male
71	Liana De Jager	06:31:42	345	44km	46	Female
72	Daniel Cilliers	06:31:48	335	44km	29	Male
73	Wynand Dupreez	06:31:54	360	44km	48	Male
74	Henk Hagen	06:32:47	389	44km	38	Male
75	Alex Du Toit	06:33:51	621	44km	57	Male
76	Thea Hansen	06:35:19	391	44km	39	Female
77	Natasha Fourie	06:35:59	373	44km	39	Female
78	Van Zyl Lochner	06:36:07	446	44km	45	Male
79	Marius Van Zyl	06:36:43	627	44km	46	Male
80	Marisa Smalberger	06:36:44	541	44km	50	Female
81	Sizibule Dibela	06:36:45	354	44km	34	Female
82	Annique Ganzevoort	06:41:01	377	44km	26	Female
83	Zandisile Ngxonono	06:41:02	494	44km	48	Male
84	Daniel Cilliers	06:41:59	334	44km	29	Male
85	James Vermaak	06:42:09	592	44km	27	Male
86	Amanda Howlett	06:43:07	411	44km	39	Female
87	Ayla Newmarch	06:43:42	493	44km	28	Female
88	Rodger Gysman	06:43:42	388	44km	47	Male
89	Jo-Mari Van Der Mescht	06:46:44	574	44km	31	Female
90	Inge Williamson	06:47:56	613	44km	27	Female
91	Andre Wesson	06:48:04	609	44km	60	Male
92	Scott Mcivor	06:49:51	465	44km	67	Male
93	Martin Victor	06:49:52	594	44km	52	Male
94	Martin Hartslief	06:50:53	396	44km	44	Male
95	Shelly Stewart	06:51:33	555	44km	41	Female
96	Charl Hugo	06:52:04	413	44km	37	Male
97	Fiona Green	06:53:51	387	44km	47	Female
98	Wendy Van Eyck	06:55:02	579	44km	39	Female
99	Shawn Buckley	06:55:09	473	44km	50	Male
100	Kieran Varkevisser	06:58:09	589	44km	27	Male
101	Jaco Herselman	06:58:11	404	44km	38	Male
102	Kevin Rafferty	06:58:15	515	44km	53	Male
103	Sebastian Lokotsch	06:58:15	447	44km	32	Male
104	Sophia Warren	06:58:54	605	44km	54	Female
105	Maritsa Gouws	07:01:37	383	44km	44	Female

Addo 44km - All

106	Christoff Greeff	07:01:39	386	44km	38	Male
107	Tharien Hattingh	07:04:09	398	44km	34	Female
108	Ernst Hattingh	07:04:09	397	44km	34	Male
109	Simone Theunissen	07:05:37	563	44km	25	Female
110	Justin Wakeford	07:06:09	601	44km	33	Male
111	Gen Reed	07:06:35	517	44km	37	Female
112	Cliff Reed	07:06:35	516	44km	38	Male
113	Heino Smit	07:06:41	542	44km	37	Male
114	Frances Fuchs	07:11:04	376	44km	47	Female
115	Pw Buys	07:11:06	328	44km	35	Male
116	Yvonne Alexander	07:13:06	302	44km	36	Female
117	Coenraad Van Der Merwe	07:13:42	572	44km	36	Male
118	Luvuyo Rwayza	07:14:50	527	44km	40	Male
119	Michele Moolman	07:15:40	478	44km	36	Female
120	Igor Lesko	07:16:53	443	44km	41	Male
121	Sanrie Whittle	07:18:01	612	44km	35	Female
122	Pieter Broere	07:18:02	324	44km	55	Male
123	Jeff Atkinson	07:19:49	304	44km	32	Male
124	Lulama Tanatu	07:19:58	560	44km	43	Male
125	Haidee De Villiers	07:20:31	350	44km	51	Female
126	Stephanie Minnie	07:21:17	476	44km	34	Female
127	Tania Kitching	07:21:17	240	44km	43	Female
128	Ian Claydon	07:21:41	337	44km	39	Male
129	Louise Oelofse	07:21:54	500	44km	37	Female
130	Sean Radue	07:21:56	514	44km	50	Male
131	Sune Alexander	07:22:02	301	44km	26	Female
132	Lisa Schmidt	07:22:51	533	44km	44	Female
133	Terry-Andre Eleftheriou	07:24:03	364	44km	41	Male
134	Liza Mason	07:24:56	460	44km	43	Female
135	Chrisna Le Roux	07:26:06	440	44km	37	Female
136	Simon Comley	07:27:53	338	44km	34	Male
137	Andre Ferreira	07:30:50	369	44km	48	Male
138	David Harris	07:32:53	392	44km	40	Male
139	Nico Bosscha	07:38:12	321	44km	67	Male
140	Pierre Kok	07:40:46	429	44km	51	Male
141	Madelein Swanepoel	07:40:47	558	44km	38	Female
142	Robert Vermeulen	07:40:57	593	44km	32	Male
143	Curt Roberts	07:43:09	521	44km	36	Male
144	John Nelson	07:43:45	492	44km	47	Male
145	Wesley Field	07:44:09	370	44km	30	Male
146	Emma Rorke	07:45:02	522	44km	34	Female
147	David Nash	07:45:59	487	44km	42	Male
148	Phunyezwa Ndevu	07:46:03	489	44km	55	Female
149	Mary-Anne Victor	07:46:37	595	44km	37	Female
150	Beth Hechter	07:47:03	402	44km	44	Female
151	Adam Viljoen	07:47:03	596	44km	32	Male
152	Thomas Visser	07:47:12	599	44km	40	Male
153	Sita Nqwata	07:48:11	496	44km	39	Female
154	Esme Van Niekerk	07:51:01	581	44km	50	Female
155	Elize Wessels	07:51:01	608	44km	41	Female
156	Paul Nelmapius	07:53:13	491	44km	40	Male
157	Sharon Claassen	07:53:14	336	44km	53	Female
158	Charlton Kerridge	07:54:21	422	44km	42	Male

Addo 44km - All

159	Timothy Young	07:54:22	618	44km	40	Male
160	Megan Mackey	07:54:42	453	44km	29	Female
161	Sandra Willmott	07:55:09	614	44km	44	Female
162	Hendrik Viviers	07:55:10	600	44km	27	Male
163	Nozuko Matushe	07:58:52	461	44km	47	Female
164	Taralyn Mclean	07:59:48	467	44km	38	Female
165	Julia Watt	07:59:48	606	44km	39	Female
166	Michael Price	08:03:02	511	44km	46	Male
167	Benita Barton	08:03:51	310	44km	51	Female
168	Wilhelm Steinberg	08:05:14	553	44km	34	Male
169	Janine Langley	08:06:03	437	44km	46	Female
170	Anja Steinberg	08:06:07	552	44km	33	Female
171	Nicol Gowar	08:12:29	385	44km	26	Female
172	George Euvrard	08:12:29	366	44km	67	Male
173	Etienne Meyer	08:13:09	471	44km	35	Male
174	Steve Kleinhans	08:14:38	426	44km	35	Male
175	Antionette Van Vuuren	08:14:44	584	44km	52	Female
176	Peter Du Toit	08:15:38	358	44km	53	Male
177	Liz Bain	08:19:16	307	44km	40	Female
178	Sonja Oates	08:21:47	499	44km	48	Female
179	Seki Mandaba	08:21:57	455	44km	46	Female
180	Claire Holmes	08:21:58	239	44km	39	Female
181	Stephan Fourie	08:22:47	374	44km	37	Male
182	Wanda Gerber	08:22:49	381	44km	43	Female
183	Ettiene Gerber	08:22:50	380	44km	46	Male
184	Yon Rosenthal	08:23:23	629	44km	48	Male
185	Sandy Rubin	08:24:37	525	44km	40	Female
186	ZylNa Kriel	08:25:19	434	44km	37	Female
187	Sunandi De Wet	08:26:04	352	44km	33	Female
188	Cindy Hazley	08:29:14	400	44km	44	Female
189	Steve Hazley	08:29:16	401	44km	46	Male
190	Tremaine Wesson	08:29:38	610	44km	60	Male
191	Mzi Baleni	08:30:29	631	44km	49	Male
192	Lizl De Klerk	08:31:00	346	44km	45	Female
193	Seena Azmuth	08:34:58	306	44km	51	Female
194	David Stoloff	08:35:41	556	44km	49	Male
195	Dirk Roux	08:42:18	524	44km	55	Male
196	Sam Du Toit	08:43:03	620	44km	52	Female
197	Zoleka Mazwi	08:43:03	462	44km	43	Female
198	Francois Van Eck	08:43:09	578	44km	50	Male
199	Roy Du Toit	08:44:59	359	44km	64	Male
200	Tarryn Hoy	08:45:04	623	44km	43	Female
201	Clare Mouton	08:45:35	480	44km	33	Female
202	Jose Paulo Veloza	08:45:53	590	44km	33	Male
203	Kenny Barwood	08:46:00	311	44km	66	Male
204	Dinelle Meiring	08:52:48	470	44km	36	Female
205	Konrad Hoekstra	08:53:07	407	44km	54	Male
206	Hardus Nieuwenhuis	08:59:52	495	44km	26	Male
207	Samantha Eleftheriou	09:01:54	363	44km	39	Female
208	Debbie Olivier	09:02:58	503	44km	42	Female
209	Sharon Tarboton	09:04:43	561	44km	57	Female
210	Ewa Hyra	09:06:02	417	44km	62	Female
211	Chris Du Plessis	09:06:03	634	44km	48	Male

Addo 44km - All

212	Benita Taylor	09:08:07	562	44km	50	Female
213	Karlien Meintjes	09:08:19	468	44km	51	Female
214	Shannon Van Deventer	09:10:43	576	44km	46	Female
215	Charl Gouws	09:13:31	382	44km	55	Male
216	Ronel Scheepers	09:15:42	532	44km	46	Female
217	Grant Hall	09:18:28	390	44km	51	Male
218	Andile Bovungana	09:27:03	323	44km	55	Male
219	Nathi Dwayi	09:27:14	361	44km	29	Male
220	Mohammed Azmuth	09:28:42	633	44km	52	Male
221	Julia Van Biljon	09:29:06	569	44km	34	Female
222	Sally Anderson	09:38:10	303	44km	52	Female
223	Sharon Calitz	09:41:27	331	44km	60	Female
224	Ditiro Coyne	09:41:36	340	44km	40	Male
225	Shathiso Coyne	09:43:05	341	44km	40	Female
226	Molene Scheepers	09:43:44	531	44km	55	Female
227	Tracey Rudman	09:54:00	526	44km	29	Female
228	Natasha Potgieter	09:54:00	510	44km	35	Female
229	Yolande De Vos	09:57:23	351	44km	47	Female
230	Katherine Liebenberg	09:57:27	445	44km	49	Female
231	Warren De La Mare	09:57:27	348	44km	36	Male
232	Colin Stephen	09:57:28	554	44km	34	Male
233	Chanette O'Neill	10:03:19	497	44km	26	Female
234	Reghardt O'Neill	10:03:19	498	44km	26	Male
235	Amanda Geldenhuys	10:04:56	622	44km	52	Female
236	Godfrey Harris	10:04:57	393	44km	68	Male
237	Naasera Sheik	10:04:58	538	44km	43	Female
238	Petro Miller	10:11:00	474	44km	55	Female
239	Brigitte Potgieter	10:20:47	509	44km	51	Female
240	Elize Botha	10:31:00	322	44km	46	Female
241	Marie Best	10:31:00	315	44km	59	Female
242	Kathleen Flanagan	10:42:21	626	44km	36	Female
243	Octavia Boshoff	10:42:21	625	44km	52	Female
244	Paula Kriel	10:53:28	433	44km	51	Female
245	Shannon Van De Putte	11:05:57	570	44km	35	Female
246	John Hewitt	11:07:05	405	44km	70	Male
247	Thomas Meintjes	11:19:05	469	44km	78	Male
248	Matthew Frewen	11:19:25	628	44km	29	Male
249	Rosme Van Niekerk	11:20:07	582	44km	31	Female
250	Keith Valentine	11:20:17	568	44km	30	Male
251	Gerhard De Kock	11:23:59	347	44km	69	Male
-	Shaun Attenborough	DNF	305	44km	53	Male
-	Nicola McCreesh	DNF	464	44km	36	Female
-	Alette Naude	DNF	488	44km	38	Female
-	Saretha Sandham	DNF	529	44km	52	Female
-	Elizabeth Van Straaten	DNF	583	44km	31	Female
-	Pierre Visser	DNF	598	44km	30	Male
-	Johan Scheepers	DNF	530	44km	57	Male
-	Peter King	DNF	424	44km	55	Male
-	Tshidi Machaba	DNF	178	44km	39	Female
-	Richard Blignaut	DNF	317	44km	32	Male
-	Dumisani Fondini	DNF	372	44km	40	Male

Addo 44km - Men

Pos.	Name	Time	Bib No.	Distance	Age	Gender
1	Mvuyisi Gcogco	03:51:50	624	44km	32	Male
2	Thandisile Xhosombo	04:04:07	617	44km	27	Male
3	Petros Chigomamarwa	04:17:34	333	44km	29	Male
4	Julian Dean-Brown	04:28:59	353	44km	24	Male
5	Dale Moulton	04:44:44	479	44km	41	Male
6	Mark Van Zyl	04:50:10	587	44km	51	Male
7	Phillip Smith	04:53:56	428	44km	31	Male
8	Sinathi Masanga	05:02:08	459	44km	31	Male
9	Jonathan Edmunds	05:08:06	362	44km	29	Male
10	Henk De Jager	05:09:40	344	44km	52	Male
11	Bridan James	05:10:48	420	44km	25	Male
12	Scott Rickard	05:11:42	519	44km	46	Male
13	Sanuse Mboneli	05:18:44	463	44km	38	Male
14	Craig Schwartz	05:20:42	536	44km	34	Male
15	Mark Huppelschoten	05:22:50	416	44km	42	Male
16	Herman Saayman	05:24:11	528	44km	37	Male
17	Wiehan Van Der Merwe	05:30:48	573	44km	43	Male
18	Brian Cordner	05:32:01	339	44km	21	Male
19	Gareth Fletcher	05:35:05	371	44km	46	Male
20	Neil Dickson	05:35:48	355	44km	40	Male
21	Marais Kruger	05:40:09	435	44km	33	Male
22	Francois Gultig	05:40:58	630	44km	55	Male
23	Benton Van Den Berg	05:44:53	571	44km	35	Male
24	Grant Hechter	05:45:23	403	44km	45	Male
25	Neale Howarth	05:48:00	410	44km	33	Male
26	Robert De Reuck	05:56:01	349	44km	64	Male
27	Gideon Mango	05:58:42	456	44km	44	Male
28	Peter Stainton	05:58:53	550	44km	48	Male
29	Terance Winson	06:01:50	616	44km	47	Male
30	Robin Pick	06:03:45	506	44km	36	Male
31	Carel Olivier	06:07:05	502	44km	48	Male
32	Siyabonga Manyube	06:09:04	457	44km	29	Male
33	Quentin Rheeder	06:09:46	518	44km	45	Male
34	George Barnard	06:15:55	308	44km	27	Male
35	Michael Wallis	06:17:42	603	44km	43	Male
36	Riaan Van Der Walt	06:18:09	575	44km	41	Male
37	Brandon Hartel	06:19:50	394	44km	27	Male
38	Rethabile Qekisi	06:19:56	512	44km	26	Male
39	Chris De Jager	06:23:07	343	44km	42	Male
40	Jeremy Howlett	06:24:11	412	44km	43	Male
41	Theo Robbertze	06:24:57	520	44km	45	Male
42	Tinashe Mumbire	06:26:56	483	44km	40	Male
43	Andrew Marriott	06:27:03	458	44km	39	Male
44	Armand Van Eck	06:27:10	577	44km	35	Male
45	Reon Van Zyl	06:27:10	588	44km	35	Male
46	Ndodomzi Takane	06:27:46	559	44km	40	Male
47	Cameron Venish	06:31:31	591	44km	28	Male
48	Daniel Cilliers	06:31:48	335	44km	29	Male
49	Wynand Dupreez	06:31:54	360	44km	48	Male
50	Henk Hagen	06:32:47	389	44km	38	Male
51	Alex Du Toit	06:33:51	621	44km	57	Male
52	Van Zyl Lochner	06:36:07	446	44km	45	Male

Addo 44km - Men

53	Marius Van Zyl	06:36:43	627	44km	46	Male
54	Zandisile Ngxonono	06:41:02	494	44km	48	Male
55	Daniel Cilliers	06:41:59	334	44km	29	Male
56	James Vermaak	06:42:09	592	44km	27	Male
57	Rodger Gysman	06:43:42	388	44km	47	Male
58	Andre Wesson	06:48:04	609	44km	60	Male
59	Scott Mcivor	06:49:51	465	44km	67	Male
60	Martin Victor	06:49:52	594	44km	52	Male
61	Martin Hartsliel	06:50:53	396	44km	44	Male
62	Charl Hugo	06:52:04	413	44km	37	Male
63	Shawn Buckley	06:55:09	473	44km	50	Male
64	Kieran Varkevisser	06:58:09	589	44km	27	Male
65	Jaco Herselman	06:58:11	404	44km	38	Male
66	Kevin Rafferty	06:58:15	515	44km	53	Male
67	Sebastian Lokotsch	06:58:15	447	44km	32	Male
68	Christoff Greeff	07:01:39	386	44km	38	Male
69	Ernst Hattingh	07:04:09	397	44km	34	Male
70	Justin Wakeford	07:06:09	601	44km	33	Male
71	Cliff Reed	07:06:35	516	44km	38	Male
72	Heino Smit	07:06:41	542	44km	37	Male
73	Pw Buys	07:11:06	328	44km	35	Male
74	Coenraad Van Der Merwe	07:13:42	572	44km	36	Male
75	Luvuyo Rwayza	07:14:50	527	44km	40	Male
76	Igor Lesko	07:16:53	443	44km	41	Male
77	Pieter Broere	07:18:02	324	44km	55	Male
78	Jeff Atkinson	07:19:49	304	44km	32	Male
79	Lulama Tanatu	07:19:58	560	44km	43	Male
80	Ian Claydon	07:21:41	337	44km	39	Male
81	Sean Radue	07:21:56	514	44km	50	Male
82	Terry-Andre Eleftheriou	07:24:03	364	44km	41	Male
83	Simon Comley	07:27:53	338	44km	34	Male
84	Andre Ferreira	07:30:50	369	44km	48	Male
85	David Harris	07:32:53	392	44km	40	Male
86	Nico Bosscha	07:38:12	321	44km	67	Male
87	Pierre Kok	07:40:46	429	44km	51	Male
88	Robert Vermeulen	07:40:57	593	44km	32	Male
89	Curt Roberts	07:43:09	521	44km	36	Male
90	John Nelson	07:43:45	492	44km	47	Male
91	Wesley Field	07:44:09	370	44km	30	Male
92	David Nash	07:45:59	487	44km	42	Male
93	Adam Viljoen	07:47:03	596	44km	32	Male
94	Thomas Visser	07:47:12	599	44km	40	Male
95	Paul Nelmapius	07:53:13	491	44km	40	Male
96	Charlton Kerridge	07:54:21	422	44km	42	Male
97	Timothy Young	07:54:22	618	44km	40	Male
98	Hendrik Viviers	07:55:10	600	44km	27	Male
99	Michael Price	08:03:02	511	44km	46	Male
100	Wilhelm Steinberg	08:05:14	553	44km	34	Male
101	George Euvrard	08:12:29	366	44km	67	Male
102	Etienne Meyer	08:13:09	471	44km	35	Male
103	Steve Kleinhans	08:14:38	426	44km	35	Male
104	Peter Du Toit	08:15:38	358	44km	53	Male
105	Stephan Fourie	08:22:47	374	44km	37	Male

Addo 44km - Men

106	Ettiene Gerber	08:22:50	380	44km	46	Male
107	Yon Rosenthal	08:23:23	629	44km	48	Male
108	Steve Hazley	08:29:16	401	44km	46	Male
109	Tremaine Wesson	08:29:38	610	44km	60	Male
110	Mzi Baleni	08:30:29	631	44km	49	Male
111	David Stoloff	08:35:41	556	44km	49	Male
112	Dirk Roux	08:42:18	524	44km	55	Male
113	Francois Van Eck	08:43:09	578	44km	50	Male
114	Roy Du Toit	08:44:59	359	44km	64	Male
115	Jose Paulo Veloza	08:45:53	590	44km	33	Male
116	Kenny Barwood	08:46:00	311	44km	66	Male
117	Konrad Hoekstra	08:53:07	407	44km	54	Male
118	Hardus Nieuwenhuis	08:59:52	495	44km	26	Male
119	Chris Du Plessis	09:06:03	634	44km	48	Male
120	Charl Gouws	09:13:31	382	44km	55	Male
121	Grant Hall	09:18:28	390	44km	51	Male
122	Andile Bovungana	09:27:03	323	44km	55	Male
123	Nathi Dwayi	09:27:14	361	44km	29	Male
124	Mohammed Azmuth	09:28:42	633	44km	52	Male
125	Ditiro Coyne	09:41:36	340	44km	40	Male
126	Warren De La Mare	09:57:27	348	44km	36	Male
127	Colin Stephen	09:57:28	554	44km	34	Male
128	Reghardt O'Neill	10:03:19	498	44km	26	Male
129	Godfrey Harris	10:04:57	393	44km	68	Male
130	John Hewitt	11:07:05	405	44km	70	Male
131	Thomas Meintjes	11:19:05	469	44km	78	Male
132	Matthew Frewen	11:19:25	628	44km	29	Male
133	Keith Valentine	11:20:17	568	44km	30	Male
134	Gerhard De Kock	11:23:59	347	44km	69	Male
-	Shaun Attenborough	DNF	305	44km	53	Male
-	Pierre Visser	DNF	598	44km	30	Male
-	Johan Scheepers	DNF	530	44km	57	Male
-	Peter King	DNF	424	44km	55	Male
-	Richard Blignaut	DNF	317	44km	32	Male
-	Dumisani Fondini	DNF	372	44km	40	Male

Addo 44km - Ladies

Pos.	Name	Time	Bib No.	Distance	Age	Gender
1	Jade Bucklow	04:40:02	327	44km	32	Female
2	Stephanie Van Gelderen	05:02:53	580	44km	33	Female
3	Leigh Callaghan	05:06:01	332	44km	26	Female
4	Belinda Tull	05:20:43	566	44km	51	Female
5	Janneke Scherpenhuysen	05:26:04	632	44km	30	Female
6	Candice Serfontein	05:30:36	537	44km	41	Female
7	Sveta Becker	05:30:55	313	44km	32	Female
8	Leonie Jacobs	05:31:29	418	44km	39	Female
9	Lizil Knoester	05:31:29	427	44km	39	Female
10	Brenda Kahl	05:32:40	421	44km	45	Female
11	Laurika Oelofsen	05:36:56	501	44km	32	Female
12	Britt Milne	05:42:48	475	44km	42	Female
13	Nicolette Brouwer	05:57:58	325	44km	54	Female
14	Duonette Horowitz	05:58:43	409	44km	37	Female
15	Anja Louw	06:04:44	450	44km	38	Female
16	Surette Malherbe	06:04:52	454	44km	44	Female
17	Suzette Mcivor	06:07:58	466	44km	52	Female
18	Marilyn Zimmermann	06:08:54	619	44km	46	Female
19	Vicki Le Gras	06:17:47	439	44km	44	Female
20	Elrika Pieterse	06:23:09	507	44km	47	Female
21	Diana Mouton	06:26:06	481	44km	44	Female
22	Elana Buckley	06:30:52	326	44km	46	Female
23	Jolene Visser	06:31:08	597	44km	38	Female
24	Liana De Jager	06:31:42	345	44km	46	Female
25	Thea Hansen	06:35:19	391	44km	39	Female
26	Natasha Fourie	06:35:59	373	44km	39	Female
27	Marisa Smalberger	06:36:44	541	44km	50	Female
28	Sizibule Dibela	06:36:45	354	44km	34	Female
29	Annique Ganzevoort	06:41:01	377	44km	26	Female
30	Amanda Howlett	06:43:07	411	44km	39	Female
31	Ayla Newmarch	06:43:42	493	44km	28	Female
32	Jo-Mari Van Der Mescht	06:46:44	574	44km	31	Female
33	Inge Williamson	06:47:56	613	44km	27	Female
34	Shelly Stewart	06:51:33	555	44km	41	Female
35	Fiona Green	06:53:51	387	44km	47	Female
36	Wendy Van Eyck	06:55:02	579	44km	39	Female
37	Sophia Warren	06:58:54	605	44km	54	Female
38	Maritsa Gouws	07:01:37	383	44km	44	Female
39	Tharien Hattingh	07:04:09	398	44km	34	Female
40	Simone Theunissen	07:05:37	563	44km	25	Female
41	Gen Reed	07:06:35	517	44km	37	Female
42	Frances Fuchs	07:11:04	376	44km	47	Female
43	Yvonne Alexander	07:13:06	302	44km	36	Female
44	Michele Moolman	07:15:40	478	44km	36	Female
45	Sanrie Whittle	07:18:01	612	44km	35	Female
46	Haidee De Villiers	07:20:31	350	44km	51	Female
47	Stephanie Minnie	07:21:17	476	44km	34	Female
48	Tania Kitching	07:21:17	240	44km	43	Female
49	Louise Oelofse	07:21:54	500	44km	37	Female
50	Sune Alexander	07:22:02	301	44km	26	Female
51	Lisa Schmidt	07:22:51	533	44km	44	Female
52	Liza Mason	07:24:56	460	44km	43	Female

Addo 44km - Ladies

53	Chrisna Le Roux	07:26:06	440	44km	37	Female
54	Madelein Swanepoel	07:40:47	558	44km	38	Female
55	Emma Rorke	07:45:02	522	44km	34	Female
56	Phunyezwa Ndevu	07:46:03	489	44km	55	Female
57	Mary-Anne Victor	07:46:37	595	44km	37	Female
58	Beth Hechter	07:47:03	402	44km	44	Female
59	Sita Nqwata	07:48:11	496	44km	39	Female
60	Esme Van Niekerk	07:51:01	581	44km	50	Female
61	Elize Wessels	07:51:01	608	44km	41	Female
62	Sharon Claassen	07:53:14	336	44km	53	Female
63	Megan Mackey	07:54:42	453	44km	29	Female
64	Sandra Willmott	07:55:09	614	44km	44	Female
65	Nozuko Matushe	07:58:52	461	44km	47	Female
66	Taralyn Mclean	07:59:48	467	44km	38	Female
67	Julia Watt	07:59:48	606	44km	39	Female
68	Benita Barton	08:03:51	310	44km	51	Female
69	Janine Langley	08:06:03	437	44km	46	Female
70	Anja Steinberg	08:06:07	552	44km	33	Female
71	Nicol Gowar	08:12:29	385	44km	26	Female
72	Antionette Van Vuuren	08:14:44	584	44km	52	Female
73	Liz Bain	08:19:16	307	44km	40	Female
74	Sonja Oates	08:21:47	499	44km	48	Female
75	Seki Mandaba	08:21:57	455	44km	46	Female
76	Claire Holmes	08:21:58	239	44km	39	Female
77	Wanda Gerber	08:22:49	381	44km	43	Female
78	Sandy Rubin	08:24:37	525	44km	40	Female
79	Zylna Kriel	08:25:19	434	44km	37	Female
80	Sunandi De Wet	08:26:04	352	44km	33	Female
81	Cindy Hazley	08:29:14	400	44km	44	Female
82	Lizl De Klerk	08:31:00	346	44km	45	Female
83	Seena Azmuth	08:34:58	306	44km	51	Female
84	Sam Du Toit	08:43:03	620	44km	52	Female
85	Zoleka Mazwi	08:43:03	462	44km	43	Female
86	Tarryn Hoy	08:45:04	623	44km	43	Female
87	Clare Mouton	08:45:35	480	44km	33	Female
88	Dinelle Meiring	08:52:48	470	44km	36	Female
89	Samantha Eleftheriou	09:01:54	363	44km	39	Female
90	Debbie Olivier	09:02:58	503	44km	42	Female
91	Sharon Tarboton	09:04:43	561	44km	57	Female
92	Ewa Hyra	09:06:02	417	44km	62	Female
93	Benita Taylor	09:08:07	562	44km	50	Female
94	Karlien Meintjes	09:08:19	468	44km	51	Female
95	Shannon Van Deventer	09:10:43	576	44km	46	Female
96	Ronel Scheepers	09:15:42	532	44km	46	Female
97	Julia Van Biljon	09:29:06	569	44km	34	Female
98	Sally Anderson	09:38:10	303	44km	52	Female
99	Sharon Calitz	09:41:27	331	44km	60	Female
100	Shathiso Coyne	09:43:05	341	44km	40	Female
101	Molene Scheepers	09:43:44	531	44km	55	Female
102	Tracey Rudman	09:54:00	526	44km	29	Female
103	Natasha Potgieter	09:54:00	510	44km	35	Female
104	Yolande De Vos	09:57:23	351	44km	47	Female
105	Katherine Liebenberg	09:57:27	445	44km	49	Female

Addo 44km - Ladies

106	Chanette O'Neill	10:03:19	497	44km	26	Female
107	Amanda Geldenhuys	10:04:56	622	44km	52	Female
108	Naasera Sheik	10:04:58	538	44km	43	Female
109	Petro Miller	10:11:00	474	44km	55	Female
110	Brigitte Potgieter	10:20:47	509	44km	51	Female
111	Elize Botha	10:31:00	322	44km	46	Female
112	Marie Best	10:31:00	315	44km	59	Female
113	Kathleen Flanagan	10:42:21	626	44km	36	Female
114	Octavia Boshoff	10:42:21	625	44km	52	Female
115	Paula Kriel	10:53:28	433	44km	51	Female
116	Shannon Van De Putte	11:05:57	570	44km	35	Female
117	Rosme Van Niekerk	11:20:07	582	44km	31	Female
-	Nicola McCreesh	DNF	464	44km	36	Female
-	Alette Naude	DNF	488	44km	38	Female
-	Saretha Sandham	DNF	529	44km	52	Female
-	Elizabeth Van Straaten	DNF	583	44km	31	Female
-	Tshidi Machaba	DNF	178	44km	39	Female