

Mac Mac Ultra 2022 - Final Results



200mi (320km)

Race #	Name & Surname	Gender	Start Batch	Category	Overall Pos	Gender Pos	Age Category	Age Pos	Age	Time Result	Avg Speed/Pace
204	Marius Van Rensburg	Male	A	Open	1	1		0	42	85:52:33	3.84km/h
203	Niel Stander	Male	A	Open	2	2		0	41	88:07:01	3.75km/h
208	Nicky Booyens	Female	A	Open	3	1		0	44	88:07:03	3.74km/h
209	Henk Mulder	Male	A	Open	4	3		0	49	88:07:05	3.74km/h
201	Dirk Potgieter	Male	A	Open	5	4		0	45	88:19:27	3.74km/h
205	Fred Richardson	Male	A	Open					59	DNF	
206	Eben van Wyk	Male	A	Open					40	DNF	
201	Peter Koedyk	Male	A	Open					55	DNF	

160km (100mi)

Race #	Name & Surname	Gender	Start Batch	Category	Overall Pos	Gender Pos	Age Category	Age Pos	Age	Time Result	Avg Speed/Pace
133	Grobler Basson	Male	A	Open	1	1		0	35	23:45:40	6.73km/h
116	Leon Roode	Male	A	Open	2	2		0	37	25:21:01	6.31km/h
117	Lloyd Sithole	Male	A	Open	3	3		0	37	26:46:07	5.98km/h
119	Martin Malherbe	Male	A	Open	4	4		0	46	26:46:08	5.98km/h
101	Michael Coles	Male	A	Open	5	5		0	45	27:28:42	5.82km/h
122	Travis Green	Male	A	Open	6	6		0	49	30:46:48	5.20km/h
109	Damien Kuhn	Male	A	Open	7	7		0	28	31:05:13	5.15km/h
121	Sandra Le Roux	Female	A	Open	8	1		0	41	31:08:20	5.14km/h
129	David Lenong	Male	A	Open	9	8		0	40	31:13:04	5.13km/h
125	Stanley Reed	Male	A	Open	10	9		0	45	33:17:25	4.81km/h
110	Carien de Bruyn	Female	A	Open	11	2		0	32	34:12:49	4.68km/h
118	Nikki Caromba	Female	A	Open	12	3		0	43	34:40:09	4.62km/h
139	Ross McMurdo	Male	A	Open	13	10		0	49	36:35:29	4.37km/h
123	Asa Ntuku	Male	A	Open	14	11		0	39	38:15:50	4.18km/h
132	Keletso Nyathi	Male	A	Open	15	12		0	42	39:52:28	4.01km/h
114	Hubri Bruyn	Male	A	Open	16	13		0	42	41:26:34	3.86km/h
107	Adrian Geekie	Male	A	Open	17	14		0	50	41:49:57	3.82km/h
142	Dmitrii Demchuk	Male	A	Open	18	15		0	42	42:00:41	3.81km/h
111	Dani Coetzee	Female	A	Open	19	4		0	39	42:25:24	3.77km/h
102	Dalu Majeke	Male	A	Open	20	16		0	45	43:25:14	3.68km/h
136	Tobie Reyneke	Male	A	Open	21	17		0	50	43:50:03	3.65km/h
134	Thabo Manyane	Male	A	Open	22	18		0	44	43:54:44	3.64km/h
103	Johan Marx	Male	A	Open					29	DNF	

104	Lafras Heron	Male	A	Open	49	DNF
106	William Knight	Male	A	Open	49	DNF
108	Craig Dean	Male	A	Open	40	DNF
112	Jurgens Hanekom	Male	A	Open	43	DNF
113	Christel Hanekom	Female	A	Open	42	DNF
115	Mpho Tshesane	Female	A	Open	53	DNF
120	Cornel Metcalfe	Female	A	Open	46	DNF
126	Jeanne Van Heerden	Male	A	Open	38	DNF
127	Brian Clarke	Male	A	Open	50	DNF
128	Nikola Ramsden	Female	A	Open	47	DNF
130	Kim Peacock	Female	A	Open	40	DNF
131	Hannes Arangies	Male	A	Open	51	DNF
135	Kabelo Sebogodi	Male	A	Open	35	DNF
140	Adrew Beggs	Male	A	Open	44	DNF
141	Gabriel Kriel	Male	A	Open	34	DNF
138	Grant Olivier	Male	A	Open	45	DNF

80km (50mi)

Race #	Name & Surname	Gender	Start Batch	Category	Overall Pos	Gender Pos	Age Category	Age Pos	Age	Time Result	Avg Speed/Pace
334	Johann Olivier	Male	A	Open	1	1		0	39	10:11:01	7.86km/h
358	Keegan Bartlett	Male	A	Open	2	2		0	33	10:52:41	7.35km/h
343	Fabrice Neybecker	Male	A	Open	3	3		0	42	11:06:40	7.20km/h
354	Harry Wiltshire	Male	A	Open	4	4		0	41	11:27:08	6.99km/h
355	Megan Anderson	Female	A	Open	5	1		0	33	11:27:09	6.99km/h
356	Craig Metherell	Male	A	Open	6	5		0	41	11:27:11	6.99km/h
362	Suzette von Broembsen	Female	A	Open	7	2		0	43	12:14:37	6.53km/h
329	Larry (Mattheas) Leyden	Male	A	Open	8	6		0	39	12:45:11	6.27km/h
330	Dirk Mostert	Male	A	Open	9	7		0	38	12:45:13	6.27km/h
331	Wium Erasmus	Male	A	Open	10	8		0	33	13:41:43	5.84km/h
338	Jonathan Hawkins	Male	A	Open	11	9		0	30	13:46:48	5.81km/h
314	Ben Samwell	Male	A	Open	12	10		0	51	13:47:40	5.80km/h
323	Graham Fourie	Male	A	Open	13	11		0	38	13:51:48	5.77km/h
347	Oliver Ruhl	Male	A	Open	14	12		0	52	13:57:32	5.73km/h
344	Gary Knight	Male	A	Open	15	13		0	43	13:57:33	5.73km/h
318	Combrinck van Wyk	Male	A	Open	16	14		0	28	13:57:38	5.73km/h
307	Maxine Esterhuysen	Female	A	Open	17	3		0	30	14:15:27	5.61km/h
321	Ilse Pretorius	Female	A	Open	18	4		0	37	14:15:28	5.61km/h
365	Grant Williams	Male	A	Open	19	15		0	48	14:25:12	5.55km/h
342	Klaus Herrmann	Male	A	Open	20	16		0	42	14:25:13	5.55km/h
345	Gerrit Pieterse	Male	A	Open	21	17		0	38	14:36:20	5.48km/h
309	Ignes Ingram	Male	A	Open	22	18		0	40	14:51:24	5.38km/h

349	Ed Jardim	Male	A	Open	23	19	0	43	15:18:20	5.23km/h
348	Denis Peche	Male	A	Open	24	20	0	51	15:18:21	5.23km/h
364	Daniel Robus	Male	A	Open	25	21	0	48	15:18:23	5.23km/h
335	Benjamin Smolowitz	Male	A	Open	26	22	0	47	15:18:47	5.22km/h
324	Bruce Talbot	Male	A	Open	27	23	0	38	15:18:48	5.22km/h
305	Greta Gericke	Female	A	Open	28	5	0	35	15:40:39	5.10km/h
304	Andre Brand	Male	A	Open	29	24	0	41	15:40:40	5.10km/h
327	Dorian Pretroius	Male	A	Open	30	25	0	48	15:43:44	5.09km/h
333	Glen Baptiste	Male	A	Open	31	26	0	49	15:43:45	5.09km/h
337	Jimmy Matthews	Male	A	Open	32	27	0	48	15:48:29	5.06km/h
353	Michael Sears	Male	A	Open	33	28	0	41	15:48:31	5.06km/h
319	Willemien Van Wyk	Female	A	Open	34	6	0	35	16:04:27	4.98km/h
308	Henk Seevinck	Male	A	Open	35	29	0	35	16:10:58	4.94km/h
350	Johann Marx	Male	A	Open	36	30	0	42	16:16:39	4.91km/h
359	Eugene Groenewald	Male	A	Open	37	31	0	55	16:41:53	4.79km/h
313	Lucas Rossouw	Male	A	Open	38	32	0	43	16:45:44	4.77km/h
315	Deon van der Merwe	Male	A	Open	39	33	0	49	16:45:45	4.77km/h
346	Awie van Wyk	Male	A	Open	40	34	0	32	16:56:01	4.72km/h
325	Marco Caromba	Male	A	Open	41	35	0	47	17:22:08	4.61km/h
320	Yvette Barkhuizen	Female	A	Open	42	7	0	44	18:04:19	4.43km/h
339	Neil Miller	Male	A	Open	43	36	0	48	18:04:20	4.43km/h
341	Cassie Leonard	Male	A	Open	44	37	0	40	18:11:53	4.40km/h
336	Hicham Mikou	Male	A	Open	45	38	0	42	19:07:32	4.18km/h
363	Clint Munro	Male	A	Open	46	39	0	48	19:17:21	4.15km/h
357	Angela Ghemo	Female	A	Open	47	8	0	41	20:04:06	3.99km/h
351	Ben Van Der Merwe	Male	A	Open	48	40	0	49	21:04:14	3.80km/h
316	Hendri Coetzee	Male	A	Open	49	41	0	33	21:50:47	3.66km/h
317	Natasha Coetzee	Female	A	Open	50	9	0	34	21:50:48	3.66km/h
303	Werner Greyvensteyn	Male	A	Open				40	DNF	
312	Kenneth Joubert	Male	A	Open				49	DNF	
322	Carmen Tissang	Female	A	Open				45	DNF	
328	Tshidi Machaba	Female	A	Open				39	DNF	
332	Lukas Dorfling	Male	A	Open				31	DNF	
340	JD Mostert	Male	A	Open				45	DNF	
352	Ian Smith	Male	A	Open				58	DNF	
360	Kyron Raad	Female	A	Open				40	DNF	

46km

Race #	Name & Surname	Gender	Start Batch	Category	Overall Pos	Gender Pos	Age Category	Age Pos	Age	Time Result	Avg Speed/Pace
478	PIERRE PLUMEJEAU	Male	A	Open	1	1		0	42	05:30:04	8.36km/h
414	Ralph Enslin	Male	A	Open	2	2		0	37	05:38:15	8.16km/h

433	Christian Steyn	Male	A	Open	3	3	0	29	05:43:12	8.04km/h
488	Ryan Ball	Male	A	Open	4	4	0	21	05:53:21	7.81km/h
432	Maryke Van Zyl	Female	A	Open	5	1	0	33	05:58:10	7.71km/h
456	Joel Rodrigues	Male	A	Open	6	5	0	42	06:07:18	7.51km/h
471	Steven Roberts	Male	A	Open	7	6	0	35	06:17:09	7.32km/h
426	Rizta Fouche	Female	A	Open	8	2	0	41	06:30:14	7.07km/h
486	Gideo Basson	Male	A	Open	9	7	0	39	06:36:59	6.95km/h
424	Hannie van Liebergen	Female	A	Open	10	3	0	42	07:10:42	6.41km/h
487	Garion Krauss	Male	A	Open	11	8	0	49	07:15:40	6.34km/h
457	Gilberto Fernandes	Male	A	Open	12	9	0	42	07:21:44	6.25km/h
421	Craig Murchie	Male	A	Open	13	10	0	53	07:23:45	6.22km/h
437	Ian Jones	Male	A	Open	14	11	0	40	07:24:05	6.22km/h
450	Sam Hodgson	Male	A	Open	15	12	0	46	07:24:18	6.21km/h
495	Cecilia Ballam	Female	A	Open	16	4	0	46	07:28:54	6.15km/h
470	Brett France	Male	A	Open	17	13	0	31	07:33:01	6.09km/h
472	Monica Shanley	Female	A	Open	18	5	0	46	07:33:48	6.08km/h
412	Kerry Pilditch	Female	A	Open	19	6	0	30	07:38:55	6.01km/h
413	Chantel Carroll	Female	A	Open	20	7	0	32	07:38:56	6.01km/h
473	Jeanine Storm	Female	A	Open	21	8	0	44	07:43:02	5.96km/h
454	Carl sandrock	Male	A	Open	22	14	0	44	07:55:12	5.81km/h
461	Gerhard Bolt	Male	A	Open	23	15	0	43	07:55:14	5.81km/h
491	David Notten	Male	A	Open	24	16	0	46	08:06:12	5.68km/h
483	Hennie Booyens	Male	A	Open	25	17	0	31	08:07:11	5.67km/h
422	Dale Towert	Male	A	Open	26	18	0	51	08:09:29	5.64km/h
445	Dehan Bronkhorst	Male	A	Open	27	19	0	31	08:18:39	5.53km/h
436	Janko Kotzé	Male	A	Open	28	20	0	40	08:21:30	5.50km/h
496	Greg Banach	Male	A	Open	29	21	0	44	08:26:19	5.45km/h
466	Jonathan McInerney	Male	A	Open	30	22	0	33	08:26:25	5.45km/h
493	Eugene Cussons	Male	A	Open	31	23	0	43	08:32:45	5.38km/h
458	Ernst Hattingh	Male	A	Open	32	24	0	35	08:34:41	5.36km/h
459	Tharien Hattingh	Female	A	Open	33	9	0	35	08:34:42	5.36km/h
408	Mara Sofianos	Female	A	Open	34	10	0	48	08:36:08	5.35km/h
446	Anita Odendaal	Female	A	Open	35	11	0	39	08:36:09	5.35km/h
405	Johan Smalberger	Male	A	Open	36	25	0	36	08:42:57	5.28km/h
474	Bryan Lawrence	Male	A	Open	37	26	0	40	08:45:12	5.26km/h
489	Jolene Visser	Female	A	Open	38	12	0	39	08:45:32	5.25km/h
460	Fiona Green	Female	A	Open	39	13	0	48	08:47:47	5.23km/h
430	Charlene Mansfield	Female	A	Open	40	14	0	37	08:49:33	5.21km/h
469	Leon Booyens	Male	A	Open	41	27	0	36	08:50:01	5.21km/h
468	Sebastian I Boshoff	Male	A	Open	42	28	0	20	08:50:02	5.21km/h
455	Heidi Joubert	Female	A	Open	43	15	0	39	08:50:28	5.20km/h
423	Robyn Bester	Female	A	Open	44	16	0	46	08:50:29	5.20km/h

401	Franco Oosthuizen	Male	A	Open	45	29	0	26	08:51:47	5.19km/h
409	Mignon van Deventer	Female	A	Open	46	17	0	37	08:57:16	5.14km/h
449	Louise de Jager	Female	A	Open	47	18	0	33	09:00:55	5.10km/h
407	Lelanie Sutton	Female	A	Open	48	19	0	34	09:00:57	5.10km/h
406	Shaun Sutton	Male	A	Open	49	30	0	38	09:01:24	5.10km/h
438	Jacques Van niekerk	Male	A	Open	50	31	0	41	09:01:25	5.10km/h
439	Carla Van niekerk	Female	A	Open	51	20	0	34	09:01:26	5.10km/h
403	Douw van Zyl	Male	A	Open	52	32	0	39	09:02:17	5.09km/h
404	Miné van Zyl	Female	A	Open	53	21	0	38	09:02:18	5.09km/h
420	Johandi Mentz	Female	A	Open	54	22	0	38	09:02:42	5.09km/h
440	Carly Stone	Female	A	Open	55	23	0	40	09:04:25	5.07km/h
434	Werner Oosthuizen	Male	A	Open	56	33	0	42	09:09:57	5.02km/h
435	Ianthé Oosthuizen	Female	A	Open	57	24	0	37	09:09:58	5.02km/h
462	Igna Dougal	Female	A	Open	58	25	0	45	09:16:30	4.96km/h
492	Anne Alessandri	Female	A	Open	59	26	0	47	09:22:55	4.90km/h
410	Jackie Diack	Female	A	Open	60	27	0	45	09:29:38	4.85km/h
484	Hendrik Pretorius	Male	A	Open	61	34	0	41	09:48:57	4.69km/h
475	Werner Bahlmann	Male	A	Open	62	35	0	44	09:55:10	4.64km/h
425	Ricardo Solomon	Male	A	Open	63	36	0	48	09:55:40	4.63km/h
441	Christelle Ferreira	Female	A	Open	65	29	0	24	10:01:10	4.59km/h
442	Ané Venter	Female	A	Open	65	29	0	24	10:01:10	4.59km/h
479	Ros Van huyssteen	Female	A	Open	66	30	0	44	10:14:14	4.49km/h
482	Michael Corbin	Male	A	Open	67	37	0	41	10:14:17	4.49km/h
464	Liesl Olivier	Female	A	Open	68	31	0	42	10:14:35	4.49km/h
480	Gert Cronje	Male	A	Open	69	38	0	47	10:14:36	4.49km/h
463	Gert Olivier	Male	A	Open	70	39	0	44	10:15:17	4.49km/h
419	Waldi van Schalkwyk	Female	A	Open	71	32	0	35	11:13:16	4.10km/h
418	Magdel Kinghorn	Female	A	Open	72	33	0	40	11:13:17	4.10km/h
452	Jacques Homan	Male	A	Open	73	40	0	50	11:25:12	4.03km/h
416	Mariza Gouws	Female	A	Open	74	34	0	38	11:38:27	3.95km/h
417	Barry Gouws	Male	A	Open	75	41	0	39	11:38:28	3.95km/h
494	Ashley Betteridge	Male	A	Open	76	42	0	43	11:46:44	3.91km/h
467	Gillian James	Female	A	Open	77	35	0	41	11:59:31	3.84km/h
431	Amanda Samwell	Female	A	Open	78	36	0	51	12:41:47	3.62km/h
428	Kathryn Beiling	Female	A	Open	79	37	0	34	13:13:52	3.48km/h
429	Estelle Whitby	Female	A	Open	80	38	0	45	13:13:54	3.48km/h
402	Kesia Scholtz	Female	A	Open				25	DNF	
447	Stacey Gerber	Female	A	Open				33	DNF	
453	Ruann Sandrock	Female	A	Open				42	DNF	